# CYCLING CONTRACE MANUAL



#### About this Cycling Road Race Manual

Published in July 2021, the Cycling Road Race Manual offer a summary of competition-related material about Cycling Road competition at the Olympic Games Tokyo 2020 and provides a variety of other information aimed at helping teams in their planning and preparation for the Games.

All information provided in this Cycling Road Race Manual was correct at the time of publication, but some details may change prior to the Games so NOC representatives are urged to regularly check Tokyo 2020 Connect for the latest updates or contact your Tokyo 2020 sport manager.

Regarding COVID-19 protocols, detailed documents regarding COVID-19 sport-specific regulations and countermeasures as approved by the IOC, UCI and Tokyo 2020 competition management are available on Tokyo 2020 Connect and the IOC's Athlete 365 site, as is The Playbook Athletes and Officials V3.

This Cycling Road Race Manual is designed for internal operational use by Tokyo 2020 stakeholders and should not be publicly shared.

#### WELCOME



On behalf of the Tokyo Organising Committee of the Olympic and Paralympic Games, I am delighted to present the Cycling Road Race Manual for the Games of the XXXII Olympiad. We have been working diligently to provide facilities, services and procedures which will allow everyone involved in the Games to safely achieve all three of Tokyo 2020's core concepts: achieving personals bests, unity in diversity, and connecting to tomorrow.

Included is information about:

- competition-related processes
- key dates and personnel
- competition format and rules
- · venue facilities and services, including maps and course profiles
- information about COVID-19 protocols, accreditation, accommodation, Games-time medical services, etc.

This guide was produced in cooperation with the Union Cycliste Internationale (UCI) and IOC Sport, and we trust it will assist you with your planning for the Olympic Games Tokyo 2020. If you require any additional information that is not found in this guide, do not hesitate to check Tokyo 2020 Connect or contact the Tokyo 2020 Cycling Road sport management team. Games-time information will also be available at the Sport Information Centre in the Olympic Village, and Sport Information Desks at competition venues and accommodation hotels.

Please rest assured that the Olympic flame will not go out and will continue to burn in our hearts until the Olympic Games Tokyo 2020 this summer.

We look forward to welcoming you all with our warm Japanese hospitality when you arrive in Tokyo in July 2021.

Kind regards,



#### KOTANI Mikako Sport Director, Tokyo 2020

## Table of contents

1.	KEY INFORMATION	7
	Key personnel	8
	Key dates	9
	Emergency numbers in Japan	9
	Olympic Games venues	.10
2.	COMPETITION RULES AND PROVISIONS	11
	Events	12
	Competition format	12
	Medal events	12
	Competition schedule	13
	Rules	14
	Clothing and equipment	14
	Order of NOC vehicles for road races	. 15
	Follow vehicles	.15
	Time trial starting provisions	
	Hot seat	15
	Neutral service	16
	Fixed feeding zones	.16
	Litter zones	16
	Finishing time limits	16
	Men's race schedule	.17
	Women's race schedule	25
	Classifications and rankings	.30
	Victory ceremonies	.31
	Doping control	31
	Penalties	31
3.	PRE-COMPETITION ACTIVITIES	32
	Road races	33
	Time trials	35
	Course familiarisation	37
	Team leaders' meetings	.37
	Confirmation of starters	.37
	Distribution of riders' numbers and transponders	.37
	Timing and tracking devices	38
	Radio tour	. 38
	Training Access Passes	.39
	Team cars	. 39

Team vehicle security checks	
Vehicles during competition	
Driver safety	40
Radios	
Cycling bottles and feeding musettes	40
4.FACILITIES	41
Olympic Village	42
Sport Information Centre (SIC)	44
Olympic Cycling Village map	
Olympic Village map	47
Competition venues and facilities	48
Athletes' Lounge	48
Competition venue maps	49
Sport Information Desk (SID)	51
Ice and water distribution	51
Team tents	51
Rollers	51
Towels	52
Internet access	52
Medical services and facilities	52
Lost and found	53
Team soigneurs area	53
Victory ceremonies preparation area	53
Accredited/team seating	53
Refreshment station	54
Language services	54
5.Getting to venues	55
Venue locations	58
Bike transport	59
Athletes' and team officials' transport	
Parking and access	60
Feed zones	61
Mechanical assistance area	61
Feed zone maps	62
6.Men's road race - 24 Jul 2021	70
Pre-competition procedures	71
Competition procedures	
Post-competition procedures	
Course description, maps and profiles	73

7.Women's road race - 25 July 2021	78
Pre-competition procedures	79
Competition procedures	79
Post-competition procedures	80
Course description, maps and profiles	81
8. Men's and women's time trials - 28 July 2021	86
Pre-competition procedures	87
Competition procedures	87
Post-competition procedures	89
Course description, maps and profiles	90
9.General post-competition procedures	92
10. Signage	94

# 1. Key information

#### Key personnel

Tokyo 2020 Cycling Road Competition Management	
Cycling Sport Manager	KATAYAMA Ukyo (JPN)
Cycling Deputy Sports Manager	NISHIZAWA Mariko (JPN)
Cycling Road Discipline Manager	William CLINCH (AUS)
Cycling Road Services Manager	KITTA Hajime (JPN)
Cycling Road Services Manager	WATANABE Hideyuki (JPN)
Cycling Road Technical Operations Manager	KOJIMA Hiroki (JPN)
Cycling Road Field of Play Supervisor	SATO Takuya (JPN)
Cycling Road Field of Play Supervisor	SHIGA Kenichi (JPN)
Cycling Road Field of Play Supervisor	AGATSUMA Eijiro (JPN)
Cycling Road Administrative Supervisor	Aurora POP (FRA)
Para Cycling Supervisor	KOITABASHI Ayako (JPN)
Cycling Road Vehicle Supervisor	NOAI Yukio (JPN)
Cycling Road Vehicle Supervisor	Christoph HUGL (AUT)
Cycling Road Sport Equipment Supervisor	OKAZAKI Alisa (JPN)
Cycling Road Sport Equipment Supervisor	NEMOTO Ryoji (JPN)
Cycling Road Volunteer Supervisor	TADA Keiko (JPN)
Cycling Road Services Supervisor	SUZUKI Ayaka (JPN)
Cycling Road Services Supervisor	MASUDA Takako (JPN)
UCI	
IF Technical Delegate	Matthew KNIGHT (CAN)
Advisor	Steve PETERSON (AUS)
International Commissaires (ITOs)	
President	Martijn SWINKELS (NED)
TV Support Commissaire	Didier SIMON (FRA)
Technical Commissaire	Bruno VALCIC (CRO)
Motor Commissaire	Jurgen DERYCKERE (BEL)
Motor Commissaire	Charles HODGE (USA)
Member Commissaire Panel	Rosella BONFANTI (ITA)
Member Commissaire Panel	Louise JONES (GBR)
Member Commissaire Panel	Vicente TORTAJADA VILLARROYA (ESP)
Member Commissaire Panel	Majid NASSERI KHORRAM (IRI)
National Commissaires (NTOs)	
Bike Check	IWASA Chiho (JPN)
Assistance Secretary	FUJIMORI Asako (JPN)
Broom Wagon, TT Holder	FUJITA Masashi (JPN)
Assistant Finish Judge	SUMIKAMA Junichi (JPN)
Feed zone, TT Holder	IWAMA Mitsuteru (JPN)
Feed zone, Time Keeper	HO Sheen (HKG)

#### Key dates

Competition/meeting/briefing schedule							
Date	Activity	Location					
13 Jul 2021	Olympic Village Official Opening	Olympic Village					
22 Jul 2021	Road Race Technical Officials' Meeting	Fuji International Speedway					
23 Jul 2021	Road Race Team Leaders' Meeting	Fuji International Speedway					
23 Jul 2021	Olympic Games Opening Ceremony	Olympic Stadium					
24 Jul 2021	Men's Road Race	Musashinonomori Park					
25 Jul 2021	Women's Road Race	Musashinonomori Park					
27 Jul 2021	Time Trial Technical Officials' Meeting	Fuji International Speedway					
27 Jul 2021	Time Trial Course Familiarisation	Fuji International Speedway					
27 Jul 2021	Time Trial Team Leaders' Meeting	Fuji International Speedway					
28 Jul 2021	Men's and Women's Time Trials	Fuji International Speedway					
8 Aug 2021	Olympic Games Closing Ceremony	Olympic Stadium					

## Emergency numbers in Japan

If you find yourself in need of assistance, dial the appropriate number from below:

Police 110

Police (English) 03-3501-0110

Fire emergency/Ambulance 119

Tokyo Metropolitan Medical Institution Information (09:00-20:00) 03-5285-8181

The Japan Helpline (24-hour all-round emergency assistance) 0570-000-911

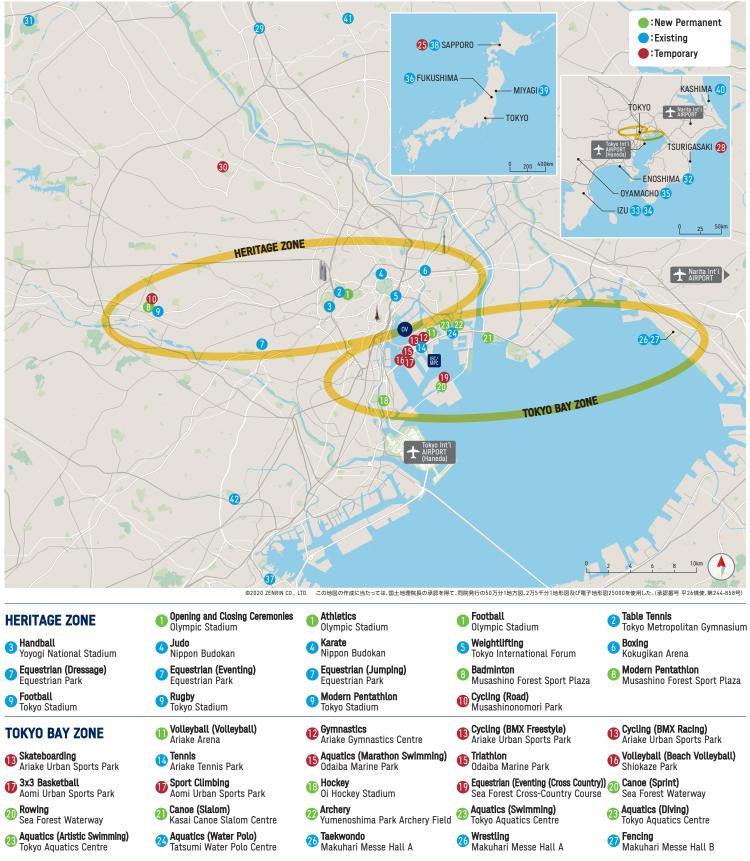
#### Useful Apps

In addition, Tokyo Metropolitan Government and Japan Tourism Bureau have also launched mobile device applications such as the 'Tokyo Disaster Prevention App' and 'Safety Tips'.

#### Local Police stations

On most street corners, small police boxes - known locally as 'Koban' - support the local area. Drop in for directions, lost and found, or any traffic related incidents.

#### **Olympic Games Venues**



#### **OTHER VENUES**

- Athletics (Marathon, Race Walk) Sapporo Odori Park Golf Sailing a Kasumigaseki Country Club 32 Enoshima Yacht Harbour Baseball/Softball Baseball/Softball Fukushima Azuma Baseball Stadium Yokohama Baseball Stadium Football Football 42
- Saitama Stadium

Olympic Village

IBC/MPC Tokyo International Exhibition Centre (Tokyo Big Sight)

International Stadium Yokohama



Surfing

Football

Cycling (Track)

Izu Velodrome

Sapporo Dome

28

Road Network Motorway

Tsurigasaki Surfing Beach

**Rail Lines** Japan railway

Basketball (Basketball)

Cycling (Mountain Bike) Izu MTB Course

Football

Miyagi Stadium

Saitama Super Arena

29

Major urbanarterial network

Private railway

30 Shooting

Football

Asaka Shooting Range

**Cycling (Road)** Fuji International Speedway

Ibaraki Kashima Stadium

# 2. Competition rules and provisions

#### Events

The Cycling Road events at the Olympic Games Tokyo 2020 will be held on Saturday 24 July 2021 (men's road race), Sunday 25 July 2021 (women's road race) and Wednesday 28 July 2021 (men's and women's time trials). Road race events start at Musashinonomori Park in Tokyo and finish at Fuji International Speedway, while the time trials will be held on a circuit at Fuji International Speedway.

A total of 197 athletes may take part in the Cycling Road competition. This number comprises 130 male and 67 female athletes with four places – two men and two women - allocated to the host country.

## Competition format

The road race is a mass start event, and the first rider in each event to cross the finish line will be declared the winner. For the time trial, riders will start at fixed intervals, and the fastest rider over the course in each event will be declared the winner.

#### Medal Events

Men (2)	Women (2)
Road Race	Road Race
Time Trial	Time Trial

## Competition schedule

Day 1		Sat 24 Jul		
Session CRD01		Start: 11:00	End: 17:50	Fuji International Speedway
Time	Total	Event name		
11:00 - 17:50	6:50	Men's Road Ra	ce (234km)	
		Men's Road Ra	ce Victory Ceremony	y

Victory Ceremony will take place within 5mins of the field of play being called clear.

Day 2		Sun 25 Jul		
Session CRD02		Start: 13:00	End: 17:10	Fuji International Speedway
Time Total		Event name		
13:00 - 17:10 4:10		Women's Road Race (137km)		
		Women's Road	Race Victory Ceremo	ny

Victory Ceremony will take place within 5mins of the field of play being called clear.

Day 5		Wed 28 Jul			
Session CRD0		Start: 11:30	End: 12:40	Fuji International Speedway	
Time	Total	Event name			
11:30 - 12:4	0 1:10	Women's Individual Time Trial (22.1km)			
		Women's Ind.	Fime Trial Victory	Ceremony	

Session CRD04		Start: 14:00 End: 17:10	Fuji International Speedway
Time	Total	Event name	
14:00 - 17:10	3:10	Men's Individual Time Trial (44.2)	km)
		Men's Ind. Time Trial Victory Cere	mony

Victory Ceremony will take place within 5mins of the field of play being called clear.

## Rules

All Cycling competitions will be held in accordance with the editions of the documents that are in force at the time of the Games.

UCI Cycling Regulations www.uci.ch/inside-uci/rules-and-regulations/regulations

The Olympic Charter www.olympic.org/documents/olympic-charter

In accordance with Rule 46 of the IOC Olympic Charter, the UCI will be responsible for the technical control and direction of the cycling competitions at the Olympic Games Tokyo 2020.

## Clothing and equipment

Clothing and equipment used by athletes and other participants in all cycling competitions at the Olympic Games must be presented during rider confirmation and comply with the documents listed below.

UCI Cycling Regulations www.uci.ch/inside-uci/rules-and-regulations/regulations

The Olympic Charter

<u>www.olympic.org/documents/olympic-charter</u> with particular reference to Rule 50: Advertising, Demonstrations, Propaganda and Bye-law to Rule 50 Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020 (distributed by the IOC to all NOCs)

#### Order of NOC vehicles for road races

#### Men's road race

1. Vehicles of NOCs entering five riders

2. Vehicles of NOCs entering four riders

3. Vehicles of NOCs entering less than four riders grouped according to number of riders

In the first group, the order is determined by the latest UCI World Tour classifications. For groups 2 and 3, the order is determined by the number of UCI points in the latest classification by nation published for the continental circuits. A maximum of 31 NOC vehicles will be allowed in the men's road race convoy. Some of the vehicles will be shared with up to 3 NOCs and team sharing will be determined by UCI. For the vehicles grouping several nations, the highest ranked nation will be taken into consideration.

#### Women's road race

1. Vehicles of NOCs entering at least four riders

2. Vehicles of NOCs entering less than three riders grouped according to number of riders

In each group, the order shall be determined by the latest UCI women's classifications. A maximum of 28 NOC vehicles will be allowed in the women's road race convoy. Some of the vehicles will be shared by 2 NOCs and team sharing will be determined by UCI. For the vehicles grouping several NOCs, the highest ranked nation will be taken into consideration.

#### Follow vehicles

Only vehicles provided by Tokyo 2020 will be allowed to follow the riders in the time trial. If an NOC needs to follow a second rider the vehicle must be an official Tokyo 2020 rate card vehicle or neutral service vehicle.

## Time trial starting provisions

The starting order will be determined by the UCI.

There will be intervals of 1 minute and 30 seconds between riders in each category. The women's race will be organised in one wave of riders and men's race in three waves of riders.

#### Hot seat

For the benefit of broadcasters, a hot seat will accommodate the three riders who have set the bes provisional times. The hot seat will be located in the finish area along the finish straight near the mix zone. Immediately after they have finished, riders with the best provisional time will be directed to the hot seat. As soon as a best new time is set for any of the top three placings, the rider(s) give up the their place to the new rider(s) in the top three provisional standings.

#### Neutral service

Neutral service will be available to competing athletes throughout races and at venues, offered in accordance with UCI technical regulations. The neutral service will be provided by four cars and two motorbikes during competition days and by a venue team at Fuji International Speedway from 17 July 2021. The four neutral service cars and two dedicated motorbikes will provide water bottles to rider throughout the race.

Neutral service will also be provided in the mechanical assistance area at Musashinonmori Park before the start of each road race.

#### Fixed feeding zones

Three feeding zones will be available for each of the men's road race and women's road race.

Men's road race: Feed Zone A: Asahigaoka @ 96km and 210km Feed Zone B: Yeti Ski Pass @ 138km Feed Zone C: Pit Lane Fuji International Speedway @ 174km and 192km

Women's road race: Feed Zone A: Doshi Village Hall @ 66km Feed Zone B: Asahigaoka @ 96km Feed Zone C: Pit Lane Fuji international Speedway @ 114km

Feeding outside of the designated feed zones will be permitted in accordance with the provisions of articles 2.3.026 and 2.3.027 of the UCI Regulations.

#### Litter zones

UCI Regulation 2.2.025 - 2.3.025

Signboards indicating the Litter Zone Ahead 1km will be placed on both sides of the road before the litter zones.

The location of litter zones in Men's road race are situated at, 38km, 66km, 94km, 136km, 167km, 185km, 208km, 230km, from the 0km.

The location of litter zones in Women's road race are situated at, 38km, 66km, 94km, 114km, 133km, from the 0km.

Riders can return empty bottles/packages to team staff and race convoy vehicles.

Litter zones allow the riders to dispose of waste in a way that respects the environment. The rider must safely and exclusively deposit their waste on the sides of the road in the litter zones provided on the right side of the roadway.

