##  <br> Taurag $v^{3}$

## EVENT GUIDE

## 3-10 SEPTEMBER 2023

Watch the Tour of Britain exclusively live on ITV4 in UK. Join Matt Barbet, Ned Boulting, and David Millar for live, flag-to-flag coverage of every stage and a nightly highlights programme.

## STAGE ONE

THE GREATER MANCHESTER STAGE:
ALTRINCHAM TO MANCHESTER
Sunday 3 September | Live 11:30-16:30 | Highlights 20:00

## WREXHAM TO WREXHAM

Monday 4 September | Live 11:30-15:15 | Highlights 20:00

## STACE THRE:

GOOLE TO BEVERLEY
Tuesday 5 September | Live 11:15-16:00 | Highlights 20:00

## STAGE FOUR

SHERWOOD FOREST TO NEWARK-ON-TRENT
Wednesday 6 September | Live 11:00-16:00 | Highlights 20:00
STAGE FIVE
FELIXSTOWE TO FELIXSTOWE
Thursday 7 September | Live 10:30-16:00 | Highlights 21:00
STAGE SIX
SOUTHEND-ON-SEA TO HARLOW

```Friday 8 September | Live 11:30-16:00 | Highlights 20:00
```

TEWKESBURY TO GLOUCESTER
Saturday 9 September | Live 10:45-15:45 | Highlights 20:00
MARGAM COUNTRY PARK TO CAERPHILLY

Visit tourofbritain.co.uk or follow us on social media for highlights, behind-the-scenes exclusives, and full race coverage.

## WELCOME

## MICK BENNETT

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## RACE MAP

## TOTAL DISTANCE

TOTAL ASCENT N

1 ALTRINCHAM TO MANCHESTER
SUNDAY 3 SEPTEMBER

WRECSAM WREXHAM TO WRECSAM WREXHAM
MONDAY 4 SEPTEMBER


TEWKESBURY TO GLOUCESTER

Leader's
Jersey


Pinarello King of the Mountains Jersey


Sportive Breaks Best Young Rider Jersey



Movistar Team


BORA - hansgrohe
Bolton Equities Black Spoke


TDT - Unibet Cycling Team


Team Flanders - Baloise


Uno-X Pro Cycling Team


## OUR GRATITUDE

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SweetSpot would like to thank the following organisations for their help. ACOS Medical (medical cover); ARB Events (PA \& sound); Century TV (television production); Destination Sport (accommodation); Communications Specialists (radio \& communications) CSM Live (event branding); Daytona Stage Hire (staging); Enterprise (Car Hire); Jeroen Annaert (team artwork); MatSport (timing); Roman Van Hire (vehicles); Sotic (website); Sunbelt Rentals (barriers \& fencing); SWpix.com (photography).
STAGE ONE ALTRINCHAM TO MANCHESTER


STAGE TWO WREXHAM TO WREXHAM

| $\sqrt[N]{~} \sqrt{\text { wrexham }}$ | WRECSAM |  |
| :---: | :---: | :---: |

stage three The Howdens stage: Goole to beverley
HOWDENS

STAGE FOUR SHERWOOD FOREST TO NEWARK-ON-TRENT
参 Nottinghamshire
14. NEWARK \&
I MHERWOOD
(8)
Bassetlaw


STAGE FIVE FELIXSTOWE TO FELIXSTOWE
Suffoll

STAGE SIX SOUTHEND-ON-SEA TO HARLOW

| Southend on•Sea City Council | Harlow | HARLOW <br> www.discoverharlow.co.uk |
| :---: | :---: | :---: |

stage seven Tewkesbury to gloucester


STAGE EIGHT MARGAM COUNTRY PARK TO CAERPHILLY

Par finded by
Welsh Sovernment
3 Beicio cumru


## NEWS

Some of the world's most exciting and decorated riders will return to the Tour of Britain in 2023.

We're thrilled to welcome back Wout van Aert, our 2021 champion, who will spearhead Jumbo - Visma's attack at the race. The Belgian rider won four stages en route to overall victory two years ago; in doing so he became only the sixth rider in history to triumph in England, Scotland, and Wales.

Less than a month after being crowned XCO world champion in Scotland, Tom Pidcock will get to thrill home crowds once again when he lines up for INEOS Grenadiers. The 24 -year-old finished second overall in the Tour of Britain last year as the wait for the first home champion since 2016 continued.

Tour de France points jersey winner Sam Bennett (BORA hansgrohe), Milan - Sanremo champion Alexander Kristoff (Uno-X Pro Cycling Team), and Grand Tour stage winner Carlos Rodriguez (INEOS Grenadiers) are all set to race.

Spaniard Gonzalo Serrano will attempt to achieve what no rider has ever done by winning back-to-back editions of the Tour. The Movistar Team rider became the first Spaniard to win the modern race in 2022 by virtue of leading the general classification when last year's event was curtailed.

TOUR OF BRITAIN SPECTATORS: WE WANT TO HEAR FROM YOU!
We're calling on anybody who attends at least one stage of the 2023 race to complete our short spectator survey.
Fans who take this survey will help protect the future of the Tour of Britain, as well as other major events in the UK, by showcasing the positive impact that cycling has on host towns and cities, as well as the value of sponsoring events. The number of international race days in Great Britain has decreased by nearly a quarter since 2019, so your feedback has never been more valued.
The survey takes approximately five minutes to complete (per stage attended). All entrants will be entered into a prize draw to win a Tour of Britain prize bundle comprising exclusive race memorabilia. Visit tourofbritain.co.uk/survey to complete the survey.


WIN A PINARELLO X3 BIKE


The four spectacular Le Col leaders' jerseys that are up for grabs at this year's Tour of Britain have been revealed.

Headlining the collection is the race's reimagined leader's jersey, which pays homage to the much-loved Great Britain national team kit from the 1970s and 1980s. An overt celebration of the race's location, the jersey also cleverly integrates a patchwork-style pattern that represents Britain's vast countryside and fields when viewed from above.
A revamped points competition, sponsored by cottages.com, the UK's leading provider of holiday cottages and luxury homes, will feature a distinctive green jersey that interpolates the union flag

Want to ride any of this year's stages? Visit our Komoot collection to download the GPX files straight to your device: bit.Iy/ToBkomoot

Show your support for Britain's leading cycle: our 2023 merchandise range has just dropped! Buy online at tourofbritainstore.co.uk or visit us in the Tour Village at each stage finish.

Look out to see who is crowned this year's National Land Art Competition winners. We'll be announcing our 2023 champions in October.

Want to watch more world-class cycling in the UK? Our sister race, the Women's Tour, will take place between Tuesday 4 and Sunday 9 June 2024.

The Pinarello king of the mountains leader will be easily recognisible in a stylish contoured jersey, while the new-for-2023 Sportive Breaks best young rider competition will feature a white jersey that also incorporates a patchwork pattern.

## SPOTLIGHT

## JORDI MEEUS JOINS AN EXCLUSIVE CLUB

The Tour of Britain's reputation for showcasing emerging talents was spectacularly reinforced when Belgian sprinter Jordi Meeus won in Paris on the final day of this year's Tour de France.
With his victory on the Champs-Élysées, Meeus joined an exclusive club: he was the fifth rider to win his first Tour de France stage a year after opening their Tour of Britain account.

Four of the five riders to have achieved that feat are noted sprinters, which adds some further intrigue to the flatter stages of this year's race.

## JORDI MEEUS <br> BELGIUM

## TOUR OF BRITAIN

MANSFIELD, STAGE FIVE, 2022
The BORA - hansgrohe rider's victory in Nottinghamshire on the fifth and ultimately final day of last year's Tour of Britain was the sixth and biggest victory of his career at the time. Owing to the abridged nature of the race, a victory for home favourite Tom Pidcock (INEOS Grenadiers) would have given him the overall win owing to the bonus seconds available on the line.

## TOUR DE FRANCE

PARIS, STAGE 21, 2023
Prior to reaching the French capital, Meeus had a sixth and two seventh place finishes to his name in the Tour de France. Nonetheless, in a four-way finish on the Champs-Élysées, he impressively edged out compatriot Jasper Philipsen, Dylan Groenewegen, and Mads Pederson. Remarkably for a team for whom Peter Sagan (2017-2021) and Sam Bennett (2014-2019, 2022) have raced, it was the first time they had won the much-coveted Tour de France finale.



YVES LAMPAERT BELGIUM

## TOUR OF BRITAIN

EDINBURGH, STAGE SEVEN, 2021
Riding in a Deceuninck - Quick-Step team alongside Julian Alaphilippe and Mark Cavendish, Lampaert took the Belgian squad's sole victory in the 2021 edition. Deceuninck had two men in the day's five-man breakaway, and they made good their numerical advantage when Lampaert outsprinted Matteo Jorgenson (Movistar Team) and British rider Matt Gibson (Ribble Weldtite Pro Cycling) in Holyrood Park

## TOUR DE FRANCE

COPENHAGEN, STAGE ONE, 2022
The Belgian capitalised on drying roads to claim the first maillot jaune of last year's Tour in Denmark. He beat nearest challenger Wout van Aert, who tackled the technical course a few minutes before him, by five seconds, although his entry into this Anglo-French club might not have happened had world champion Filippo Ganna not punctured approaching the line.

DYLAN GROENEWEGEN NETHERLANDS

TOUR OF BRITAIN
BUILTH WELLS, STAGE FOUR, 2016
An undulating day through the Cambrian Mountains from Denbigh to the Royal Welsh Showground doesn't sound like a stage that would end with a Dylan Groenewegen win, but alas that was the case seven years ago. "It was really tough today, such a long stage with a lot of climbing," said Groenewegen. Dan McLay (Great Britain) placed second, Team Sky's Ben Swift third.

## TOUR DE FRANCE

PARIS, STAGE 21, 2017
Another winner in the French capital (only Lampaert has not achieved that feat), the Dutchman edged out André Greipel and Edvald Boasson Hagen to claim the first of his five Tour stage victories to date. "This is an amazing place for the sprinters," he said. "When I was young, I watched the Champs-Elysées stage on TV. Now I'm the winner here, it's wonderful."



## ANDRÉ GREIPEL

GERMANY
TOUR OF BRITAIN
BLACKPOOL, STAGE ONE, 2010
The first of the Gorilla's three victories in the 2010 race came on opening day in damp Blackpool (no sniggering at the back) "It's always something special to win the first stage because you get the leader's jersey as well," he said. Greipel went on to win in Great Yarmouth (stage six) and East London (stage eight).

## TOUR DE FRANCE

CARMAUX. STAGE 10, 2011
Given the number and quality of Greipel's wins during his career, it's easy to forget how momentous his triumph in Carmaux in 2011 was. The German was in his first season with Omega Pharma - Lotto, a move triggered by his status as the secondchoice sprinter behind Mark Cavendish at HTC - Highroad. Such was the rivalry at the time - at least in the media - that his victory over the Manxman generated headlines such as "A Victory Drought Ends, Helping Cool a Feud" (New York Times), "Greipel takes down Cavendish in biggest win of career" (VeloNews) and "André Greipel makes his point by edging out Mark Cavendish in Carmaux" (The Times).

MARK CAVENDISH GREAT BRITAIN

## TOUR OF BRITAIN

CRYSTAL PALACE, PROLOGUE, 2007
Want to test any cycling aficionado's knowledge? Ask them to name the two time trials Mark Cavendish has won during his professional career. The first came on the opening day of the 2007 race, a 2.5-kilometre loop around the picturesque Crystal Palace Park, for which he averaged a speed of $61.2 \mathrm{~km} / \mathrm{h}$. Cavendish won again, albeit in a more conventional way, the following day in Southampton. For the record, his other time trial victory was in the Tour de Romandie 2008 prologue.

## TOUR DE FRANCE

CHÂTEAUROUX, STAGE FIVE, 2008
Win number one of 34 came close to the banks of the Indre river in Châteauroux 15 years ago. The sprinters were nearly thwarted by Nicolas Vogondy, who, after being part of a day-long, all-French breakaway, was only caught with 75 metres remaining. Cavendish held off Oscar Freire, Erik Zabel, and Thor Hushovd to take an emotional victory. "I'm only 23 and I came here to win a stage," he



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## RETROSPECTIVE

## MARK CAVENDISH

Will the greatest sprinter of all time continue to race in 2024? Despite announcing his retirement in May, Mark Cavendish's future in cycling remains unclear. Having already created lasting memories aplenty, we take a look back at the Manxman's impressive Tour of Britain career.

That first sprint victory in Southampton. The expectation created after winning on a wet Whitehall in 2011 a week before the world championships. That unmistakable victory salute all while wearing the rainbow jersey. Picking just one moment that defines Mark Cavendish's legac in the Tour of Britain is significantly harder than it may seem

Regardless of whether 2023 is the 38-year-old's penultimate or final season of racing, the highs, lows and accomplishments in his home tour will live on Cavendish's 10 stage victories are unmatched in the modern edition of the race. He has held that record for a decade now; Wout van Aert would need to win six of this year's eight stages just to tie with the Manxman

When Cavendish started his first Tour of Britain stage - Glasgow to Castle Douglas on the opening day of the 2005 edition - signs of his potential were already there. That March, he claimed his first rainbow jersey, winning the Madison with Rob Hayles at the UCI Track Cycling World Championships in Los Angeles. Nonetheless, one notable cycling news website listed his name as Mark Cavindish on their startlist, a typo that remains online to this day.

Racing for a Great Britain team, he led the peloton home to finish third in Blackpool (team-mate Roger Hammond took the win from a two-man breakaway) and placed sixth in Nottingham. Other members of that year's GB squad included Geraint Thomas and Ed Clancy
After near-misses throughout the 2006 edition - two seconds, a third, and a fourth across the six stages, this time while riding as a stagiare for T-Mobile - the breakthrough finally came in the race's first-ever prologue, held at Crystal Palace. "The win puts Cavendish's total victories in his debut season as a professional to nine, and more importantly makes him the first Briton to lead the Tour since it was revived in 2004," Cycling News noted. Hammond then delivered the lead out for him the following day in Southampton, which powered him to his first sprint victory in the race. "I couldn't lose really, it was perfect," he said

By the time Cavendish returned to the race in 2011 he had won 20 Tour de France stages and that year's green jersey. His participation generated the most coverage of any rider announcement in race history at the time, including a sizeable article in the Daily Telegraph. It was a far from simple return, though.


Originally, Cavendish was listed as a reserve by his HTC-Highroad team, but rumours of his participation quickly spread after he pulled out of that year's Vuelta after four days, looking short of form and with his team saying he was "drained"

Slovak Peter Velits has made way for the Manxman but only after the UCl granted him dispensation to race because of the overlap between the Vuelta and the Tour (to uphold the integrity of events, riders cannot be named to compete in two or more concurrent races). He bookended his return with victories, both in dreadful weather, in Dumfries and London. "Cav is ready to take on the world," exclaimed that week's Cycling Weekly front cover. Seven days on from winning in the capital Cavendish duly triumphed in Copenhagen.

## Chain

 Bactiol IEJBIES.com

His return in 2012, as part of a Team Sky victory lap weeks after Sir Bradley Wiggins won the Tour de France, cannot have been easy for Cavendish. The rainbow jersey on his back heightened expectations, all at a time when a departure from the British team seemed inevitable. "Sky hold out for Cavendish compensation as exit looms" read one Daily Telegraph headline during race week. A surprising defeat at the hands of Australian Leigh Howard at Knowsley Safari Park on stage two wouldn't have helped team morale, although Sky resolved some of their lead-out train problems in time for the following day's finish into Dumfries, where he picked up the fifth victory of his Tour of Britain career.
Cavendish's win in a bitterly cold and windy Blackpool on stage four was afforded the front page of the Guardian sports section, before he ended the race with a dominant victory on Guildford's cobbled high street. "It was absolutely incredible," said Cavendish. "I thought everybody had forgotten about me, and that it was all about [riders with] sideburns now! I just wanted to win - it's my last day in the rainbow jersey, and $I$ just wanted to finish off in style."

He matched that hat-trick of victories in the 2013 edition, albeit in the colours of Omega Pharma - Quick Step. The trio of wins came in the final five days of the race, starting in the foothills of Snowdonia at Llanberis. It is probably his most underrated Tour of Britain stage victory; the top of the Pen-y-Pass climb came with under 10 kilometres remaining, and Team Sky's Ian Stannard set a fearsome pace on it in an attempt to catch the day's breakaway group who almost stayed away for a shock victory. Cavendish never looked troubled on the climb.


The win drew him level with Edvald Boasson Hagen's all-time record of eight and meant that Cavendish became the first rider in Tour history to win in England, Scotland, and Wales. He went on to win the final two stages; first, in Guildford, where Elia Viviani pushed him harder than any rival had a year earlier, then in Central London, which was his 10th and last victory in the race.
Marcel Kittel played a key role in stopping Cavendish from adding to his palmarès in 2014. So impressive was the German's season he won four times in Britain: twice during the Tour de France's Grand Départ on these shores, and then the first and final stages of our race. "For Harrogate in July, read Liverpool in September," wrote acclaimed cycling writer William Fotheringham after his opening day victory in the home of The Beatles. "The seasons change, the stage is the Tour of Britain opener rather than the Tour de France, but the German powerhouse Marcel Kittel marches on." Cavendish placed third in Liverpool, a result that seems a
little unremarkable, but was actually mightily impressive given he crashed heavily during the stage. "Someone had to stop for a puncture so their team car slammed on its brakes," he recalled. "But there was a [traffic] island in the road. If I went right I would have hit it, so I went left and I whacked another car. I immediately felt a lot of pain in my quadriceps. I still got third, but it is a shame because I really wanted to try and win in front of the British public." Kittel also prevented him from claiming a hat-trick of victories along Whitehall, as he beat the Manxman to victory to end that year's race.


Even without any individual glory, three of Cavendish's four most recent Tour of Britain participations haven't been short of emotion and meaning. He was part of the Dimension Data team in 2016 that helped Steve Cummings become only the second Briton to claim overall glory. "Steve spoke to me on the phone a week before [the race started] and said he wanted to go for it, so l'm massively pleased we did it," said Cavendish. "It's tough controlling a week-long stage race with a sixman team - I've been in teams that have tried to do everything and you can easily end up with nothing.'

Three years later he crossed the finish line on the final day in Manchester alongside his long-time domestiques Mark Renshaw and Bernie Eisel. The stage marked the final race of Renshaw's career; it also turned out to be one of the last times Cavendish rode with the popular Austrian. "What an emotional moment," he said about riding home alongside Renshaw. "I won't lie, going to miss you."
Following a return to Deceuninck - Quick-Step in 2021 (and four unforgettable Tour de France victories to move him equal with Eddy Merckx's all-time record), Cavendish came the closest he has since 2014 to increasing his Tour of Britain win tally. He placed fifth in Warrington (when he was arguably the fastest in the sprint) and almost won in Aberdeen on
the final day. He won plaudits for his domestique work - which even saw him form part of the breakaway during the thrilling Carlisle to Gateshead stage - that helped Julian Alaphilippe finish third overall. "Still thinking about what a good time we had at the Tour of Britain," he posted on Instagram a month after the race. "Proper fun!"


Proper fun: a more fitting description of the Manxman at the Tour of Britain, not to mention his professional career, you would struggle to find.

Greeting fans at
Alderley Park, 2021


## IN FOCUS

# Take a closer look at the eight stages that make up this year's Tour of Britain with route director Andy Hawes. Having been involved with the race since 2009, this is the 12th edition that he has designed. 

Follow Andy on social media: @FastHawesy

How would you describe this year's route? "It's one for the opportunists. There are a number of stages that, from a quick glance, you might have down as guaranteed bunch sprints, but a more detailed inspection will show that some of them aren't as straightforward as that!"

Which stages could surprise the riders? "The two that jump out are stages one - Altrincham to Manchester - and seven Tewkesbury to Gloucester.
"I'd love to see some pressure really being applied on Ramsbottom Rake, the start of which comes just over 70 kilometres before the finish line on Deansgate. It may not be horrendously long $(1 \mathrm{~km})$ but it is steep (9.9\% average). This, combined with the false flat that follows shortly after, could make it hard for dropped riders to get back on. Only 41 riders were in the front group coming into Manchester city centre four years ago, and I'm expecting something similar this time around.
"Then there's a double-shot along the route into the Gloucester finish. Crawley

Hill (2.3km, 6.4\% average) and an uncategorised drag at Pitchcombe $(2.5 \mathrm{~km}$, $4.8 \%$ average) could be used as softeners. Cross your fingers for some attacks!"

Those two stages should be well known to you: one featured in the race recently, and the other was scheduled to take place in the 2022 edition. Did you still have to check the routes as thoroughly as the other six stages?
"Very much so - in Greater Manchester's case, arguably even more than some of the other stages. Finishing in a major city is always fascinating: if you visit twice, say, across a six-month period, there'll be new developments popping up, new road layouts to think about, and possibly even new cycling infrastructure. Road wear and tear is always something we take really seriously, which is why I finished my final course inspection over the August Bank Holiday Weekend."

Talk us through the final stage, and how excited you are about that one
"It's exactly the type of stage people have come to expect from the Tour of Britain. I'd
say we've been nice to the riders: the first 70 kilometres are a delight for anybody looking for a quiet Sunday spin. That all changes as soon as we start heading north at Bryncethin! To be able to include the Bwich, Rhigos, Bryn Du, and a double ascent of Caerphilly Mountain along the same route is as exciting as it is sadistic! This stage oozes in character, it feels distinctly Welsh."

## What else should we look out for?

 "The one thing we've never really had alter the race are crosswinds. Given the summer we've had this year, perhaps they'll influence how stage three in East Riding of Yorkshire plays out. We've got a section of around 32 kilometres in the second half of the stage that runs parallel to the North Sea. Bridlington may be known for its amusements, but l'm not sure I'd be smiling if the conditions once we hit the popular seaside town are conducive to echelons!"
## Were there any challenges that stand out

 from this year's preparations?"We've had a number of comments come in on social media asking about the stage two route; as it happens, the plan was to
include the Horseshoe Pass in the closing 25 kilometres. It would have made for a brilliant finale. However, that proposed route had to be amended, as Denbighshire County Council did not have enough resource on their side to support us passing through their area. As much as we'd love for us to rock up and race where we want when we want, it doesn't work as easily as that!"

The Tour of Britain team have just returned from Glasgow where they helped deliver the road races at the UCI Cycling World Championships. What was that experience like?
"It was an incredible honour for the whole team. Seeing riders like Mathieu van der Poel and Lotte Kopecky win like they did, in front of an enormous crowd, made all the hard work worth it. Being able to take a race along a motorway, let alone passing over the Queensferry Crossing, is something I never thought would be possible. A lot of hard work, months of meetings, and many emails went into making it happen! I'd love for the Tour of Britain to have a stage that finishes with a couple of laps of the Glasgow circuit.. that's one for the future, perhaps!?"