## Finishing time limits

Any rider who has been dropped and is 12 minutes behind the main peloton will be withdrawn at the feed zones or on course by the broom wagon commissaire as required.

#### Tokyo 2020 Cycling Road Men's Race Schedule V.3

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	Depart						11:00	11:00
	Musashinonomori Park Exit	Parade		•	0.4	9.6	11:01	11:01
	Nogawa Park				0.6	9.4	11:01	11:01
	International Christian University Gate				1.3	8.7	11:03	11:03
	Maehara Koban				4.5	5.6	11:09	11:09
	(Crossing Sakura-dori/Koganei-kaido)				6.5	3.5	11:13	11:13
	Keyaki-Namiki N.		Parade	•	7.2	2.8	11:14	11:14
Talaa	Kotobukicho 1	Obstacles both sides		1	7.4	2.6	11:15	11:15
Tokyo	Okunitama Jinja (shrine entrance)	Deviation			7.8	2.2	11:16	11:16
	Okunitama Shrine Sando	Narrow			7.9	2.1	11:16	11:16
	(Okunitama Shrine West Gate)	Narrow			8.0	2.0	11:16	11:16
	(Okunitama Shrine Nishi (west))			•	8.2	1.8	11:16	11:16
	Koremasa Brdg. N.	Race start	Kilometre Zero	1	0.0	234.0	11:20	11:20
	(Sanwa Supermarket Inagi)				1.7	232.3	11:23	11:23
	Koyodaishogakko S.				2.5	231.5	11:24	11:24

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	Inagigochu Entrance			3.0	231.0	11:25	11:25
	Kujirabashi		•	3.9	230.1	11:26	11:26
	Inagi Chuo Park		•	4.1	229.9	11:26	11:27
	(Kasayato Shinsui Park North)			5.0	229.1	11:28	11:28
	Nagamine 2		•	5.4	228.6	11:28	11:29
	Wakabadai Park-W		•	6.0	228.0	11:29	11:30
	(Tsutaya book store)/Wakabadai Okanote St			6.2	227.8	11:29	11:30
	Wakabadaishogakko W			7.1	226.9	11:31	11:31
	Tama Higashi Park			7.4	226.6	11:31	11:32
Tokyo	Hijirigaoka 4-chome		•	7.8	226.2	11:32	11:32
ΙΟΚΥΟ	(Tama Ōnishi)/Hijirigaoka Gakuen St		•	8.0	226.0	11:32	11:33
	Hijirigaoka 2-chome			8.8	225.2	11:33	11:34
	Hijirigaoka 1-chome		•	9.8	224.2	11:35	11:36
	Tama Mahikizawa		•	10.4	223.7	11:36	11:36
	Tama Higashi Park			11.8	222.2	11:38	11:39
	Tama Sogo Centre	Bollard		13.9	220.1	11:41	11:42
	Tama Wholesale Market			14.3	219.7	11:42	11:43
	Minami Toyogaoka Field			15.3	218.7	11:43	11:44
	Toyogaokasho Iriguchi		•	16.7	217.3	11:45	11:46

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	Tama Aokiba				16.9	217.1	11:45	11:47
	Tama Regional Hospital				18.2	215.8	11:47	11:49
	Shimada Ryoiku Centre (Tama New Town- Dori Ave)			•	18.5	215.5	11:48	11:49
Talaya	Matsugatani Tunnel	Tunnel			18.9	215.1	11:48	11:50
Tokyo	Oyama Dairi Tunnel	Tunnel			23.8	210.2	11:56	11:58
	Tama New Town	Descending and turn to right			24.9	209.1	11:57	11:59
	Sakashita (Crossing)			•	27.2	206.8	12:01	12:03
	Inari Bridge (entrance of R16 side road)	Road narrow		1	27.3	206.7	12:01	12:03
	Moto-Hashimoto			4	27.7	206.3	12:02	12:04
	Underpass of JR Yokohama Line	Road narrow			28.1	205.9	12:02	12:04
	Aihara 2-chome				28.6	205.4	12:03	12:05
	Aiharadai	Winding descent		↑	29.0	205.0	12:04	12:06
Kanagawa	Kubosawa				31.8	202.2	12:08	12:10
Kanagawa	Kubosawa Minami Park	Winding descent			31.9	202.1	12:08	12:10
	Ogura Bridge East	Road narrow		•	32.5	201.5	12:09	12:11
	Araku Bridge	Road narrow/road centre obstacle		1	35.1	198.9	12:13	12:16
	Kushikawabashi Bridge/Litter Zone	Litter Zone 100m long	1		37.6	196.4	12:16	12:19
	Seki Crossing				39.0	195.0	12:19	12:22

Area	FOP	Remarks		Direction	Race Distance (Km)	Race Distance to go (Km)	Speed 38km/h	Speed 36km/h
	Aoyama (Crossing)			▲ 1	41.4	192.6	12:22	12:25
Kanagawa	Tunnel	Tunnel	Max 15.0%	1	49.0	185.0	12:35	12:38
	Ryogoku Bridge				55.4	178.6	12:45	12:49
	Doshi Village City Hall/Litter Zone		Ū 🕅		66.2	167.8	13:02	13:08
	Yamayuri Centre				69.9	164.1	13:08	13:14
	Yamabushi Tunnel	Tunnel			80.1	153.9	13:25	13:32
	Hirano (Crossing)/Descent	Winding descent		\$	84.2	149.8	13:29	13:36
)/a manana ki	Myōjin (Crossing)			1	90.3	143.7	13:38	13:45
Yamanashi	Litter Zone start	Litter Zone 100m long	Ū 🕅		93.6	140.4	13:42	13:50
	Asahigaoka (Crossing) Feed Zone A	Feed zone 500m long/time out point	Pg Feed start		93.7	140.3	13:43	13:50
	Litter Zone start		Ŵ	1	94.2	139.8	13:44	13:51
		Litter Zone 100m long	Max 8.3%		94.3	139.7	13:44	13:52
	Kagosaka Pass	ITP 1	0.5%		96.6	137.4	13:48	13:57
	Subashiri Crossing to Sengen Jinja Shrine	Descent		<b>\$</b>	102.3	131.7	13:54	14:02
	Subashiri Honchō/Winding descent	Winding descent		5	103.0	131.0	13:55	14:03
Shizuoka	(Fuji Kokusai Golf Club)/Winding descent and deep groove	Descent and turning to left		1	108.8	125.2	14:01	14:09
	(Tachizawagawa)				110.0	124.0	14:02	14:11
	(Takamine Auto)	Grooved surface			110.6	123.4	14:03	14:12

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	(Kadoya Shōten)	Grooved surface			110.9	123.2	14:04	14:12
	Hitosugi				112.7	121.3	14:06	14:15
	Tamaho Branch Office			<b>~</b>	114.2	119.8	14:09	14:18
	Harasatosho mae				115.6	118.4	14:11	14:20
	(Fuji Farm)			1	119.4	114.6	14:17	14:26
	Suyama	Start of ITP 2			123.7	110.3	14:23	14:33
	(Ranch entrance)				127.4	106.6	14:32	14:42
	(Susono City Fuji-san Museum back)			▲ 1	128.3	105.7	14:34	14:45
	(Susono City Fuji-san Museum)		Max - 10.6%		128.5	105.5	14:35	14:46
Shizuoka	(Sagittarius)	Time Out Point	10.0%		129.6	104.4	14:39	14:50
	(Jurigi Kogen Villa Area)				131.6	102.4	14:44	14:56
	Litter Zone start	Litter Zone 100m long	۵		136.9	97.1	15:00	15:14
	Feed Zone B		Tig Food start		137.0	97.0	15:01	15:14
	Litter Zone start	Litter Zone 100m long			137.5	96.5	15:02	15:16
	Litter Zone finish		<u>i</u>		137.6	96.4	15:02	15:16
	ITP 2				138.1	95.9	15:04	15:18
	Mizukaytsuka Park	ITP 2			138.3	95.7	15:05	15:19
	(Fuji Skyline Nakahata)	Descent			142.6	91.4	15:09	15:23
	Tamaho Branch Office				153.8	80.2	15:20	15:35

Area	FOP	Remarks	Remarks		Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	Hitosugi			1	155.3	78.7	15:22	15:37
	(Kadoya Shōten)				157.1	76.9	15:25	15:40
	(Takamine Auto)			•	157.4	76.6	15:25	15:40
	(Tachizawagawa)			1	158.0	76.0	15:26	15:41
	(Fuji Kokusai Golf Club)				159.2	74.8	15:28	15:43
	Cemetery Entrance			•	159.7	74.3	15:29	15:44
	(Fuji Cemetery)				161.7	72.3	15:32	15:47
	FSW East Gate			1	164.5	69.6	15:36	15:51
	Litter Zone start	Litter Zone 100m long	m 🕱		166.5	67.5	15:39	15:55
Shizuoka	Feed Zone C start	Feed Zone 200m long	P9 Food start		166.6	67.4	15:39	15:55
	Litter Zone start	Litter Zone 100m long	Ē 🕅		166.9	67.1	15:40	15:55
	Litter Zone finish		Ē 🕅		167.0	67.0	15:40	15:55
	FSW Finish Line	Time Out Point			171.0	63.0	15:46	16:02
	FSW 1st Corner	Road Narrow/Winding			171.7	62.3	15:47	16:03
	FSW East Gate (front)			•	173.7	60.3	15:50	16:06
	Ringer Hut Crossing	Ringer Hut Crossing			175.1	58.9	15:52	16:08
	(Kurumajizō/Fuji Oyama Hospital)				175.9	58.2	15:53	16:09
	Cemetery Entrance				177.5	56.5	15:56	16:12
	(Fuji Cemetery)				179.5	54.5	15:59	16:15

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	FSW East Gate				182.2	51.8	16:03	16:20
	Litter Zone start	Litter Zone 100m long	ش 🕱		184.3	49.7	16:06	16:23
	Feed Zone C start	Feed Zone 200m long	P9 Feed start		184.4	49.6	16:06	16:23
	Litter Zone start	Litter Zone 100m long	Ē 🕅		184.7	49.3	16:06	16:23
Shizuoka	Litter Zone finish		Ē 🕅		184.8	49.2	16:06	16:24
SHIZUUKA	FSW Finish Line	Time Out Point			188.8	45.2	16:12	16:30
	FSW 1st Corner	Road Narrow/Winding			189.5	44.5	16:14	16:31
	FSW East Gate (front)			•	191.5	42.5	16:17	16:34
	(Ueno)	Start of ITP 3		•	192.5	41.5	16:18	16:36
	Myōjin Pass		Max 21.6%	1	197.7	36.3	16:35	16:55
Kanagawa	Mikuni Pass	ITP 3	21.0%		199.3	34.7	16:41	17:01
	Hirano			•	203.9	30.1	16:45	17:06
	Litter Zone start	Time Out Point	Ū 🕱	1	207.6	26.4	16:51	17:12
Yamanashi	Asahigaoka (Crossing) Feed Zone A	Start of ITP 1	Feed start	•	207.7	26.3	16:51	17:12
	Litter Zone start	Litter Zone 100m long		1	208.2	25.8	16:52	17:13
	Litter Zone finish		Max		208.3	25.7	16:52	17:13
	Kagosaka Pass/Descent	ITP 1	8.3%		210.6	23.4	16:57	17:18
	Subashiri Crossing to Sengen Shrine	Descent		<b>A</b>	216.3	17.7	17:02	17:24
Shizuoka	Subashiri Honchō/Winding descent			1	217.0	17.0	17:03	17:25

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 38km/h	Speed 36km/h
	(Okamura Manufacturer)/Winding descent				220.1	13.9	17:06	17:28
Shizuoka	(ena Mount Fuji Camp 2)				220.9	13.1	17:07	17:29
SIIIZUUKa	FSW East Gate				226.0	8.0	17:12	17:34
	Litter zone		Ē 🕅		230.0	4.0	17:16	17:38
	Finish				234.0	0.0	17:21	17:43

#### Tokyo 2020 Cycling Road Women's Race Schedule V.3

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
	Depart						13:00	13:00
	Musashinonomori Park Exit	Parade			0.4	9.6	13:01	13:01
	Nogawa Park				0.6	9.4	13:01	13:01
	International Christian University Gate			<u> </u>	1.3	8.7	13:03	13:03
	Maehara Koban				4.5	5.6	13:09	13:09
	(Crossing Sakura-dori/Koganei-kaido)				6.5	3.5	13:13	13:13
	Keyaki-Namiki N.		Parade	•	7.2	2.8	13:14	13:14
Tolavo	Kotobukicho 1	Obstacles both sides			7.4	2.6	13:15	13:15
Tokyo	Okunitama Jinja (shrine entrance)	Deviation			7.8	2.2	13:16	13:16
	Okunitama Shrine Sando	Narrow			7.9	2.1	13:16	13:16
	(Okunitama Shrine West Gate)	Narrow			8.0	2.0	13:16	13:16
	(Okunitama Shrine Nishi (west))			•	8.2	1.8	13:16	13:16
	Koremasa Brdg. N.	Race start	Kilometre Zero		0.0	137.0	13:20	13:20
	(Sanwa Supermarket Inagi)				1.7	135.3	13:23	13:23
	Koyodaishogakko S.			•	2.5	134.5	13:24	13:24

Area	FOP	Remarks	Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
	Inagigochu Entrance			3.0	134.0	13:25	13:25
	Kujirabashi		•	3.9	133.1	13:26	13:27
	Inagi Chuo Park		•	4.1	132.9	13:27	13:27
	(Kasayato Shinsui Park North)			5.0	132.1	13:28	13:29
	Nagamine 2		•	5.4	131.6	13:29	13:29
	Wakabadai Park-W		•	6.0	131.0	13:30	13:30
	(Tsutaya book store)/Wakabadai Okanote St			6.2	130.8	13:30	13:31
	Wakabadaishogakko W			7.1	129.9	13:32	13:32
	Tama Higashi Park			7.4	129.6	13:32	13:33
Talasa	Hijirigaoka 4-chome		•	7.8	129.2	13:33	13:33
Tokyo	(Tama Ōnishi)/Hijirigaoka Gakuen St		•	8.0	129.0	13:33	13:34
	Hijirigaoka 2-chome			8.8	128.2	13:34	13:35
	Hijirigaoka 1-chome		•	9.8	127.2	13:36	13:37
	Tama Mahikizawa		•	10.4	126.7	13:37	13:38
	Tama Higashi Park			11.8	125.2	13:39	13:40
	Tama Sogo Centre	Bollard	1	13.9	123.1	13:43	13:44
	Tama Wholesale Market			14.3	122.7	13:43	13:45
	Minami Toyogaoka Field			15.3	121.7	13:45	13:46
	Toyogaokasho Iriguchi		•	16.7	120.3	13:47	13:49

Area	FOP	Remarks		Direction	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
	Tama Aokiba				16.9	120.1	13:47	13:49
	Tama Regional Hospital				18.2	118.8	13:50	13:51
	Shimada Ryoiku Centre (Tama New Town- Dori Ave)			•	18.5	118.5	13:50	13:52
Telave	Matsugatani Tunnel	Tunnel			18.9	118.1	13:51	13:52
Tokyo	Oyama Dairi Tunnel	Tunnel			23.8	112.2	13:59	14:01
	Tama New Town	Descending and turn to right			24.9	112.1	14:00	14:03
	Sakashita (crossing)			•	27.2	109.8	14:04	14:07
	Inari Bridge (entrance of R16 side road)	Road narrow		1	27.3	109.7	14:04	14:07
	Moto-Hashimoto			4	27.7	109.3	14:05	14:08
	Underpass of JR Yokohama Line	Road narrow			28.1	108.9	14:06	14:08
	Aihara 2-chome				28.6	108.4	14:07	14:09
	Aiharadai	Winding descent		1	29.0	108.0	14:07	14:10
	Kubosawa				31.8	105.2	14:12	14:15
Kanagawa	Kubosawa Minami Park	Winding descent			31.9	105.1	14:12	14:15
	Ogura Bridge East	Road narrow		•	32.5	104.5	14:13	14:16
	Araku Bridge	Road narrow/Road centre obstacle		1	35.1	101.9	14:17	14:20
	Kushikawabashi Bridge/Litter Zone	Litter Zone 100m long	<b>m x</b>		37.6	99.4	14:21	14:24
	Seki Crossing			1	39.0	98.0	14:23	14:27
	Aoyama (crossing)				41.4	95.6	14:27	14:31

Area	FOP	Remarks		Direc	tion	Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
Kanagawa	Tunnel	Tunnel				49.0	88.0	14:41	14:46
Nallayawa	Ryogoku Bridge					55.4	81,6	14:53	14:59
	Litter Zone start		Ū 🕅			66.2	70.8	15:14	15:21
	Doshi Village City Hall/Feed Zone A/ Time Out Point/Litter Zone finish		Foed start			66.3	70.7	15:14	15:21
	Feed Zone finish/Litter Zone start		Ŵ			66.6	70.4	15:14	15:21
	Litter Zone finish		1			66.7	70.3	15:15	15:22
	Yamayuri Centre		Max 15.0%			69.9	67.1	15:21	15:28
	Yamabushi Tunnel	Tunnel	15.0%			80.1	56.9	15:40	15:48
Yamanashi	Hirano (Crossing)/Descent	Winding descent		2	)	84.2	52.8	15:45	15:53
	Myōjin (Crossing)			1		90.3	46.7	15:54	16:04
	Litter Zone start	Time Out Point	Ū 🕱			93.6	43.4	16:00	16:09
	Asahigaoka (Crossing) Feed Zone A/Time Out Point/Litter Zone finish	Start of ITP 1	<b>P</b> 9 Feed start			93.7	43.3	16:00	16:10
	Feed Zone finish/Litter Zone start		Ŵ	1		94.2	42.8	16:01	16:11
	Litter Zone finish		Max 8.3%			94.3	42.7	16:01	16:11
	Kagosaka Pass	ITP 1	8.3%			96.6	40.4	16:07	16:17
	Subashiri Crossing to Sengen Shrine	Descent		1	1	102.4	34.6	16:14	16:24
Shizuoka	Subashiri Honchō/Winding descent			1		103.0	34.0	16:14	16:25
	(Okamura Manufacturer/Winding descent			•	٦	106.2	30.8	16:18	16:29