## THE TOUR OF BRITAIN

ROLL OF HONOUR

| Lead | Jersey | Pin | King of the Mountains Jersey |
| :---: | :---: | :---: | :---: |
| 2022 | Gonzalo Serrano（ESP） | 2022 | Mathijs Paasschens（BEL） |
| 2021 | Wout van Aert（BEL） | 2021 | Jacob Scott（GBR） |
| 2019 | Mathieu van der Poel（NED） | 2019 | Jacob Scott（GBR） |
| 2018 | Julian Alaphilippe（FRA） | 2018 | Nic Dlamini（RSA） |
| 2017 | Lars Boom（NED） | 2017 | Lukasz Owsian（Pol） |
| 2016 | Steve Cummings（GBR） | 2016 | Xandro Meurisse（Bel） |
| 2015 | Edvald Boasson Hagen（NOR） | 2015 | Peter Williams（GBR） |
| 2014 | Dylan Van Baarle（NED） | 2014 | Mark McNally（GBR） |
| 2013 | Sir Bradley Wiggins（GBR） | 2013 | Angel Madrazo（ESP） |
| 2012 | Nathan Haas（AUS） | 2012 | Kristian House（GBR） |
| 2011 | Lars Boom（NED） | 2011 | Jonathan Tiernan Locke（GBR） |
| 2010 | Michael Albasini（SWI） | 2010 | Johnny Hoogerland（Ned） |
| 2009 | Edvald Boasson Hagen（NOR） | 2009 | Thomas De Gendt（Bel） |
| 2008 | Geoffroy Lequatre（FRA） | 2008 | Danilo Di Luca（Ita） |
| 2007 | Romain Feillu（FRA） | 2007 | Ben Swift（GBR） |
| 2006 | Martin Pedersen（DEN） | 2006 | Andy Schleck（Lux） |
| 2005 | Nick Nuyens（BEL） | 2005 | Julian Winn（GBR） |
| 2004 | Mauricio Ardila（COL） | 2004 | Ben Day（Aus） |
| cottag | s．com Points Jersey | Sporti | Breaks Best Young Rider Jersey（Under 23） |
| 2022 | Tom Pidcock（GBR） | 2022 | Tom Pidcock（GBR） |
| 2021 | Ethan Hayter（GBR） | 2021 | Ethan Hayter（GBR） |
| 2019 | Matteo Trentin（ITA） | 2019 | Pavel Sivakov（FRA） |
| 2018 | Patrick Bevin（NZL） | 2018 | Neilson Powless（USA） |
| 2017 | Alexander Kristoff（Nor） | 2017 | Stefan Kung（SWI） |
| 2016 | Dylan Groenewegen（Ned） | 2016 | Jacopo Mosca（ITA） |
| 2015 | Owain Doull（GBR） | 2015 | Owain Doull（GBR） |
| 2014 | Michal Kwiatkowski（Pol） | 2014 | Dylan Van Baarle（NED） |
| 2013 | Martin Elmiger（Swi） | 2013 | Simon Yates（GBR） |
| 2012 | Boy van Poppel（Ned） | 2012 | Nathan Haas（AUS） |
| 2011 | Geraint Thomas（GBR） | 2011 | Jelle Wallays（BEL） |
| 2010 | Greg Henderson（NZI） | 2010 | Geraint Thomas（GBR） |
| 2009 | Edvald Boasson Hagen（Nor） | 2009 | Edvald Boasson Hagen（NOR） |
| 2008 | Matt Goss（Aus） | 2008 | lan Stannard（GBR） |
| 2007 | Mark Cavendish（GBR） | 2007 | Romain Feillu（FRA） |
| 2006 | Mark Cavendish（GBR） | 2006 | Martin Pedersen（DEN） |
| 2005 | Luca Paolini（Ita） | 2005 | Chris Anker Sorensen（DEN） |
| 2004 | Julian Dean（NZI） | 2004 | Dani Moreno（ESP） |


| Best British Rider |  | Overall Sportsbreaks．com Combativity Award |  |
| :---: | :---: | :---: | :---: |
| 2022 | Tom Pidcock | 2022 | Not awarded |
| 2021 | Ethan Hayter | 2021 | Jacob Scott（GBR） |
| 2019 | Matthew Holmes | 2019 | Dylan van Baarle（NED） |
| 2018 | Scott Davies | 2018 | Matt Holmes（GBR） |
| 2017 | Geraint Thomas | 2017 | Graham Briggs（GBR） |
| 2016 | Steve Cummings | 2016 | André Greipel（Ger） |
| 2015 | Owain Doull | 2015 | Owain Doull（GBR） |
| 2014 | Sir Bradley Wiggins | 2014 | Alex Dowsett（GBR） |
| 2013 | Sir Bradley Wiggins | 2013 | Kristian House（GBR） |
| 2012 | David Clarke | 2012 | Mark Cavendish（GBR） |
| 2011 | Steve Cummings |  |  |
| 2010 | Rob Partridge |  |  |
| 2009 | Russell Downing |  |  |
| 2008 | Steve Cummings |  |  |
| 2007 | Evan Oliphant |  |  |
| 2006 | Russell Downing |  |  |
| 2005 | Yanto Barker |  |  |
| 2004 | Roger Hammond |  |  |
| Team Classification |  |  |  |
| 2022 | INEOS Grenadiers |  |  |
| 2021 | Deceuninck－Quick－Step |  |  |
| 2019 | Team INEOS |  |  |
| 2018 | Team Lotto NL Jumbo |  |  |
| 2017 | Team Lotto NL Jumbo |  |  |
| 2016 | Team Sky |  |  |
| 2015 | Cannondale Garmin |  |  |
| 2014 | IAM Cycling |  |  |
| 2013 | Team Sky |  |  |
| 2012 | Saur Sojasun |  | ロリFロF |
| 2011 | Team Sky |  | ——in |
| 2010 | Vacansoleil DCM |  |  |
| 2009 | Rabobank |  |  |



## 2022 REVIEW



We celebrated the careers of Alex Dowsett (pictured) and Richie Porte ahead of their retirements from road racing at the end of 2022 .


3 DURHAM TO SUNDERLAN

1. ABERDEEN TO GLENS
SUNDAY 4 SEPTEMBER

SUNDAY 4 SEPTEMBER
Coin Strong (Israel - Premier Tech)
Stage winner: Corbin Strong (Israel-Premier Tech) Race leader: Corbin Strong (lsrae)

Stage winner: Kamiel Bonneu
Stage winner: Kamie Boloise)
Sport Vlaanderen - Ba (Wiv SunGod)
 held three of the race's four jerseys leader (Ben Perry), mountains (Jak Scott) and sprints (Matt Teggart) after stage three.


## RESPECTING THE ENVIRONMENT

The Tour of Britain is lucky enough to race through some of Britain's most beautiful natural scenery, including National Parks and Areas of Outstanding Natural Beauty.

Whether you are a rider, member of staff, official, volunteer or spectator, please think and act responsibly and leave the beautiful locations we race through exactly as we found them!

## Backing the best teams, events and businesses to achieve outstanding results.

## \#AtYourSide

Official Results Partner
Official Print and Imaging Partner
Official Greenzone Partner


$\square$


For cycling news and race updates follow us on Twitter / Instagram

## TOLRaf日RITR <br> 3-10 September 2023

## THE STAGES

STAGE 1 ALTRINCHAM TO MANCHESTER
STAGE 2 WREXHAM TO WREXHAM
STAGE 3 GOOLE TO BEVERLEY
STAGE 4 SHERWOOD FOREST TO NEWARK-ON-TRENT
STAGE 5 FELIXSTOWE TO FELIXSTOWE
STAGE 6 SOUTHEND-ON-SEA TO HARLOW
STAGE 7 TEWKESBURY TO GLOUCESTER
STAGE 8 MARGAM COUNTRY PARK TO CAERPHILLY

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## STAGE 1

## ALTRINCHAM TO MANCHESTER SUNDAY 3 SEPTEMBER

Greater Manchester hosts the Tour of Britain Grand Départ in 2023, 19 years on from being the starting point for the first edition of the modern incarnation of the race.
The opening day of this year's race will start in Altrincham, adjacent to its thriving market that is home to independent street food vendors aplenty. King of the Mountains climbs come at the legendary Rake in Ramsbottom (a three-time host of the British Hill-Climb Championship) and Grains Bar.
Stage one will culminate on the world-famous Deansgate in the heart of Manchester city centre, the scene of a memorable Mathieu van der Poel victory that saw him clinch overall Tour of Britain glory four years ago.

STAGE PARTNERS

[^1]

## START <br> ALTRINCHAM

Located in the Greater Manchester borough of Trafford, Altrincham is a great place to visit, do business, and live. In recent years, the town has reinvented itself as a gastronomic destination with its award-winning market at the heart of a vibrant food and drink offer.

Thanks to investment from Trafford Council, alongside private and public sector partners, it was named one of the Sunday Times' Best Places to Live in 2022 for the fifth year running. Ongoing investment and regeneration have ensured it remains a thriving modern market town with a rich retail, recreational, residential, and business mix.

Trafford itself has become a byword for sport. Manchester United's Old Trafford ground hosted the opening game of the UEFA Women's Euros, as well as the men's and women's Rugby League World Cup finals, in 2022. Lancashire Cricket Club recently staged an Ashes test match, while the Manchester Marathon takes place predominantly in Trafford.

The borough boasts excellent parks and green spaces, thriving town centres, and major cultural and leisure attractions - including the Trafford Centre, Imperial War Museum North, and Dunham Massey National Trust country house.


FINISH
MANCHESTER
Manchester is one of Europe's fastest growing cities and is quickly becoming one of the most popular visitor destinations on the global scene. Although its roots as an industrial pioneer is well-known, the city is always at the cutting edge of music, art, culture and - of course - football. Modern, contemporary and forward-thinking, Manchester is a veritable capital of the North.
The opening stage of this year's Tour of Britain finishes on Manchester's historic Deansgate in the heart of the city centre, surrounded by a thriving foodie scene that steps seamlessly from fine-dining to casual eating at a moment's notice. Perfect to recharge after an exciting day's racing!

Visit the architectural gems that include Manchester's renowned neo-gothic Town Hall or Chetham's medieval library - one of the oldest lending libraries in the world - before sampling some of the city's infamous nightlife that has helped spawn some of the top names in arts, music and culture - from the Hacienda to the Hallé Orchestra.

Extend your time in the city with an enviable choice of hotels and more casual accommodation all a stone's throw from the post-stage festivities. Make the most of your time in Manchester - the original modern city.

## FACT FILE

## 1290

THE YEAR ALTRINCHAM, THEN KNOWN AS ALDRINGEHAM, WAS ESTABLISHED

## 3

NUMBER OF TIMES RAMSBOTTOM RAKE HAS BEEN USED FOR THE BRITISH HILL-CLIMB CHAMPIONSHIPS

## 1.6

LENGTH, IN KILOMETRES, OF MANCHESTER'S FAMOUS DEANSGATE STREET, WHERE STAGE ONE FINISHES

## 1 ALTRINCHAM TO MANCHESTER SUNDAY 3 SEPTEMBER



rooveto or Altrincham BID

Visit Altrincham is the place to
discover Altrincham Town.
With the awesome award-winning Altrincham Market and Market House,
fantastic shops and not to mention a host of independent restaurants, pubs, bars
and brilliant events, all creating a meltin


## 1 RACE SCHEDULE <br> ALTRINCHAM TO MANCHESTER

Neutralised section
Market Street, A56 Dunham Road, Kingsway, Stamford Street, A538 Stamford New Road, Ashley Road, Hale Road, Victoria Road, B5613 Ashley Road, Cow Lane.

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{oh}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | ${ }^{8} / k_{m / 0 n}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 関 Start Neutralised |  | Market Street - Altrincham | 11:45 | 11:45 | 11:45 |
| 0.00 | 163.6 | 0.00 | -wew Start Proper |  | Cow Lane | 12:00 | 12:00 | 12:00 |
| 0.1 | 163.5 | 0.1 | Sign |  | Ashley | 12:00 | 12:00 | 12:00 |
| 0.3 | 163.3 | 0.2 | X.Roads | Straight | Mobberley Road | 12:00 | 12:00 | 12:00 |
| 0.9 | 162.7 | 0.6 |  | Caution! | $\triangle$ Hump Back Bridge | 12:01 | 12:01 | 12:01 |
| 2.3 | 161.3 | 1.4 | Sign |  | Mobberley | 12:03 | 12:03 | 12:02 |
| 2.4 | 161.2 | 1.5 |  | Keep Right | Pepper Street | 12:03 | 12:03 | 12:03 |
| 3.0 | 160.6 | 1.9 |  | Keep Left | Small Lane | 12:04 | 12:04 | 12:03 |
| 3.6 | 160.0 | 2.2 |  | Keep Right | Small Lane | 12:05 | 12:05 | 12:04 |
| 4.1 | 159.5 | 2.5 |  | Keep Left | Hobcroft Lane | 12:06 | 12:05 | 12:05 |
| 5.1 | 158.5 | 3.2 | Junction | Left | Lady Lane | 12:08 | 12:07 | 12:06 |
| 5.5 | 158.1 | 3.4 | Junction | Right | Davenport Lane | 12:08 | 12:07 | 12:07 |
| 6.4 | 157.2 | 4.0 |  | Caution! | \ Narrow Bridge | 12:10 | 12:09 | 12:08 |
| 6.6 | 157.0 | 4.1 | T.Junction | Right | Davenport Lane | 12:10 | 12:09 | 12:08 |
| 7.3 | 156.3 | 4.5 | T.Junction | Left | Burlyhurst Lane | 12:11 | 12:10 | 12:09 |
| 9.7 | 153.9 | 6.0 |  | Keep Right | Mobberley Road | 12:15 | 12:13 | 12:12 |
| 10.3 | 153.3 | 6.4 | T.Junction | Right | Altrincham Road | 12:16 | 12:14 | 12:13 |
| 12.1 | 151.5 | 7.5 | T.Lights | Straight | A538 Alderley Road/B5086 | 12:19 | 12:17 | 12:15 |
| 12.4 | 151.2 | 7.7 | Caution! | Keep Left | Central Island | 12:19 | 12:17 | 12:15 |
| 12.4 | 151.2 | 7.7 | Caution! | Keep Right | Central Island | 12:19 | 12:17 | 12:15 |
| 12.5 | 151.1 | 7.8 | T.Lights | Right | Station Road | 12:19 | 12:17 | 12:16 |
| 12.7 | 150.9 | 7.9 |  | Caution! | $\triangle$ Narrow Bridge | 12:19 | 12:18 | 12:16 |
| 13.6 | 150.0 | 8.5 | M R/about | 1st Exit | A5102 Adlington Road | 12:21 | 12:19 | 12:17 |
| 14.2 | 149.4 | 8.8 |  | Keep Right | A5102 Adlington Road | 12:22 | 12:20 | 12:18 |
| 15.4 | 148.2 | 9.6 | R/about | 2nd Exit | A5102 Adlington Road | 12:24 | 12:22 | 12:19 |
| 15.7 | 147.9 | 9.8 | R/about | 1st Exit | A5102 Woodford Road | 12:24 | 12:22 | 12:20 |
| 16.1 | 147.5 | 10.0 | Sign |  | Stockport | 12:25 | 12:23 | 12:20 |
| 18.1 | 145.5 | 11.3 | R/about | 1st Exit | A5102 Chester Road | 12:28 | 12:25 | 12:23 |
| 18.4 | 145.2 | 11.4 | R/about | 1st Exit | A5102 Woodford Road | 12:28 | 12:26 | 12:23 |
| 19.1 | 144.5 | 11.9 | T.Lights | Straight | A5102 Woodford Road/A555 | 12:30 | 12:27 | 12:24 |
| 19.2 | 144.4 | 11.9 | T.Lights | Straight | A5102/A555 | 12:30 | 12:27 | 12:24 |
| 19.8 | 143.8 | 12.3 | Sign |  | Bramhall | 12:31 | 12:28 | 12:25 |
| 20.0 | 143.6 | 12.4 | M R/about | 2nd Exit | A5102 Bramall Lane South | 12:31 | 12:28 | 12:25 |
| 20.0 | 143.6 | 12.4 |  | Caution! | $\triangle$ Central Island Exit of roundabout | 12:31 | 12:28 | 12:25 |
| 20.6 | 143.0 | 12.8 |  | Keep Left | A5102 Bramall Lane South | 12:32 | 12:29 | 12:26 |
| 21.0 | 142.6 | 13.1 | X.Roads | Straight | A5102 | 12:33 | 12:30 | 12:27 |
| 21.8 | 141.8 | 13.6 | R/about | 2nd Exit | A5143 Bridge Lane | 12:34 | 12:31 | 12:28 |
| 22.8 | 140.8 | 14.2 | R/about | 3rd Exit | A5143 Jackson's Lane | 12:35 | 12:32 | 12:29 |
| 23.3 | 140.3 | 14.5 | R/about | 2nd Exit | A5143 Jackson's Lane | 12:36 | 12:33 | 12:29 |
| 23.6 | 140.0 | 14.7 | Sprint |  | 5 Hazel Grove | 12:37 | 12:33 | 12:30 |
| 24.4 | 139.2 | 15.2 | T.Lights | Straight | A5143 Dean Lane/Chester Road | 12:38 | 12:34 | 12:31 |
| 25.1 | 138.5 | 15.6 | T.Lights | Right | A523 Macclesfield Road | 12:39 | 12:35 | 12:32 |
| 25.7 | 137.9 | 16.0 |  | Caution! | $\triangle$ Central Island - Pass Both Sides | 12:40 | 12:36 | 12:33 |
| 25.9 | 137.7 | 16.1 | T.Lights | Straight |  | 12:40 | 12:37 | 12:33 |

Approximate distance of neutralised section $4.5 \mathrm{~km} / 2.8$ miles
Distance of stage $163.6 \mathrm{~km} / 101.7 \mathrm{miles}$
Neutralised start 11:45