Area	FOP	Remarks	Remarks D		Race Distance (km)	Race Distance to go (km)	Speed 36km/h	Speed 34km/h
	(ena Mount Fuji Camp 2)				106.9	30.1	16:19	16:30
	FSW East Gate				112.1	24.9	16:27	16:39
	Litter Zone start		Ū 🕅		114.1	22.9	16:31	16:42
	Litter Zone finish/Feed Zone C start		<b>7</b> 9		114.2	22.8	16:31	16:42
	Feed Zone C finish/Litter Zone start		Foed start		114.5	22.5	16:31	16:43
	Litter Zone finish		Ē 🕅		114.6	22.4	16:32	16:43
	FSW Finish Line	Time Out Point			118.6	18.4	16:38	16:50
Shizuoka	FSW 1st Corner	Road Narrow/ Winding			119.3	17.7	16:39	16:51
	FSW East Gate (front)				121.3	15.7	16:42	16:55
	Ringer Hut Crossing	Ringer Hut Crossing			122.7	14.3	16:45	16:57
	(Kurumajizō/Fuji Oyama Hospital)				123.5	13.5	16:46	16:58
	Cemetery Entrance				125.1	11.9	16:49	17:01
	(Fuji Cemetery)				127.1	9.9	16:52	17:05
	FSW East Gate				129.8	7.2	16:56	17:09
	Litter Zone		Ē 🕅		133.8	3.2	17:03	17:16
	Finish				137.0	0	17:08	17:21

## Classifications and rankings

Individual classifications by time will be issued and the following points will be awarded towards the UCI world rankings:

1         600         350         200         120           2         475         250         170         100           3         400         200         140         85           4         325         150         130         70           5         275         125         120         60           6         225         100         110         50           7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         3         1	Rank	Men's RR	Men's TT	Women's RR	Women's TT
3         400         200         140         85           4         325         150         130         70           5         275         125         120         60           6         225         100         110         50           7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         3         1	1	600	350	200	120
4         325         150         130         70           5         275         125         120         60           6         225         100         110         50           7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         8         3           19         30         5         2         2           20         3         3         1         3           21         30         3         3         1           22	2	475	250	170	100
5         275         125         120         60           6         225         100         110         50           7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         8         3           19         30         5         2         2           20         3         3         1         3           21         30         3         3         1           23         20         3         3         3           24	3	400	200	140	85
6         225         100         110         50           7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         8         3           19         30         5         8         3           19         30         5         3         1           21         30         3         2         2           23         20         3         2         3           24         20         3         3         2           26-31	4	325	150	130	70
7         175         85         100         40           8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         10         4           18         30         5         8         3           19         30         5         2         2           20         3         3         1         3           21         30         3         3         3           22         20         3         3         3           23         20         3         3         3           24         20 </td <td>5</td> <td>275</td> <td>125</td> <td>120</td> <td>60</td>	5	275	125	120	60
8         150         70         90         30           9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         8         3           19         30         5         3         1           21         30         3         1         1           22         20         3         3         1           21         30         3         1         1           23         20         3         3         1           24         20         3         3         1           26-31         20         3         3         1	6	225	100	110	50
9         125         60         80         20           10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         10         4           18         30         5         8         3           19         30         5         3         1           21         30         3         1         1           22         20         3         1         1           23         20         3         1         1           24         20         3         1         1           25         20         3         1         1           26-31         20         3         1         1	7	175	85	100	40
10         100         50         70         15           11         85         40         60         10           12         70         30         50         9           13         60         25         40         8           14         50         20         30         7           15         40         15         20         6           16         35         10         15         5           17         30         5         10         4           18         30         5         3         1           21         30         3         2         2         3           22         20         3         2         3         1           23         20         3         2         3         1           24         20         3         2         3         2           26-31         20         3         3         1	8	150	70	90	30
11       85       40       60       10         12       70       30       50       9         13       60       25       40       8         14       50       20       30       7         15       40       15       20       6         16       35       10       15       5         17       30       5       8       3         18       30       5       8       3         19       30       5       3       1         21       30       3       2       2         23       20       3       2       3         24       20       3       2       3         25       20       3       2       3         26-31       20       3       3       3	9	125	60	80	20
12       70       30       50       9         13       60       25       40       8         14       50       20       30       7         15       40       15       20       6         16       35       10       15       5         17       30       5       10       4         18       30       5       8       3         19       30       5       3       1         21       30       3       1       1         21       30       3       1       1         23       20       3       3       1         24       20       3       3       1         25       20       3       3       1         26-31       20       3       1       1	10	100	50	70	15
13602540814502030715401520616351015517305104183058319305312130332220323203242032520326-3120	11	85	40	60	10
145020307154015206163510155173051041830583193055220305312130332220332320332420332520326-3120	12	70	30	50	9
1540152061635101551730510418305831930552203053121303322203523203242032520326-3120	13	60	25	40	8
163510155173051041830583193055220305312130332220332320332420332520326-3120	14	50	20	30	7
173051041830583193055220305312130332220332320312420312520326-3120	15	40	15	20	6
18305831930552203053121303322203-23203-24203-25203-26-3120-	16	35	10	15	5
19305522030531213033222031232031242032520326-3120	17	30	5	10	4
20         30         5         3         1           21         30         3         1 <td>18</td> <td>30</td> <td>5</td> <td>8</td> <td>3</td>	18	30	5	8	3
21     30     3       22     20     3       23     20     3       24     20     3       25     20     3       26-31     20	19	30	5	5	2
22     20     3       23     20     3       24     20     3       25     20     3       26-31     20	20	30	5	3	1
23     20     3       24     20     3       25     20     3       26-31     20	21	30	3		
24     20     3       25     20     3       26-31     20	22	20	3	_	
25     20     3       26-31     20	23	20	3	_	
26-31 20	24	20	3	_	
	25	20	3	_	
32-50 10	26-31	20		-	
	32-50	10	-		
51-55 5	51-55	5	-		
56-60 3	56-60	3	-		

## Victory ceremonies

The first three riders from each event must attend the victory ceremony which will take place after the last rider crosses the finish line. Athletes must wear their NOC tracksuits

## Doping control

The IOC has delegated some of its responsibilities in relation to the implementation of doping control at the Olympic Games Tokyo 2020 to the International Testing Agency (ITA) in accordance with the World Anti-Doping Code (WADC) and the IOC Anti-Doping Rules (the IOC AD Rules) applicable to the Games of the XXXII Olympiad Tokyo 2020.

This delegation includes without limitation, Test Distribution Planning (TDP), testing operations including athlete selection, Therapeutic Use Exemptions (TUEs), Results Management and prosecution of Anti-Doping Rule Violations (ADRVs).

During the period of the Games, which starts from the opening of the Olympic Village on 13 July 2021 up to and including the day of the Closing Ceremony on 8 August 2021 inclusively, the IOC AD Rules will apply. Athletes qualified and registered by their NOC may be tested at any time during the Games period, as well as in the lead up to the Games, regardless of their location.

Tokyo 2020 will introduce a paperless system to record the information related to the sample collection procedure by its Sample Collection Personnel (SCP). While the notification of athletes will be recorded on paper, the recording of the information related to the sample collection procedure will be done on a tablet.

#### Doping Control-related operations

Reference information on "interpreters during the doping control process", "food and beverage for athletes undergoing doping control", "transportation following completion of doping control", "testing for world records", "testing requests for national/regional records" are written in the Doping Control Guidebook published on Tokyo 2020 Connect.

Transportation after completing doping control on day of Closing Ceremony

Doping control will be conducted on the day of the Closing Ceremony. All athletes undergoing doping control must complete testing at the competition venue before moving to the Closing Ceremony. After completing doping control, Tokyo 2020 will transport athletes to the Olympic Village. Athletes who participate in the Closing Ceremony are requested to take a bus to the Olympic Stadium from the Olympic Village. Therefore, Tokyo 2020 recommends that all athletes who compete on the day of the Closing Ceremony bring with them to the competition venue all necessary items that may be required during the Closing Ceremony (such as their uniforms) as they may not have the possibility to go back to their rooms in the Olympic Village prior to the ceremony. This Team Leaders Guide was published after the Doping Control Guidebook was finalised, therefore this is the most up-to-date transport information.

#### Penalties

The UCI penalty scale for rule violations is the only one applicable to Tokyo 2020 cycling road events.

## 3. Pre-competition activities

#### Road races

Date	Time	Activity	Location	Participants
13 Jul 2021	10:00	Cycling cars distribution	Fuji International Speedway	Team leaders
19 Jul 2021	08:00	Neutral service venue team in place	Fuji International Speedway	Athletes, team leaders
19 Jul 2021	09:00	Start official training	Fuji International Speedway	Athletes, team leaders
20 Jul 2021	09:00	Official training	Fuji International Speedway	Athletes, team leaders
21 Jul 2021	09:00	Official training	Fuji International Speedway	Athletes, team leaders
22Jul 2021	09:00	Course familiarisation for drivers	Road race course	Contract drivers
22 Jul 2021	09:00	Official training	Fuji International Speedway	Athletes, team leaders
22 Jul 2021	09:00	Road race venue dress rehearsal (not for teams)	Musashinonomori Park	Tokyo 2020, UCI, TD, OBS
22 Jul 2021	13:00	Dress rehearsal (not for teams)	Fuji International Speedway	Tokyo 2020, UCI, drivers, SPP, Police, medical services (MED), OBS
22 Jul 2021	14:00	Technical officials' meeting	Fuji International Speedway	UCI, TD, TO
22 Jul 2021	09:00	Official training	Fuji International Speedway	Athletes, team leaders
23 Jul 2021	10:00	Confirmation of road race starters, distribution of race numbers and transponders	Fuji International Speedway	Team leaders (max two per NOC)
23 Jul 2021	10:00	Radio Tour installation and rack check complete	Fuji International Speedway	Team leaders
23 Jul 2021	10:00	Distribution of bottled water, Powerade, cycling bottles and feeding musettes (additional for race)	Fuji International Speedway	Team leaders
23 Jul 2021	13:00	Team leaders' meeting - road races	Fuji International Speedway	Team leaders (max two per NOC)

23 Jul 2021	13:00	Buses leave for Olympic Village (OLV)	Pick up from team hotels	Male athletes
23 Jul 2021	14:00	Road race start list distribution	Team hotel (SID), Athlete lounge	Team leaders
23 Jul 2021	14:30	Meeting with drivers	Fuji International Speedway	Tokyo 2020, UCI, TD, PCP
23 Jul 2021	TBD	Team vehicles drive to OLV - men's road race	Olympic Village (P6)	NOC
24 Jul 2021	TBD	Buses leave for OLV	Pick up from team hotels	Female athletes
24 Jul 2021	TBD	Team vehicles drive to OLV - women's road race	Olympic Village (P6)	NOC

#### Time Trials

Date	Time	Activity	Location	Participants
26 Jul 2021	09:00	Meeting — Tokyo 2020 management, technical delegates	Fuji International Speedway	Tokyo 2020, TD, TO
26 Jul 2021	09:00	Official training	Fuji International Speedway	Athletes, team leaders
26 Jul 2021	09:30	Return of team cars for NOCs only competing in road time trial	Fuji International Speedway	NOC
27 Jul 2021	09:00	Confirmation of time trial starters	Fuji International Speedway	Team leaders (max. two per NOC)
27 Jul 2021	12:00	Time trial start list distribution	Team hotel (SID), Athletes' Lounge	NOC
27 Jul 2021	13:00	Team leaders' meeting - time trial	Fuji International Speedway	Team leaders (max. two per NOC), Tokyo 2020, TO, SEC, VEM
27 Jul 2021	14:30	Meeting point for the course familiarisation	Team pits - Fuji International Speedway	Athletes, team officials
27 Jul 2021	15:00	Time trial dress rehearsal (not for teams)	Fuji International Speedway	Tokyo 2020, TD, TO
27Jul 2021	15:00 - 17:00	Time trial course familiarisation for teams	Team pits - Fuji International Speedway	Time trial athletes, Technical officials
29 Jul 2021	09:00	Return of team cars for NOCs only competing in cycling road	Fuji International Speedway	NOC

#### Training venue

Fuji International Speedway

694 Nakahinata
Oyama Shizuoka
Japan

## Training sessions

Training is available at the venue from Monday 19 July to Friday 23 July 2021 for the Road Race, and on Monday 26 July to Tuesday 27 July 2021 for the Time Trial.

Teams are free to train at times and days suitable to their needs.

For the Time Trial, teams will have access to the full circuit on Tuesday 27 July 2021 between 15:00 to 17:00.

#### The use of Evergreen Line on official training days

The Minami-Fuji Evergreen Line, which is part of the men's Olympic Cycling Road Race course, is a privately owned road which generally does not allow access to bicycles, only vehicles. However, Tokyo 2020 has obtained special permission from the road owner to allow bicycles on the Evergreen Line on official training days.

The following rules and restrictions must be observed in accordance with Japanese road rules to ensure everyone's safety.

- 1. The road may only be used during official training days and hours; from Monday 19 July to Friday 23 July 2021 between 11:00 15:00. No bicycles are permitted on the road outside of these times.
- 2. There is a toll fee of JPY 520 that NOCs will have to pay per vehicle each time they use the road.
- 3. All riders using the road must be accompanied by their NOC team vehicle; riders cannot use the road unaccompanied.
- 4. NOC teams are prohibited from being accompanied by riders who are not competing in the Olympic Cycling Road Race.
- The road is not exclusive to NOCs or Tokyo 2020; it is open to general vehicle traffic with traffic moving in both directions. Riders and team cars are advised to take extra care when training on the road.
- 6. Please respect the local environment and do not dump bottles or litter.
- 7. NOCs must follow all instructions and/or reminders from Tokyo 2020 competition management, local police and road authorities.

### Course Familiarisation

Teams are advised there is no road race course familiarisation.

#### Time Trials (full course familiarisation)

Strictly limited to time trial riders only, this will be an opportunity for athletes to accustom themselves with the course. The familiarisation will start and finish at Fuji International Speedway between 15:00 and 17:00 on 27 July 2021, hosted under rolling road closure conditions. Enter the course via the pit lane at Fuji International Speedway.

Athletes must follow the instructions of the competition management and police escort. There will be escort motorbikes at the front and back. Neutral service will be provided during the course familiarisation. NOCs are permitted to follow their riders but must take care at all times not to endanger other athletes.

### Team leaders' meetings

The team leaders' meetings will be held in accordance with the UCI regulations in the presence of the commissaire president, IF technical delegates, ITOs, Tokyo 2020 cycling sport manager, Tokyo 2020 cycling road discipline manager and doping control officers. Team managers are required to attend the meeting - limited to two representatives per NOC - which will provide critical information on subjects such as venue access, accreditation, protocols and feed zone operations. Please note that all team leaders' meetings will take place at Fuji International Speedway.

### Confirmation of starters

A representative from each NOC must attend in order to confirm their starters. All NOCs must present licences for all entered riders. NOCs must also present an example of the race clothing that will be worn by their riders in order to ensure that it complies with Rule 50 and the Bye-Law to Rule 50 of the Olympic Charter and the IOC's Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020.

# Distribution of riders' numbers and transponders

A representative from each NOC must attend in order to collect their riders' numbers and transponders. Riders in the road race and time trial events must have transponders fixed to their bikes. Transponders and installation instructions will be distributed with race numbers at the two sessions shown in the schedule. The removal of transponders is compulsory and will take place immediately after the riders have completed mixed zone obligations as they exit the FOP after the finish of the event.

### Timing and tracking devices

Each rider will be issued two timing transponders that must be used during the road race events. The timing chip and GPS tracking device support will be issued for each rider during confirmation of starters.



#### Mechanical Specifications

- Dimensions: 76 x 43 x 19 mm (L x B x H) Weight: 50 g Completely sealed for water protection External data and charging contacts



The GPS tracking device must be installed under the saddle. A saddle support will be provided by Omega during the confirmation of starters. The support has to be fixed under the saddle by the team. The GPS tracking device will be provided at the rider signing on and team presentation procedure of the road race and must be snapped into the support. In case the saddle support does not fit, an alternative support can be obtained from the Omega Official Timekeeper.

Both units will be collected after each event directly on the flow from the mixed zone. In case of a rider DNF or bicycle change during the race, the units must be returned directly to the Omega Official Timekeeper at the finish line. For the individual time trial event, only the timing chip installed on the front fork will be required.

The timing chip must be installed on the front fork as low as possible. The timing chip will be provided with a cable tie to fix it to the front fork.



### Radio tour

Details of the radio frequency will be provided at the team leaders' meeting.

### Training Access Passes

Training Access Passes (TAP) for Cycling Road will enable unaccredited cycling team support staff to gain access to Musashinonomori Park or Fuji International Speedway and their feed zones in order to assist athletes in both the men's and women's road races. APs are a one-time application that will be fixed for an individual for a specific period. NOCs must submit requests for APs directly through the Guest Pass process by completing the required upload template (sent with the registration materials in 2021). This template must include details of all potential CTVP users, which should have been saved in the Guest Pass system by the Sport Entries deadline of 5 July 2021. All CTVP requests must be confirmed and submitted by this date.

For road races, NOCs are required to submit the details of up to three individuals who will be a part of their road race team's support staff and who will have a defined role that requires them to gain access to Musashinonomori Park and feed zones.

#### Collection procedure for road cycling

Upon arrival at the competition venue, the individual, together with the team leader, should report to the Venue Accreditation Office (VAO) where they will be issued with a TAP for the day, upon presentation of the same valid photo ID used in the application process. This pass will be valid only for the duration of the competition that the individual was registered for (ie 24 and 25 July 2021 for road races)

### Team cars

All NOCs will receive a 'cycling car' with Chantal roof racks with a capacity for six complete bikes and six wheels. The model of the car is the Toyota Corolla Touring and they will be distributed from a specific parking space in the Fuji International Speedway from 13 July 2021. Some vehicles may be available from 13 July 2021 for teams arriving early. Vehicles need to be returned to the same location by 13:00 on the day after the final competition day in cycling disciplines for each NOC.

The Tokyo 2020 'cycling cars' will be identified with a VAPP (blue P3 SCY for vehicles in the convoy) giving access to Musashinonomori Park (road race start), feed zone A, feed zone B and cycling road venues (competition and training).

NOCs must present the driving license of the cars' drivers, who should have a Cycling License issued by National Cycling Federation. A Blue sticker for the team support car to the feed zones will be distributed when NOCs collect their race vehicle.

All cars used by NOCs should comply with Rule 50 and Bye-law to Rule 50 of the Olympic Charter.

### Team vehicle security checks

Team vehicles that will move from the Olympic Village to Musashinomori Park on road race competition days will need to pass through the VSA before entering the start venue, so teams should allow extra time for this process. Screening each vehicle will take five minutes depending on waiting time. Vehicles departing from team hotels will be checked by security the night before and will be able to access Musashinonomori Park start venue VSA with a light check.

### Vehicles during competition

#### Road race

Teams nominated as part of the race convoy will be required to allow additional teams to join them in their following vehicle. Details of this allocation will be shared during the team leaders' meeting and by way of communication at the event. It is recommended that if your NOC has not been allocated a position within the race convoy, your NOC vehicle is used to transport staff to the feed zones.

### Driver safety

All drivers are reminded of their obligations to ensure the safety of all riders in the peloton, the general public and other drivers within the race convoy by exercising caution while operating a vehicle on the field of play. NOCs should always nominate experienced convoy drivers to operate their vehicles.

All vehicles should drive on the left-hand side of the road and maintain a line to allow riders and overtaking vehicles on the right. All service must take place on the left-hand side of the road, and feed zones will be on the right-hand side of the road. Vehicles should operate at a safe speed and follow the instructions of commissaires and race direction.

### Radios

Radio Tour will be installed in all NOC cycling vehicles following the race convoy from 19 to 23 July 2021 at Fuji International Speedway and will be uninstalled between 26 and 29 July 2021.

Any NOC planning to use its own radio system for their own communications must register their devices beforehand by contacting spectrum@ tokyo2020.com. Upon arrival and before use within any venue, all radio equipment must be authorised by the spectrum management. Only tagged radio equipment may be operated within venues.

In-race communication is defined by article 2.2.024 of the UCI Regulations. Radio links with the riders is prohibited in the Road Race.

Tokyo 2020 spectrum documents can be found at <u>https://tokyo2020.org/en/games/plan/environmental-arrangement/</u>

# Cycling bottles and feeding musettes

Cycling bottles and feeding musettes will be provided to all Cycling Road athletes. They will be distributed to the NOC team pit area on a date to be decided. Please note that all cycling bottles and feeding musettes used in training and competition must meet the requirements of Rule 50 and the Byelaw to Rule 50 of the Olympic Charter, and the IOC's Guidelines Regarding Authorised Identifications for the Games of the XXXII Olympiad, Tokyo 2020.

# 4. Facilities

## Olympic Village

During the Tokyo 2020 Olympic Games, the Olympic Village will accommodate 18,000 athletes and team officials. Additional residential facilities for cyclists and cycling team officials will be provided at specific cycling road accommodation and the Olympic Cycling Village.

The Olympic Village is in the Harumi district on Tokyo's waterfront. It will officially open at 08:00 on Tuesday 13 July 2021 and close at 18:00 on Wednesday 11 August 2021. It is conveniently located to allow access to competition venues in both the Heritage Zone and Tokyo Bay Zone, as well as famous tourist landmarks of Tokyo.

Commencing from 08:00 on Tuesday 13 July 2021, once DRMs and Inventory & Inspections (I&Is) have been completed for an NOC, all athletes and team officials from that NOC residing in the Olympic Village can proceed to the Team Processing Centre (TPC), where luggage and equipment will be screened.

The Olympic Village has 3,800 apartment units in 21 residential buildings of 14 to 18 floors each. The buildings are divided into four residential areas and the Village is surrounded by ocean on three sides. Depending on their size, apartments will contain two to eight beds and include bedrooms and a common space. The number of bathrooms per apartment will depend on the number of residents, and some apartments will contain a combined bedroom/common space. Free-of-charge wi-fi services will be available in residential buildings. Please note, in Japan the ground floor is called 'first floor' and it continues to the second and third floor onwards. Buttons in lifts start from 1 and continue to 2, 3, 4 onwards.

#### Residential centre

To service the four residential areas in the Olympic Village, there are five residential centres. Four residential centres will operate 24 hours a day with the fifth open from 07:00 to 22:00. Each residential centre will have a front desk to assist resolving issues related to accommodation services in the Village, including housekeeping requests, maintenance issues and lost keys. The residential centres will also provide general information services, Info terminals, internet access, and lounge and meeting facilities.

#### Multi-Function Complex (MFC)

The Multi-Function Complex (MFC) in the Olympic Village is a building of three floors which houses a number of services including the Polyclinic, casual dining facilities, recreation rooms, fitness centre, gymnasium and multi-faith centre.

#### Food services

The Main Dining Hall will be located in the Residential Zone adjacent to the Athlete Transport Mall and will operate on a 24-hour basis from Tuesday 13 July to Wednesday 11 August 2021. A menu, rotated on an eight-day cycle, will provide a wide range of meal choices and cater to all nutritional needs. Additional dining options in the Olympic Village will include 'grab-and-go' stations in the residence areas, casual dining in the MFC area as well as the Village Plaza Cafe in the Village Plaza.

AVMs will be cold packed meals consisting of sandwiches, salads, fruits, desserts, yogurt, etc. Vegetarian meals are available but need to be specified when ordering. AVMs for cycling road teams will need to be ordered 72 hours in advance from SID at the team hotel.

#### Fitness centre

The fitness centre and gymnasium is located on the third floor of the MFC. The facility is open 24 hours a day except when temporarily closed for cleaning or maintenance. There will be a significant selection of cardiovascular equipment and weights (benches and free weights), power racks, space for stretching and warming-up/down, and conditioning space for flexibility exercises. The shower and sauna areas are separated by gender and will be available for all residents.

#### Athletes' Lounges

The Athletes' Lounges, including socialising areas and TV lounge, are located in residential buildings and will be an area where athletes can congregate and relax.

#### Electronic Games Room

Arcade games and TV games are available in the electronic games room located on the second floor of the MFC and open between 10:00 and 24:00. Other recreation facilities besides those described above will be communicated in the Chefs de Mission Manual.

#### Multi-faith centre

Tokyo 2020 will provide a multi-faith centre for worship and meditation on the third floor of the MFC. It will contain representatives of the following religions: Buddhism, Christianity, Hinduism, Islam and Judaism and will open between 07:00 and 22:00.

#### Village Plaza

The Village Plaza, located next to the main entrance of the Olympic Village, is designed as a communication spot for athletes, team officials, guests, and media. The Village Plaza comprises a number of retail outlets with Tokyo 2020 commodities, bank, cafe, etc. Sustainably constructed from locally-sourced timber, the materials will be re-used after the Games by various local governments to build legacy facilities. The Village Plaza is a one-story temporary building with accessible toilet facilities.

#### Cycling Road accommodation

Two hotels have been made available for Cycling Road teams: Hotel Clad and Fuji Lake Hotel.

Fuji Lake hotel is 24km from Fuji International Speedway and Hotel Clad is 13km away.

Bike storage will be available at each hotel. Parking is available but teams are reminded that this is not secure and they should take care of their belongings.

### Sport Information Centre (SIC)

The Sport Information Centre (SIC) will be located in the NOC Services Centre building in the Olympic Village and will provide key sport-specific information to teams through dedicated Sport Information Desks (SIDs). SIDs will also be available at competition venues and cycling road hotel accommodation. A variety of services and information will be available at the SIC/SID, including:

- general competition-related information and sport-related communications from Tokyo 2020 sport competition teams
- · distribution of results, start lists, daily training schedules and other key information
- booking of Games-time training slots and allocation of training sessions at competition and training venues for selected sports
- · transport desk providing information and scheduling of team sport buses

The SIC will be open every day from Tuesday 13 July to Wednesday 11 August 2021 between the hours of 07:00 and 22:00. Hours may change depending on demand.

Please note, athletes are generally not permitted in the SIC/SID. To ensure the best possible service levels, only properly accredited NOC team officials will be allowed into SIC/SID spaces.

At each team hotel there will be a Sports Information Desk (SID) manned by a member of the cycling road sport team for general information and assistance.

#### Info

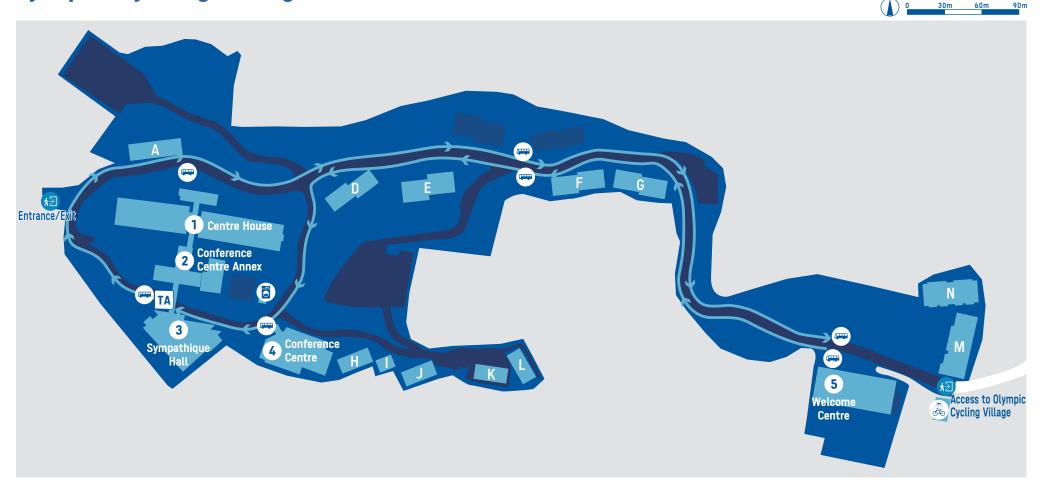
Info is the official Games-time intranet for the Olympic Family. It will be available in all competition and non-competition venues from the day the Olympic Village opens on Tuesday 13 July 2021 and will contain the following information in English (with limited content also available in French).

Info Content and Details			
Background	Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions		
Biographies	Athlete biographies and team, coach, referee, umpire, judge and NOC profiles		
Ceremonies	Details about Opening Ceremony, Closing Ceremony and medal ceremonies, including timings and participants		
Games News	Flash quotes, press conference highlights, sport previews, news articles, statistic- driven reports, media communications and IOC news		
Medals	Medal standings by sport, overall medal standings, and medallists by day, sport and event		
Records	World and Olympic records, including current records, record holders and new/ equalled records		
Results	Competition results viewable by sport, date and NOC. Includes entry lists, start lists, results and additional sport-specific reports		
Schedules	les Competition and non-competition schedules, including press conferences, IOC activities and Cultural Olympiad		

myInfo is the online version of Info and is available for users with an internet connection and login account (username and password) from anywhere in the world. myInfo provides additional features not available on Info, such as:

- customisation (ability for users to create their own schedules by selecting only those sports and events of interest to them)
- news/event alerts via email
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IOC and IFs
- downloadable results books
- copy and paste functionality

#### **Olympic Cycling Village - Overview**



#### (1) Centre House

#### 1st Floor : Hotel Front Desk

- (2) Conference Centre Annex
  - 1st Floor : Laundry Desk, NOC Services Desk,
  - Sport Information Desk, FA Desks, Business Centre
  - 2nd Floor : Bookable Meeting Rooms/
  - Sport Viewing Rooms

- **3** Sympathique Hall
  - B1 Floor : Fitness Centres, Bookable Massage Room,
  - Recreation Centre
  - 1st Floor : Medical Station
  - 2nd Floor : Dining Hall, Resident Desk
- **(4)** Conference Centre

- **5** Welcome Centre
  - 1st Floor : Accreditation Centre, Guest Pass Desk, Key Desk,
  - Training Bike Storage, Athletes' Equipment Loading Counter
- **G** Self-Service Laundry (for a fee)
- 🛞 Bike Wash
- 🗭 Internal Shuttle Bus Stop
- Entrance/Exit
- TA TA Load Zone

#### **Olympic Village**



#### Operations

- (24) Super Resident Centre (24 hours)
- (\*\*) Resident Centre (07:00-22:00)
- **Laundry Desk**
- (NT) Grab and Go Stations
- (1) NOC Services Centre
- 1st Floor : Sport Information Centre 2nd Floor : Chefs de Mission Hall, FA Desks, Front Desk
- NOC/NPC Relations Offices, IOC NOC Relations Office
- M2nd Floor : Sewing Room(Judo, Karate)
- 4th Floor : Services Centre Meeting Room

- 2 Multi-Function Complex
- 1st Floor : Polyclinic, Doping Control Station 2nd Floor : Recreation Centre, Casual Dining 3rd Floor : Fitness Centre,
  - Multi-faith Service Management Office
- (3) Village Plaza (For details, see the list at the right)
- 4 Village Plaza (Uniform Distribution Centre)
- 5 Guest Pass Centre, Venue Media Centre
- Fever Clinic. Area for Testing of Close Contacts
- Sample Collection Centre

- (6) Team Processing Centre
- (i) Toilets ( Accessible Toilet
- (f) Underpass
- (m) Internal Shuttle Bus Stop
- ↔ Internal Shuttle Bus Route
- 😥 Entrance / Exit
- (12) Residents' Entrance
- Building Entrance

- **Residential Block : PORT Residential Block : SEA** Residential Block : PARK
  - Residential Block : SUN
    - (a) Official Shop
      - ( General Store including florist
      - (🖹) Dry Cleaner

🛞 Bank

(The second seco

- Village Plaza Shops & Services
- (i) Plaza Information & Tokyo City Information
- (II) Hair Salon
- Photo Studio

- - (a) Courier Counter
  - Bostal Services
  - Village Plaza Café & Internet Lounge w/ Call Centre Galaxy Athlete Lounge
  - () Athletes' Room Replica
  - (Jcs) Japan Culture Stadium
  - Medical Station

### Competition venues and facilities

Musashinonomori Park 3 Asahicho Fuchu-shi Tokyo Japan

Located west of central Tokyo, Musashinonomori Park will be the starting point of the Road Cycling road race events. The park is home to a large number of cherry and maple trees which provide magnificent displays of colour in spring and autumn in the Japanese capital. See map on page 49.

Fuji International Speedway 694 Nakahinata Oyama-cho Sunto-gun Shizuoka Japan

Fuji International Speedway (FSW) is a motor racing circuit south-west of Tokyo and is set in the shadows of the majestic Mt Fuji. The circuit, used by a number of international motorsport series, boasts the latest technology and facilities required at a world-class sporting event, and will serve as the venue of the cycling road time trial events and the finish of the Olympic road races. The venue will also be the site of the Cycling Road events for the Paralympic Games. See map on page 50.

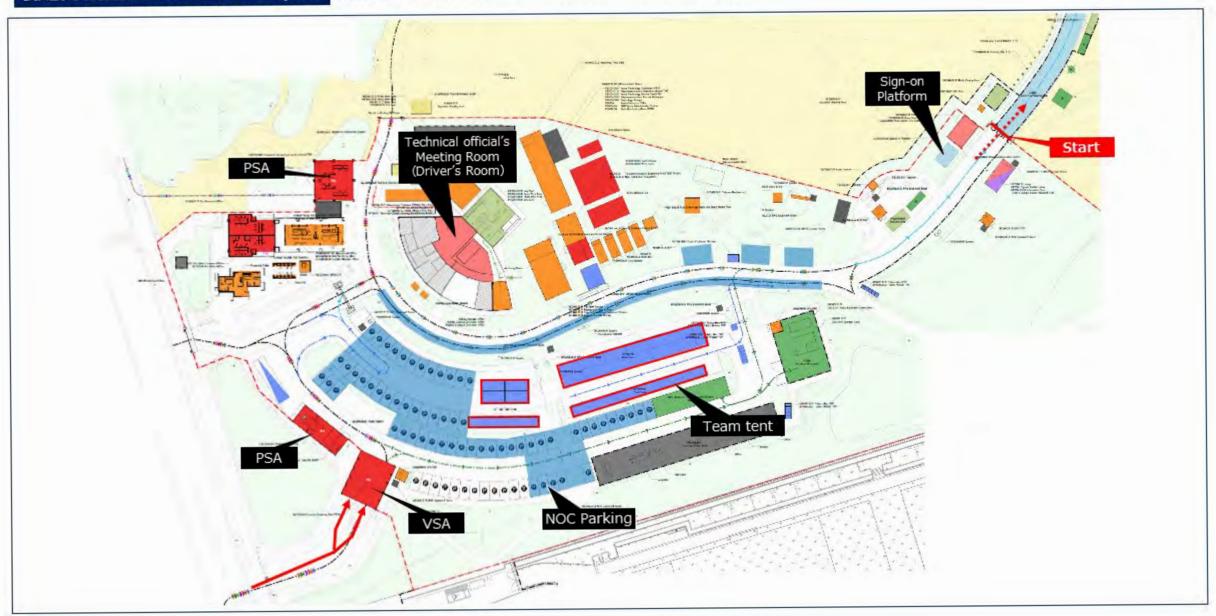
Facilities at the start/finish areas of the road races and time trials will include:

- changing rooms at FSW
- · lounges for athletes and officials only at FSW
- · catering services only at FSW
- space for bicycle maintenance and repair services
- · separated undercover team preparation areas
- warm-up area with rollers at the time trial
- · mixed zone where accredited media interview athletes after competition
- sport information desk at FSW and team hotels
- medical services
- doping control station

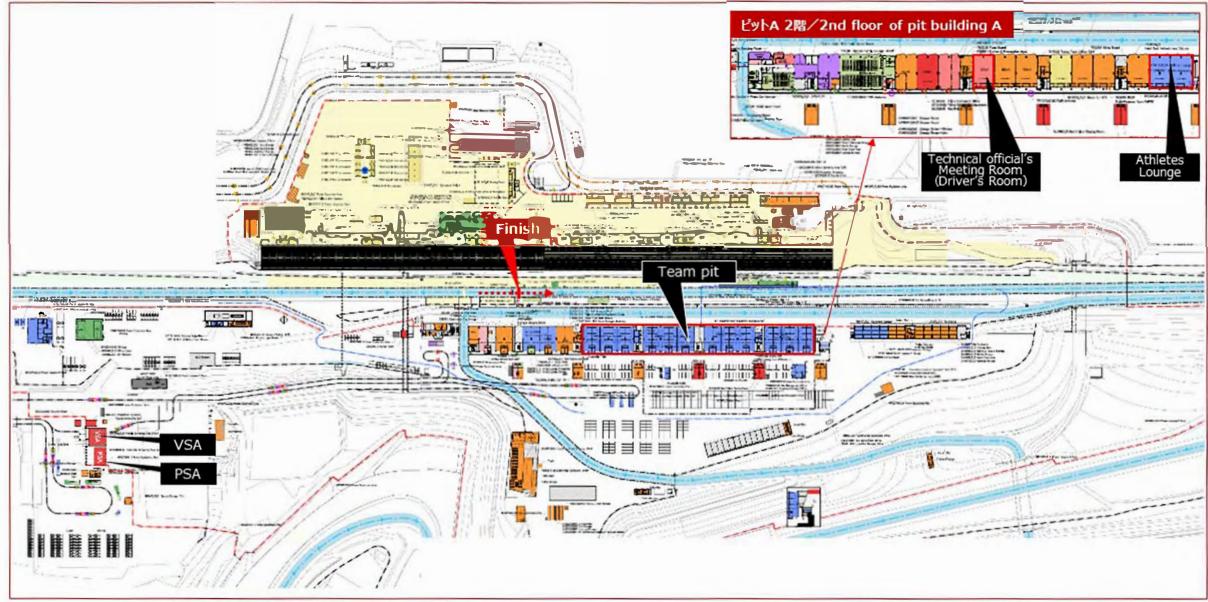
### Athletes' Lounge

The Athletes' Lounge at Fuji International Speedway (road race finish) will include seating, televisions showing the competition feed, a refreshment station and the Sport Information Desk (SID). There is no Athletes' Lounge at Musashinonomori Park (road race start).