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} /{ }^{3}$ | 4m/on | ${ }^{6} \mathrm{f} \text { m/on }$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 26.0 | 137.6 | 16.2 | T.Lights | Right | A6 Buxton Road | 12:40 | 12:37 | 12:33 |
| 26.3 | 137.3 | 16.4 | T.Lights | Straight | A6 Buxton Road | 12:41 | 12:37 | 12:33 |
| 27.7 | 135.9 | 17.2 |  | Keep Left | Buxton Road | 12:43 | 12:39 | 12:35 |
| 27.6 | 136.0 | 17.2 | T.Lights | Right | A6 Buxton Road | 12:43 | 12:39 | 12:35 |
| 27.6 | 136.0 | 17.2 |  | Caution! | Central Island | 12:43 | 12:39 | 12:35 |
| 28.5 | 135.1 | 17.7 | Sign |  | High Lane | 12:44 | 12:40 | 12:36 |
| 28.7 | 134.9 | 17.8 | T.Lights | Straight | A6 Buxton Road/Windlehurst Road | 12:45 | 12:41 | 12:36 |
| 29.8 | 133.8 | 18.5 | Junction | Left | Carr Brow | 12:46 | 12:42 | 12:38 |
| 29.9 | 133.7 | 18.6 |  | Caution! | $\triangle$ Buildout - Nearside | 12:46 | 12:42 | 12:38 |
| 30.0 | 133.6 | 18.7 |  | Caution! | \ Buildout-Offside | 12:47 | 12:42 | 12:38 |
| 30.0 | 133.6 | 18.7 |  | Caution! | \ Buildout - Nearside | 12:47 | 12:42 | 12:38 |
| 30.0 | 133.6 | 18.7 | Drinks | Start | 回 | 12:47 | 12:42 | 12:38 |
| 30.1 | 133.5 | 18.7 | Junction | Left | Wybersley Road | 12:47 | 12:43 | 12:38 |
| 30.3 | 133.3 | 18.8 |  | Caution! | $\triangle$ Narrow | 12:47 | 12:43 | 12:38 |
| 30.9 | 132.7 | 19.2 |  | Caution! | $\triangle$ Fast and Narrow Descent | 12:48 | 12:44 | 12:39 |
| 31.1 | 132.5 | 19.3 |  | Caution! | $\triangle$ Hairpin Right on Descent | 12:48 | 12:44 | 12:39 |
| 31.2 | 132.4 | 19.4 |  | Caution! | $\triangle$ Sharp Left Bend on Descent | 12:49 | 12:44 | 12:40 |
| 31.3 | 132.3 | 19.5 |  | Caution! | $\triangle$ Sharp Right Bend on Descent | 12:49 | 12:44 | 12:40 |
| 31.5 | 132.1 | 19.6 |  | Keep Left | Wybersley Lane | 12:49 | 12:45 | 12:40 |
| 31.8 | 131.8 | 19.8 |  | Keep Left |  | 12:49 | 12:45 | 12:40 |
| 32.2 | 131.4 | 20.0 |  | Caution! | $\triangle$ Fast Descent | 12:50 | 12:46 | 12:41 |
| 33.3 | 130.3 | 20.7 |  | Caution! | $\triangle$ Fast Descent | 12:52 | 12:47 | 12:42 |
| 34.0 | 129.6 | 21.1 | M R/about | 3rd Exit | Hibbert Lane | 12:53 | 12:48 | 12:43 |
| 34.2 | 129.4 | 21.3 | T.Lights | Left | B1606 Stockport Road | 12:53 | 12:48 | 12:43 |
| 34.6 | 129.0 | 21.5 | T.Lights | Right | A626 Station Road - Sharp Turn | 12:54 | 12:49 | 12:44 |
| 35.2 | 128.4 | 21.9 |  | Caution! | ¢ Fast Descent | 12:55 | 12:50 | 12:45 |
| 35.7 | 127.9 | 22.2 |  | Caution! | $\triangle$ Central Bollard on Descent | 12:56 | 12:51 | 12:45 |
| 35.8 | 127.8 | 22.3 | T.Lights | Straight | A626 Lower Fold | 12:56 | 12:51 | 12:46 |
| 36.4 | 127.2 | 22.6 | Junction | Left | B6104 Compstall Road | 12:57 | 12:52 | 12:46 |
| 37.3 | 126.3 | 23.2 |  | Keep Left | B6104 Compstall Road | 12:58 | 12:53 | 12:47 |
| 37.9 | 125.7 | 23.6 | Junction | Right | Cowlishaw Road | 12:59 | 12:54 | 12:48 |
| 38.0 | 125.6 | 23.6 | T.Junction | Right | Cowlishaw Road | 12:59 | 12:54 | 12:48 |
| 39.3 | 124.3 | 24.4 | Junction | Right | Werneth Road | 13:01 | 12:56 | 12:50 |
| 39.4 | 124.2 | 24.5 |  | Caution! | $\triangle$ Narrow | 13:01 | 12:56 | 12:50 |
| 39.4 | 124.2 | 24.5 |  | Caution! | $\triangle$ Buildout - Nearside Exit Bend | 13:01 | 12:56 | 12:50 |
| 39.4 | 124.2 | 24.5 |  | Caution! | Severe Humps | 13:01 | 12:56 | 12:50 |
| 40.0 | 123.6 | 24.9 |  | Keep Left | Joel Lane | 13:02 | 12:57 | 12:51 |
| 40.0 | 123.6 | 24.9 |  | Caution! | $\triangle$ Fast Descent | 13:02 | 12:57 | 12:51 |
| 40.0 | 123.6 | 24.9 |  | Caution! | $\triangle$ Severe Humps on Decsent | 13:02 | 12:57 | 12:51 |
| 40.8 | 122.8 | 25.4 | T.Junction | Right | A560 Stockport Road | 13:04 | 12:58 | 12:52 |
| 42.9 | 120.7 | 26.7 |  | Caution! | $\triangle$ Fast Descent | 13:07 | 13:01 | 12:55 |
| 43.8 | 119.8 | 27.2 | Sign |  | Hattersley | 13:08 | 13:02 | 12:56 |
| 44.0 | 119.6 | 27.4 |  | Keep Left | Central Reservation | 13:09 | 13:02 | 12:56 |
| 44.0 | 119.6 | 27.4 | X.Roads | Straight |  | 13:09 | 13:02 | 12:56 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | ${ }^{3} \mathrm{f} \text { m/on }$ | m/on | B/m/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 44.4 | 119.2 | 27.6 |  | Keep Left | Central Reservation | 13:09 | 13:03 | 12:57 |
| 44.8 | 118.8 | 27.9 | T.Lights | Right | B6174 Ashworth Lane | 13:10 | 13:04 | 12:57 |
| 45.0 | 118.6 | 28.0 | T.Lights | Straight | B6174 Ashworth Lane | 13:10 | 13:04 | 12:57 |
| 45.9 | 117.7 | 28.5 | Junction | Right | Market Place | 13:12 | 13:05 | 12:59 |
| 45.9 | 117.7 | 28.5 | T.Junction | Left | B6174 Market Place | 13:12 | 13:05 | 12:59 |
| 46.1 | 117.5 | 28.7 | T.Lights | Straight | Staleybridge Road/A57 | 13:12 | 13:05 | 12:59 |
| 46.4 | 117.2 | 28.9 | R/about | 1st Exit | A6018 Roe Cross Road - Splitter Nearside | 13:12 | 13:06 | 12:59 |
| 47.4 | 116.2 | 29.5 | Sign |  | Stalybridge | 13:14 | 13:07 | 13:00 |
| 48.0 | 115.6 | 29.8 |  | Caution! | $\triangle$ Fast Descent | 13:15 | 13:08 | 13:01 |
| 50.1 | 113.5 | 31.2 | T.Lights | Straight | A6108 Mottram Road | 13:18 | 13:11 | 13:04 |
| 50.2 | 113.4 | 31.2 | T.Lights | Right | B6175 Huddersfield Road | 13:18 | 13:11 | 13:04 |
| 51.6 | 112.0 | 32.1 | Sign |  | Milbrook Village | 13:21 | 13:13 | 13:06 |
| 51.6 | 112.0 | 32.1 |  | Caution! | ¢ Fast Descent | 13:21 | 13:13 | 13:06 |
| 51.8 | 111.8 | 32.2 |  | Caution! | $\triangle$ Sharp Right Bend on Descent | 13:21 | 13:14 | 13:06 |
| 51.8 | 111.8 | 32.2 | T.Lights | Straight | B6175 Huddersfield Road/Grove Road | 13:21 | 13:14 | 13:06 |
| 53.2 | 110.4 | 33.1 | M R/about | 2nd Exit | B6175 Huddersfield Road | 13:23 | 13:16 | 13:08 |
| 53.5 | 110.1 | 33.3 | T.Lights | Straight | B6175 Huddersfield Road | 13:24 | 13:16 | 13:08 |
| 53.8 | 109.8 | 33.5 | Sign |  | Mossley | 13:24 | 13:16 | 13:09 |
| 54.0 | 109.6 | 33.6 |  | Caution! | $\triangle$ Series of Bends | 13:24 | 13:17 | 13:09 |
| 54.0 | 109.6 | 33.6 |  | Caution! | $\triangle$ Sharp Left Bend | 13:24 | 13:17 | 13:09 |
| 54.6 | 109.0 | 34.0 |  | Keep Left | B6175 | 13:25 | 13:18 | 13:10 |
| 56.3 | 107.3 | 35.0 | Sign |  | Greenfield | 13:28 | 13:20 | 13:12 |
| 56.4 | 107.2 | 35.1 | X.Roads | Straight | B6175 Well - I - Hole Road/A635 | 13:28 | 13:20 | 13:12 |
| 56.8 | 106.8 | 35.3 |  | Caution! | \ Narrow Bridge | 13:29 | 13:21 | 13:13 |
| 57.6 | 106.0 | 35.8 | T.Junction | Left | A669 Shaw Hall Bank Road | 13:30 | 13:22 | 13:14 |
| 57.7 | 105.9 | 35.9 | T.Junction | Right | A670 Oldham Road | 13:30 | 13:22 | 13:14 |
| 58.2 | 105.4 | 36.2 |  | Caution! | \ Buildout - Nearside | 13:31 | 13:23 | 13:14 |
| 58.2 | 105.4 | 36.2 | Sign |  | Uppermill | 13:31 | 13:23 | 13:14 |
| 59.6 | 104.0 | 37.1 | M R/about | 1st Exit | A6052 Dobcross New Road/A670 | 13:33 | 13:25 | 13:16 |
| 60.2 | 103.4 | 37.4 | M R/about | 1st Exit | A6052 Dobcross New Road | 13:34 | 13:26 | 13:17 |
| 60.4 | 103.2 | 37.6 |  | Keep Right | A6052 Delph New Road | 13:34 | 13:26 | 13:17 |
| 61.8 | 101.8 | 38.4 | T.Junction | Right | A62 Oldham Road | 13:37 | 13:28 | 13:19 |
| 61.8 | 101.8 | 38.4 | Junction | Left | A6052 The Sound | 13:37 | 13:28 | 13:19 |
| 62.2 | 101.4 | 38.7 | Junction | Left | B6197 Grains Road | 13:37 | 13:28 | 13:19 |
| 62.2 | 101.4 | 38.7 | KoM 1 Cat 2 | Start |  | 13:37 | 13:28 | 13:19 |
| 64.6 | 99.0 | 40.2 | KoM 1 Cat 2 | Finish | Grains Bar | 13:40 | 13:31 | 13:22 |
| 64.9 | 98.7 | 40.4 | T.Junction | Right | A672 Oldham Road | 13:41 | 13:32 | 13:23 |
| 64.9 | 98.7 | 40.4 | Junction | Left | B6197 Buckstones Road | 13:41 | 13:32 | 13:23 |
| 65.9 | 97.7 | 41.0 |  | Caution! | ¢ Fast Descent | 13:43 | 13:34 | 13:24 |
| 67.9 | 95.7 | 42.2 | T.Junction | Left | A633 Milnrow Road | 13:46 | 13:37 | 13:27 |
| 68.7 | 94.9 | 42.7 | T.Lights | Straight | A663 Crompton Road | 13:47 | 13:38 | 13:28 |
| 69.1 | 94.5 | 43.0 | T.Lights | Right | B6194 Rochdale Road/A663 | 13:48 | 13:38 | 13:28 |
| 69.5 | 94.1 | 43.2 | X.Roads | Straight | B6194 | 13:49 | 13:39 | 13:29 |
| 70.2 | 93.4 | 43.7 | M R/about | 2nd Exit | B6194 Rochdale Road | 13:50 | 13:40 | 13:30 |
| 70.5 | 93.1 | 43.8 | M R/about | 1st Exit | B6194 Rochdale Road | 13:50 | 13:40 | 13:30 |
| 71.4 | 92.2 | 44.4 | Sign |  | Rochdale | 13:52 | 13:42 | 13:31 |
| 72.3 | 91.3 | 45.0 | M R/about | 2nd Exit | B6194 New Broad Lane | 13:53 | 13:43 | 13:32 |
| 72.4 | 91.2 | 45.0 |  | Caution! | $\triangle$ Speed Humps $\times 5$ | 13:53 | 13:43 | 13:33 |
| 73.1 | 90.5 | 45.5 | M R/about | 1st Exit | B6194 Broad Lane/Turf Hill Road | 13:54 | 13:44 | 13:33 |
| 73.5 | 90.1 | 45.7 | T.Lights | Right | A671 Oldham Road | 13:55 | 13:45 | 13:34 |
| 74.1 | 89.5 | 46.1 | T.Lights | Straight | A671 Oldham Road - Against No Entry | 13:56 | 13:45 | 13:35 |
| 74.3 | 89.3 | 46.2 | T.Lights | Straight | A671 Oldham Road - Against One Way | 13:56 | 13:46 | 13:35 |
| 74.3 | 89.3 | 46.2 | T.Lights | Straight | A672 Oldham Road - Against One Way | 13:56 | 13:46 | 13:35 |
| 74.6 | 89.0 | 46.4 | T.Lights | Straight | Oldham Road/Durham Street | 13:57 | 13:46 | 13:35 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}_{1}$ | m/on | kmon |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 75.1 | 88.5 | 46.7 | T.Lights | Right | Wood Street/Retail Street | 13:58 | 13:47 | 13:36 |
| 75.4 | 88.2 | 46.9 | T.Lights | Straight | A671 Molesworth Street | 13:58 | 13:47 | 13:36 |
| 75.7 | 87.9 | 47.1 | X.Roads | Straight |  | 13:58 | 13:48 | 13:37 |
| 75.8 | 87.8 | 47.1 | Caution! | Keep Left | Long Central Island | 13:59 | 13:48 | 13:37 |
| 75.9 | 87.7 | 47.2 | T.Lights | Straight | A671-Keep Left | 13:59 | 13:48 | 13:37 |
| 76.0 | 87.6 | 47.3 | T.Lights | Straight | A671 John Street - Keep Left | 13:59 | 13:48 | 13:37 |
| 76.2 | 87.4 | 47.4 | T.Lights | Left | A58-Keep Left | 13:59 | 13:48 | 13:37 |
| 76.6 | 87.0 | 47.6 | T.Lights | Right | A680 Spotland Lane | 14:00 | 13:49 | 13:38 |
| 76.6 | 87.0 | 47.6 |  | Caution! | $\triangle$ Central Island - Pass Both Sides | 14:00 | 13:49 | 13:38 |
| 76.7 | 86.9 | 47.7 |  | Caution! | $\triangle$ Central Island - Pass Both Sides | 14:00 | 13:49 | 13:38 |
| 76.8 | 86.8 | 47.8 | T.Lights | Straight | A680 Spotland Road | 14:00 | 13:49 | 13:38 |
| 77.5 | 86.1 | 48.2 | M R/about | 3rd Exit | A680 Edenfield Road | 14:01 | 13:50 | 13:39 |
| 77.6 | 86.0 | 48.3 | M R/about | 1st Exit | A680 Edenfield Road | 14:01 | 13:50 | 13:39 |
| 77.8 | 85.8 | 48.4 | Caution! | Keep Left | Central Island | 14:02 | 13:51 | 13:40 |
| 78.1 | 85.5 | 48.6 | T.Lights | Straight | A680 Edenfield Road | 14:02 | 13:51 | 13:40 |
| 78.2 | 85.4 | 48.6 |  | Caution! | $\triangle$ Central Island | 14:02 | 13:51 | 13:40 |
| 78.9 | 84.7 | 49.1 | Sign |  | Norden | 14:03 | 13:52 | 13:41 |
| 79.1 | 84.5 | 49.2 | M R/about | 2nd Exit | A680 Edenfield Road | 14:04 | 13:53 | 13:41 |
| 79.2 | 84.4 | 49.3 | M R/about | 1st Exit | A680 Edenfield Road | 14:04 | 13:53 | 13:41 |
| 79.5 | 84.1 | 49.4 | Caution! | Keep Left | Central Island | 14:04 | 13:53 | 13:42 |
| 79.9 | 83.7 | 49.7 |  | Caution! | $\triangle$ Central Island | 14:05 | 13:54 | 13:42 |
| 80.0 | 83.6 | 49.7 |  | Caution! | $\triangle$ Central Island | 14:05 | 13:54 | 13:42 |
| 84.8 | 78.8 | 52.7 | Sign |  | Lancashire and Rossendale | 14:13 | 14:01 | 13:49 |
| 84.9 | 78.7 | 52.8 |  | Caution! | $\triangle$ Fast Descent | 14:13 | 14:01 | 13:49 |
| 86.9 | 76.7 | 54.0 | Sign |  | Turn Village | 14:16 | 14:04 | 13:51 |
| 88.5 | 75.1 | 55.0 | M R/about | 1st Exit | A56 Bury Road | 14:19 | 14:06 | 13:53 |
| 90.9 | 72.7 | 56.5 | Junction | Right | Peel Brow | 14:22 | 14:09 | 13:56 |
| 90.9 | 72.7 | 56.5 |  | Caution! | ¢ Fast Descent | 14:22 | 14:09 | 13:56 |
| 91.4 | 72.2 | 56.8 | T.Junction | Right | Peel Brow | 14:23 | 14:10 | 13:57 |
| 91.4 | 72.2 | 56.8 | Sign |  | Ramsbottom | 14:23 | 14:10 | 13:57 |
| 91.6 | 72.0 | 57.0 |  | Caution! | ¢ Level Crossing | 14:23 | 14:10 | 13:57 |
| 91.9 | 71.7 | 57.1 | T.Lights | Straight | Carr Street/A676 | 14:24 | 14:11 | 13:58 |
| 91.9 | 71.7 | 57.1 | KoM 2 Cat 1 | Start |  | 14:24 | 14:11 | 13:58 |
| 92.6 | 71.0 | 57.6 | Junction | Right | Rawsons Rake | 14:25 | 14:12 | 13:59 |
| 93.0 | 70.6 | 57.8 | KoM 2 Cat 1 | Finish | 1 Ramsbottom Rake | 14:26 | 14:12 | 13:59 |
| 93.0 | 70.6 | 57.8 | Junction | Left | B6214 Lumb Carr Road | 14:26 | 14:12 | 13:59 |
| 93.2 | 70.4 | 58.0 |  | Caution! | $\triangle$ Fast Descent | 14:26 | 14:13 | 13:59 |
| 94.4 | 69.2 | 58.7 | T.Junction | Right | A676 Bolton Road West | 14:28 | 14:14 | 14:01 |
| 94.5 | 69.1 | 58.8 | T.Lights | Straight | A676 Bolton Road West/B6214 | 14:28 | 14:15 | 14:01 |
| 94.8 | 68.8 | 59.0 |  | Keep Left | A676 Bolton Road West | 14:28 | 14:15 | 14:01 |
| 96.2 | 67.4 | 59.8 | Sign |  | Hawkshaw | 14:31 | 14:17 | 14:03 |
| 97.5 | 66.1 | 60.6 | Sign |  | Bolton/South Turton | 14:33 | 14:19 | 14:05 |
| 97.8 | 65.8 | 60.8 | X.Roads | Right | Bury Road | 14:33 | 14:19 | 14:05 |
| 97.8 | 65.8 | 60.8 |  | Caution! | $\triangle$ Fast Descent | 14:33 | 14:19 | 14:05 |
| 98.2 | 65.4 | 61.1 | Sign |  | Blackburn and Darwen | 14:34 | 14:20 | 14:06 |
| 99.4 | 64.2 | 61.8 | Sign |  | Edgworth | 14:36 | 14:22 | 14:07 |
| 99.9 | 63.7 | 62.1 | M R/about | 1st Exit | Bolton Road | 14:36 | 14:22 | 14:08 |
| 100.4 | 63.2 | 62.4 |  | Caution! | ¢ Fast Descent | 14:37 | 14:23 | 14:09 |
| 101.1 | 62.5 | 62.9 |  | Keep Left | Wellington Road | 14:38 | 14:24 | 14:09 |
| 101.6 | 62.0 | 63.2 | Junction | Right | B6391 High Street | 14:39 | 14:25 | 14:10 |
| 102.0 | 61.6 | 63.4 |  | Caution! | $\triangle$ Buildout-Offside | 14:40 | 14:25 | 14:11 |
| 102.9 | 60.7 | 64.0 |  | Caution! | $\triangle$ Narrow Bridge | 14:41 | 14:27 | 14:12 |
| 103.0 | 60.6 | 64.1 |  | Keep Right | B6391 | 14:41 | 14:27 | 14:12 |
| 103.7 | 59.9 | 64.5 |  | Caution! | ¢ Deer for 800 yrds | 14:42 | 14:28 | 14:13 |

## 1 RACE SCHEDULE

ALTRINCHAM TO MANCHESTER

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{oh},$ | (m/on | ${ }^{8} \mathrm{E}_{\mathrm{m} / \mathrm{m} / \mathrm{h}}$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}$ | $\mathrm{km} / \mathrm{on}$ | Skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 106.0 | 57.6 | 65.9 | T.Junction | Left | A666 Blackburn Road | 14:46 | 14:31 | 14:16 | 139.0 | 24.6 | 86.4 | T.Lights | Straight | A577 Atherton Road/A578 Leigh Road | 15:38 | 15:18 | 14:58 |
| 106.6 | 57.0 | 66.3 |  | Keep Left | A666 | 14:47 | 14:32 | 14:17 | 139.4 | 24.2 | 86.7 | Sign |  | Leigh | 15:39 | 15:19 | $14: 59$ |
| 107.7 | 55.9 | 67.0 | Sign |  | Bolton | 14:49 | 14:33 | 14:18 | 140.4 | 23.2 | 87.3 | Sign |  | Atherton | 15:40 | 15:20 | 15:00 |
| 109.0 | 54.6 | 67.8 | Junction | Right | Longworth Road | 14:51 | 14:35 | 14:20 | 140.8 | 22.8 | 87.6 | T.Lights | Straight | Wigan Road/B5235 Schofield Lane | 15:41 | 15:21 | 15:01 |
| 109.4 | 54.2 | 68.0 | Sign |  | Blackburn and Darwen | 14:51 | 14:36 | 14:20 | 141.3 | 22.3 | 87.9 | R/about | 2nd Exit | A577 Wigan Road/Gibfield Park Way | 15:42 | 15:21 | 15:01 |
| 111.5 | 52.1 | 69.3 | X.Roads | Left | Egerton Road | 14:55 | 14:39 | 14:23 | 141.9 | 21.7 | 88.2 | R/about | 3rd Exit | A577 Wigan Road | 15:42 | 15:22 | 15:02 |
| 111.5 | 52.1 | 69.3 |  | Caution! | $\triangle$ Fast and Narrow Descent | 14:55 | 14:39 | 14:23 | 142.1 | 21.5 | 88.4 | T.Junction | Left | A577 Mealhouse Lane | 15:43 | 15:23 | 15:02 |
| 112.8 | 50.8 | 70.1 | T.Junction | Right | A675 Belmont Road | 14:57 | 14:41 | 14:25 | 142.2 | 21.4 | 88.4 |  | Keep left |  | 15:43 | 15:23 | 15:02 |
| 113.0 | 50.6 | 70.3 | Junction | Left | Church Street | 14:57 | 14:41 | 14:25 | 142.5 | 21.1 | 88.6 | T.Lights | Straight | A577 Mealhouse Lane/Flapper Fold Lane | 15:43 | 15:23 | 15:03 |
| 113.9 | 49.7 | 70.8 |  | Caution! | $\triangle$ Narrow Bridge | 14:58 | 14:42 | 14:26 | 142.6 | 21.0 | 88.7 | T.Lights | Straight | A577 Mealhouse Lane/St John Street | 15:44 | 15:23 | 15:03 |
| 115.0 | 48.6 | 71.5 | Sign |  | Chorley/Rivington | 15:00 | 14:44 | 14:27 | 142.7 | 20.9 | 88.7 | T.Lights | Right | A577 Church Street | 15:44 | 15:23 | 15:03 |
| 116.3 | 47.3 | 72.3 |  | Caution! | $\triangle$ Sharp Right Bend | 15:02 | 14:46 | 14:29 | 142.8 | 20.8 | 88.8 |  | Keep Left | A577 Tyldesley Road | 15:44 | 15:24 | 15:03 |
| 117.2 | 46.4 | 72.9 |  | Caution! | $\triangle$ Sharp Right Bend | 15:04 | 14:47 | 14:30 | 143.0 | 20.6 | 88.9 |  | Keep Right | A577 Tyldesley Road | 15:44 | 15:24 | 15:03 |
| 117.5 | 46.1 | 73.1 |  | Keep Left | Sheep House Lane | 15:04 | 14:47 | 14:31 | 143.1 | 20.5 | 89.0 | T.Lights | Straight | A577 Tyldesley Road/Kay Street | 15:44 | 15:24 | 15:03 |
| 117.9 | 45.7 | 73.3 |  | Caution! | $\triangle$ Cattle Grid | 15:05 | 14:48 | 14:31 | 143.6 | 20.0 | 89.3 | Drinks | End | 洨20km to Finish | 15:45 | 15:25 | 15:0 |
| 118.4 | 45.2 | 73.6 | Sign |  | Rivington | 15:06 | 14:49 | 14:32 | 143.6 | 20.0 | 89.3 |  |  | Green Zone for 200m | 15:45 | 15:25 | 15:04 |
| 118.5 | 45.1 | 73.7 | T.Junction | Right | Horrobin Lane | 15:06 | 14:49 | 14:32 | 144.2 | 19.4 | 89.7 | T.Lights | Straight | A577 Tyldesley Road/Shakerley Road | 15:46 | 15:26 | 15:05 |
| 119.7 | 43.9 | 74.4 | X.Roads | Left | New Road | 15:08 | 14:51 | 14:33 | 144.4 | 19.2 | 89.8 |  | Keep Left | A577 Shuttle Street | 15:46 | 15:26 | 15:05 |
| 120.8 | 42.8 | 75.1 | Junction | Right |  | 15:09 | 14:52 | 14:35 | 144.6 | 19.0 | 89.9 |  | Keep Right | A577 | 15:47 | 15:26 | 15:05 |
| 121.8 | 41.8 | 75.7 |  | Caution! | 4 Narrow Bridge | 15:11 | 14:54 | 14:36 | 145.0 | 18.6 | 90.2 |  | Keep Right | A577 Common Lane | 15:47 | 15:27 | 15:06 |
| 123.4 | 40.2 | 76.7 | T.Junction | Right | Little Scotland | 15:13 | 14:56 | 14:38 | 145.1 | 18.5 | 90.2 |  | Keep Left | A577 Manchester Road | 15:48 | 15:27 | 15:06 |
| 123.8 | 39.8 | 77.0 |  | Keep Left | Tucker's Hill Brow | 15:14 | 14:56 | 14:39 | 146.2 | 17.4 | 90.9 | T.Light | Straight | A577 Manchester Road/A5082 Hough Lane | 15:49 | 15:28 | 15:07 |
| 124.2 | 39.4 | 77.2 | Sign |  | Wigan | 15:15 | 14:57 | 14:39 | 146.8 | 16.8 | 91.3 | R/about | 1st Exit | A5082 Mort Lane/A577 Sale Lane | 15:50 | 15:29 | 15:08 |
| 124.6 | 39.0 | 77.5 |  | Keep Right |  | 15:15 | 14:58 | 14:40 | 148.0 | 15.6 | 92.0 | Sign |  | Salford | 15:52 | 15:31 | 15:10 |
| 124.7 | 38.9 | 77.5 |  | Caution! | $\triangle$ Sharp Left Bend | 15:15 | 14:58 | 14:40 | 148.3 | 15.3 | 92.2 | M R/about | 2nd Exit | A5082 Peel Lane | 15:53 | 15:31 | 15:10 |
| 125.0 | 38.6 | 77.7 | T.Junction | Right | B5329 Meadow Pitt Lane | 15:16 | 14:58 | 14:40 | 148.6 | 15.0 | 92.4 |  |  | 15 km to Finish | 15:53 | 15:31 | 15:10 |
| 126.3 | 37.3 | 78.5 | Junction | Left | School Lane | 15:18 | 15:00 | 14:42 | 149.0 | 14.6 | 92.7 | T.Lights | Right | A6 Manchester Road East/A5082 | 15:54 | 15:32 | 15:1 |
| 126.3 | 37.3 | 78.5 |  | Caution! | $\triangle$ Speed Humps $\times 17$ | 15:18 | 15:00 | 14:42 | 150.1 | 13.5 | 93.3 | T.Lights | Straight | A6 Manchester Road East/Ellesmere Street | 15:55 | 15:34 | 15:12 |
| 128.2 | 35.4 | 79.7 |  | Caution! | $\triangle$ Buildouts - Both Sides | 15:21 | 15:03 | 14:44 | 150.5 | 13.1 | 93.6 | T.Lights | Straight | A6 Manchester Road East/Campbell Way | 15:56 | 15:35 | 15:13 |
| 128.3 | 35.3 | 79.8 |  | Caution! | $\triangle$ Cobbled Road Surface | 15:21 | 15:03 | 14:44 | 150.6 | 13.0 | 93.7 | T.Lights | Straight | A6 High Street | 15:56 | 15:35 | 15:13 |
| 128.3 | 35.3 | 79.8 | T.Junction | Right | B5239 Haigh Road | 15:21 | 15:03 | 14:44 | 150.7 | 12.9 | 93.7 | T.Lights | Straight | A6/A575 | 15:56 | 15:35 | 15:13 |
| 128.4 | 35.2 | 79.8 |  | Caution! | $\triangle$ Buildout - Nearside | 15:21 | 15:03 | 14:45 | 151.1 | 12.5 | 94.0 | T.Lights | Straight | A6 Manchester Road/A575 | 15:57 | 15:35 | 15:14 |
| 129.4 | 34.2 | 80.5 | D M R/about | 2nd Exit | B5238 Wigan Road | 15:23 | 15:04 | 14:46 | 153.5 | 10.1 | 95.5 |  | Caution! | $\triangle$ Central Island | 16:01 | 15:39 | 15:17 |
| 131.3 | 32.3 | 81.6 | T.Lights | Straight | B5238 Wigan Road/Cale Lane | 15:26 | 15:07 | 14:48 | 153.6 | 10.0 | 95.5 |  |  | 10km to Finish | 16:01 | 15:39 | 15:17 |
| 132.0 | 31.6 | 82.1 |  | Caution! | $\triangle$ Central Island | 15:27 | 15:08 | 14:49 | 154.2 | 9.4 | 95.9 | T.Lights | Straight | A6 Chorley Road/Moss Lane | 16:02 | 15:40 | 15:18 |
| 132.7 | 30.9 | 82.5 | T.Lights | Straight | B5238/Platt Lane | 15:28 | 15:09 | $14: 50$ | 155.1 | 8.5 | 96.4 | T.Lights | Straight | A6 Chorley Road/Station Road | 16:03 | 15:41 | 15:19 |
| 133.0 | 30.6 | 82.7 | T.Lights | Left | Schofield Lane | 15:29 | 15:10 | 14:51 | 155.3 | 8.3 | 96.6 | T.Lights | Straight | A6 Chorley Road/Wellington Road | 16:04 | 15:41 | 15:19 |
| 133.5 | 30.1 | 83.0 | T.Lights | Straight | A577 Manchester Road/A577 D SE | 15:29 | 15:10 | 14:51 | 155.8 | 7.8 | 96.9 | T.Lights | Straight |  | 16:04 | 15:42 | 15:20 |
| 134.2 | 29.4 | 83.5 | T.Lights | Straight | A577 Manchester Road/Makerfield Way | 15:30 | 15:11 | 14:52 | 157.4 | 6.2 | 97.9 | R/about | 2nd Exit | A6 Broad Street/A666 | 16:07 | 15:44 | 15:22 |
| 135.5 | 28.1 | 84.3 | Sign |  | Hindley | 15:32 | 15:13 | 14:54 | 157.5 | 6.1 | 97.9 | Sign |  | Salford | 16:07 | 15:45 | 15:22 |
| 136.0 | 27.6 | 84.6 | T.Lights | Straight | A577 Wigan Road/B5222 Cross Street | 15:33 | 15:14 | 14:54 | 158.6 | 5.0 | 98.6 |  |  | 5 km to Finish | 16:09 | 15:46 | 15:23 |
| 136.2 | 27.4 | 84.7 | T.Lights | Straight | A577 Wigan Road/A58 Market Street | 15:34 | 15:14 | 14:55 | 159.2 | 4.4 | 99.0 |  | Keep Right | A6 D/C | 16:10 | 15:47 | 15:24 |
| 137.3 | 26.3 | 85.4 | Sign |  | Hindley Green | 15:35 | 15:16 | 14:56 | 160.0 | 3.6 | 99.5 | T.Lights | Straight | A6/B6186 Frederick Road | 16:11 | 15:48 | 15:25 |
| 137.7 | 25.9 | 85.6 | R/about | 2nd Exit | A577 Atherton Road/Ashfield Avenue | 15:36 | 15:16 | 14:57 | 160.4 | 3.2 | 99.7 |  | Keep Left | Slip Road A5063 Albion Way | 16:12 | 15:49 | 15:26 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | $\mathrm{km} / \mathrm{on}$ | ${ }^{7} \mathrm{~K}_{\text {/n/on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 160.6 | 3.0 | 99.9 |  |  | 3km to Finish | 16:12 | 15:49 | 15:26 |
| 160.6 | 3.0 | 99.9 |  |  | Green Zone for 200m | 16:12 | 15:49 | 15:26 |
| 161.0 | 2.6 | 100.1 | T.Lights | Left | Liverpool Road | 16:13 | 15:50 | 15:27 |
| 161.7 | 1.9 | 100.6 | T.Lights | Right | A5066 Oldfield Raod | 16:14 | 15:51 | 15:27 |
| 161.8 | 1.8 | 100.6 |  |  | Cycle Lane Spectators Both Sides | 16:14 | 15:51 | 15:28 |
| 162.0 | 1.6 | 100.7 | T.Lights | Left | A57 Regent Road | 16:14 | 15:51 | 15:28 |
| 162.3 | 1.3 | 100.9 | T.Lights | Straight | A57 Regent Road/B5461 | 16:15 | 15:51 | 15:28 |
| 162.5 | 1.1 | 101.1 | Sign |  | City of Manchester | 16:15 | 15:52 | 15:28 |
| 162.5 | 1.1 | 101.1 | T.Lights | Left | A6042 Trinity Way | 16:15 | 15:52 | 15:28 |
| 162.6 | 1.0 | 101.1 | T.Lights | Right | A6143 Water Street | 16:15 | 15:52 | 15:29 |
| 162.9 | 0.7 | 101.3 |  | Keep Right | A6143 Liverpool Street | 16:15 | 15:52 | 15:29 |
| 163.3 | 0.3 | 101.5 | T.Lights | Left | A56 Deansgate | 16:16 | 15:53 | 15:29 |
| 163.6 | 0.0 | 101.7 | Finish |  | (8) Deansgate - Manchester | 16:17 | 15:53 | 15:30 |



## 1 FINISH MANCHESTER

## Timetable

Saturday 2 September
Time Activities
14:00 Facilities arrive on site Commence build up

Sunday 3 September
05:15 Finish Director on site
05:30 Race facilities/Contractors arrive on site Commence build up
06:00 6 stewards on site (venue)
08:30 Media Centre open Position promotional units All staff on site
09:00 24 stewards on site (venue)
Volunteer marshal briefing
10:30 Event Control briefing
11:45 Stage 1 departs Altrincham Volunteer briefing
12:00 Hospitality open
13:15 Ride with Dan Martin arrives
15:30 Stage 1 arrives (Fast schedule)
15:53 Stage 1 arrives (Expected schedule)
16:00 Presentation of Stage Winner and Leader's jerseys
16:15 Hospitality closes
16:30 Press conference
17:30 Volunteer marshals dismissed 24 stewards dismissed Event Control closes
17:45 Remaining Stewards dismissed 18:00 Media Centre closes
19:00 Site clear

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## TOP 10 SPORTING CITIES

13. YOU
14. CAN'T
15. RANK
16. THEM
17. BECAUSE
18. THEY'RE
19. ALL
20. DIFFERENT
21. IN
22. THEIR
23. OWN
24. WAY
25. MANCHESTER

## MANCHESTER

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One of two stages in the 2023 race that will start and finish in the same place, this marks the Tour's return to the Northern Welsh city of Wrexham for the first time in eight years.
The route comprises a clockwise loop that travels across the border into Cheshire, before returning to Welsh soil after Threapwood. Riders will pass Brother UK's recycling and remanufacturing plant in Ruabon, a pioneering zero-carbon and zero-waste-to-landfill facility, shortly after the day's cottages.com sprint.

Stage two will be the second shortest point-to-point road stage in Tour history to date, beaten only the finale of the 2006 race (which ran from Greenwich to The Mall in London, clocking in at 82 kilometres).
The finish is the same as that used when Wrexham last hosted the race in 2015, when Elia Viviani won a threeway sprint against André Greipel and Mark Cavendish.

STAGE PARTNERS


[^2]

START / FINISH WREXHAM

Wrexham is a bustling, modern location surrounded by lovely countryside and delightful villages. It officially became the seventh city in Wales alongside Cardiff, Swansea, Newport, Bangor St Davids, and St Asaph - in September 2022 as part of Her Majesty the Queen's Platinum Jubilee celebrations.
Two of Wrexham's most famous exports are beer and football! With origins dating back to 1881, Wrexham Lager is made in the heart of the city centre in a modern, state-of-the-art German brew house, and it's said that the football club is the beating heart of the local area.

The city is synonymous with football: the Football Association of Wales was founded in Wrexham in 1876, 12 years after its local football club was established. Wrexham AFC regularly make international headlines following a takeover by actors Ryan Reynolds and Rob McElhenney in November 2020 and the subsequent return to the Football League after a 15-year absence. Their acquisition of the club was documented in the TV series Welcome to Wrexham, with the second series expected to air on Disney + in mid-September

Tŷ Pawb, Wrexham's $£ 4.5$ million markets, communities, and arts development, was officially opened in 2018. The award-winning venue brings together arts and markets within the same footprint. This coexistence celebrates the significance of markets within Wrexham's cultural heritage and identity.

Families will also love days out to attractions such as Erddig Hall, Chirk Castle, and Techniquest Glyndwr. Any Downton Abbey fans will know what we mean when we say Erddig is an 'upstairs-downstairs' kind f place because this stately home has as much to say about the lives of its servants as its owners.

When Thomas Telford finished his Pontcysyllte Aqueduct in 1805 , it was the tallest navigable canal boat crossing in the world. Crowned a World Heritage Site by UNESCO in 2009, it still takes passengers on the rides of their lives. This attraction is known locally as 'the stream in the sky'.

One of the city's most loved landmarks is St Giles' Parish Church, which sits barely 500 metres away from the start and finish line of stage two. Regarded s one of the finest examples of ecclesiastical architecture in Wales, the Grade I listed building features in the Seven Wonders of Wales rhyme that celebrates North Wales' best landmarks.

Having narrowly missed out on becoming hosts for City of Culture in 2025, Wrexham will soon be hosting the National Eisteddfod, the largest event of its kind in Europe.

## FACT FILE

## 300

ESTIMATED PERCENTAGE INCREASE OF WREXHAM AFC'S VALUE SINCE BEING PURCHASED BY AMERICAN ACTORS RYAN REYNOLDS AND ROB MCELHENNEY

## 17

NUMBER OF LETTERS OF IN RHOSLLANERCHRUGOG, WHICH WILL BE RACED THROUGH DURING STAGE TWO

## 2

THE NUMBER OF TIMES STAGE TWO




Gweithio tuag at: Working to:

Cwella ac ymestyn ein llwybrau cerdded, olwynio a beicio ledled y sir.

Enhance and extend our walking, wheeling and cycling routes throughout the county.


## 2 RACE SCHEDULE <br> THE WREXHAM STAGE

Neutralised section
Chester Road, A5152 Chester Road, Pandy Lane, Ty Gwyn Lane.
Approximate distance of neutralised section $3.1 \mathrm{~km} / 2.0$ miles
Distance of stage $109.9 \mathrm{~km} / 68.3$ miles
Neutralised start 11:45

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | $\mathrm{km} / \mathrm{on}^{\prime}$ | ${ }^{8} \mathrm{k} / \mathrm{m} / \text { on }$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}_{1}$ | $\mathrm{km} / \mathrm{on}$ | ${ }^{8} \mathrm{C} / \mathrm{m} / \mathrm{sh}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 関Start Neutralised |  | Chester Street - Wrexham | 11:45 | 11:45 | 11:45 | 31.2 | 78.7 | 19.4 | Drinks | Start | 圌 | 12:49 | 12:44 | 12:40 |
| 0.00 | 109.9 | 0.00 | -mem Start Proper |  | B5425 New Road | 12:00 | 12:00 | 12:00 | 33.3 | 76.6 | 20.7 |  | Keep Right | Newton Lane | 12:52 | 12:47 | 12:42 |
| 0.1 | 109.8 | 0.1 | T.Junction | Right | B5425 Llay Road | 12:00 | 12:00 | 12:00 | 34.4 | 75.5 | 21.4 | T.Junction | Left | Tattenhall Lane | 12:54 | 12:49 | 12:44 |
| 0.2 | 109.7 | 0.1 | R/about | 2nd Exit | B5425 | 12:00 | 12:00 | 12:00 | 35.8 | 74.1 | 22.3 | Sign |  | Beeston | 12:56 | 12:51 | 12:46 |
| 1.0 | 108.9 | 0.6 | T.lights | Straight | B5425 Llay Road | 12:01 | 12:01 | 12:01 | 36.3 | 73.6 | 22.6 |  | Keep Left |  | 12:57 | 12:51 | 12:46 |
| 2.4 | 107.5 | 1.5 | Sign |  | Llay | 12:03 | 12:03 | 12:03 | 37.3 | 72.6 | 23.2 |  | Keep Right | Tattenhall Lane | 12:58 | 12:53 | 12:47 |
| 4.2 | 105.7 | 2.6 | $\begin{aligned} & \text { R/about } \\ & \hline \text { T.Lights } \\ & \hline \end{aligned}$ | 2nd Exit | B5102 Llay Road | 12:06 | 12:06 | 12:05 | 38.3 | 71.6 | 23.8 | T.Junction | Right | Stonehouse Lane | 13:00 | 12:54 | 12:49 |
| 4.6 | 105.3 | 2.9 |  | Right | B5373 Gresford Road | 12:07 | 12:06 | 12:05 | 38.9 | 71.0 | 24.2 | Sign |  | Peckforton | 13:01 | 12:55 | 12:50 |
| 5.9 | 104.0 | 3.7 |  | Caution! | $\triangle$ Sharp Left Bend | 12:09 | 12:08 | 12:07 | 40.6 | 69.3 | 25.2 |  | Keep Right | Stonehouse Lane | 13:03 | 12:58 | 12:52 |
| 6.5 | 103.4 | 4.0 |  | Caution! | \ Narrow Bridge | 12:10 | 12:09 | 12:08 | 43.2 | 66.7 | 26.9 | Junction | Right | A534 Sandy Lane | 13:07 | 13:01 | 12:55 |
| 7.0 | 102.9 | 4.4 |  | Caution! | $\triangle$ Speed Cushions $\times 3$ | 12:11 | 12:10 | 12:09 | 45.0 | 64.9 | 28.0 | X.Roads | Left | Long Lane | 13:10 | 13:04 | 12:57 |
| 7.5 | 102.4 | 4.7 | X.Roads | Left | B5445 Chester Road | 12:11 | 12:10 | 12:09 | 48.7 | 61.2 | 30.3 |  | Keep Right | Bickerton Road | 13:16 | 13:09 | 13:02 |
| 7.9 | 102.0 | 4.9 | T.Lights | Straight | B5445 Chester Road | 12:12 | 12:11 | 12:10 | 49.2 | 60.7 | 30.6 |  | Keep Left | Bickerton Road | 13:17 | 13:10 | 13:03 |
| 8.9 | 101.0 | 5.5 | Sign |  | Marford | 12:13 | 12:12 | 12:11 | 49.9 | 60.0 | 31.0 | R/about | 2nd Exit | B5069 Chester Road - Keep Left | 13:18 | 13:11 | 13:04 |
| 10.1 | 99.8 | 6.3 |  | Keep Right |  | 12:15 | 12:14 | 12:12 | 50.9 | 59.0 | 31.7 | Sign |  | Malpas | 13:19 | 13:12 | 13:05 |
| 10.7 | 99.2 | 6.7 | R/about | 2nd Exit | B5102 Chester Road | 12:16 | 12:15 | 12:13 | 52.4 | 57.5 | 32.6 | T.Junction | Left | B5069 High Street | 13:22 | 13:14 | 13:07 |
| 11.1 | 98.8 | 6.9 | Sign |  | Rossett | 12:17 | 12:15 | 12:14 | 52.5 | 57.4 | 32.6 | Junction | Right | B5069 Church Street | 13:22 | 13:15 | 13:07 |
| 11.2 | 98.7 | 7.0 |  | Caution! | $\triangle$ Central Island - Pass Both Sides | 12:17 | 12:16 | 12:14 | 54.0 | 55.9 | 33.6 | Sign |  | Cuddington | 13:24 | 13:17 | 13:09 |
| 11.3 | 98.6 | 7.0 |  | Caution! | $\triangle$ Central Island - Nearside | 12:17 | 12:16 | 12:14 | 54.6 | 55.3 | 34.0 |  | Keep Right | B5069 Wrexham Road | 13:25 | 13:18 | 13:10 |
| 11.6 | 98.3 | 7.2 | Junction | Right | Holt Road | 12:18 | 12:16 | 12:14 | 57.4 | 52.5 | 35.7 | Sign |  | Threapwood | 13:30 | 13:22 | 13:13 |
| 12.1 | 97.8 | 7.5 |  | Caution! | Severe Speed Hump | 12:19 | 12:17 | 12:15 | 58.1 | 51.8 | 36.1 | Sign |  | Wrexham / Wales | 13:31 | 13:23 | 13:14 |
| 12.9 | 97.0 | 8.0 |  | Keep Right | B5102 Rossett Road | 12:20 | 12:18 | 12:16 | 58.2 | 51.7 | 36.2 |  | Keep Left | B5069 Wrexham Road | 13:31 | 13:23 | 13:14 |
| 13.2 | 96.7 | 8.2 |  | Keep Left | B5102 Rossett Road | 12:20 | 12:18 | 12:16 | 58.6 | 51.3 | 36.4 |  | Keep Left | B5069 Wrexham Road | 13:32 | 13:23 | 13:15 |
| 16.4 | 93.5 | 10.2 | T.Junction | Left | B5102 Barras Road | 12:25 | 12:23 | 12:21 | 59.5 | 50.4 | 37.0 | Sign |  | Worthernbury | 13:33 | 13:25 | 13:16 |
| 17.7 | 92.2 | 11.0 | Sign |  | Holt | 12:27 | 12:25 | 12:22 | 59.9 | 50.0 | 37.2 |  | Keep Right | B5069 | 13:34 | 13:25 | 13:17 |
| 17.8 | 92.1 | 11.1 |  | Caution! | $\triangle$ Buildout-Nearside | 12:27 | 12:25 | 12:22 | 60.0 | 49.9 | 37.3 |  | Keep Left | B5069 | 13:34 | 13:25 | 13:17 |
| 17.9 | 92.0 | 11.1 |  | Caution! |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ) Buildout-Offside | 12:28 | 12:25 | 12:23 | 60.1 | 49.8 | 37.4 |  | Caution! | $\triangle$ Hump Back Bridge | 13:34 | 13:25 | 13:17 |  |  |  |  |  |
| 17.9 | 92.0 | 11.1 |  | Caution! | $\triangle$ Buildouts Both Sides | 12:28 | 12:25 | 12:23 | 60.5 | 49.4 | 37.6 |  | Keep Right | B5069 | 13:35 | 13:26 | 13:17 |
| 18.1 | 91.8 | 11.3 |  | Caution! | $\triangle$ Speed Humps | 12:28 | 12:25 | 12:23 | 61.8 | 48.1 | 38.4 |  | Keep Right | B5069 | 13:37 | 13:28 | 13:19 |
| 18.6 | 91.3 | 11.6 | T.Lights | Straight | Narrow Bridge | 12:29 | 12:26 | 12:23 | 62.9 | 47.0 | 39.1 | Sign |  | Bangor-on-Dee | 13:38 | 13:29 | 13:20 |
| 18.7 | 91.2 | 11.6 |  | Caution! | Buildout - Offside on Bridge | 12:29 | 12:26 | 12:24 | 63.2 | 46.7 | 39.3 |  | Keep Left | B5069 High Street | 13:39 | 13:30 | 13:21 |
| 18.8 | 91.1 | 11.7 | Sign |  | Farndon/England | 12:29 | 12:26 | 12:24 | 63.6 | 46.3 | 39.5 | Junction | Left | B5069 Whitchurch Road | 13:39 | 13:30 | 13:21 |
| 19.0 | 90.9 | 11.8 | Junction | Left | Churton Road | 12:29 | 12:27 | 12:24 | 64.1 | 45.8 | 39.9 | T.Junction | Left | A525 Whitchurch Road | 13:40 | 13:31 | 13:22 |
| 20.1 | 89.8 | 12.5 | Sign |  | Churton | 12:31 | 12:28 | 12:25 | 72.8 | 37.1 | 45.3 | Junction | Right | A539 | 13:54 | 13:44 | 13:33 |
| 22.5 | 87.4 | 14.0 | Sign |  | Aldford | 12:35 | 12:32 | 12:28 | 76.6 | 33.3 | 47.6 |  | Keep Left | A539 | 14:00 | 13:49 | 13:38 |
| 24.0 | 85.9 | 14.9 |  | Caution! | \ Narrow Bridge | 12:37 | 12:34 | 12:30 | 78.2 | 31.7 | 48.6 | Sign |  | Penley | 14:02 | 13:51 | 13:40 |
| 24.1 | 85.8 | 15.0 | Junction | Left | The Hill/Chapel Lane | 12:37 | 12:34 | 12:30 | 78.5 | 31.4 | 48.8 |  | Caution! | $\triangle$ Buildout - Nearside | 14:03 | 13:52 | 13:40 |
| 26.1 | 83.8 | $\begin{aligned} & \hline 16.2 \\ & \hline \mathbf{1 6 . 5} \\ & \hline \end{aligned}$ | Junction | Right | Platts Lane | 12:41 | 12:37 | 12:33 | 78.5 | 31.4 | 48.8 |  | Caution! | $\triangle$ Speed Cushion | 14:03 | 13:52 | 13:40 |
| 26.6 | 83.3 |  |  | Caution! | 4 Sharp Left Bend | 12:41 | 12:38 | 12:34 | 78.7 | 31.2 | 48.9 | M R/about | 2nd Exit | A539 | 14:03 | 13:52 | 13:41 |
| 28.4 | 81.5 | 17.7 | T.Junction | Right | A41 Whitchurch | 12:44 | 12:40 | 12:36 | 83.4 | 26.5 | 51.9 | Sign |  | Overton | 14:11 | 13:59 | 13:47 |
| 28.6 | 81.3 | 17.8 | Junction | Left | Chester Road | 12:44 | 12:40 | 12:36 | 84.1 | 25.8 | 52.3 |  | Keep Left | A538 Wrexham Road | 14:12 | 14:00 | 13:48 |
| 30.0 | 79.9 | 18.7 | Sign |  | Gatesheath | 12:47 | 12:42 | 12:38 | 86.3 | 23.6 | 53.7 |  | Keep Right | A528 | 14:15 | 14:03 | 13:50 |
| 30.1 | 79.8 | 18.7 |  | Left | Gatesheath Lane | 12:47 | 12:43 | 12:38 | 88.8 | 21.1 | 55.2 | R/about | 1st Exit | B5426 | 14:19 | 14:06 | 13:54 |
| 30.6 | 79.3 | 19.0 | Junction | Caution! | $\triangle$ Hump Back Bridge | 12:48 | 12:43 | 12:39 | 89.4 | 20.5 | 55.6 |  | Keep Right | B5426 | 14:20 | 14:07 | 13:54 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | ${ }^{3} \mathrm{~km} / \mathrm{m}_{1}$ | $\mathrm{m} / \text { /on }$ | skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 89.4 | 20.5 | 55.6 | Kom 1 Cat 3 | Start |  | 14:20 | 14:07 | 13:54 |
| 89.7 | 20.2 | 55.8 |  | Caution! | $\triangle$ Buildout - Nearside | 14:20 | 14:08 | 13:55 |
| 89.9 | 20.0 | 55.9 |  | Caution! | $\triangle$ Buildout-Offside | 14:21 | 14:08 | 13:55 |
| 89.9 | 20.0 | 55.9 | Drinks | End | 同 20km to Finish | 14:21 | 14:08 | 13:55 |
| 89.9 | 20.0 | 55.9 |  |  | Green Zone for 200m | 14:21 | 14:08 | 13:55 |
| 90.6 | 19.3 | 56.3 | Sign |  | Eyton | 14:22 | 14:09 | 13:56 |
| 90.8 | 19.1 | 56.5 |  | Caution! | ¢ Speed Cushion $\times 4$ | 14:22 | 14:09 | 13:56 |
| 91.4 | 19.7 | 56.9 | KoM 1 Cat 3 | Finish | B Eyton | 14:23 | 14:10 | 13:57 |
| 94.1 | 15.8 | 58.5 | Sign |  | Johnstown | 14:27 | 14:14 | 14:00 |
| 94.6 | 15.3 | 58.8 | Sprint |  | 5 Johnstown | 14:28 | 14:15 | 14:01 |
| 94.7 | 15.2 | 58.9 |  | Caution! | $\triangle$ Speed Cushion | 14:28 | 14:15 | 14:01 |
| 94.8 | 15.1 | 59.0 | T.Lights | Left | B5605 Reubon Road | 14:28 | 14:15 | 14:01 |
| 94.9 | 15.0 | 59.0 |  |  | 15 km to Race Finish | 14:28 | 14:15 | 14:01 |
| 96.1 | 13.8 | 59.8 |  | Caution! | $\triangle$ Long Central Island - Keep Left | 14:31 | 14:17 | 14:03 |
| 96.1 | 13.8 | 59.8 | Sign |  | Ruabon | 14:31 | 14:17 | 14:03 |
| 97.8 | 12.1 | 60.8 | R/about | 4th Exit | A539 Llangollen Road | 14:33 | 14:19 | 14:05 |
| 98.5 | 11.4 | 61.3 | X.Roads | Left | Plas Bennion Road | 14:34 | 14:20 | 14:06 |
| 99.4 | 10.5 | 61.8 |  | Caution! | ¢ Buildouts Both Sides | 14:36 | 14:22 | 14:07 |
| 99.5 | 10.4 | 61.9 |  | Caution! | $\triangle$ Buildouts Both Sides | 14:36 | 14:22 | 14:07 |
| 99.9 | 10.0 | 62.1 |  |  | 10km to Race Finish | 14:36 | 14:22 | 14:08 |
| 99.9 | 10.0 | 62.1 |  | Keep Left | B5097 Copperas Hill | 14:36 | 14:22 | 14:08 |
| 100.0 | 9.9 | 62.2 | Junction | Right | B5097 Afoneitha Road | 14:37 | 14:22 | 14:08 |
| 101.0 | 8.9 | 62.8 | Sign |  | Rhosllanerchrugog | 14:38 | 14:24 | 14:09 |
| 101.2 | 8.7 | 62.9 | M R/about | 1st Exit | B5097 Church Street | 14:39 | 14:24 | 14:10 |
| 101.5 | 8.4 | 63.1 | M R/about | 1st Exit | B5097 Market Street | 14:39 | 14:25 | 14:10 |
| 101.6 | 8.3 | 63.2 |  | Caution! | ¢ Buildouts Both Sides | 14:39 | 14:25 | 14:10 |
| 101.7 | 8.2 | 63.2 |  | Caution! | $\triangle$ Buildouts Both Sides | 14:39 | 14:25 | 14:10 |
| 101.8 | 8.1 | 63.3 |  | Caution! | $\triangle$ Buildouts Both Sides | 14:39 | 14:25 | 14:10 |
| 101.8 | 8.1 | 63.3 | Junction | Right | B5097 High Street Against No Entry | 14:39 | 14:25 | 14:10 |
| 101.9 | 8.0 | 63.4 | M R/about | 2nd Exit | B5097 High Street | 14:40 | 14:25 | 14:11 |
| 103.1 | 6.8 | 64.1 |  | Keep Right | B5097 Talwrn Road | 14:42 | 14:27 | 14:12 |
| 103.6 | 6.3 | 64.4 |  | Keep Left | B5097 Talwrn Road | 14:42 | 14:28 | 14:13 |
| 103.8 | 6.1 | 64.5 | T.Junction | Right | B5097 Browylfa Road | 14:43 | 14:28 | 14:13 |
| 104.5 | 5.4 | 65.0 |  | Keep Left | B5097 | 14:44 | 14:29 | 14:14 |
| 104.9 | 5.0 | 65.2 |  |  | 5km to Race Finish | 14:45 | 14:20 | 14:15 |
| 105.2 | 4.7 | 65.4 | Junction | Right | B5098 Croesfoel Road | 14:45 | 14:30 | 14:15 |
| 105.7 | 4.2 | 65.7 | T.Junction | Left | B5605 Wrexham Road | 14:46 | 14:31 | 14:15 |
| 105.8 | 4.1 | 65.8 | R/about | 2nd Exit | B5605 Wrexham Road/A483 | 14:46 | 14:31 | 14:16 |
| 106.9 | 3.0 | 66.5 |  |  | 3km to Finish | 14:47 | 14:32 | 14:17 |
| 106.9 | 3.0 | 66.5 |  |  | Green Zone for 200m | 14:47 | 14:32 | 14:17 |
| 108.5 | 1.4 | 67.5 | M R/about | 2nd Exit | A5152 Ruabon Road/B5100 Fairy Road | 14:50 | 14:35 | 14:19 |
| 109.0 | 0.9 | 67.8 | T.Lights | Right | B5446 St Giles Way | 14:51 | 14:35 | 14:20 |
| 109.3 | 0.6 | 68.0 | Junction | Left | Tuttle Street | 14:51 | 14:36 | 14:20 |
| 109.4 | 0.5 | 68.0 | T.Junction | Left | Yorke Street | 14:51 | 14:36 | 14:20 |
| 109.5 | 0.4 | 68.1 | M R/about | 1st Exit | Chester Street | 14:52 | 14:36 | 14:20 |
| 109.7 | 0.2 | 68.2 | T.Junction | Left | Chester Street | 14:52 | 14:36 | 14:21 |
| 109.9 | 0.0 | 68.3 | Finish |  | D Chester Street - Wrexham | 14:52 | 14:37 | 14:21 |