#### 武蔵野の森公園/Musashinonomori park 東京都府中市朝日町3-5-12/3-5-12, Asahicho, Fuchu, Tokyo



#### 富士スピードウェイ/Fuji SpeedWay 静岡県駿東郡小山町中日向694/694 Nakahinata, Oyama, Sunto District, Shizuoka



## Sport Information Desk (SID)

The SID in the Athletes' Lounge at Fuji International Speedway will be open as follows:

Dates	Times
14-23 Jul 2021	09:00 to 17:00
24 Jul 2021	14:00 to 18:30
25 Jul 2021	15:00 to 18:00
26 Jul 2021	09:00 to 17:00
27 Jul 2021	09:00 to 17:00
28 Jul 2021	09:00 to 18:00

The SID at Fuji Lake Hotel will operate from Tuesday 13 July to Monday 26 July 2021 and the SID at Hotel Clad will operate from Tuesday 13 July to Thursday 29 July 2021. Hours of operation for both are 07:00 to 21:00.

### Ice and water distribution

Ice will be available in the hotels and in venues (distributed in the sport equipment storage area) on competition days. Bottled water and Powerade will be available in the Athletes' Lounge as well as near the finish line after the race on competition days. Bottled water and Powerade will also be distributed to a representative of each NOC on the days of the team leaders' meetings.

### Team tents

Team tents will be available at Musashinonomori Park but they will have limited power facilities so please be sure to advance purchases of the proper equipment for your team's needs.

At Fuji International Speedway teams will utilise the garage areas as team pits. Several teams will share a pit area which will have power outlets. The area is not totally secure and teams are advised to take care of the equipment during their stay. Toilet facilities will be shared in these areas and access to the Athletes' Lounge will be via stairs. Pit lane is where the feed zone will be situated to ensure it is easy for teams with limited staff. Team vehicle parking will be close by for ease of access.

### Rollers

Rollers will not be distributed but athletes can use them inside this area. For the time trials, Tokyo 2020 will provide rollers for athletes in the bike weighing area. The rollers may be collected from sport equipment storage where they will need to be signed in and out. NOCs will be charged for any equipment that is not returned or is returned in poor or damaged condition. A warm-up area with rollers will also be available in the bike checking and start area.

### Towels

Towels will be available from sport equipment storage at Fuji International Speedway during training and on competition days.

### Internet access

Free wi-fi internet access will be available in the Athletes' Lounge. All properly accredited individuals will be able to access the wireless internet at the venue by accessing the Self-Service Internet Portal on their personal device and creating a login and password.

### Medical services and facilities

#### Olympic Cycling Village

The Olympic Cycling Village medical station will operate from Tuesday 13 July to Tuesday 10 August 2021 and will provide primary care and physical therapy services.

#### Hotel accommodation

There is no full time medical staff at the team hotels. If a team rider or official requires medical assistance they can contact hotel staff who will help to contact a hospital.

#### Venue medical services

Medical facilities will be provided at competition, training and other official venues. Athlete and spectator medical facility services will be stocked with appropriate equipment, supplies and medication, and will be staffed by experienced medical staff. Ambulance units will be stationed at all official Tokyo 2020 competition venues and some training venues. Ambulance teams will comprise of three staff. One or more paramedics must be on hand and all ambulance teams in Japan are ALS (Advanced Life Support) compliant according to the law.

#### Competition and training venues

At least one dedicated athlete medical station will be present at all official Tokyo 2020 competition and training venues. Each medical station will provide services such as first aid and emergency care to athletes, team officials and technical officials. Athlete medical stations will be equipped with essential first aid and emergency equipment.

#### Field of play

Field of play (FOP) response teams will provide first aid and emergency services to athletes and officials on the FOP should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical station, polyclinic at the Olympic Village or designated hospital as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective International Federation.

#### Spectator medical services

All official Tokyo 2020 competition venues will have at least one spectator medical station that will provide first aid and emergency medical services to all other client groups, including spectators, workforce, media, sponsors, volunteers, contractors, VIPs and Olympic Family. There will also be first responders circulating throughout venues to respond to any medical situation that occurs.

#### Designated Games hospitals

If the necessary medical services cannot be provided at the Olympic Village polyclinic or at the venue medical station, the athlete or team official will be transferred to designated Games hospitals in central Tokyo or the co-host city. Details of designated Games hospitals will be released at a later date. Any patient suffering from a life-threatening condition at any of the venue zones will be taken to the nearest hospital.

Full details regarding medical services are available in the Tokyo 2020 Olympic Games Healthcare Guide found on Tokyo 2020 Connect.

### Lost and found

All reports of lost items should be directed to the SID. This is also the location to which all found items should be delivered.

### Team soigneurs area

The access to the start area and finish area will be limited to one person per NOC with a finish area bracelet.

### Victory ceremonies preparation area

A room will be available for the preparation of athletes for the victory ceremony. Access to this area will be limited to one person per NOC with a finish area bracelet.

### Accredited/team seating

At Fuji International Speedway, there will be a seating area available within the grandstand. Athletes and team officials will need venue accreditation to access this area but due to limited capacity, access is not guaranteed.

### Refreshment station

At Fuji International Speedway, a refreshment station will be located in the Athletes' Lounge on the second level and will provide whole fruit, bottled water, Powerade and other Coca-Cola beverages. Athletes and team officials may bring food into competition venues. However, please note that only non-perishable items will be allowed, as there is no refrigeration available.

### Language services

Tokyo 2020 Language Services Assistants (LSA) will provide volunteer interpretation services at competition venues. The LSAs may be identified by the pin or pins on their uniform specifying the languages they speak.

Any NOC requests for language services should be made by 17:00 the day before the service will be needed. Late requests will be considered on a case-by-case basis.

# 5. Getting to venues

#### Venue locations

#### Musashinonomori Park

3 Asahicho Fuchushi Tokyo Japan

See map on page 57.

Time/distance from Olympic Village 52min/39km

#### Fuji International Speedway

694 Nakahinata Oyama-cho Sunto-gun Shizuoka Japan

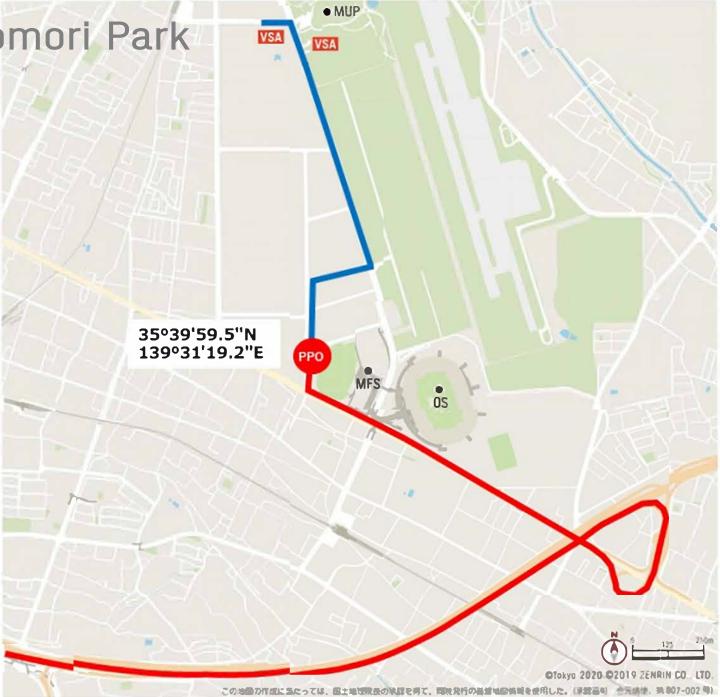
See map on page 58.

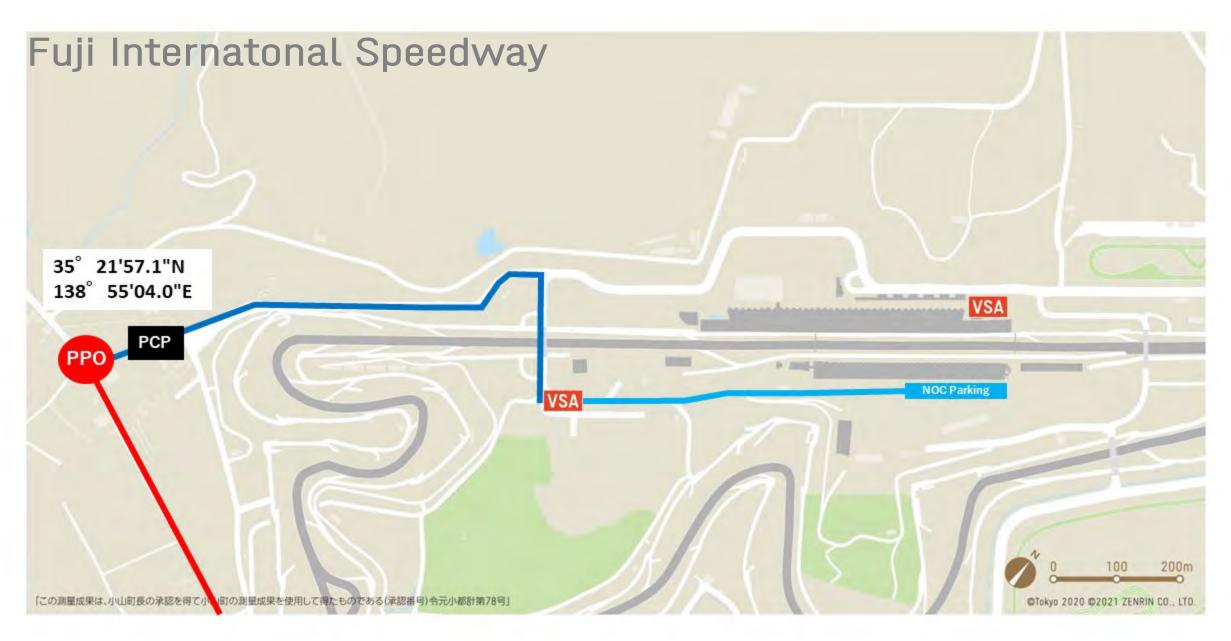
Time/distance from Fuji Lake Hotel 39min/32km

Time/distance from Hotel Clad 28min/15km

Please note that all travel times may vary depending on traffic conditions.

## Musashinonomori Park





### Bike transport

#### Familiarisation days

NOCs are responsible for transporting their own bikes and other equipment in their cars for familiarisation days.

#### Competition days

Tokyo 2020 will provide a transport service from Cycling Road accommodation to the Olympic Village one day before competition (men on 23 July 2021; women on 24 July 2021). On the morning of the road race competition day, athletes will be transported by "clean-to-clean" buses from the Olympic Village to Musashinonomori Park.

Cycling team vehicles need to be parked at a designated parking area which is approximately a 10-minute walk from the entrance of the Olympic Village. On the day of each road race event, teams must bring their vehicles from the parking area to the entrance of the Team Processing Centre (at the entrance of the Olympic Village) for loading before heading to Musashinonomori Park.

Please note that bikes must be stored in each NOC space as there is no bike storage in the Olympic Village.

If a team travels to Musashinonomori Park from one of the cycling road accommodation hotels in the Fuji area, teams and vehicles will undergo a simplified screening process ("clean") at one of the hotels before departing for Musashinonomori Park. Teams need to self-organise transport for this e.g. by Cycling Road vehicles.

If a team travels from privately booked accommodation, each individual and vehicle must undergo all screening procedures at Musashinonomori Park. With this and possible traffic scenarios in mind, we advise teams to travel well ahead of time.

After the races finish, buses will be available to transport athletes back to their respective hotels. The estimated journey time from Fuji International Speedway to Fuji Lake Hotel is 39 minutes and to Hotel Clad it is 28 minutes. The detailed and updated departure schedules will be available at SIDs at Fuji International Speedway and team hotels, and at the SIC transport desk at the Olympic Village.

# Athletes' and team officials' transport

#### Familiarisation days (time trial courses - 27 July 2021)

Teams that make their own way need to arrive at Fuji International Speedway two hours prior to the start time in order to go through security checks. Accessing the venue by bike is not permitted.

### Parking and access

#### Road races

Parking for NOC cycling road vehicles following the race convoy is located within the competition venue and the access will be done through the PPO. Cars following the race will be identified with yellow stickers and cars not following the race with blue stickers.

Each NOC will be authorised to have its Tokyo 2020 provided cycling car inside the venue but those cars cannot leave the venue before the start of the race. NOC cars that will be used in feed zones A and C (men) and A, B and C (women) will park in Musashinonomori Park. Those vehicles should assemble no later than one hour before the start of the race and should depart 30 minutes before the scheduled start of the race. The convoy will then travel directly to feed zones A and C (men) and feed zones A and B (women) along the race route.

NOC cars with no access to the venue will be allowed to temporarily access a load zone, which will allow NOCs to unload equipment and transfer it to the athletes' area. Access to this area for these vehicles will be restricted by a set timetable. After all equipment has been unloaded, the vehicles must then be moved out of the venue and parked in a nearby parking area.

#### Time trials

Parking for NOC race vehicles is available within the competition venue next to the team pits. This parking area is restricted to NOC race vehicles only. It is crucial that NOC race vehicles are parked inside the venue before 08:30 on the day of competition. This deadline applies to all teams, including those who only have athletes competing only in the men's time trial. Please note race vehicles will not be allowed to leave the venue before the arrival of the last rider in the men's race.

#### Feed zones

#### Road race

Feed zones for the men's road race:

- Feed Zone A: Yamanaka Lake at 96km and 210km
- Feed Zone B: Yeti Ski Pass at 138km
- Feed Zone C: Pit Lane Fuji International Speedway at 174km and 192km

Feed zone for the women's road race:

- Feed Zone A: Doshi Village Hall at 66km
- Feed Zone B: Asahigaoka at 96km
- Feed Zone C: Pit Lane Fuji International Speedway at 114km

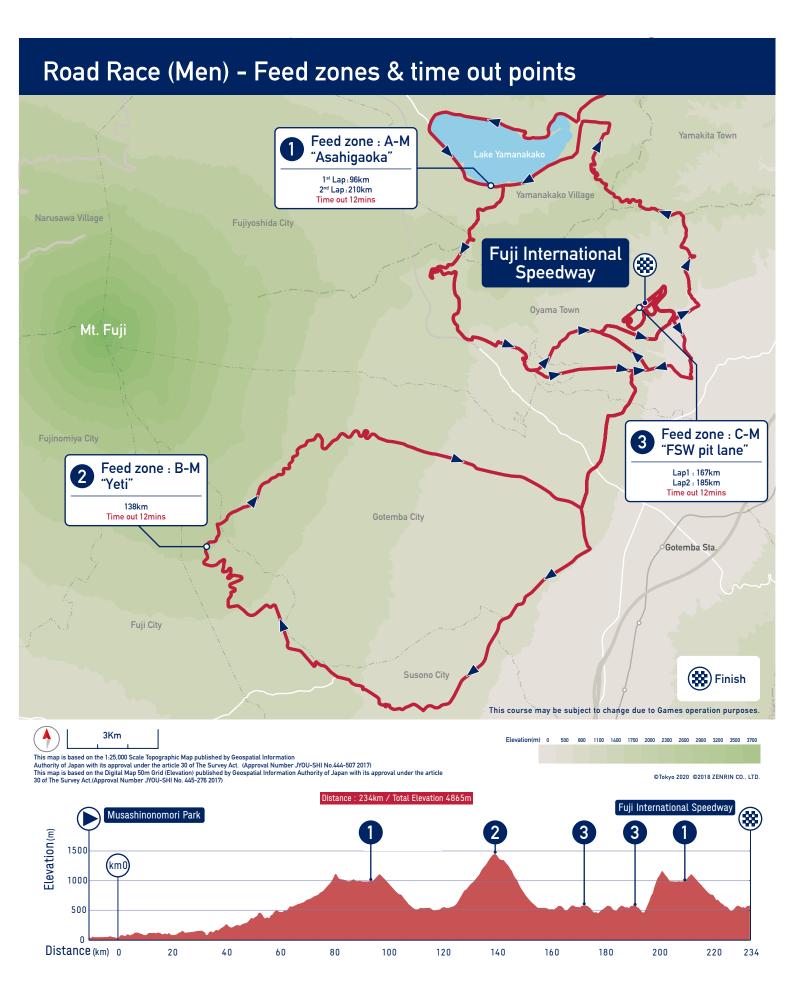
See Feed Zone maps on pages 62-69.

Feed zone accreditations for personnel (bracelets) and vehicles (FZ stickers) will be distributed with race numbers. Access will be limited to one vehicle per team in each feed zone parking.

An organised convoy will leave the start area for feed zone A (men's) and feed zones A and B (women) approximately 30 minutes before the start of each road race and will be limited to one vehicle per NOC (carrying the correct accreditation pass) in accordance with the vehicle access restrictions. Teams cannot access the feed zones directly without travelling in the race convoy from Musashinonomori Park. This access is strictly limited to one car per team, and all cars must have the correct accreditation pass.