## 2 FINISH <br> THE WREXHAM STAGE

## Timetable

Sunday 3 September
Time Activities
21:00 Overnight parking Library Car Park

Monday 4 September
04:00 Roads closed
Race facilities/Contractors arrive on site
06:00 6 stewards on site (venue)
08:00 Position promotional units
Start infrastructure and Hospitality complete
PPO operational
24 stewards on site (venue)
08:30 Crew breakfast / briefing
Media Centre open
09:00 Volunteer marshal briefing
Hospitality open
Sign on commences
10:15 OKm positioned
10:30 Event Control briefing
10:55 Riders assemble on Start Line Forward Vehicles Depart
11:15 Ride with Dan Martin departs
11:45 Stage 2 departs Wrexham
12:00 Finish straight available for support activities
13:15 Ride with Dan Martin arrives
14:00 Full Closure from St Giles
14:00 Support activities end
14:45 Deviation closes
14:21 Stage 2 arrives (Fast schedule) 14:37 Stage 2 arrives (Expected schedule)
15:00 Presentation of Stage Winner and Leader's jerseys
15:30 Hospitality closes
15:30 Press conference
Volunteer marshals dismissed
24 stewards dismissed
Event Control closes
16:30 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear




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## THE HOWDENS STAGE: GOOLE TO BEVERLEY TUESDAY 5 SEPTEMBER

East Riding of Yorkshire's first stage in Tour of Britain history is one for the sprinters.
Following a start in the port town of Goole, the peloton will head north to Howden, Market Weighton, and Driffield. Riders will then get a taste of British seaside life when they race through Bridlington, before they head inland towards the finish line upon reaching Hornsea.
The expected sprint finish will take place at Beverley Westwood, a popular green space for families that sits next to the town's racecourse.
Despite being a new host county to the Tour of Britain, East Riding of Yorkshire has an established history of welcoming professional cycling races, having most recently featured in the UCI World Championships in 2019.

STAGE PARTNERS

EASTRIDING

VISIT
EAST
芸 YORKSHIRE


## START <br> GOOLE

Life in Goole has always centred around the docks, locks, and canal basins built by the Aire and Calder Navigation Company in 1826. The meeting point of a canal constructed from Leeds and the river Ouse, Goole quickly became an important trading centre and link out to sea.

Today it is home to the busiest inland port in the country and the location of the Salt and Pepper Pots, a loved landmark among residents. The thinner, redbrick tower was built in 1885 and stands 43 metres tall. It was joined by a white concrete structure a metre taller and more than double the width in 1927. Both were given Grade II-listed status by English Heritage in 1987, although some local confusion remains as to which is which.
As well as the busy industry that the port creates, hundreds of privately-owned leisure boats are now moored in the basin, creating a lively and colourful marina.
From the port, a mile-long nature trail extends along the canal towpath towards Rawcliffe. At the nearby Blacktoft Sands RSPB Reserve, the lagoons and reedbeds are home to rare breeding birds including marsh harriers, avocets, and bearded tits. Should birdwatching be too quiet a pastime, visit White House Farm, a 200-acre farm with hundreds of animals to get to know.

In the town centre there are several pubs and cafes to choose from, while Goole Museum and Art Gallery tell the history of the town

## FACT FILE

## 700

THE YEAR BEVERLEY GRAMMAR, ENGLAND'S OLDEST STATE SCHÓOL, WAS FOUNDED.

## 1251

THE YEAR MARKET WEIGHTON (KM36) WAS GRANTED MARKET TOWN CHARTER STATUS

## 1530

THE YEAR GOOLE'S MODERN NAME, ORIGINATING FROM THE MIDDLE ENGLISH WORD GOULE, WAS FIRST ATTESTED

While the original gate to Beverley - the old North Bar - still exists, the real gateway to the market town is the vast grassy expanse of the Westwood pasture. Located next to the town's racecourse (which dates back to 1690), this is where stage three will finish. Only a short walk separates the town's quaint shopping streets and the sprawling grass and woodland, making it the perfect place for a dog walk, picnic or to fly a kite.

Those who prefer a more creative cultural scene can explore Beverley's medieval trail, which reinforces the town's many creative talents, including bakers, musicians, and even puppet makers.

## 3 GOOLE TO BEVERLEY TUESDAY 5 SEPTEMBER




## BEAUTIFUL HERITAGE COAST



## Timetable

## Tuesday 5 September

Time Activities
04:30 Start area closed to traffic
Start crew and facilities arrive on site
08:30 Race facilities complete
09:00 PPO in operation
09:15 Morning briefing
09:30 PA operational
Hospitality opens
Guests arrive
Teams start to arrive
Volunteers briefing
10:30 Signing on opens
10:45 0 km signage in position
11:25 Riders assemble on start line
Forward vehicles depart

## 11:30 Start of Stage

11:45 Stage de-neutralise
Commence de-rig
14:00 Site clear
Start crew departs to next hotel/start venue

## 3 RACE SCHEDULE <br> GOOLE TO BEVERLEY

Neutralised section
Boothferry Road, Mariners Street, Coronation Street, Lower Bridge Street, A161 Normandy Way, Andersen Road, A614 Rawcliffe Road, A614 Boothferry Road, A63 Knedlington Road.

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{mh}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | Skn/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 蘭 Start Neutralised |  | Boothferry Road - Goole | 11:30 | 11:30 | 11:30 |
| 0.00 | 154.7 | 0.00 | ${ }^{\text {ow }}$ Start Proper |  | A63 Knedlington Road | 11:45 | 11:45 | 11:45 |
| 1.2 | 153.5 | 0.7 | X.Roads | Right | Knedlington Road | 11:46 | 11:46 | 11:46 |
| 1.2 | 153.5 | 0.7 | Sign |  | Howden | 11:46 | 11:46 | 11:46 |
| 1.6 | 153.1 | 1.0 |  | Keep Left | Knedlington Road | 11:47 | 11:47 | 11:47 |
| 2.2 | 152.5 | 1.4 | X.Roads | Left | Pinfold Street | 11:48 | 11:48 | 11:47 |
| 2.9 | 151.8 | 1.8 |  | Keep Right | B1230 Flatgate | 11:49 | 11:49 | 11:48 |
| 3.3 | 151.4 | 2.1 |  | Keep Left | B1230 Hull Road | 11:50 | 11:49 | 11:49 |
| 3.7 | 151.0 | 2.3 | R/about | 1st Exit | A614 Thorpe Road | 11:50 | 11:50 | 11:49 |
| 9.3 | 145.4 | 5.8 | Junction | Left |  | 11:59 | 11:58 | 11:56 |
| 9.4 | 145.3 | 5.8 | Junction | Right | Spaldington Lane | 11:59 | 11:58 | 11:57 |
| 13.3 | 141.4 | 8.3 | T.Junction | Right | Street Lane | 12:05 | 12:04 | 12:02 |
| 15.2 | 139.5 | 9.5 | X.Roads | Straight | Street Lane | 12:08 | 12:06 | 12:04 |
| 18.8 | 135.9 | 11.7 | Sign |  | Bubwith | 12:14 | 12:11 | 12:09 |
| 19.1 | 135.6 | 11.9 | X.Roads | Right | A163 | 12:15 | 12:12 | 12:09 |
| 20.6 | 134.1 | 12.8 | Sign |  | Harlthorpe | 12:17 | 12:14 | 12:11 |
| 22.2 | 132.5 | 13.8 | Sign |  | Foggathorpe | 12:19 | 12:16 | 12:13 |
| 22.5 | 132.2 | 14.0 | X.Roads | Straight | A163 | 12:20 | 12:17 | 12:13 |
| 26.0 | 128.7 | 16.2 |  | Keep Left | A163 | 12:25 | 12:22 | 12:18 |
| 27.0 | 127.7 | 16.8 | Sign |  | Holme-upon-Spalding | 12:27 | 12:23 | 12:19 |
| 28.6 | 126.1 | 17.8 | R/about | 1st Exit | A614 New Road | 12:29 | 12:25 | 12:21 |
| 29.3 | 125.4 | 18.2 |  | Keep Right | A614 Market Weighton Road | 12:31 | 12:26 | 12:22 |
| 30.0 | 124.7 | 18.7 | Drinks | Start | fin Harswell Lane | 12:32 | 12:27 | 12:23 |
| 31.1 | 123.6 | 19.3 | R/about | 2nd Exit | Market Weighton Road/A614 | 12:33 | 12:29 | 12:24 |
| 35.0 | 119.7 | 21.8 | R/about | 3rd Exit | Holme Road/A1079 | 12:40 | 12:35 | 12:30 |
| 35.1 | 119.6 | 21.8 | Sign |  | Market Weighton | 12:40 | 12:35 | 12:30 |
| 36.0 | 118.7 | 22.4 | T.Junction | Right | High Street | 12:41 | 12:36 | 12:31 |
| 36.1 | 118.6 | 22.4 |  | Left | Londesborough Road | 12:41 | 12:36 | 12:31 |
| 38.1 | 116.6 | 23.7 | R/about | 3rd Exit | A614 | 12:44 | 12:39 | 12:33 |
| 38.2 | 116.5 | 23.8 | Kom 1 Cat 3 | Start |  | 12:45 | 12:39 | 12:34 |
| 39.0 | 115.7 | 24.3 | KoM 1 Cat 3 | Finish | (3) Towthorpe Lane | 12:46 | 12:40 | 12:35 |
| 39.0 | 115.7 | 24.3 |  |  | Green Zone for 200m | 12:46 | 12:40 | 12:35 |
| 47.2 | 107.5 | 29.4 | Sign |  | Middleton-on the-Wolds | 12:59 | 12:52 | 12:45 |
| 48.1 | 106.6 | 29.9 | M R/about | 1st Exit | Station Road | 13:00 | 12:53 | 12:46 |
| 48.1 | 106.6 | 29.9 |  | Caution! | $\triangle$ Sharp left bend! | 13:00 | 12:53 | 12:46 |
| 48.2 | 106.5 | 30.0 |  | Keep Right | Station Road | 13:00 | 12:53 | 12:46 |
| 50.7 | 104.0 | 31.5 | Sign |  | North Dalton | 13:04 | 12:57 | 12:50 |
| 50.8 | 103.9 | 31.6 | T.Junction | Right | B1246 | 13:04 | 12:57 | 12:50 |
| 51.1 | 103.6 | 31.8 |  | Keep Right | B1246 | 13:05 | 12:58 | 12:50 |
| 54.3 | 100.4 | 33.8 | R/about | 2nd Exit | A614 Main Street | 13:10 | 13:02 | 12:54 |
| 56.0 | 98.7 | 34.8 | Sign |  | Kirkburn | 13:13 | 13:05 | 12:57 |
| 59.1 | 95.6 | 36.8 | Sign |  | Kellythorpe | 13:17 | 13:09 | 13:00 |
| 60.4 | 94.3 | 37.6 | R/about | 3rd Exit | A164 Main Street | 13:19 | 13:11 | 13:02 |
| 61.2 | 93.5 | 38.1 | R/about | 1st Exit | Beverley Road | 13:21 | 13:12 | 13:03 |

Approximate distance of neutralised section $5.8 \mathrm{~km} / 3.6$ miles
Distance of stage $154.7 \mathrm{~km} / 96.2 \mathrm{miles}$
Neutralised start Boothferry Road - Goole

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | Skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 61.4 | 93.3 | 38.2 | Sign |  | Great Driffield | 13:21 | 13:12 | 13:03 |
| 61.5 | 93.2 | 38.2 | M R/about | 2nd Exit | Beverley Road | 13:21 | 13:12 | 13:04 |
| 61.9 | 92.8 | 38.5 | M R/about | 2nd Exit | Beverley Road | 13:22 | 13:13 | 13:04 |
| 62.3 | 92.4 | 38.7 |  | Caution! | Level crossing junction right | 13:22 | 13:14 | 13:05 |
| 62.4 | 92.3 | 38.8 | M R/about | 2nd Exit | Middle Street North | 13:23 | 13:14 | 13:05 |
| 62.7 | 92.0 | 39.0 | M R/about | 2nd Exit | Market Place | 13:23 | 13:14 | 13:05 |
| 62.8 | 91.9 | 39.1 | T.Lights | Straight | Market Place | 13:23 | 13:14 | 13:05 |
| 62.9 | 91.8 | 39.1 | M R/about | 2nd Exit | Middle Street North | 13:23 | 13:14 | 13:05 |
| 63.4 | 91.3 | 39.4 | T.Junction | Right | North Street | 13:24 | 13:15 | 13:06 |
| 64.1 | 90.6 | 39.9 | R/about | 2nd Exit | B1249 Scarborough Road/A614 | 13:25 | 13:16 | 13:07 |
| 72.0 | 82.7 | 44.8 | Sign |  | Langtoft | 13:38 | 13:27 | 13:17 |
| 72.2 | 82.5 | 44.9 | M R/about | 1st Exit | Front Street | 13:38 | 13:28 | 13:17 |
| 72.6 | 82.1 | 45.1 | KoM 2 Cat 3 | Start |  | 13:39 | 13:28 | 13:18 |
| 73.8 | 80.9 | 45.9 |  | Keep Right | B1249 Scarborough Road | 13:40 | 13:30 | 13:19 |
| 74.9 | 79.8 | 46.6 | KoM 2 Cat 3 | Finish | B Langtoft | 13:42 | 13:32 | 13:21 |
| 74.9 | 79.8 | 46.6 |  |  | Green Zone for 200m | 13:42 | 13:32 | 13:21 |
| 75.0 | 79.7 | 46.6 | R/about | 3rd Exit | B1253 High Street | 13:42 | 13:32 | 13:21 |
| 77.4 | 77.3 | 48.1 |  | Keep Right | B1235 High Street | 13:46 | 13:35 | 13:24 |
| 83.5 | 71.2 | 51.9 | Sign |  | Rudston | 13:56 | 13:44 | 13:32 |
| 83.7 | 71.0 | 52.0 |  | Keep Left | B1253 | 13:56 | 13:44 | 13:32 |
| 87.1 | 67.6 | 54.2 |  | Keep Left | B1253 | 14:01 | 13:49 | 13:36 |
| 87.7 | 67.0 | 54.5 | Sign |  | Boynton | 14:02 | 13:50 | 13:37 |
| 90.5 | 64.2 | 56.3 | Sign |  | Bridlington | 14:07 | 13:54 | 13:41 |
| 91.2 | 63.5 | 56.7 | T.Junction | Left | Bessinby Hill | 14:08 | 13:55 | 13:42 |
| 91.9 | 62.8 | 57.1 | R/about | 2nd Exit | B1255 Scarborough Road/A165 | 14:09 | 13:56 | 13:43 |
| 92.0 | 62.7 | 57.2 | M R/about | 2nd Exit | B1423 Scarborough Road | 14:09 | 13:56 | 13:43 |
| 92.2 | 62.5 | 57.3 |  | Keep Right | B1423 Scarborough Road | 14:09 | 13:56 | 13:43 |
| 92.3 | 62.4 | 57.4 | T.Lights | Straight | B1423 St John Street | 14:10 | 13:56 | 13:43 |
| 92.6 | 62.1 | 57.6 |  | Caution! | $\triangle$ Buildouts - both Sides | 14:10 | 13:57 | 13:44 |
| 92.7 | 62.0 | 57.6 | T.Lights | Straight | B1423 Quay Road | 14:10 | 13:57 | 13:44 |
| 92.8 | 61.9 | 57.7 |  | Caution! | $\triangle$ Central Island - pass both sides | 14:10 | 13:57 | 13:44 |
| 93.1 | 61.6 | 57.9 | R/about | 2nd Exit | Station Avenue | 14:11 | 13:58 | 13:44 |
| 93.5 | 61.2 | 58.1 | T.Lights | Left | B1254 Hilderthorpe Road | 14:11 | 13:58 | 13:45 |
| 93.8 | 60.9 | 58.3 | T.Lights | Straight | B1254 Hilderthorpe Road/Tesco | 14:12 | 13:59 | 13:45 |
| 93.9 | 60.8 | 58.4 | T.Lights | Straight | B1254 Hilderthorpe Road | 14:12 | 13:59 | 13:45 |
| 94.0 | 60.7 | 58.5 | M R/about | 2nd Exit | B1254 Hilderthorpe Road | 14:12 | 13:59 | 13:45 |
| 94.1 | 60.6 | 58.5 | X.Roads | Straight | Hilderthorpe Road/Bridge Street | 14:12 | 13:59 | 13:45 |
| 94.5 | 60.2 | 58.8 |  | Keep Left | South Marine Drive | 14:13 | 14:00 | 13:46 |
| 95.3 | 59.4 | 59.3 | T.Lights | Straight | Kingston Road | 14:14 | 14:01 | 13:47 |
| 95.7 | 59.0 | 59.5 | T.Junction | Left | B1038 Kingsgate | 14:15 | 14:01 | 13:48 |
| 97.1 | 57.6 | 60.4 | R/about | 2nd Exit | A1038 Kingsgate | 14:17 | 14:03 | 13:49 |
| 98.0 | 56.7 | 60.9 | R/about | 2nd Exit | A165 | 14:19 | 14:05 | 13:51 |
| 100.5 | 54.2 | 62.5 |  | Keep Right | A165 | 14:22 | 14:08 | 13:54 |
| 103.5 | 51.2 | 64.4 |  | Keep Right | A165 | 14:27 | 14:12 | 13:58 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}_{1}$ | $\mathrm{km} / \mathrm{oh}$ | ${ }^{1} \mathrm{k}_{\mathrm{m} / \text { /on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 104.2 | 50.5 | 64.8 | Sign |  | Lissett | 14:28 | 14:13 | 13:58 |
| 104.5 | 50.2 | 65.0 | Junction | Left | B1242 Allison Lane | 14:29 | 14:14 | 13:59 |
| 106.5 | 48.2 | 66.2 | Sign |  | Ulrome | 14:32 | 14:17 | 14:01 |
| 106.6 | 48.1 | 66.3 |  | Keep Right | B1242 Skipsea Lane | 14:32 | 14:17 | 14:02 |
| 108.3 | 46.4 | 67.3 | Sign |  | Skipsea | 14:35 | 14:19 | 14:04 |
| 108.5 | 46.2 | 67.5 |  | Keep Left | B1242 Main Street | 14:35 | 14:20 | 14:04 |
| 108.8 | 45.9 | 67.7 | Sprint |  | S Skipsea | 14:35 | 14:20 | 14:04 |
| 108.8 | 45.9 | 67.7 |  |  | Green Zone for 200m | 14:35 | 14:20 | 14:04 |
| 109.2 | 45.5 | 67.9 |  | Keep Right | B1242 Hornsea Road | 14:36 | 14:21 | 14:05 |
| 113.6 | 41.1 | 70.6 | Sign |  | Atwick | 14:43 | 14:27 | 14:11 |
| 116.1 | 38.6 | 72.2 | Sign |  | Hornsea | 14:47 | 14:30 | 14:14 |
| 117.0 | 37.7 | 72.8 |  | Keep Left | B1242 Mill Lane | 14:48 | 14:32 | 14:15 |
| 117.1 | 37.6 | 72.8 |  | Keep Right | B1242 | 14:49 | 14:32 | 14:15 |
| 117.2 | 37.5 | 72.9 | R/about | 1st Exit | B1242 Market Place | 14:49 | 14:32 | 14:15 |
| 117.3 | 37.4 | 72.9 | T.Lights | Straight | B1242 Southgate | 14:49 | 14:32 | 14:15 |
| 117.9 | 36.8 | 73.3 | R/about | 2nd Exit | B1242 Southgate/Tesco | 14:50 | 14:33 | 14:16 |
| 118.1 | 36.6 | 73.4 | R/about | 2nd Exit | B1242 Rolston Road | 14:50 | 14:33 | 14:16 |
| 121.7 | 33.0 | 75.7 | Sign |  | Mappleton | 14:56 | 14:38 | 14:21 |
| 122.3 | 32.4 | 76.1 |  | Caution! | $\triangle$ Deer | 14:57 | 14:39 | 14:22 |
| 123.1 | 31.6 | 76.5 | Sign |  | Cowden | 14:58 | 14:40 | 14:23 |
| 126.5 | 28.2 | 78.7 | Junction | Right | Withernwick Road | 15:03 | 14:45 | 14:27 |
| 130.2 | 24.5 | 81.0 | Sign |  | Withernwick | 15:09 | 14:51 | 14:32 |
| 130.8 | 23.9 | 81.3 | Caution! | Keep Left | Beverley Road - narrow! | 15:10 | 14:51 | 14:33 |
| 132.9 | 21.8 | 82.6 |  | Keep Left |  | 15:13 | 14:54 | 14:35 |
| 133.2 | 21.5 | 82.8 | Junction | Right | Hull Road | 15:14 | 14:55 | 14:36 |
| 134.7 | 20.0 | 83.8 | Drinks | End | 図20km to Finish | 15:16 | 14:57 | 14:38 |
| 134.7 | 20.0 | 83.8 |  |  | Green Zone for 200m | 15:16 | 14:57 | 14:38 |
| 135.5 | 19.2 | 84.3 |  | Keep Left | Hull Road | 15:17 | 14:58 | 14:39 |
| 136.2 | 18.5 | 84.7 | Junction | Right | B1243 Rise Road | 15:19 | 14:59 | 14:40 |
| 136.5 | 18.2 | 84.9 | Junction | Left | Rise Lane | 15:19 | 15:00 | 14:40 |
| 138.4 | 16.3 | 86.1 | Sign |  | Long Riston | 15:22 | 15:02 | 14:42 |
| 138.5 | 16.2 | 86.1 | X.Roads | Right | Main Street | 15:22 | 15:02 | 14:43 |
| 139.1 | 15.6 | 86.5 |  | Keep Left | Dancing Lane | 15:23 | 15:03 | 14:43 |
| 139.4 | 15.3 | 86.7 | T.Junction | Right | A165 White Cross Road | 15:24 | 15:04 | 14:44 |
| 141.2 | 13.5 | 87.8 | R/about | 1st Exit | A1035 | 15:26 | 15:06 | 14:46 |
| 143.2 | 11.5 | 89.0 | Sign |  | Routh | 15:30 | 15:09 | 14:49 |
| 144.7 | 10.0 | 89.9 |  |  | 10km to Finish | 15:32 | 15:11 | 14:00 |
| 145.4 | 9.3 | 90.4 | Sign |  | Tickton | 15:33 | 15:12 | 14:51 |
| 148.9 | 5.8 | 92.6 | R/about | 3rd Exit | A1035 | 15:38 | 15:17 | 14:56 |
| 149.2 | 5.5 | 92.8 | Sign |  | Molescroft | 15:39 | 15:18 | 14:56 |
| 149.7 | 5.0 | 93.1 |  |  | 5km to Finish | 15:40 | 15:19 | 14:57 |
| 151.3 | 3.4 | 94.1 | R/about | 1st Exit | Driffield Road | 15:42 | 15:21 | 14:59 |
| 151.7 | 3.0 | 94.3 | R/about | 1st Exit | Molescroft Road | 15:43 | 15:21 | 15:00 |
| 151.7 | 3.0 | 94.3 |  |  | 3km to Finish | 15:43 | 15:21 | 15:00 |
| 151.7 | 3.0 | 94.3 |  |  | Green Zone for 200m | 15:43 | 15:21 | 15:00 |
| 152.6 | 2.1 | 94.9 | Sign |  | Beverley | 15:44 | 15:23 | 15:01 |
| 153.1 | 1.6 | 95.2 | T.Lights | Right | York Road | 15:45 | 15:23 | 15:01 |
| 153.5 | 1.2 | 95.5 | Sign |  | Westwood Pasture | 15:46 | 15:24 | 15:02 |
| 154.7 | 0.0 | 96.2 | Finish |  | WYork Road - Beverley | 15:48 | 15:26 | 15:03 |



## 3 FINISH BEVERLEY

## Timetable

Monday 4 September
Time Activities
20:00 Overnight Parking Racecourse
Tuesday 5 September
04:45 Roads closed
05:15 Race facilities/Contractors arrive on site
05:30 Commence build up
07:00 6 stewards on site (venue)
08:00 All staff on site
08:30 Crew breakfast / briefing Postion promotional units Media Centre open
09:00 24 stewards on site (venue) Volunteer marshal briefing
10:45 Event Control briefing
11:00 Volunteer briefing
11:15 Stage 3 departs Goole
11:45 Expected arrival of first team coaches
11:30 Finish straight available for support activities
12:00 Hospitality open
13:15 Ride with Dan Martin arrives
13:15 Support activities end
15:00 Stage 3 arrives (Fast schedule)
15:23 Stage 3 arrives (Expected schedule)
15:45 Presentation of Stage Winner

> and Leader's jerseys

16:00 Hospitality closes Press conference
17:30 Volunteer marshals dismissed 24 stewards dismissed Event Control closes
17:45 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear

Finish address Beverley Racecourse York Road, Beverley HU17 8QZ

Tour village address Beverley Westwood Beverley HU17 8QZ

Media centre address Beverley Racecourse York Road, Beverley HU17 8QZ


Hospital address Hull Royal Infirmary Anlaby Road
Hull HU3 2JZ
T +44 (0)1482 875875
Team Parking Beverley Racecourse York Road, Beverley HU17 8QZ
$P$
Tech Parking
Beverley Racecourse
York Road, Beverley HU17 8QZ

IMPORTANT!
Team vehicles should follow Newbald Road to team parking as indicated. All vehicles with technical accreditation arriving from the start must arrive at the racecourse from west on A1174 York Road.


FINAL 1KM
BEVERLEY
3


## SHERWOOD FOREST TO NEWARK-ON-TRENT WEDNESDAY 6 SEPTEMBER

The Tour's fourth visit to Nottinghamshire in seven years represents another chance for the sprinters. Despite being the third longest stage of the race, the route between the Sherwood Forest visitor centre near Edwinstowe and Newark-on-Trent features a little over 1,200 metres of climbing.
The National Trust site of Clumber Park, Worksop, Retford, Southwell, Tuxford, and Collingham will feature along the route. The peloton will also pass the Tom Simpson Memorial in Harworth, which celebrates the life of the 1965 world road race champion.
The winner of the race's second visit to Newark-onTrent will be crowned close to the banks of the River Trent and just a short distance from the town's famous castle and the spectacular St Mary Magdalene's Church.

STAGE PARTNERS

$\square$

\author{
Bassetlaw <br> DISTRICT COUNCIL

- North Nottinghamshire -
}



## START <br> SHERWOOD FOREST

The ancient oaks of Sherwood Forest are home to the iconic and legendary Robin Hood. The 375-acre country park, managed on the council's behalf by the RSPB, incorporates hundreds of species of bird, insect, mammal, fungi, tree, and plant, and is a Site of Special Scientific Interest.

Wooded for centuries, and once part of a vast royal hunting ground, Sherwood is home to hundreds of ancient oaks that have thrived for more than 500 years.
The most obvious being the legendary Major Oak, estimated to be around 1,000 years old and rumoured to have been Robin Hood's hiding place, as he tried to escape the Sheriff of Nottingham. Tales of Robin Hood and his heroic acts still bring an air of magic to the woodlands. Throughout the forest you'll see reminders that Robin is as much a part of this place as the majestic ancient oaks and the wildlife.
Numerous events and festivals take place throughout the year, and a cycling or walking trip comes highly recommended.

FINISH
NEWARK-ON-TRENT

Historic Newark-on-Trent is a thriving market town. It features a cobbled market square, a fine Georgian Town Hall, great shopping, history and heritage, and an abundance of cafés, real ale pubs, and stylish restaurants.

The beautiful parish church, St Mary Magdalene, with its magnificent spire is ranked as one of the best in the country. There is a decent dose of culture, too, with a theatre, town gallery and museum, a cinema, and the National Civil War Centre, which opened in 2015.
Newark played a pivotal role in the English Civil Wars and if you head to Newark Castle, which has stood on the banks of the River Trent for 900 years, you will get a sense of the town's fascinating history. The Civil War walking trail can be accessed via an app to reveal video scenes of the period.

The stage itself will finish adjacent to Sconce and Devon Park, a historic Green Flag-awarded park with a popular café and play area, open grassland and woodlands, and family friendly footpaths.

## FACT FILE

## 350,000

NUMBER OF VISITORS TO SHERWOOD FOREST EACH YEAR

## 1

WEST BURTON POWER STATION IN NOTTINGHAMSHIRE WILL BE HOME TO THE UK'S FIRST FUSION ENERGY POWER PLANT WHEN IT OPENS IN THE EARLY 2040 S

## 232

HEIGHT, IN FEET OF ST MARY MAGDALENE CHURCH TOWER IN NEWARK-ON-TRENT, THE TOWN'S HIGHEST STRUCTURE



## LET YOUR CYCLING ADVENTURE BECIN INSHERWOOD FOREST

Criss crossed with trails and places to visit, there's lots to see and do in Sherwood Forest
Discover the church where Robin Hood married Maid Marian in Edwinstowe or the arboreal splendour of Sherwood Pines.

## DISCOVER THESOUTHWELL TRAIL

Follow the old Midiand Railway line from Southwell, stopping off in the villages on the way and spend time enjoying what our district has to offer.

## EXPLORENEWARK

Picturesque riverside rides and walks can transport you back in time as you discover the town's rich history.

Shopping or sightseeing, with a range of places to stay, eat and drink, Newark's a great base for your next adventure.

FIND OUT MORE AT WWW.NEWARK-SHERWOODDC.GOV.UK/CYCLING


START SHERWOOD FOREST

Timetable
Wednesday 6 September
Time Activities
04:15 Start area closed to traffic Start crew and facilities arrive on site
08:15 Race facilities complete
08:45 PPO in operation
09:00 Morning briefing
09:15 PA operational
Hospitality opens
Guests arrive
Teams start to arrive
Volunteers briefing
10:15 Signing on opens
10:30 0 km signage in position
11:10 Riders assemble on start line
Forward vehicles depart
11:15 Start of Stage 4
11:30 Stage de-neutralises
13:45 Site clear
Start crew departs to next hotel/start venue

## 4 <br> RACE SCHEDULE <br> SHERWOOD FOREST TO NEWARK-ON-TRENT

Neutralised section
Forest Corner, B6034 Swinecote Road, A616 Worksop Road.
Approximate distance of neutralised section $2.8 \mathrm{~km} / 1.7$ miles
Distance of stage $166.6 \mathrm{~km} / 103.6 \mathrm{miles}$
Neutralised start 11:15


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}_{\mathrm{h}}$ | $\mathrm{m} / \mathrm{m}_{n}$ | $5 / \mathrm{s} / \mathrm{m} / \mathrm{s},$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 32.8 | 133.8 | 20.4 |  | Keep Left | Dual Carriageway | 12:16 | 12:11 | 12:07 |
| 33.6 | 133.0 | 20.9 | Sign |  | Bawtry | 12:17 | 12:13 | 12:08 |
| 33.8 | 132.8 | 21.0 | T.Lights | Right | A631 Gainsborough Road | 12:18 | 12:13 | 12:0 |
| 34.1 | 132.5 | 21.2 |  | Keep Right | Dual Carriageway | 12:18 | 12:13 | 12:08 |
| 34.2 | 132.4 | 21.3 | Sign |  | Nottinghamshire | 12:18 | 12:13 | 12:0 |
| 35.3 | 131.3 | 22.0 |  | Keep Left | Dual Carriageway | 12:20 | 12:15 | 12:1 |
| 37.6 | 129.0 | 23.4 | Sign |  | Harwell | 12:24 | 12:18 | 12:13 |
| 38.0 | 128.6 | 23.6 | Sign |  | Everton | 12:24 | 12:19 | 12:13 |
| 39.0 | 127.6 | 24.3 | Junction | Right | Old Gainsborough Road | 12:26 | 12:20 | 12:1 |
| 39.2 | 127.4 | 24.4 | T.Junction | Right | Old Gainsborough Road | 12:26 | 12:21 | 12:15 |
| 39.9 | 126.7 | 24.8 | Sign |  | Drakeholes | 12:27 | 12:22 | 12:16 |
| 40.0 | 126.6 | 24.9 | Junction | Right | B6045 Eel Pool Road | 12:27 | 12:22 | 12:16 |
| 40.0 | 126.6 | 24.9 | T.Junction | Right | B6045 Eel Pool Road | 12:27 | 12:22 | 12:16 |
| 40.1 | 126.5 | 24.9 | Junction | Left | Wiseton Road | 12:28 | 12:22 | 12:16 |
| 42.5 | 124.1 | 26.4 |  | Caution! | Hump Back Bridge | 12:31 | 12:25 | 12:1 |
| 42.7 | 123.9 | 26.6 | Sign |  | Clayworth | 12:32 | 12:26 | 12:19 |
| 43.7 | 122.9 | 27.2 | Junction | Left | Wheatley Road | 12:33 | 12:27 | 12:21 |
| 46.7 | 119.9 | 29.0 | X.Roads | Straight | Low Street | 12:38 | 12:31 | 12:25 |
| 46.7 | 119.9 | 29.0 | Sign |  | North Wheatley | 12:38 | 12:31 | 12:25 |
| 47.5 | 119.1 | 29.5 |  | Keep Right | Sturton Road | 12:39 | 12:32 | 12:26 |
| 47.6 | 119.0 | 29.6 | Sign |  | South Wheatley | 12:39 | 12:33 | 12:26 |
| 49.9 | 116.7 | 31.0 | Sign |  | Sturton le Steeple | 12:43 | 12:36 | 12:29 |
| 50.3 | 116.3 | 31.3 |  | Keep Right | Cross Street | 12:44 | 12:36 | 12:29 |
| 52.1 | 114.5 | 32.4 | Sign |  | North Leverton | 12:46 | 12:39 | 12:31 |
| 52.7 | 113.9 | 32.8 | X.Roads | Right | Main Street | 12:47 | 12:40 | 12:32 |
| 53.9 | 112.7 | 33.5 |  | Keep Right | Retford Road | 12:49 | 12:42 | 12:3 |
| 58.8 | 107.8 | 36.6 | X.Roads | Straight | Leverton Road | 12:57 | 12:49 | 12:4 |
| 60.9 | 105.7 | 37.9 | T.Lights | Right | A638 Arlington Way | 13:00 | 12:52 | 12:43 |
| 61.1 | 105.5 | 38.0 | T.Lights | Straight | A638 Arlington Way | 13:01 | 12:52 | 12:4 |
| 61.5 | 105.1 | 38.2 | T.Lights | Left | A638 London Road | 13:01 | 12:52 | 12:44 |
| 63.0 | 103.6 | 39.2 | M R/about | 1st Exit | A638 London Road | 13:04 | 12:55 | 12:46 |
| 63.2 | 103.4 | 39.3 | M R/about | 2nd Exit | A638 London Road | 13:04 | 12:55 | 12:46 |
| 63.9 | 102.7 | 39.7 | Sign |  | Eaton | 13:05 | 12:56 | 12:47 |
| 65.9 | 100.7 | 41.0 | Sign |  | Gamston | 13:08 | 12:59 | 12:4 |
| 66.1 | 100.5 | 41.1 | Junction | Right | B6387 Rectory Lane | 13:08 | 12:59 | 12:4 |
| 66.5 | 100.1 | 41.4 |  | Keep Right | B3687 Muttonshire Hill | 13:09 | 13:00 | 12:50 |
| 71.1 | 95.5 | 44.2 |  | Keep Left | B6387 Walesby Road | 13:16 | 13:06 | 12:56 |
| 73.0 | 93.6 | 45.4 | Sign |  | Walesby Road | 13:19 | 13:09 | 12:5 |
| 75.3 | 91.3 | 46.8 | Sign |  | Boughton | 13:23 | 13:12 | 13:01 |
| 76.0 | 90.6 | 47.3 |  | Keep Right | B6387 Main Road | 13:24 | 13:13 | 13:0 |
| 76.5 | 90.1 | 47.6 | Sprint |  | 5 Boughton | 13:25 | 13:14 | 13:03 |
| 76.5 | 90.1 | 47.6 |  |  | Green Zone for 200m | 13:25 | 13:14 | 13:03 |
| 76.6 | 90.0 | 47.6 | X.Roads | Straight | Main Road | 13:25 | 13:14 | 13:03 |
| 76.9 | 89.7 | 47.8 | M R/about | 1st Exit | A6075 Tuxford Road | 13:25 | 13:14 | 13:03 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description |  | ${ }^{12 \mathrm{~km} / \mathrm{m} / \mathrm{n}}$ | ${ }^{1} \mathrm{k}_{\mathrm{m} / \text { on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 78.6 | 88.0 | 48.9 | X.Roads | Left | A616 Newark Road | 13:28 | 13:17 | 13:06 |
| 78.7 | 87.9 | 48.9 | Sign |  | Wellow | 13:28 | 13:17 | 13:06 |
| 78.9 | 87.7 | 49.1 | Junction | Right | Eakring Road | 13:28 | 13:17 | 13:06 |
| 80.5 | 86.1 | 50.1 | Kom 2 Cat 3 | Start |  | 13:31 | 13:20 | 13:08 |
| 81.6 | 85.0 | 50.7 | KoM 2 Cat 3 | Finish | 包 Red Hill Lane | 13:33 | 13:21 | 13:09 |
| 81.6 | 85.0 | 50.7 |  |  | Green Zone for 200m | 13:33 | 13:21 | 13:09 |
| 83.3 | 83.3 | 51.8 | T.Junction | Right | Bilsthorpe Road | 13:35 | 13:24 | 13:12 |
| 85.4 | 81.2 | 53.1 | Junction | Left | Swish Lane | 13:39 | 13:27 | 13:14 |
| 85.9 | 80.7 | 53.4 | X.Roads | Left | Eakring Road | 13:39 | 13:27 | 13:15 |
| 86.1 | 80.5 | 53.5 | Sign |  | Bilsthorpe | 13:40 | 13:28 | 13:15 |
| 87.2 | 79.4 | 54.2 | R/about | 2nd Exit | Kirklington Road | 13:42 | 13:29 | 13:17 |
| 88.0 | 78.6 | 54.7 | Junction | Left | Kirklington Road | 13:43 | 13:30 | 13:18 |
| 88.7 | 77.9 | 55.2 |  | Keep Left | Kirklington Road | 13:44 | 13:31 | 13:19 |
| 89.9 | 76.7 | 55.9 | T.Junction | Left | A617 Kirklington Road | 13:46 | 13:33 | 13:20 |
| 91.4 | 75.2 | 56.8 | Sign |  | Kirklington | 13:48 | 13:35 | 13:22 |
| 91.6 | 75.0 | 57.0 | Junction | Right | Southwell Road | 13:48 | 13:35 | 13:22 |
| 92.0 | 74.6 | 57.2 |  | Caution! | ¢ Sharp left bend - narrow! | 13:49 | 13:36 | 13:23 |
| 93.5 | 73.1 | 58.1 |  | Keep Left | Lower Kirklington Road | 13:51 | 13:38 | 13:25 |
| 94.4 | 72.2 | 58.7 |  | Caution! | \ Narrow Bridge | 13:53 | 13:39 | 13:26 |
| 95.5 | 71.1 | 59.4 | Junction | Right | Kirklington Road | 13:55 | 13:41 | 13:27 |
| 96.6 | 70.0 | 60.1 | T.Junction | Left | Queen Street | 13:56 | 13:43 | 13:29 |
| 96.7 | 69.9 | 60.1 | Junction | Right | Queen Street - Against No Entry! | 13:56 | 13:43 | 13:29 |
| 96.0 | 70.6 | 59.7 |  | Keep Left | Hall Lane | 13:55 | 13:42 | 13:28 |
| 96.8 | 69.8 | 60.2 | Junction | Left | King Street - Against No Entry! | 13:57 | 13:43 | 13:29 |
| 97.4 | 69.2 | 60.6 | X.Roads | Straight | Station Road | 13:58 | 13:44 | 13:30 |
| 97.6 | 69.0 | 60.7 |  | Caution! | \ Narrow Bridge! | 13:58 | 13:44 | 13:30 |
| 98.0 | 68.6 | 60.9 | X.Roads | Straight |  | 13:59 | 13:45 | 13:31 |
| 99.6 | 67.0 | 61.9 | Sign |  | Hockerton | 14:01 | 13:47 | 13:33 |
| 99.9 | 66.7 | 62.1 | T.Junction | Left | A617 Newark Road | 14:01 | 13:47 | 13:33 |
| 100.0 | 66.6 | 62.2 | Junction | Right | Caunton Road | 14:02 | 13:47 | 13:33 |
| 104.6 | 62.0 | 65.0 | X.Roads | Straight | Newark Road | 14:09 | 13:54 | 13:39 |
| 104.8 | 61.8 | 65.2 | Sign |  | Caunton | 14:09 | 13:54 | 13:39 |
| 105.2 | 61.4 | 65.4 |  | Caution! | $\triangle$ Sharp right bend | 14:10 | 13:55 | 13:40 |
| 105.3 | 61.3 | 65.5 | X.Roads | Straight | Main Street | 14:10 | 13:55 | 13:40 |
| 105.4 | 61.2 | 65.5 | T.Junction | Right | Norwell Road | 14:10 | 13:55 | 13:40 |
| 105.6 | 61.0 | 65.7 |  | Keep Left | Norwell Road | 14:10 | 13:55 | 13:40 |
| 106.9 | 59.7 | 66.5 |  | Caution! | \ Narrow Bridge! | 14:12 | 13:57 | 13:42 |
| 106.9 | 59.7 | 66.5 | Junction | Left | Caunton Road | 14:12 | 13:57 | 13:42 |
| 107.3 | 59.3 | 66.7 |  | Caution! | \ Narrow Bridge! | 14:13 | 13:58 | 13:42 |
| 108.7 | 57.9 | 67.6 | T.Junction | Right | Norwell Lane | 14:15 | 14:00 | 13:44 |
| 108.8 | 57.8 | 67.7 | Sign |  | Norwell | 14:15 | 14:00 | 13:44 |
| 109.2 | 74.0 | 67.9 |  | Keep Left | Norwell Lane | 14:16 | 14:01 | 13:45 |
| 109.6 | 57.0 | 68.2 | Junction | Left |  | 14:17 | 14:01 | 13:45 |
| 109.7 | 56.9 | 68.2 | Junction | Left | Ossington Road | 14:17 | 14:01 | 13:46 |
| 110.5 | 56.1 | 68.7 |  | Keep Right | Ossington Road | 14:18 | 14:02 | 13:47 |
| 112.8 | 53.8 | 70.1 | T.Junction | Left |  | 14:22 | 14:06 | 13:50 |
| 113.3 | 53.3 | 70.5 | Sign |  | Ossington | 14:23 | 14:06 | 13:50 |
| 113.9 | 52.7 | 70.8 | Junction | Right | Moorhouse Road | 14:23 | 14:07 | 13:51 |
| 115.9 | 50.7 | 72.1 |  | Caution! | \ Severe Hump Back Bridge! | 14:27 | 14:10 | 13:54 |
| 116.0 | 50.6 | 72.1 |  | Keep Right | Moorhouse Road | 14:27 | 14:10 | 13:54 |
| 118.1 | 48.5 | 73.4 | T.Junction | Left | Weston Road | 14:30 | 14:13 | 13:56 |
| 119.4 | 47.2 | 74.2 | Sign |  | Egmanton | 14:32 | 14:15 | 13:58 |
| 119.8 | 46.8 | 74.5 | T.Junction | Right | Tuxford Road | 14:33 | 14:16 | 13:59 |
| 121.2 | 45.4 | 75.4 | Sign |  | Tuxford | 14:35 | 14:18 | 14:00 |


| KM | KM to go | Miles | Feature | Instruction | Description | $38 / \pi / \sigma_{h}$ | $\mathrm{m} / \mathrm{m}_{n}$ | km/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 121.7 | 44.9 | 75.7 |  | Keep Left | Newcastle Street | 14:36 | 14:18 | 14:01 |
| 122.1 | 44.5 | 75.9 | X.Roads | Straight | A6075 Market Place | 14:36 | 14:19 | 14:01 |
| 123.1 | 43.5 | 76.5 | Junction | Right | Marnham Road | 14:38 | 14:20 | 14:03 |
| 123.4 | 43.2 | 76.7 | M R/about | 1st Exit | Marnham Road | 14:38 | 14:21 | 14:03 |
| 127.4 | 39.2 | 79.2 |  | Keep Right | Skegby Road | 14:45 | 14:27 | 14:08 |
| 127.5 | 39.1 | 79.3 |  | Keep Left | Polly Taylor's Road | 14:45 | 14:27 | 14:08 |
| 128.7 | 37.9 | 80.0 | T.Junction | Left | Fledborough Road | 14:47 | 14:28 | 14:10 |
| 129.5 | 37.1 | 80.5 | Sign |  | Fledborough | 14:48 | 14:30 | 14:11 |
| 130.4 | 36.2 | 81.1 |  | Keep Left |  | 14:49 | 14:31 | 14:12 |
| 131.5 | 35.1 | 81.8 | Sign |  | Ragnall | 14:51 | 14:32 | 14:14 |
| 132.8 | 33.8 | 82.6 | X.Roads | Right | A57 Darlton Road | 14:53 | 14:34 | 14:15 |
| 133.5 | 33.1 | 83.0 | Sign |  | Dunham on Trent | 14:54 | 14:35 | 14:16 |
| 132.7 | 33.9 | 82.5 |  | Keep Right | A57 Main Street | 14:53 | 14:34 | 14:15 |
| 134.4 | 32.2 | 83.6 | Sign |  | Dunham Toll Bridge | 14:56 | 14:37 | 14:17 |
| 134.5 | 32.1 | 83.6 |  | Keep Right | Toll Crossing | 14:56 | 14:37 | 14:17 |
| 134.7 | 31.9 | 83.8 | Sign |  | Lincolnshire | 14:56 | 14:37 | 14:18 |
| 136.0 | 30.6 | 84.6 | Junction | Right | A1133 Collingham Road | 14:58 | 14:39 | 14:19 |
| 137.4 | 29.2 | 85.4 | Sign |  | Nottinghamshire | 15:00 | 14:41 | 14:21 |
| 138.0 | 28.6 | 85.8 | X.Roads | Straight |  | 15:01 | 14:42 | 14:22 |
| 138.7 | 27.9 | 86.3 |  | Caution! | \ Hump Back Bridge | 15:02 | 14:43 | 14:23 |
| 141.8 | 24.8 | 88.2 | Sign |  | Girton | 15:07 | 14:47 | 14:27 |
| 145.0 | 21.6 | 90.2 | Sign |  | Besthorpe | 15:12 | 14:52 | 14:31 |
| 146.6 | 20.0 | 91.2 | Drinks | End | 囷 20 km to Finish | 15:15 | 14:54 | 14:33 |
| 146.6 | 20.0 | 91.2 |  |  | Green Zone for 200m | 15:15 | 14:54 | 14:33 |
| 147.8 | 18.8 | 91.9 |  |  | Collingham Village | 15:17 | 14:56 | 14:35 |
| 148.0 | 18.6 | 92.0 | X.Roads | Straight | A1133 High Street | 15:17 | 14:56 | 14:35 |
| 148.8 | 17.8 | 92.5 | T.Lights | Straight | A1133 High Street | 15:18 | 14:57 | 14:36 |
| 150.2 | 16.4 | 93.4 |  | Caution! | \1 Level Crossing | 15:21 | 14:59 | 14:38 |
| 150.4 | 16.2 | 93.5 | Junction | Left | Whitemoor Lane | 15:21 | 14:59 | 14:38 |
| 151.2 | 15.4 | 94.0 |  | Keep Right | Brough Lane | 15:22 | 15:01 | 14:39 |
| 155.4 | 11.2 | 96.6 | Junction | Right | Coddington Lane | 15:29 | 15:07 | 14:44 |
| 155.4 | 11.2 | 96.6 | T.Junction | Right | Coddington Lane | 15:29 | 15:07 | 14:44 |
| 156.6 | 10.0 | 97.4 |  |  | 10 km to Finish | 15:31 | 15:08 | 14:46 |
| 159.1 | 7.5 | 98.9 | R/about | 2nd Exit | Beckingham Road | 15:35 | 15:12 | 14:49 |
| 159.7 | 6.9 | 99.3 | Sign |  | Coddington | 15:35 | 15:13 | 14:50 |
| 161.6 | 5.0 | 100.5 |  |  | 5 km to Finish | 15:38 | 15:15 | 14:52 |
| 163.0 | 3.6 | 101.4 | T.Lights | Right | Northern Road | 15:41 | 15:17 | 14:54 |
| 163.6 | 3.0 | 101.7 |  |  | 3km to Finish | 15:42 | 15:18 | 14:55 |
| 163.6 | 3.0 | 101.7 |  |  | Green Zone for 200m | 15:42 | 15:18 | 14:55 |
| 163.8 | 2.8 | 101.9 |  | Keep Right | Northern Road | 15:42 | 15:19 | 14:55 |
| 164.1 | 2.5 | 102.0 | T.Lights | Left | B6166 | 15:42 | 15:19 | 14:55 |
| 165.0 | 1.6 | 102.6 | T.Lights | Straight | North Gate | 15:44 | 15:20 | 14:57 |
| 165.3 | 1.3 | 102.8 | R/about | 1st Exit | B6166 Castle Gate | 15:44 | 15:21 | 14:57 |
| 165.7 | 0.9 | 103.0 | T.Lights | Straight | Lombard Street | 15:45 | 15:21 | 14:58 |
| 166.6 | 0.0 | 103.6 | Finish |  | E] Victoria Street - Newark-on-Trent | 15:46 | 15:23 | 14:59 |