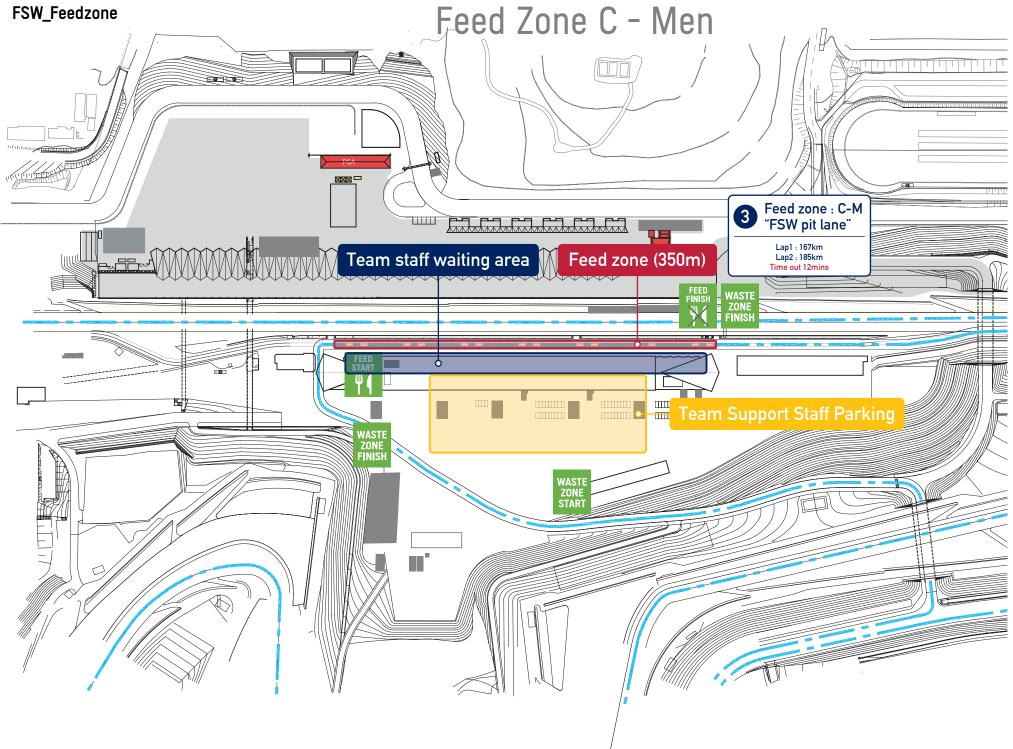
### Mechanical assistance area

An area will be available at Fuji International Speedway for the Shimano neutral services team to assist teams should they require during the training period from 17 July 2021 onwards.





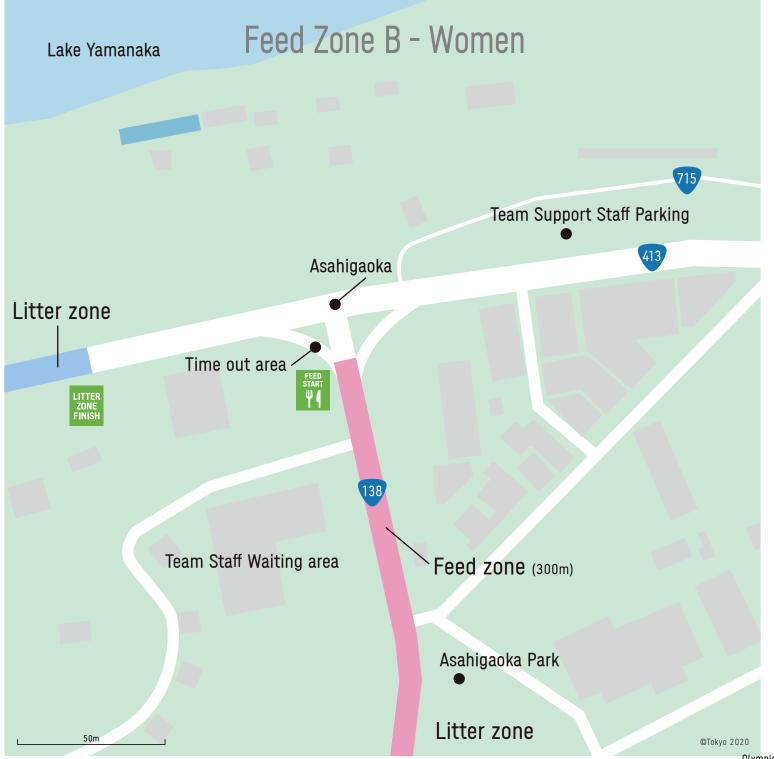


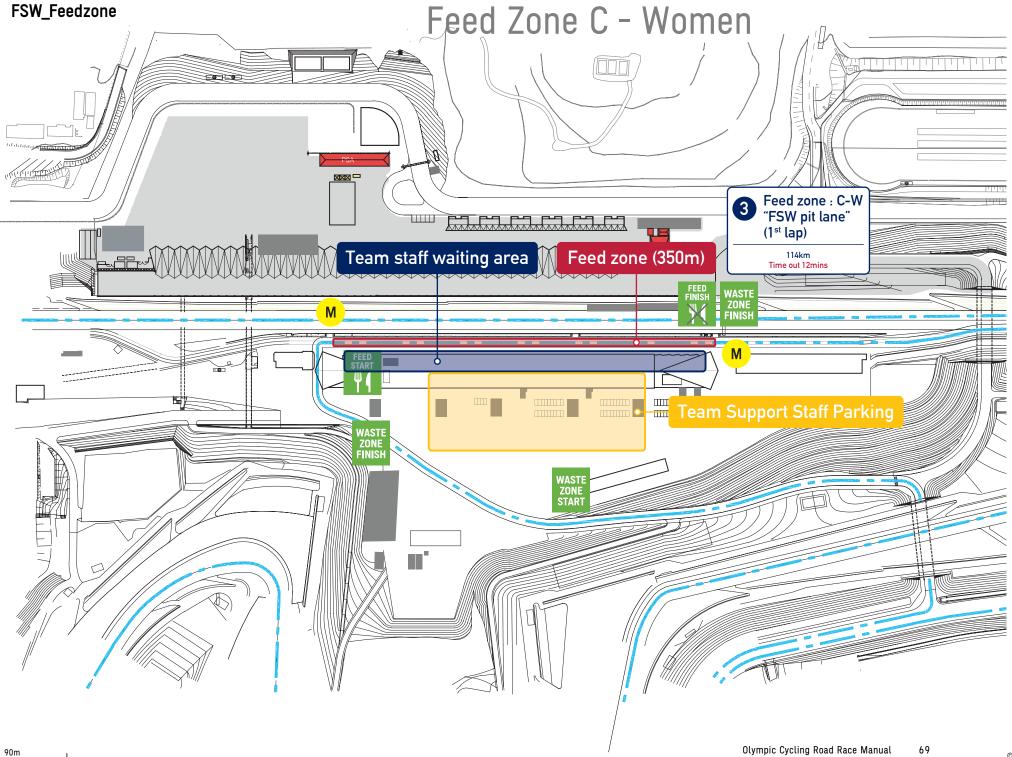


#### Road Race (Women) - Feed zones & time out points









# 6. Men's road race - 24 July 2021

### Pre-competition procedures

#### Rider sign-on

All riders are required to sign-on before the start of the road races and teams are asked to respect the schedule communicated at the team managers' meeting. Teams are asked to present their riders as a team and sign on together. The riders and teams will be announced and introduced to the public, photographers and broadcasters. The announcer may also take the opportunity to ask the riders some brief questions for the benefit of the spectators.

#### Call of nations

Teams are asked to present themselves no later than 15 minutes before race start. Here, teams will be introduced to the start line in a prescribed order in line with nation rankings.

### Competition procedures

Time	Activity	Location	Participants
07:00-07:30	Venue opens to team support vehicles for drop off (convoy 1)	Musashinonomori Park	Team mechanics
08:00	Athlete buses depart Olympic Village	Olympic Village (transport mall)	Athletes, team officials
08:30	Team following cars arrive at venue	Musashinonomori Park	Team officials
09:00	Athletes arrive at drop-off point	Drop-off zone inside Musashinonomori Park	Athletes, team officials
09:45-10:45	Signing on and team presentations	Stage area near start line at Musashinonomori Park	Athletes
10:00-10:30	Ice pick up for convoy cars	Sport equipment storage at Musashinonomori Park	Team officials
10:30	Final team car radio checks	Musashinonomori Park	Team officials
10:30	Team cars to feed zone A (FZ sticker)	Musashinonomori Park	Team officials
10:30	Team cars to feed zones A, B and C (FZ sticker)	Depart Musashinonomori Park	NOC vehicles, team officials
10:45	Riders ready for call	Musashinonomori Park	Athletes
10:50	Call of nations	Musashinonomori Park	Athlete, team officials (with finish line access)
10:55	Final radio checks (all drivers inside vehicles)	Musashinonomori Park	Team officials

10:55	All riders on start line	Musashinonomori Park	Athletes, team officials (with finish line access)
10:58	Start area clear	Musashinonomori Park	Athletes
11:00	Race start	Musashinonomori Park	Athletes and convoy cars
13:45	Team cars from feed zones arrive at venue and park in team vehicle area	Fuji International Speedway	Team officials
17:30	Race finish	Fuji International Speedway	Athletes
17:30	Convoy team cars arrive at venue, take deviation and park in team vehicle area	Fuji International Speedway	Team officials
17:35	Transponder removal	Fuji International Speedway	Athletes
17:30	Riders escorted to mixed zone	Fuji International Speedway	Athletes
17:30	First three riders escorted to victory ceremony preparation area	Fuji International Speedway	Athletes, team officials
18:00 -18:10	Victory ceremony	Field of play - Fuji International Speedway	Athletes
18:30	Athletes, team officials and team cars leave venue for team hotels	Fuji International Speedway	Athletes, team officials

### Post-competition procedures

After the end of the road race, riders will leave the field of play and pass through the mixed zone on the way to their team pits. Transponders will be removed at this stage. The first three riders will be escorted from the moment they cross the finish line to attend several procedures, including mixed zone, victory ceremony, doping control and press conference. Escorts will indicate to the athletes which order to follow.

#### Race finish

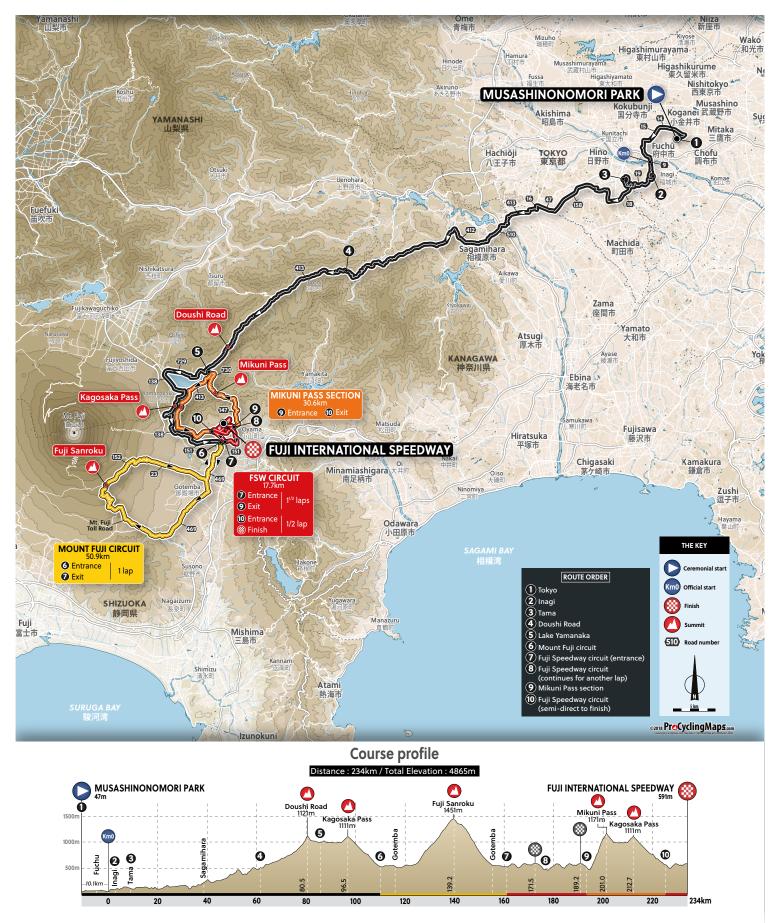
In the interests of rider safety, all team officials are strictly forbidden from entering the finish straight for the finish of the road races. Team personnel should wait in the soigneurs area approximately 100m past the finish line.

Course description, maps and profiles



**ROAD RACE - MEN** Saturday 24 July 2021 - 234km Official course map and profile





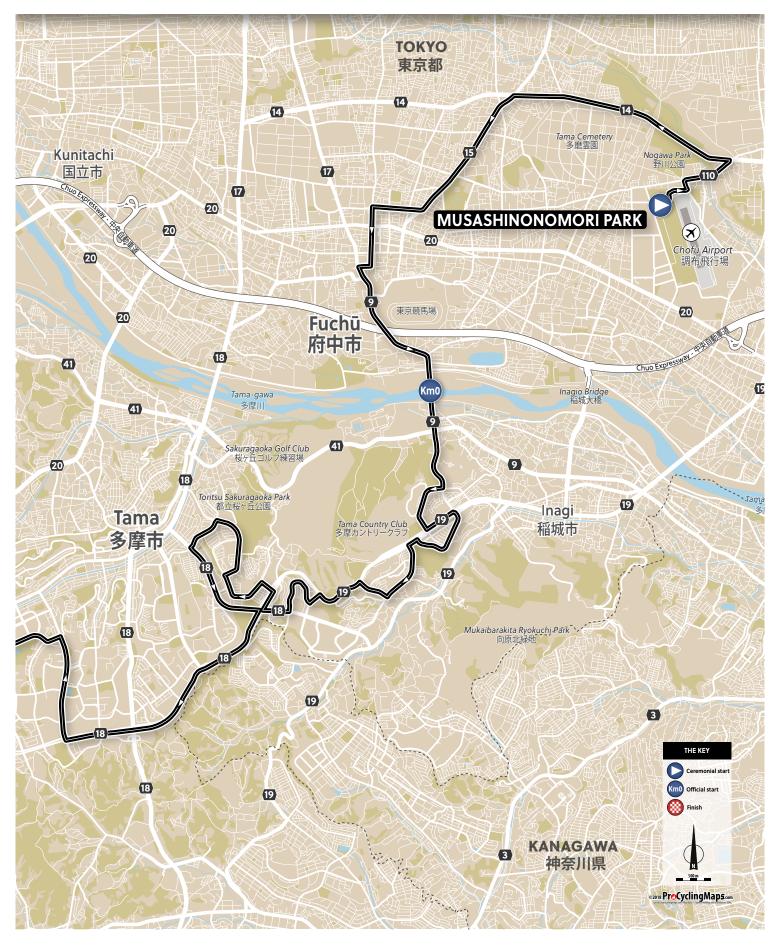


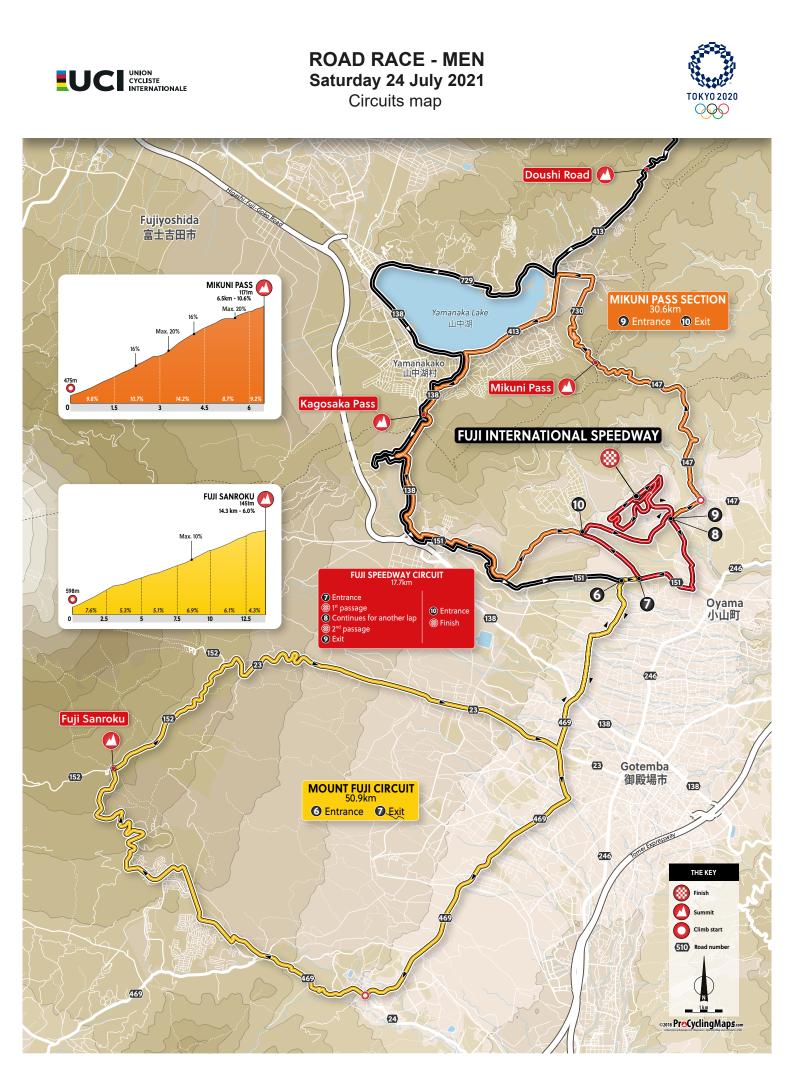
**ROAD RACE - MEN AND WOMEN** 

Saturday 24 and Sunday 25 July 2021

Road Races - Start



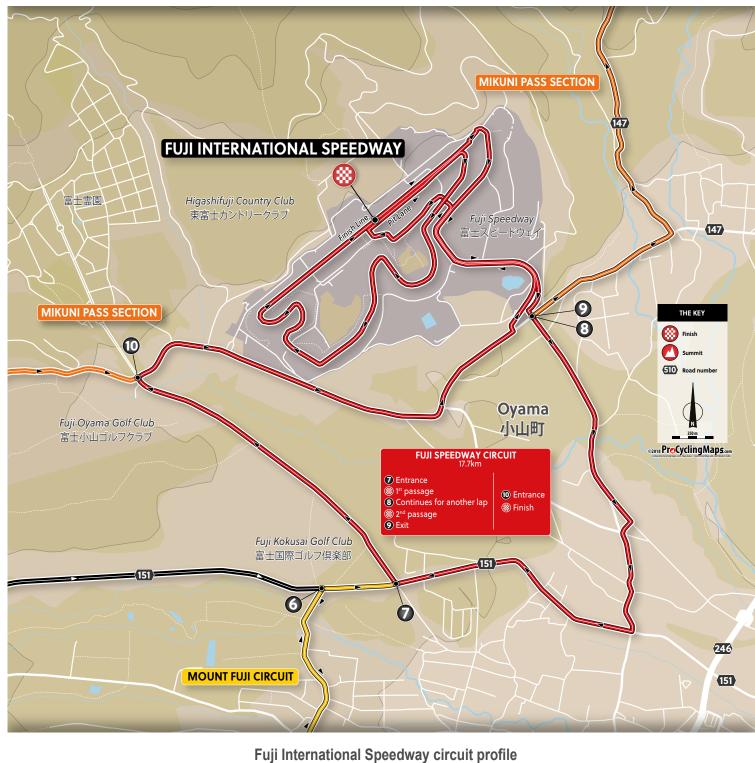






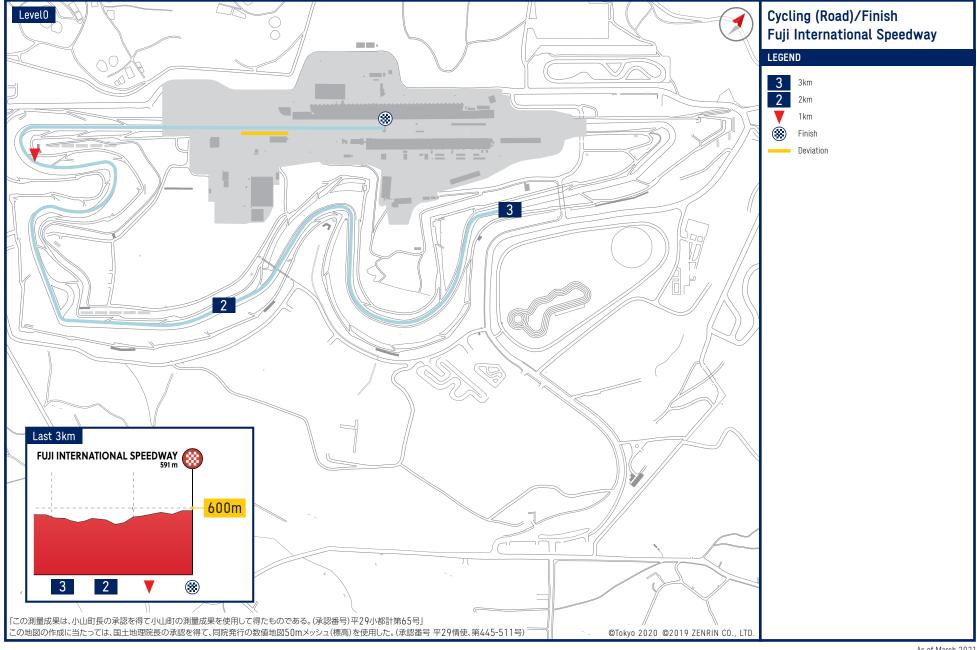
#### **ROAD RACE - MEN** Saturday 24 July 2021 Fuji International Speedway - Finish Area







#### Men's Road Race - Last 3km



As of March 2021

# 7. Women's road race - 25 July 2021

## Pre-competition procedures

#### Rider sign-on

All riders are required to sign-on before the start of the road races and teams are asked to respect the schedule communicated at the team managers meeting. Teams are asked to present their riders as a team and sign on together. The riders and teams will be announced and introduced to the public, the photographers and broadcast teams. The announcer may also take the opportunity to ask the riders some brief questions for the benefit of the spectators.

#### Call of nations

Teams are asked to present themselves no later than 15 minutes before race start. Here, teams will be introduced to the start line in a prescribed order in line with nation rankings.

## Competition procedures

Time	Activity	Location	Participants
10:00	Athlete buses departs from Olympic Village	Olympic Village (transport mall)	Athletes, team officials
08:00-08:30	Venue opens to team support vehicles for drop off	Musashinonomori Park	Team mechanics
12:00-12:30	Ice pick up for convoy cars	Sport equipment storage at Musashinonomori Park	Team officials
11:00	Athletes arrive at drop-off point inside venue	Musashinonomori Park	Athletes, team officials
10:00	Team following cars arrive at venue	Musashinonomori Park	Team officials
11:45-12:45	Signing on and team presentations	Musashinonomori Park	Athletes
12:30-12:40	Team car radio checks	Musashinonomori Park	Team officials
12:30	Team cars to feed zone A	Musashinonomori Park	Team officials
12:50	Riders ready for call	Musashinonomori Park	Athletes
12:55	Final radio checks (all drivers inside vehicles)	Musashinonomori Park	Team officials
12:50-12:55	Call of nations	Musashinonomori Park	Athletes, team officials
12:55	All riders on start line	Musashinonomori Park	Athletes
12:58	Start area clear (team officials leave)	Musashinonomori Park	Athletes
13:00	Race start	Musashinonomori Park	Athletes and convoy cars

15:20	Team cars from feed zone A arrive at venue and park in team vehicle area	Fuji International Speedway	Team officials
16:50	Teams soigneurs take positions	Fuji International Speedway	Team officials
17:00	Race finish	Fuji International Speedway	Athletes
17:00	Convoy team cars arrive at venue, take deviation and park in team vehicle area	Fuji International Speedway	Team officials
17:00	Transponder removal	Fuji International Speedway	Athletes
17:00	Riders escorted to mixed zone	Fuji International Speedway	Athletes
17:10	First three riders escorted to victory ceremony preparation area	Fuji International Speedway	Athletes, Team Officials
17:20-17:35	Victory Ceremony	Field of play - Fuji International Speedway	Athletes
17:00	Athletes, team officials and team cars leave venue and return to team hotels	Fuji International Speedway	Athletes, team officials

## Post-competition procedures

After the end of the road races, riders will leave the field of play and pass through the mixed zone on the way to their team pits. Transponders will be removed at this stage. The first three riders will be escorted from the moment they cross the finish line to attend several procedures, including mixed zone, victory ceremony, doping control and press conference. Escorts will indicate to the athletes which order to follow.

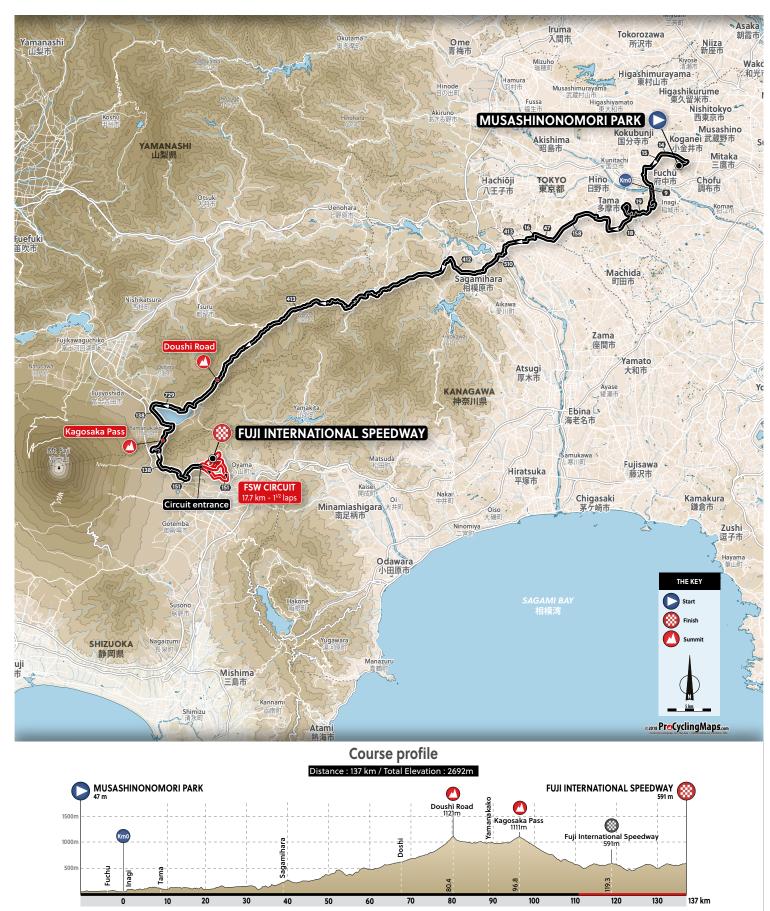
#### Race finish

In the interests of rider safety, all team officials are strictly forbidden from entering the finish straight for the finish of the road races. Team personnel should wait in the soigneurs area approximately 100m past the finish line.



ROAD RACE - WOMEN Sunday 25 July 2021 - 137km Official course map and profile





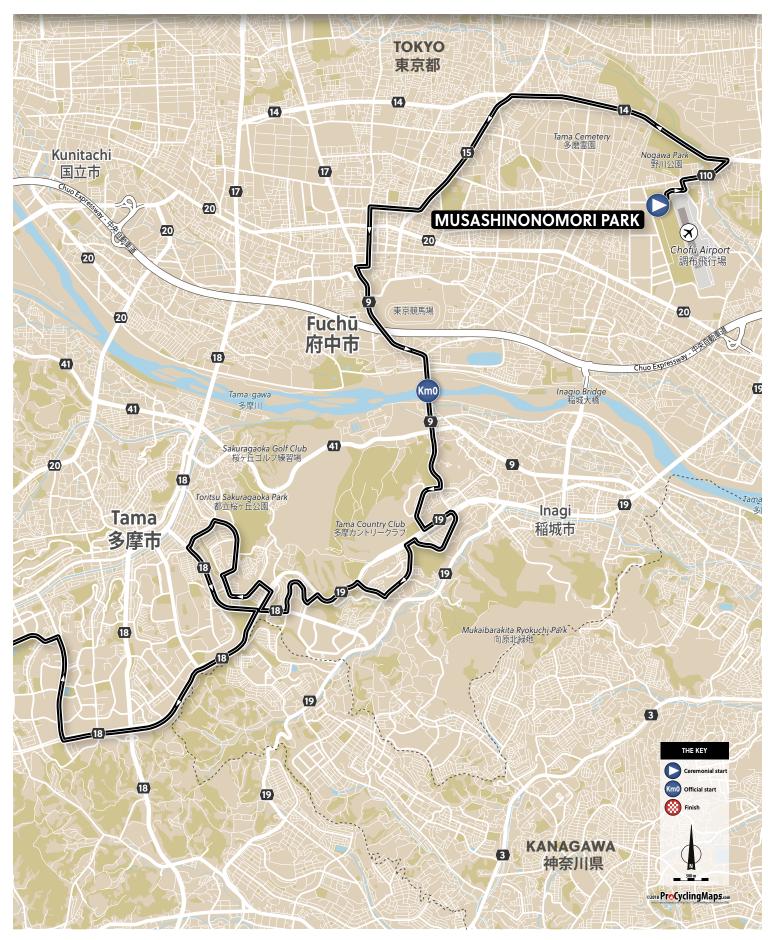




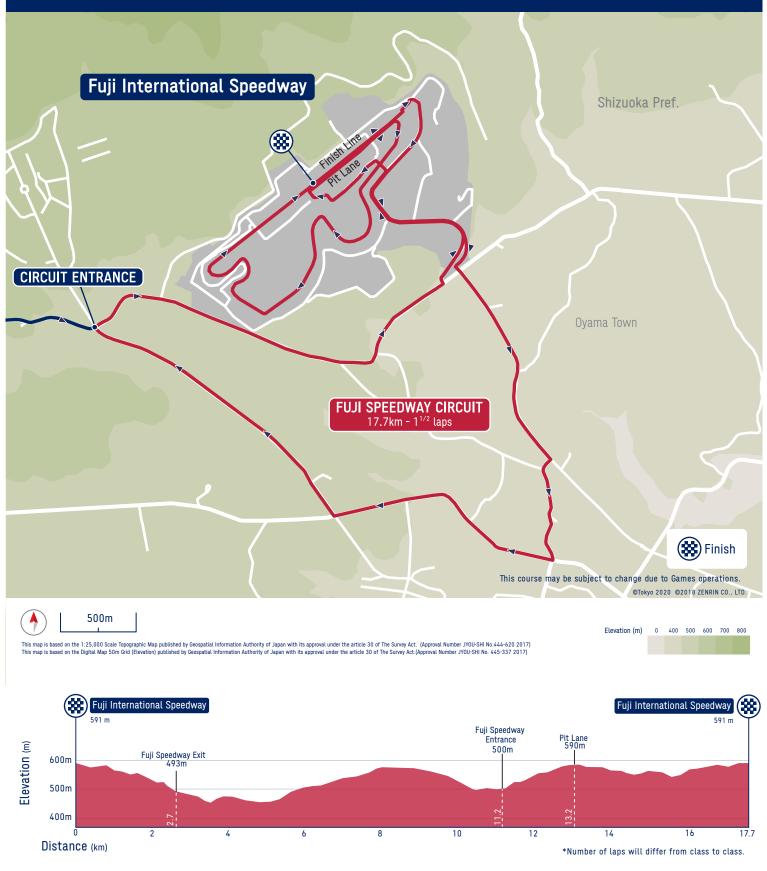
Saturday 24 and Sunday 25 July 2021

Road Races - Start

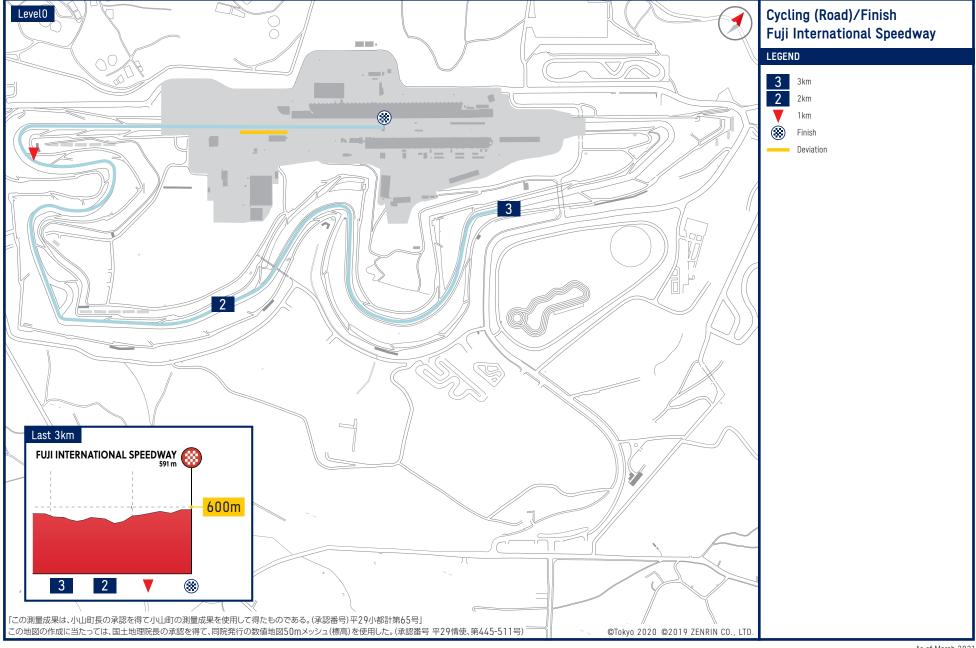




### Road Race (Women) Fuji International Speedway - Finish Area



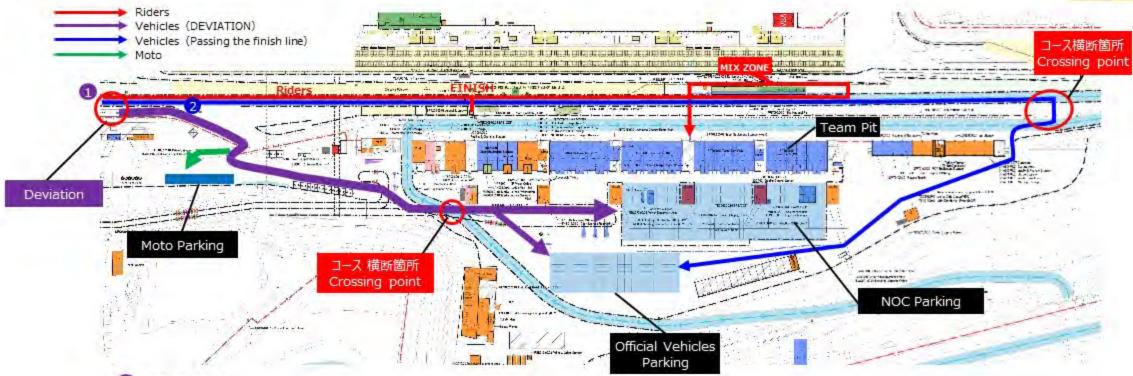
#### Women's Road Race - Last 3km



As of March 2021

#### Deviation

#### Team/Official



#### DEVIATION

Exit the course at Deviation point. Pass the fence and enter backyard space. Cross the course to enter team pit or official vehicles parking.

#### 2 Vehicles passing the finish line, such as COM CAR etc.

Pass the finish line. In case of the officials such as commissaires' panel needs to get off, it should be done at safe area. Cross the course at crossing point. To the official vehicles parking.

A round green sticker is placed on the front of the vehicles/motos as it pass the finish line.

# 8. Men's and women's time trials- 28 July 2021

## Pre-competition procedures

#### Bike check

All riders must present themselves for checks on their bicycles no later than 15 minutes before their start time.

#### Call of riders

Riders will be called to the waiting area five minutes before their start time.

#### Following cars

Team cars have to be available for attachment of rider name plate 15 minutes before your rider start time and lined up in order at the Start ramp five minutes before their rider start time.