## 4 FINISH

NEWARK-ON-TRENT

## Timetable

Tuesday 5 September
Time Activities
20:00 Overnight Parking Holy Trinity Car Park
Wednesday 6 September
04:45 Roads closed
05:15 Race facilities/Contractors arrive on site
05:30 Commence build up
07:00 6 stewards on site (venue)
08:00 All staff on site
08:30 Crew breakfast / briefing
Media Centre open
09:00 24 stewards on site (venue) Postion promotional units
Volunteer marshal briefing
11:00 Event Control briefing
Volunteer briefing
11:15 Stage 4 departs Sherwood Forest
11:30 Finish straight available for support activities 11:45 Hospitality open
12:15 Expected arrival of first team coaches
13:15 Ride with Dan Martin arrives
13:30 Support activities end
Lombard St Closes
14:27 Millgate Closes
14:40 Deviation Closes
14:59 Stage 4 arrives (Fast schedule)
15:23 Stage 4 arrives (Expected schedule)
15:45 Presentation of Stage Winner
and Leader's jerseys
15:40 Press conference
15:45 Hospitality closes
16:30 Volunteer marshals dismissed
24 stewards dismissed
Event Control closes
17:45 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear

Finish address Sconce and Devon Park Victoria Street Newark NG24 4UG


Tour village address Sconce and Devon Park Victoria Street
Newark NG24 4UG


Media centre address Holy Trinity Community and Partnership Centre Boundary Road
Newark NG24 4UG



# Make Memories 

 \#ExploreNotts nottinghamshire.gov.uk/countryparks Nottinghamshire

## FELIXSTOWE TO FELIXSTOWE <br> THURSDAY 7 SEPTEMBER

Stage five combines a start and finish in Felixstowe, one of Suffolk's most recognisable seaside towns, with a clockwise loop through the county's quintessentially British villages.
Kesgrave, Ipswich, Hadleigh (the location of the day's cottages.com sprint), Needham Market, Stowmarket, Framlingham, Leiston, and Woodbridge will all feature during stage five, which marks both the longest of the 2023 edition and the race's first visit to Suffolk since 2017.

The final six kilometres replicate the finale of the Women's Tour in 2021, a stage which saw a memorable victory by the then world champion Elisa Balsamo in front of 10,000 spectators.




## START / FINISH

 FELIXSTOWE
## Everybody loves a great day by the sea and

 Felixstowe has something for everyone. With stage five starting and finishing on Sea Road, there's no better time to visit!Nestled between the rivers Orwell and Deben on the east coast of England, Felixstowe is a charming Edwardian seaside town with a vibrant heart. Its mix of attractions and activities suits all ages and interests.

Enjoy a walk along the seafront with its fine
Edwardian architecture, colourful beach huts, and four miles of lovely beaches - don't forget your bucket and spade! Overlooking the waters are the newly-restored Seafront Gardens, with their colourful and unusual planting, historical features, and structures stretching for a kilometre.

For family fun, try your luck on the slot machines at Felixstowe Pier, head to the thrilling children's rides at Manning's and Ocean Boulevard make a splash at the Leisure Centre, or challenge your friends to a round of adventure golf.
Martello Park offers fun play areas and kiosks. You can't visit the seaside without trying the delicious fish and chips or an ice cream made using the milk from Felixstowe's very own dairy herd. In the evening, relax and enjoy shows and entertainment at the Spa Pavilion, grab some street food in the Beach Village, or enjoy a meal at the Alex or the Boardwalk.

Up the hill from the seafront is Felixstowe's bustling town centre. This is home to a great selection of big-name stores, plus specialty boutiques, crafts, gifts, and independent shops. Pick up something special as a souvenir of your day by the sea, then relax with a classic cream tea on the cliff-tops

At the northern end of the town is the charming fishing and sailing hamlet of Felixstowe Ferry. Take a walk along the banks of the river Deben, hop on the little foot ferry for a trip to Bawdsey, pick up some fresh fish for tea, and see how many of the iconic Napoleonic Martello Towers you can spot.

Head south to visit the unique Landguard Peninsula, with its 18th century fort, one of England's best-preserved coastal defences, alongside the fascinating collections of the Felixstowe Museum Then stroll along the boardwalk at the nature reserve home to a rich diversity of flora and fauna; the viewing area here offers spectacular views of the giant ships arriving at the Port of Felixstowe, Britain's busiest port.

## FACT FILE

## 113

HEIGHT, IN FEET, OF FELIXSTOWE'S NEW OBSERVATION WHEEL INSTALLED IN AUGUST

## 400,000+

NUMBER OF FANS WHO HAVE ATTENDED PREVIOUS TOUR OF BRITAIN STAGES IN SUFFOLK

## £8.5M+

NET ECONOMIC BENEFIT TO SUFFOLK FROM PREVIOUS RACE VISITS TO THE COUNTY

## 5 FELIXSTOWE TO FELIXSTOWE THURSDAY 7 SEPTEMBER




## Investing in jobs, business, and green energy in Suffolk



Proud supporting partner of the Tour of Britain as it shines a light on Suffolk's towns, villages, coastline and countryside

Renewables

Where's great to cycle? VisitSulfolk,
Naturally


## START FELIXSTOWE

## Timetable

Wednesday 6 September
Time Activities
21:00 Overnight Parking Langer Road Car Park

## Thursday 7 Septembe

03:45 Roads closed
04:00 Race facilities/Contractors arrive on site
06:00 6 stewards on site (venue)
08:00 Postion promotional units
Start infrastructure and Hospitality complete PPO operationa 24 stewards on site (venue)
08:30 Crew breakfast / briefing
Media Centre open
09:00 Volunteer marshal briefing Hospitality open
09:30 Sign on commences
10:15 OKm positioned
10:30 Event Control briefing
10:35 Riders assemble on Start Line
Forward Vehicles Depart

## 10:45 Start of stage

11:15 Ride with Dan Martin Departs Finish straight available for support activities 13:15 Ride with Dan Martin Arrives
14:30 Support activities end
14:45 Deviation closes
15:07 Stage 5 arrives (Fast schedule)
15:34 Stage 5 arrives (Expected schedule)
15:45 Presentation of Stage Winner
and Leader's jerseys
16:00 Hospitality closes
16:30 Press conference
Volunteer marshals dismissed
24 stewards dismissed
Event Control closes
17:45 Remaining Stewards dismissed 18:00 Media Centre closes
19:00 Site clear

## 5 <br> RACE SCHEDULE

FELIXSTOWE TO FELIXSTOWE

Neutralised section
Sea Road, Undercliff Road West, Convalescent Hill, Wolsey Gardens, Hamilton Road, A1021 Orwell Road, A1021 Leopold Road A1021 Crescent Road, A1021 Hamilton Road, High Road West, High Road, Felixstowe Road.

Approximate distance of neutralised section $8.8 \mathrm{~km} / 4.5 \mathrm{miles}$
Distance of stage 192.4 km / 119.6 miles
Neutralised start 10:45

| KM | KM to go | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \text { on }$ | $2 \mathrm{~km} / \mathrm{m}_{\mathrm{n}}$ | ${ }^{2} \sigma_{\text {Km/on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 䦔Start Neutralised |  | Sea Road - Felixstowe | 10:45 | 10:45 | 10:45 |
| 0.00 | 192.4 | 0.00 | ame Start Proper |  |  | 11:00 | 11:00 | 11:00 |
| 0.8 | 191.6 | 0.5 |  | Caution! | ¢ Dual carriageway - keep left | 11:01 | 11:01 | 11:01 |
| 2.8 | 189.6 | 1.7 | T.Junction | Left | A1156 Felixstowe Road | 11:04 | 11:04 | 11:03 |
| 3.5 | 188.9 | 2.2 | Sign |  | Foxhall | 11:05 | 11:05 | 11:04 |
| 3.7 | 188.7 | 2.3 | Junction | Right | Straight Road | 11:05 | 11:05 | 11:04 |
| 4.5 | 187.9 | 2.8 | X.Roads | Right | Bucklesham Road | 11:07 | 11:06 | 11:05 |
| 5.6 | 186.8 | 3.5 | Junction | Left | \Hall Road - Narrow for 2km! | 11:08 | 11:08 | 11:07 |
| 7.4 | 185.0 | 4.6 | X.Roads | Straight | Dobbs Lane/Foxhall Road | 11:11 | 11:10 | 11:09 |
| 9.6 | 182.8 | 6.0 | T.Junction | Left | A1214 Main Road | 11:15 | 11:13 | 11:12 |
| 10.2 | 182.2 | 6.3 | R/about | 2nd Exit | A1124 Main Road | 11:16 | 11:14 | 11:13 |
| 11.1 | 181.3 | 6.9 | R/about | 2nd Exit | A1214 Main Road | 11:17 | 11:15 | 11:14 |
| 11.4 | 181.0 | 7.1 | T.Lights | Straight | A1214 Main Road | 11:17 | 11:16 | 11:14 |
| 12.3 | 180.1 | 7.6 | Sign |  | Rushmore St Andrew | 11:19 | 11:17 | 11:15 |
| 12.5 | 179.9 | 7.8 | T.Lights | Straight | A1214 Woodbridge Road/Beach Road | 11:19 | 11:17 | 11:16 |
| 13.4 | 179.0 | 8.3 | Sign |  | Ipswich | 11:21 | 11:19 | 11:17 |
| 13.8 | 178.6 | 8.6 | R/about | 1st Exit | A1189 Heath Road | 11:21 | 11:19 | 11:17 |
| 14.1 | 178.3 | 8.8 |  | Caution! | Central Island - keep left | 11:22 | 11:20 | 11:18 |
| 15.0 | 177.4 | 9.3 | R/about | 2nd Exit | A1189 Bixley Road/Foxhall Road | 11:23 | 11:21 | 11:19 |
| 16.0 | 176.4 | 9.9 | R/about | 3rd Exit | A1156 Felixstowe Road | 11:25 | 11:22 | 11:20 |
| 16.2 | 176.2 | 10.1 | T.Lights | Straight | A1156 Felixstowe Road/King's Way | 11:25 | 11:23 | 11:20 |
| 16.7 | 175.7 | 10.4 |  | Caution! | A Central Island pass both sides | 11:26 | 11:23 | 11:21 |
| 17.1 | 175.3 | 10.6 | T.Lights | Straight | A1156 Felixstowe Road/Murray Road | 11:26 | 11:24 | 11:21 |
| 17.3 | 175.1 | 10.8 | T.Lights | Straight | A1156 Felixstowe Road/B1075 | 11:27 | 11:24 | 11:22 |
| 18.4 | 174.0 | 11.4 | T.Lights | Straight | A1156 Fore Hamlet/Pownall Road | 11:28 | 11:26 | 11:23 |
| 18.5 | 173.9 | 11.5 | T.Lights | Straight | A1156 Fore Hamlet/B1458 Duke Street | 11:29 | 11:26 | 11:23 |
| 18.7 | 173.7 | 11.6 | Caution! | Keep Left | \ Central Island - A1156 Fore St/Grimwade St | 11:29 | 11:26 | 11:24 |
| 18.9 | 173.5 | 11.8 |  |  | Salthouse Street - One Way System | 11:29 | 11:27 | 11:24 |
| 19.0 | 173.4 | 11.8 |  | Caution! | $\triangle$ Central Island pass both sides | 11:29 | 11:27 | 11:24 |
| 19.4 | 173.0 | 12.1 | R/about | 1st Exit | A137 Bridge Street | 11:30 | 11:27 | 11:24 |
| 19.6 | 172.8 | 12.2 | Caution! | Keep Left | Central Island - A137 Bridge Street | 11:30 | 11:28 | 11:25 |
| 20.0 | 172.4 | 12.4 | R/about | 3rd Exit | A137 Hawes Street | 11:31 | 11:28 | 11:25 |
| 20.0 | 172.4 | 12.4 | R/about | 2nd Exit | A137 Hawes Street | 11:31 | 11:28 | 11:25 |
| 20.4 | 172.0 | 12.7 | R/about | 3rd Exit | A137 Wherstead Road | 11:32 | 11:29 | 11:26 |
| 21.7 | 170.7 | 13.5 | R/about | 2nd Exit | A137 Keep Left for Next Round About | 11:34 | 11:31 | 11:27 |
| 21.8 | 170.6 | 13.6 | Sign |  | Wherstead | 11:34 | 11:31 | 11:28 |
| 21.9 | 170.5 | 13.6 | R/about | 1st Exit | B1456 The Strand/A137 | 11:34 | 11:31 | 11:28 |
| 24.0 | 168.4 | 14.9 | KoM 1 Cat 3 | Start |  | 11:37 | 11:34 | 11:30 |
| 24.3 | 168.1 | 15.1 | Sign |  | Freston | 11:38 | 11:34 | 11:31 |
| 25.0 | 167.4 | 15.5 | Kom 1 Cat 3 | Finish | (3) Freston Hill | 11:39 | 11:35 | 11:32 |
| 25.0 | 167.4 | 15.5 |  |  | Green Zone for 200m | 11:39 | 11:35 | 11:32 |
| 25.6 | 166.8 | 15.9 |  | Keep Left | B1456 Main Road | 11:40 | 11:36 | 11:32 |
| 28.6 | 163.8 | 17.8 | Sign |  | Chelmondston | 11:44 | 11:40 | 11:36 |
| 30.1 | 162.3 | 18.7 | Drinks | Start | 冎 | 11:47 | 11:43 | 11:38 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | Skn/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 32.7 | 159.7 | 20.3 | Sign |  | Shotley | 11:51 | 11:46 | 11:42 |
| 32.8 | 159.6 | 20.4 | Caution! | Right | ¢ Narrow! | 11:51 | 11:46 | 11:42 |
| 34.0 | 158.4 | 21.1 | Sign |  | Erwarton | 11:53 | 11:48 | 11:43 |
| 35.2 | 157.2 | 21.9 |  | Caution! | $\triangle$ Sharp left bend! | 11:55 | 11:50 | 11:45 |
| 35.3 | 157.1 | 22.0 |  | Caution! | $\triangle$ Sharp right bend! | 11:55 | 11:50 | 11:45 |
| 36.8 | 155.6 | 22.9 |  | Keep Right |  | 11:57 | 11:52 | 11:47 |
| 37.5 | 154.9 | 23.3 |  | Keep Left |  | 11:58 | 11:53 | 11:48 |
| 37.8 | 154.6 | 23.5 |  | Keep Right |  | 11:59 | 11:54 | 11:48 |
| 38.2 | 154.2 | 23.8 | Sign |  | Harkstead | 12:00 | 11:54 | 11:49 |
| 38.6 | 153.8 | 24.0 |  | Keep Right |  | 12:00 | 11:55 | 11:49 |
| 39.0 | 153.4 | 24.3 | Sign |  | Lower Holbrook | 12:01 | 11:55 | 11:50 |
| 41.1 | 151.3 | 25.6 | T.Junction | Left | B1080 Church Hill | 12:04 | 11:58 | 11:52 |
| 41.6 | 150.8 | 25.9 | Kom 2 Cat 3 | Start |  | 12:05 | 11:59 | 11:53 |
| 42.2 | 150.2 | 26.2 | Kom 2 Cat 3 | Finish | (3) Holbrook | 12:06 | 12:00 | 11:54 |
| 42.2 | 150.2 | 26.2 |  |  | Green Zone for 200m | 12:06 | 12:00 | 11:54 |
| 43.9 | 148.5 | 27.3 |  | Keep Right |  | 12:08 | 12:02 | 11:56 |
| 43.9 | 148.5 | 27.3 |  | Keep Left | B1080 Manningtree Road | 12:08 | 12:02 | 11:56 |
| 46.9 | 145.5 | 29.2 | T.Junction | Left | A137 The Street | 12:13 | 12:07 | 12:00 |
| 48.3 | 144.1 | 30.0 |  | Keep Left | A137 | 12:15 | 12:09 | 12:02 |
| 49.9 | 142.5 | 31.0 | R/about | 3rd Exit | B1070 Bergholt Road | 12:18 | 12:11 | 12:04 |
| 51.4 | 141.0 | 32.0 | Sign |  | East Bergholt | 12:20 | 12:13 | 12:06 |
| 52.1 | 140.3 | 32.4 | Junction | Left | White Horse Road | 12:21 | 12:14 | 12:06 |
| 52.7 | 139.7 | 32.8 | X.Roads | Right | Grandish Road | 12:22 | 12:15 | 12:07 |
| 53.6 | 138.8 | 33.3 | X.Roads | Left | B1070 Mill Road | 12:24 | 12:16 | 12:08 |
| 54.2 | 138.2 | 33.7 |  | Keep Left | B1070 Heath Road | 12:25 | 12:17 | 12:09 |
| 54.9 | 137.5 | 34.1 |  | Keep Left | B1070 Gaston End | 12:26 | 12:18 | 12:10 |
| 55.0 | 137.4 | 34.2 |  | Keep Right | B1070 Gaston End | 12:26 | 12:18 | 12:10 |
| 56.7 | 135.7 | 35.3 | Sign |  | Holton St Mary | 12:29 | 12:21 | 12:12 |
| 57.8 | 134.6 | 35.9 |  | Keep Right | B1070 | 12:30 | 12:22 | 12:14 |
| 58.6 | 133.8 | 36.4 | Sign |  | Raydon | 12:32 | 12:23 | 12:15 |
| 59.0 | 133.4 | 36.7 |  | Keep Left | B1070 | 12:32 | 12:24 | 12:15 |
| 59.7 | 132.7 | 37.1 |  | Keep Left | B1070 | 12:33 | 12:25 | 12:16 |
| 61.3 | 131.1 | 38.1 |  | Keep Right | B1070 | 12:36 | 12:27 | 12:18 |
| 61.5 | 130.9 | 38.2 | Sign |  | Upper Layham | 12:36 | 12:27 | 12:19 |
| 63.0 | 129.4 | 39.2 | Sign |  | Hadleigh | 12:39 | 12:30 | 12:21 |
| 64.0 | 128.4 | 39.8 |  | Caution! | \ Buildout - offside in carriageway | 12:40 | 12:31 | 12:22 |
| 64.6 | 127.8 | 40.2 | M R/about | 1st Exit | B1070 High Street | 12:41 | 12:32 | 12:23 |
| 64.8 | 127.6 | 40.3 | Sprint | Start | 5 Hadleigh | 12:41 | 12:32 | 12:23 |
| 64.8 | 127.6 | 40.3 |  |  | Green Zone for 200m | 12:41 | 12:32 | 12:23 |
| 64.9 | 127.5 | 40.4 |  | Keep Left | B1070 Bridge Street | 12:41 | 12:32 | 12:23 |
| 65.3 | 127.1 | 40.6 |  | Keep Right | B1070 Gallows Hill | 12:42 | 12:33 | 12:23 |
| 65.8 | 126.6 | 40.9 | T.Junction | Left | A1071 | 12:43 | 12:34 | 12:24 |
| 65.9 | 126.5 | 41.0 | Junction | Right | A1141 | 12:43 | 12:34 | 12:24 |
| 67.9 | 124.5 | 42.2 | Sign |  | Semer | 12:46 | 12:37 | 12:27 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | $\mathrm{km} / \mathrm{on}$ | $\sigma_{\text {kn/on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 68.0 | 124.4 | 42.3 |  | Keep Left | A1141 | 12:46 | 12:37 | 12:27 |
| 69.7 | 122.7 | 43.3 |  | Keep Right | B1115 | 12:49 | 12:39 | 12:29 |
| 69.8 | 122.6 | 43.4 |  | Keep Left | B1115 | 12:49 | 12:39 | 12:29 |
| 71.1 | 121.3 | 44.2 |  | Keep Left | B1115 | 12:51 | 12:41 | 12:31 |
| 72.4 | 120.0 | 45.0 | Sign |  | Bildeston | 12:53 | 12:43 | 12:33 |
| 73.1 | 119.3 | 45.5 | X.Roads | Right | Wattisham Road | 12:54 | 12:44 | 12:33 |
| 76.1 | 116.3 | 47.3 | Sign |  | Wattisham | 12:59 | 12:48 | 12:37 |
| 76.5 | 115.9 | 47.6 |  | Keep Left | Hitcham Road | 13:00 | 12:49 | 12:38 |
| 76.7 | 115.7 | 47.7 | Junction | Right | Well Road | 13:00 | 12:49 | 12:38 |
| 77.6 | 114.8 | 48.3 | Sign |  | Ringshall | 13:01 | 12:50 | 12:39 |
| 79.8 | 112.6 | 49.6 | T.Junction | Left | Stowmarket Road | 13:05 | 12:54 | 12:42 |
| 80.7 | 111.7 | 50.2 |  | Keep Right |  | 13:06 | 12:55 | 12:43 |
| 80.7 | 111.7 | 50.2 | T.Junction | Right | Straight Road | 13:06 | 12:55 | 12:43 |
| 81.7 | 110.7 | 50.8 | Junction | Right | Valley Road | 13:08 | 12:56 | 12:45 |
| 83.4 | 109.0 | 51.9 | T.Junction | Right | Hascot Hill | 13:11 | 12:59 | 12:47 |
| 84.7 | 107.7 | 52.7 | Sign |  | Barking | 13:13 | 13:01 | 12:48 |
| 85.0 | 107.4 | 52.9 | T.Junction | Left | B1078 Barking Hill | 13:13 | 13:01 | 12:49 |
| 86.9 | 105.5 | 54.0 | Sign |  | Needham Market | 13:16 | 13:04 | 12:51 |
| 87.7 | 104.7 | 54.5 | T.Junction | Left | B1113 lpswich Road | 13:17 | 13:05 | 12:52 |
| 90.9 | 101.5 | 56.5 |  | Caution! | $\triangle$ Dual carriageway - keep left | 13:22 | 13:09 | 12:56 |
| 91.3 | 101.1 | 56.8 | Sign |  | Stowmarket | 13:23 | 13:10 | 12:57 |
| 91.8 | 100.6 | 57.1 | T.Lights | Straight | A1308 Needham Road | 13:24 | 13:11 | 12:58 |
| 92.4 | 100.0 | 57.5 | R/about | 2nd Exit | Needham Road | 13:25 | 13:12 | 12:58 |
| 92.9 | 99.5 | 57.8 | M R/about | 2nd Exit | Ipswich Road | 13:25 | 13:12 | 12:59 |
| 93.4 | 99.0 | 58.1 | M R/about | 1st Exit | Ipswich Road | 13:26 | 13:13 | 13:00 |
| 93.6 | 98.8 | 58.2 | T.Lights | Right | Milton Road South | 13:27 | 13:13 | 13:00 |
| 93.7 | 98.7 | 58.3 | T.Lights | Left | A1308 Gipping Way | 13:27 | 13:13 | 13:00 |
| 93.8 | 98.6 | 58.3 | T.Lights | Right | B1115 Navigation Approach | 13:27 | 13:14 | 13:00 |
| 94.5 | 97.9 | 58.8 | R/about | 2nd Exit | B1115 Mortimer Road | 13:28 | 13:15 | 13:01 |
| 94.8 | 97.6 | 59.0 |  | Caution! | $\triangle$ Central Island - pass both sides | 13:28 | 13:15 | 13:01 |
| 95.3 | 97.1 | 59.3 | R/about | 2nd Exit | B1115 Stowmarket Road | 13:29 | 13:16 | 13:02 |
| 95.5 | 96.9 | 59.4 | Sign |  | Stowupland | 13:30 | 13:16 | 13:02 |
| 96.2 | 96.2 | 59.8 | T.Junction | Left | A1120 Church Road | 13:31 | 13:17 | 13:03 |
| 97.9 | 94.5 | 60.9 |  | Keep Right | A1120 Bells Lane | 13:33 | 13:19 | 13:05 |
| 98.7 | 93.7 | 61.4 | Sign |  | Earl Stonham | 13:35 | 13:21 | 13:06 |
| 99.1 | 93.3 | 61.6 | Sign |  | Forward Green | 13:35 | 13:21 | 13:07 |
| 102.8 | 89.6 | 63.9 | T.Junction | Left | A140 | 13:41 | 13:26 | 13:12 |
| 102.9 | 89.5 | 64.0 | Junction | Right | A1120 Stowmarket Road | 13:41 | 13:27 | 13:12 |
| 104.2 | 88.2 | 64.8 | Sign |  | Stonham Aspal | 13:43 | 13:28 | 13:13 |
| 104.3 | 88.1 | 64.9 | Junction | Left | Scott's Hill | 13:43 | 13:29 | 13:14 |
| 105.6 | 86.8 | 65.7 |  | Keep Right |  | 13:45 | 13:30 | 13:15 |
| 109.7 | 82.7 | 68.2 | Sign |  | Debenham | 13:52 | 13:36 | 13:21 |
| 110.7 | 81.7 | 68.8 | T.Junction | Right | B1077 High Street | 13:53 | 13:38 | 13:22 |
| 111.1 | 81.3 | 69.1 | Junction | Left | Kenton Road | 13:54 | 13:38 | 13:22 |
| 111.3 | 81.1 | 69.2 |  | Keep Right | Thorpe Lane | 13:54 | 13:39 | 13:23 |
| 114.6 | 74.0 | 71.3 | X.Roads | Left | A1120 | 14:00 | 13:43 | 13:27 |
| 117.0 | 75.4 | 72.8 | Sign |  | Earl Soham | 14:03 | 13:47 | 13:30 |
| 117.6 | 74.8 | 73.1 | T.Junction | Right | A1120 The Street | 14:04 | 13:48 | 13:31 |
| 117.9 | 74.5 | 73.3 |  | Keep Left | A1120 | 14:05 | 13:48 | 13:31 |
| 118.6 | 73.8 | 73.8 |  | Keep Right |  | 14:06 | 13:49 | 13:32 |
| 119.9 | 72.5 | 74.6 |  | Keep Right | A1120 | 14:08 | 13:51 | 13:34 |
| 120.5 | 71.9 | 74.9 | Junction | Right | B1119 | 14:09 | 13:52 | 13:34 |
| 121.5 | 70.9 | 75.6 | Sign |  | Framlingham | 14:10 | 13:53 | 13:36 |
| 121.6 | 70.8 | 75.6 |  | Keep Right | B1119 Saxted Road | 14:11 | 13:53 | 13:36 |