## Competition procedures

Time	Activity	Location	Participants
08:30	Athletes and team officials depart hotels	Team hotels	Athletes, team officials
10:00-10:30	lce pick-up	Fuji International Speedway	Team officials
10:00-10:30	Team following cars arrive at venue and park in vehicle preparation area	Vehicle preparation area Fuji International Speedway	Team officials
Women's race			
11:15	First athlete in bike check	(start)	Athletes, team officials
11:20	First athlete in waiting area	(start)	Athletes
11:25	First athlete in start ramp	(start)	Athletes
11:30	First rider departs	(start)	Athlete, team car
12:06	Last rider departs	(start)	Athlete, team car
12:07-12:10	First rider crosses finish line	(finish)	Athlete
12:37-12:39	Last rider crosses finish line	(finish)	Athlete
12:40 -12:42	First three riders in 'hot seat'	Fuji International Speedway	Athletes
12:50	Victory ceremony (women's time trial)	Field of play - Fuji International speedway	Athletes, CER

Men's race - fir	st wave		
13:45	First athlete in bike check	(start)	Athletes, team officials
13:50	First athlete in waiting area	(start)	Athletes
13:55	First athlete in start ramp	(start)	Athletes
14:00:00	First rider departs	(start)	Athlete and team car
14:19:30	Last rider departs	(start)	Athlete and team car
14:53-14:56	First rider crosses finish line	(finish)	Athlete
15:27-15:30	Last rider crosses finish line	(finish)	Athlete
Men's race - se	cond wave		
14:52	First athlete in start ramp	(start)	Athletes
14:57:30	First rider departs	(start)	Athlete and team car
15:15	Last rider departs	(start)	Athlete and team car
15:49-15:52	First rider crosses finish line	(finish)	Athlete
16:21-16:24	Last rider crosses finish line	(finish)	Athlete
Men's race - th	ird wave		
15:42	First athlete in start ramp	(start)	Athletes
15:52:00	First rider departs	(start)	Athlete and team car
16:10:00	Last rider departs	(start)	Athlete and team car
16:44-16:47	First rider crosses finish line	(finish)	Athlete
17:16-17:19	Last rider crosses finish line	(finish)	Athlete
17:20:17:22	Riders escorted to 'hot seat' or directed to mixed zone	(finish)	Athletes
17:30-17:40	Men's time trial victory ceremony	Field of play - Fuji International Speedway	Athletes
18:20	Athletes, team officials and team cars leave venue for team hotels	Fuji International Speedway	Athletes, team officials

## Post-competition procedures

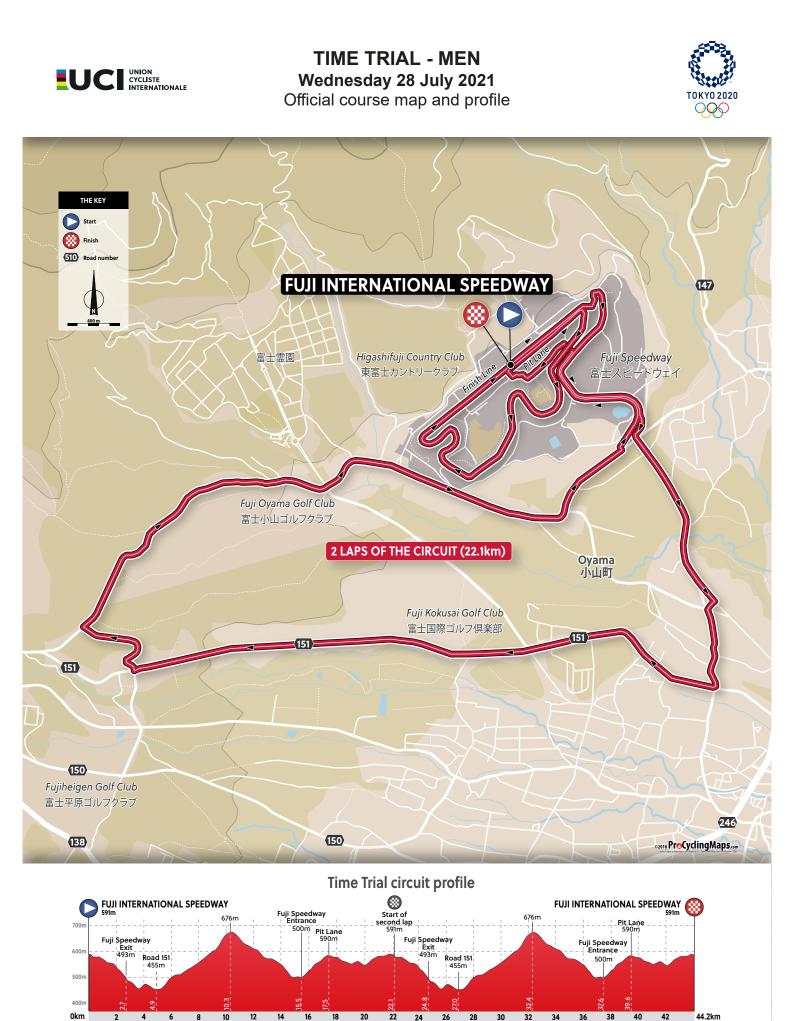
All athletes must pass through the mixed zone after their time trial event, before returning to the athletes' area. Transponders will be removed at this stage. Athletes who complete their time trial in one of the three fastest times recorded at that point in the competition are required to take a position on the 'hot seat' next to the mixed zone. If an athlete's time is subsequently beaten and he/she drops outside the top three, he/she will be replaced on the 'hot seat'. Athletes that end the competition in the top three will then be directed from the 'hot seat' to the victory ceremony.

The first three riders will be escorted from the moment they cross the finish line to attend the several procedures: 'hot seat', victory ceremony, mixed zone, doping control and press conference. The escorts will indicate to the athletes the order to follow.

#### Race finish

In the interests of rider safety, all team officials are strictly forbidden from entering the finish straight for the completion of the road races. Team personnel should wait in the soigneurs area until the riders arrive at this location.

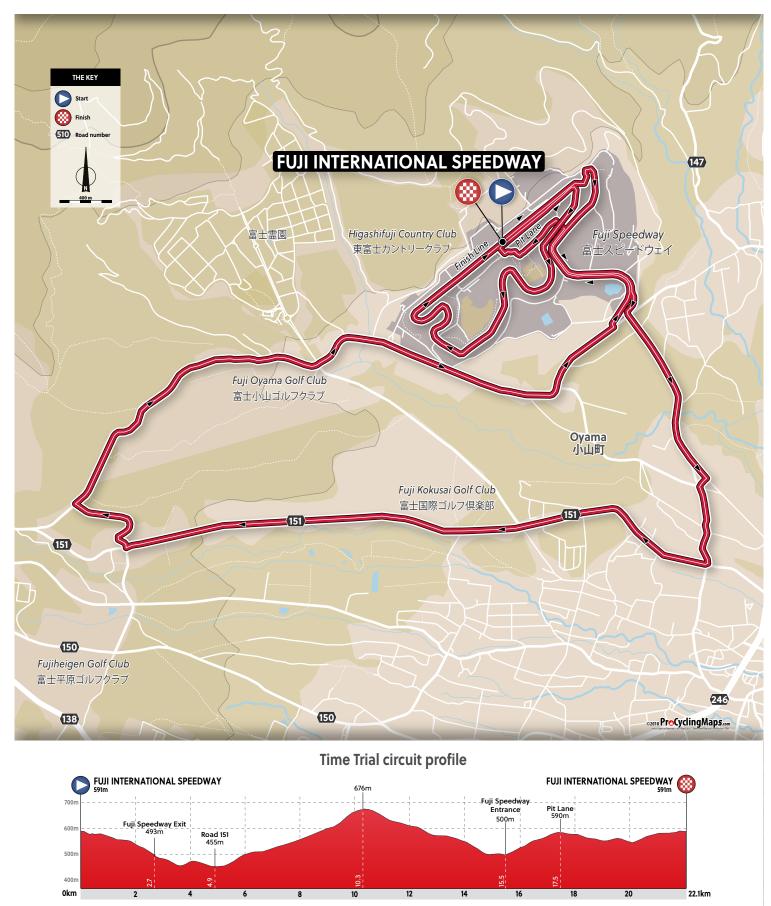
Course description, maps and profiles





**TIME TRIAL - WOMEN Wednesday 28 July 2021** Official course map and profile





## 9. General post-competition procedures

#### Mixed zone

A mixed zone has been planned in every venue and will operate for all competitions. Athletes pass through the mixed zone as they leave the field of play, but they are not obliged to speak to the media if they do not wish. The mixed zone is located on the left-hand side of the field of play.

#### Victory ceremonies

There will be a briefing for medallists before each victory ceremony, during which athletes will be shown the route along which they will be led and reminded of their responsibility to adhere to Rule 50 and Byelaw to Rule 50 of the Olympic Charter. Only the athletes may be present at this briefing, unless otherwise indicated. No participant in the victory ceremony should have flags, mascots, a mobile phone, a camera, headphones, sport equipment or other items on them during the ceremony; this is a breach of Rule 50. Athletes must be wearing their NOC tracksuits. Please also note that no one other than athletes and those who are part of the Victory Ceremonies team (Sport Presentation) may be part of the victory ceremony. During the victory ceremony, the Doping Control team is required to keep a direct line of sight with athletes at all times. It is imperative athletes do not deviate from the prescribed routes outlined in the briefing.

#### Press conferences

Post-competition press conferences will be held with medallists after every cycling road event. Professional interpretation services will be provided at all press conferences. For cycling, consecutive interpretation will be available.

#### Results distribution

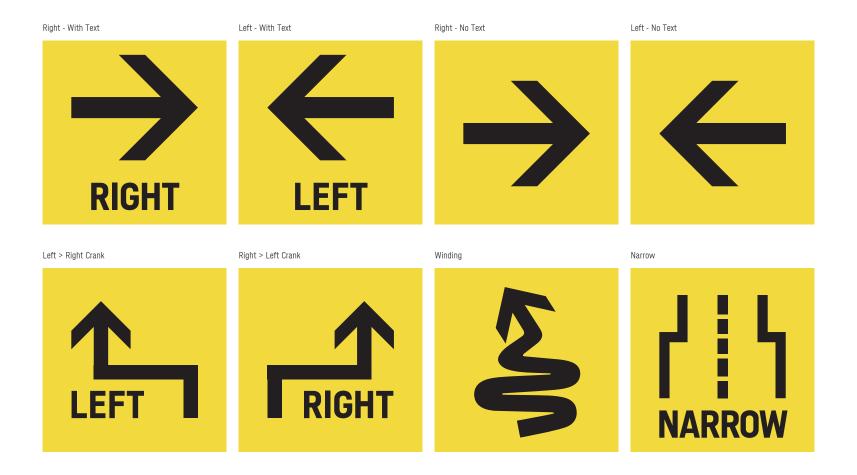
There will not be regular distribution of printed results to NOCs. For certain reports, a limited number of copies will be distributed to team leaders. Results for all sports will be available on Info and myInfo, and the Tokyo 2020 official website.

# 10. Signage

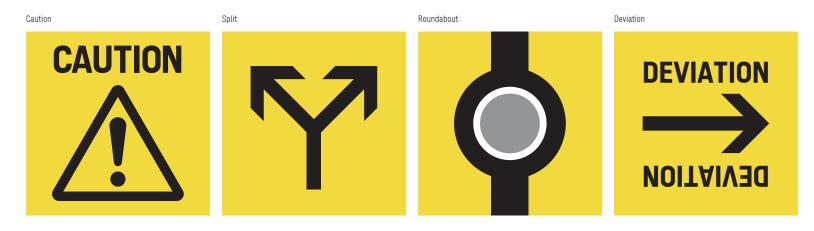
#### Cycling Road - Games Equipment

#### Route signage

Attention Sign



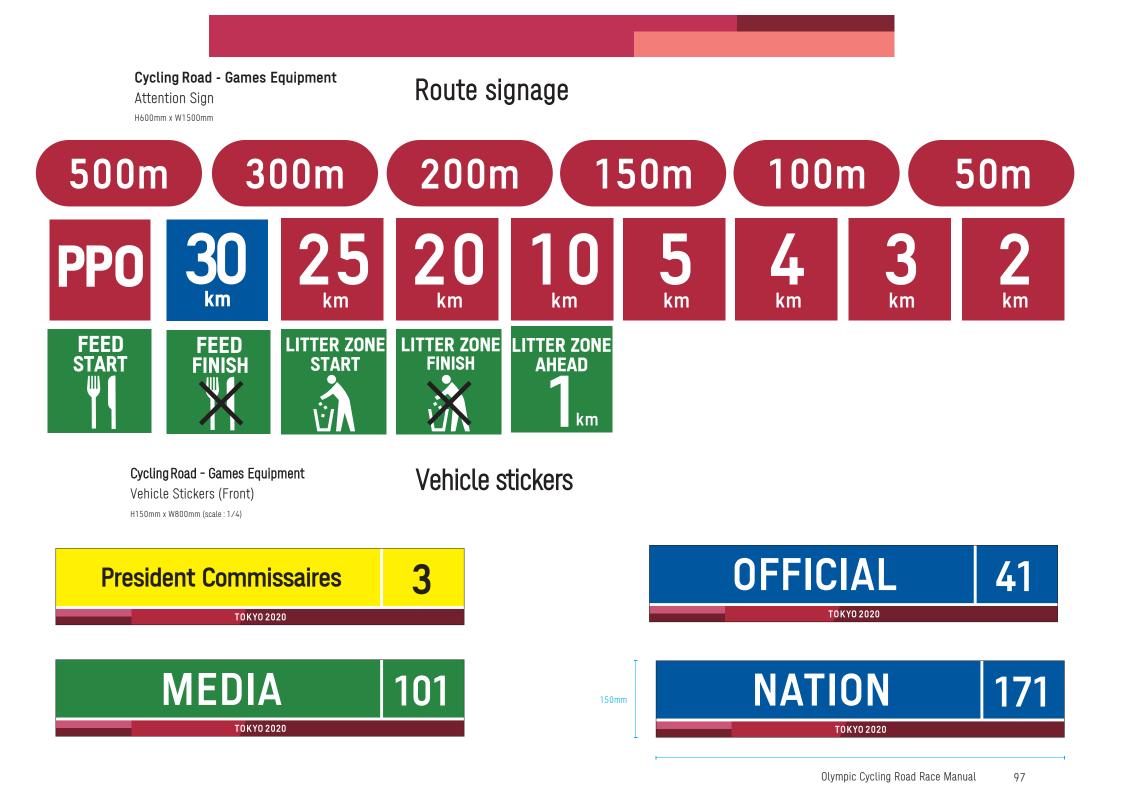
#### Cycling Road - Games Equipment Attention Sign

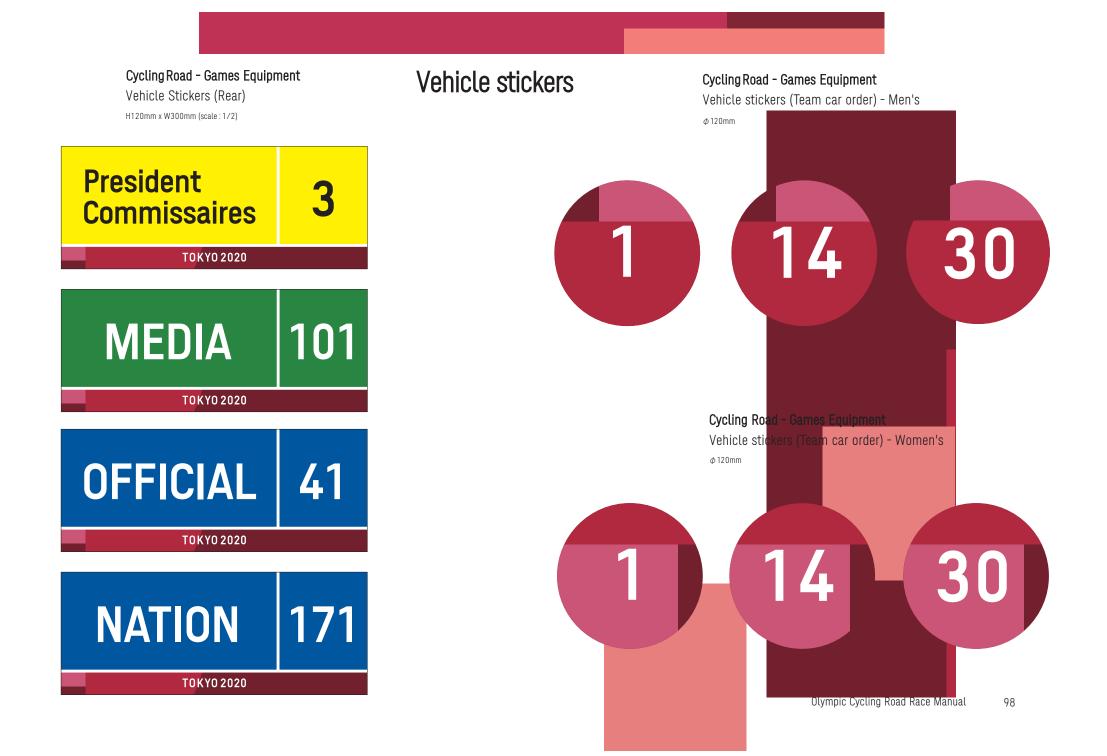


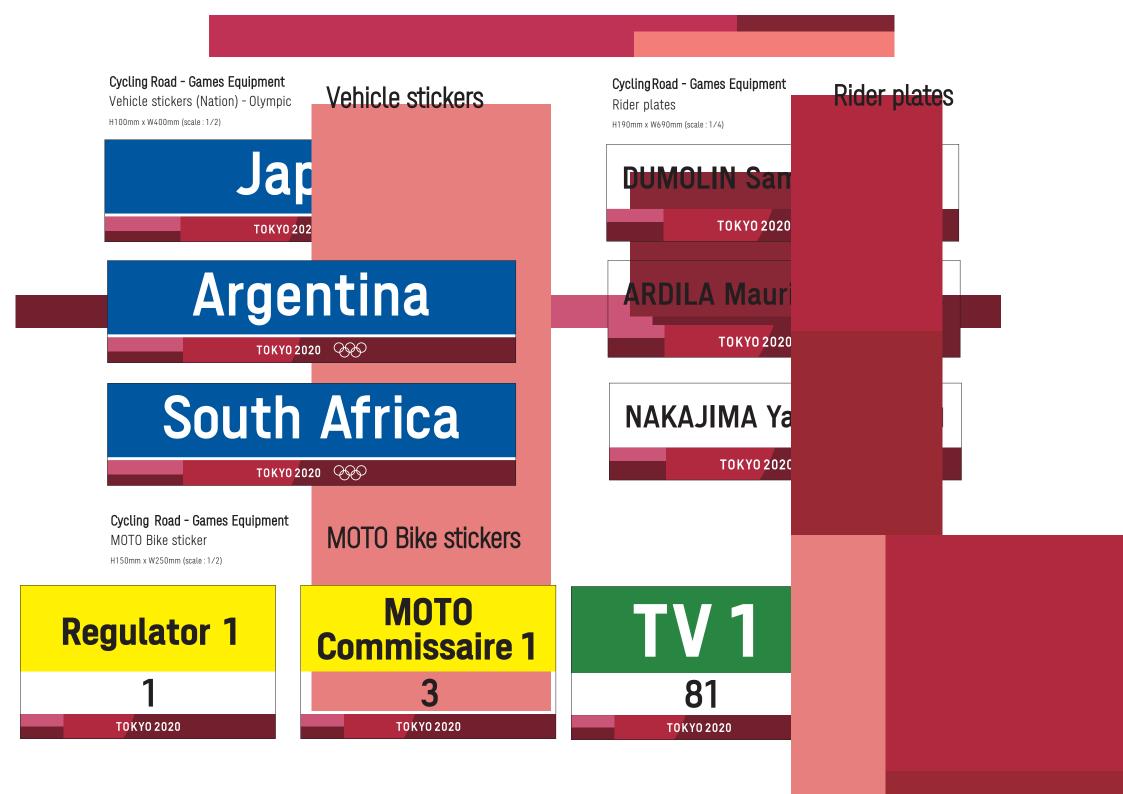
Gutter

Straight arrow











The Worldwide Olympic Partners



Tokyo 2020 Olympic Official Supporters

AOKI Aggreko ECC EY Japan KADOKAWA Google KOKUYO SHIMIZU CORPORATION TANAKA HOLDINGS Technogym TOBU TOWER SKYTREE NOMURA PARK24 Pasona Group BCG Japan MARUDAI FOOD Morisawa Yahoo Japan Corporation THE SANKEI SHIMBUN The Hokkaido Shimbun Press