| KM | KM to go | Miles | Feature | Instruction | Description | $3^{3} \mathrm{k} / \mathrm{m} / \mathrm{h}$ | $\mathrm{km} / \mathrm{m}_{1}$ | Skn/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 122.9 | 69.5 | 76.4 |  | Keep Right | B1119 Mount Pleasant | 14:13 | 13:55 | 13:38 |
| 123.5 | 68.9 | 76.8 | T.Junction | Right | B1116 College Road | 14:14 | 13:56 | 13:38 |
| 123.8 | 68.6 | 77.0 | M R/about | 2nd Exit | Bridge Street | 14:14 | 13:56 | 13:39 |
| 124.3 | 68.1 | 77.3 |  | Keep Right | Castle Street | 14:15 | 13:57 | 13:39 |
| 124.4 | 68.0 | 77.4 | T.Junction | Left | B1119 Saxmundham Road | 14:15 | 13:57 | 13:39 |
| 127.2 | 65.2 | 79.1 |  | Keep Right | B1119 | 14:19 | 14:01 | 13:43 |
| 130.5 | 61.9 | 81.2 |  | Keep Left | B1119 | 14:25 | 14:06 | 13:47 |
| 131.3 | 61.1 | 81.6 | Sign |  | Rendham | 14:26 | 14:07 | 13:48 |
| 131.4 | 61.0 | 81.7 |  | Keep Right | B1119 | 14:26 | 14:07 | 13:48 |
| 131.9 | 60.5 | 82.0 |  | Keep Right | B1119 | 14:27 | 14:08 | 13:49 |
| 132.9 | 59.5 | 82.6 |  | Keep Right | B1119 | 14:28 | 14:09 | 13:50 |
| 133.2 | 59.2 | 82.8 |  | Keep Left | B1119 Rendham Road | 14:29 | 14:10 | 13:51 |
| 134.7 | 57.7 | 83.8 |  | Keep Left | to A12 Junction | 14:31 | 14:12 | 13:53 |
| 134.7 | 57.7 | 83.8 | T.Junction | Right | A12-Cross Dual Carriageway | 14:31 | 14:12 | 13:53 |
| 134.8 | 57.6 | 83.8 | Junction | Left | B1119 Rendham Road | 14:31 | 14:12 | 13:53 |
| 135.6 | 56.8 | 84.3 |  | Keep Left | B1119 Chapel Road | 14:33 | 14:13 | 13:54 |
| 135.8 | 56.6 | 84.4 |  | Keep Right | B1119 Fairfield Road | 14:33 | 14:14 | 13:54 |
| 136.0 | 56.4 | 84.6 | T.Junction | Right | B1119 North Entrance | 14:33 | 14:14 | 13:54 |
| 136.1 | 56.3 | 84.6 | Sign |  | Saxmundham | 14:33 | 14:14 | 13:54 |
| 136.4 | 56.0 | 84.8 | T.Lights | Left | B1119 Church Street | 14:34 | 14:14 | 13:55 |
| 141.0 | 51.4 | 87.7 |  | Keep Right | B1115 level crossing - left | 14:41 | 14:21 | 14:01 |
| 141.7 | 50.7 | 88.1 | Sign |  | Leiston | 14:42 | 14:22 | 14:02 |
| 142.9 | 49.5 | 88.9 | T.Lights | Straight | B1122 Main Street | 14:44 | 14:24 | 14:03 |
| 143.0 | 49.4 | 88.9 |  | Keep Right | B1122 High Street | 14:44 | 14:24 | 14:03 |
| 143.2 | 49.2 | 89.0 |  | Caution! | $\triangle$ Speed cushions $\times 2$ | 14:45 | 14:24 | 14:04 |
| 143.3 | 49.1 | 89.1 | T.Lights | Straight | B1122 High Street | 14:45 | 14:24 | 14:04 |
| 144.0 | 48.4 | 89.5 | Sign |  | Aldringham | 14:46 | 14:25 | 14:05 |
| 144.7 | 47.7 | 90.0 | X.Roads | Right | B1353 Aldringham Lane | 14:47 | 14:26 | 14:06 |
| 145.7 | 46.7 | 90.6 | T.Junction | Left | B1069 Leiston Road | 14:48 | 14:28 | 14:07 |
| 148.2 | 44.2 | 92.2 | T.Junction | Right | A1094 Aldeburgh Road | 14:52 | 14:31 | 14:10 |
| 148.4 | 44.0 | 92.3 |  | Keep Left | A1094 | 14:53 | 14:32 | 14:10 |
| 150.5 | 41.9 | 93.6 | Sign |  | Snape | 14:56 | 14:35 | 14:13 |
| 150.6 | 41.8 | 93.7 | Junction | Left | B1069 Church Road | 14:56 | 14:35 | 14:13 |
| 153.0 | 39.4 | 95.1 |  | Keep Left | B1069 | 15:00 | 14:38 | 14:16 |
| 154.7 | 37.7 | 96.2 |  | Keep Right | B1069 | 15:03 | 14:41 | 14:18 |
| 156.5 | 35.9 | 97.3 | Sign |  | Tunstall | 15:05 | 14:43 | 14:21 |
| 156.6 | 35.8 | 97.4 | T.Junction | Right | B1069 Orford Road | 15:06 | 14:43 | 14:21 |
| 156.8 | 35.6 | 97.5 |  | Keep Left | B1068 Woodbridge Road | 15:06 | 14:44 | 14:21 |
| 158.3 | 34.1 | 98.4 | Sign |  | Rendlesham | 15:08 | 14:46 | 14:23 |
| 159.0 | 33.4 | 98.9 | R/about | 2nd Exit | A1152 | 15:09 | 14:47 | 14:24 |
| 161.9 | 30.5 | 100.7 | Sign |  | Eyke | 15:14 | 14:51 | 14:28 |
| 164.3 | 28.1 | 102.2 | Junction | Right | A1152 Orford Road | 15:18 | 14:54 | 14:31 |
| 164.3 | 28.1 | 102.2 | T.Junction | Right | Orford Road | 15:18 | 14:54 | 14:31 |
| 165.7 | 26.7 | 103.0 | R/about | 2nd Exit | A1152 Wilford Bridge Road | 15:20 | 14:56 | 14:33 |
| 166.1 | 26.3 | 103.3 | Sign |  | Melton | 15:21 | 14:57 | 14:33 |
| 165.3 | 27.1 | 102.8 |  | Caution! | \ Level Crossing | 15:19 | 14:56 | 14:32 |
| 167.0 | 25.4 | 103.8 | T.Lights |  | B1438 Melton Road | 15:22 | 14:58 | 14:34 |
| 168.2 | 24.2 | 104.6 | T.Lights | Left | B1438 Lime Kiln Quay Road | 15:24 | 15:00 | 14:36 |
| 168.8 | 23.6 | 105.0 | T.Lights | Straight | B1438 Quayside | 15:25 | 15:01 | 14:37 |
| 169.6 | 22.8 | 105.5 | M R/about | 2nd Exit | B1438 Ipswich Road | 15:26 | 15:02 | 14:38 |
| 170.1 | 22.3 | 105.8 | Junction | Left | Sandy Lane | 15:27 | 15:03 | 14:38 |
| 171.0 | 21.4 | 106.3 |  | Caution! | \ Narrow Bridge! | 15:28 | 15:04 | 14:39 |
| 171.6 | 20.8 | 106.7 | T.Junction | Left | The Street | 15:29 | 15:05 | 14:40 |
| 171.9 | 20.5 | 106.9 | Junction | Left | School Lane | 15:30 | 15:05 | 14:41 |

5 RACE SCHEDULE
FELIXSTOWE TO FELIXSTOWE

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}$ | km/on | Skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 172.4 | 20.0 | 107.2 |  | Keep Right | Waldringfield Road | 15:30 | 15:06 | 14:41 |
| 172.4 | 20.0 | 107.2 | Drinks | Finish | 図 20 km to Finish | 15:30 | 15:06 | 14:41 |
| 172.4 | 20.0 | 107.2 |  |  | Green Zone for 200m | 15:30 | 15:06 | 14:41 |
| 174.5 | 17.9 | 108.5 | Sign |  | Waldringfield Heath | 15:34 | 15:09 | 14:44 |
| 175.2 | 17.2 | 108.9 | X.Roads | Right | Ipswich Road | 15:35 | 15:10 | 14:45 |
| 176.6 | 15.8 | 109.8 |  | Keep Left |  | 15:37 | 15:12 | 14:47 |
| 176.8 | 15.6 | 109.9 |  | Keep Right | Newbourne Road | 15:37 | 15:12 | 14:47 |
| 177.4 | 15.0 | 110.3 | Junction | Left | DIR Brightwell | 15:38 | 15:13 | 14:48 |
| 177.7 | 14.7 | 110.5 | Sign |  | Brightwell | 15:39 | 15:13 | 14:48 |
| 182.2 | 10.2 | 113.3 | Junction | Left |  | 15:46 | 15:20 | 14:54 |
| 182.3 | 10.1 | 113.4 | T.Junction | Left | Innocence Lane | 15:46 | 15:20 | 14:54 |
| 182.4 | 10.0 | 113.4 |  |  | 10km to Finish | 15:46 | 15:20 | 14:54 |
| 183.9 | 8.5 | 114.4 | T.Junction | Right | Kirton Road | 15:48 | 15:22 | 14:56 |
| 185.5 | 6.9 | 115.4 | R/about | 2nd Exit | Howlett Way/A14 | 15:51 | 15:25 | 14:58 |
| 186.2 | 6.2 | 115.8 | Sign |  | Trimley St Martin | 15:52 | 15:26 | 14:59 |
| 186.2 | 6.2 | 115.8 | R/about | 1st Exit | High Road | 15:52 | 15:26 | 14:59 |
| 187.1 | 5.3 | 116.3 | M R/about | 2nd Exit | High Road | 15:54 | 15:27 | 15:00 |
| 187.4 | 5.0 | 116.5 |  |  | 3 km to Finish | 15:54 | 15:27 | 15:00 |
| 187.7 | 4.7 | 116.7 | M R/about | 2nd Exit | High Road/Faulkeners Way | 15:54 | 15:28 | 15:01 |
| 188.3 | 4.1 | 117.1 | R/about | 2nd Exit | High Road - both sides | 15:55 | 15:29 | 15:02 |
| 188.7 | 3.7 | 117.3 |  | Caution! | \ Central Island pass both sides | 15:56 | 15:29 | 15:02 |
| 189.4 | 3.0 | 117.8 |  |  | 3 km to Finish | 15:57 | 15:30 | 15:03 |
| 189.4 | 3.0 | 117.8 |  |  | Green Zone for 200m | 15:57 | 15:30 | 15:03 |
| 189.6 | 2.8 | 117.9 | T.Lights | Right | A154 Garrison Lane | 15:57 | 15:30 | 15:03 |
| 190.2 | 2.2 | 118.3 | T.Lights | Straight | A154 Garrison Lane/Mill Lane | 15:58 | 15:31 | 15:04 |
| 191.6 | 0.8 | 119.1 | T.Lights | Left | Beach Station Road | 16:01 | 15:33 | 15:06 |
| 191.8 | 0.6 | 119.3 | T.Junction | Left | Sea Road | 16:01 | 15:34 | 15:06 |
| 192.4 | 0.0 | 119.6 | Finish |  | W Sea Road - Felixstowe | 16:02 | 15:34 | 15:07 |




## 5 FINISH FELIXSTOWE

## Timetable

Wednesday 6 September
Time Activities
21:00 Overnight Parking Langer Road Car Park

## Thursday 7 Septembe

03:45 Roads closed
04:00 Race facilities/Contractors arrive on site
06:00 6 stewards on site (venue)
08:00 Postion promotional units
Start infrastructure and Hospitality complete PPO operational
24 stewards on site (venue)
08:30 Crew breakfast / briefing
Media Centre open
09:00 Volunteer marshal briefing Hospitality open
09:30 Sign on commences
10:15 OKm positioned
10:30 Event Control briefing
10:35 Riders assemble on Start Line Forward Vehicles Depart
10:45 Stage 5 departs Felixstowe
11:15 Ride with Dan Martin departs Finish straight available for support activities
13:15 Ride with Dan Martin arrives
14:30 Support activities end
14:45 Deviation closes
15:07 Stage 5 arrives (Fast schedule)
15:34 Stage 5 arrives (Expected schedule)
15:45 Presentation of Stage Winner and Leader's jerseys
16:00 Hospitality closes
16:30 Press conference
Volunteer marshals dismissed
24 stewards dismissed
Event Control closes
17:45 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear



## SOUTHEND-ON-SEA TO HARLOW FRIDAY 8 SEPTEMBER

Looping around the Essex countryside, the second day of the Tour of Britain's eastern doubleheader is a spectator-friendly stage between Southend-on-Sea and Harlow.
After rolling out from Southend's Western Esplanade, in the shadows of the city's historic pier, the first 65 kilometres loop around the towns of Rochford, South Woodham Ferrers, and Burnham-on-Crouch, offering fans the opportunity to catch the peloton at multiple locations. The route then commences its westerly path towards Harlow, initially running parallel to the River Blackwater, and then through Ingatestone, which is regularly named as one of the most desirable places to live in the UK.
Stage six finishes on Third Avenue, where Lorena Wiebes triumphed on day two of last year's Women's Tour.

## HARLOW

Southend.on.Sea
City Council

## www.discoverharlow.co.uk

## START <br> SOUTHEND-ON-SEA

## Known for having the world's longest pleasure

 pier and seven miles of coastline stretching from Shoeburyness to Leigh-on-Sea, Southend-on-Sea is one of Britain's most popular tourist destinations.Southend Pier is the city's undoubted historical icon. Having been first built as a 600-foot (180m) wooden pier, it was later constructed as the 1.33 -mile iron pier we know today. The Central Seafront is where visitors will find classic amusement arcades, and some great attractions like Adventure Island and Sealife Adventure.

The city has a rich and vibrant cultural offering including various museums, art galleries, and the Cliffs Pavilion theatre. Southend's diverse galleries showcase fantastic artwork and its thriving art scene Focal Point Gallery houses intriguing and challenging exhibitions from a range of global artists, while the Beecroft Art Gallery has a permanent collection of over 2000 works, dating from the 17th century to the modern day

The city unveiled a carbon neutral target by 2030 four years ago. Since then, climate resilience improvements have included the planting of over 600 trees, the completion of the city's first zero-carbon affordable homes, the introduction of sustainable warm grants, and a comprehensive education and learning programme


## FINISH

HARLOW

Located on the Essex - Hertfordshire border, Harlow maintains a rural atmosphere, with over one-third of land use devoted to parks, woodlands, ponds, and open spaces

While it is well known for being one of the New Towns established following the end of World War II, the first written record of Harlow was in the Domesday Book of 1086. The mill that was named in the entry survives to this day.
Early settlements from the prehistoric age through to Roman times add to the history of the area. Harlow has 13 scheduled ancient monuments, including the nationally important Roman Temple Site. Many significant archaeological discoveries have also been made here. Several 17th and 18th century dwellings can still be found in the town, located alongside modern housing developments.
The beautiful landscape of the surrounding countryside and the town's many attractive parks there are eight conservation areas, including Mark Hall North, which are designated as areas of special architectural or historic interest - all combine to enhance Harlow's 'green town' reputation.

Harlow is also home to over 100 public sculptures, many of which stemmed from its status as a New Town. In 2009 Harlow Council celebrated these installations by branding the town as the world's first sculpture town


## FACT FILE

## 9

NUMBER OF BEACHES IN SOUTHEND-ON-SEA

## 1923

THE YEAR POPULAR CLUB SOUTHEND WHEELERS WAS ESTABLISHED. HAPPY 100TH BIRTHDAY TO ALL INVOLVED!

## 24

NUMBER OF HARLOW'S FAMOUS SCULPTURES THAT CAN BE SEEN DURING THE OFFICIAL 21-KILOMETRE CYCLE TOUR




# Start address 

Western Esplanade
Southend
Essex SS1 1EE
P
Technical Parking Eastward Carriageway Of Western Esplanade SS1 1EE

Hospital address Southend University Hospital Prittlewell Chase Westcliff-On-Sea Essex SSO ORY T +44 (0)1702 435555


Timetable

## Friday 8 September

Time Activities
04:45 Start area closed to traffic Start crew and facilities arrive on site
08:45 Race facilities complete
09:15 PPO in operation
09:30 Morning briefing
09:45 PA operational
Hospitality opens
Guests arrive
Teams start to arrive
Volunteers briefing
10:45 Signing on opens
11:00 0 km signage in position
11:40 Riders assemble on start line
Forward vehicles depart

## 11:45 Start of Stage 6

12:00 Stage de-neutralises
Commence de-rig
14:15 Site clear
Start crew departs to next hotel/start venue

## 6 <br> RACE SCHEDULE <br> SOUTHEND-ON-SEA TO HARLOW

Neutralised section
Nestern Esplanade, B1016 Eastern Esplanade, B1016 Thorpe Esplanade, B1016 Shoebury Common Road, B1016 Ness Road, A13, B1017 Poynter's Lane, Star Lane, Southend Road, Little Wakerling Road, Barrow Hall Road.

Approximate distance of neutralised section $9.8 \mathrm{~km} / 6 \mathrm{miles}$
Distance of stage $146.2 \mathrm{~km} / 90.9 \mathrm{miles}$
Neutralised start 11:45

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $3^{3} \mathrm{~km} / \text { /on }$ | $\mathrm{km} / \mathrm{on}$ | ${ }^{8} \mathrm{~K}_{\mathrm{m} / \mathrm{s} / \mathrm{h}}$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}$ | $\mathrm{km} / \mathrm{on}$ | $\sigma_{k / 3 / 0 n}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 閑Start Neutralised |  | Western Esplanade - Southend-on-Sea | 11:45 | 11:45 | 11:45 | 34.0 | 112.3 | 21.1 | R/about | 2nd Exit | B1012 Burnham Road | 12:53 | 12:48 | 12:43 |
| 0.00 | 146.3 | 0.00 | ㄸum Start Proper |  | Barrow Hall Road | 12:00 | 12:00 | 12:00 | 34.3 | 112.0 | 21.3 | R/about | 2nd Exit | B1012 Burnham Road | 12:53 | 12:49 | 12:44 |
| 1.5 | 144.8 | 0.9 | Sign |  | Stonebridge | 12:02 | 12:02 | 12:01 | 35.6 | 110.7 | 22.1 | R/about | 1st Exit | B1012 Woodham Road | 12:55 | 12:50 | 12:45 |
| 1.9 | 144.4 | 1.2 |  | Keep Left |  | 12:02 | 12:02 | 12:02 | 35.9 | 110.4 | 22.3 | Sign |  | Maldon | 12:56 | 12:51 | 12:46 |
| 2.0 | 144.3 | 1.2 | Junction | Right | Shopland Road | 12:03 | 12:02 | 12:02 | 40.1 | 106.2 | 24.9 |  | Keep Left | B1012 Lower Burnham Road | 13:03 | 12:57 | 12:51 |
| 2.0 | 144.3 | 1.2 | Sign |  | Sutton with Shopland | 12:03 | 12:02 | 12:02 | 40.3 | 106.0 | 25.1 |  | Keep Right | B1010 Lower Burnham Road | 13:03 | 12:57 | 12:51 |
| 4.2 | 142.1 | 2.6 |  | Keep Left | Shopland Road | 12:06 | 12:06 | 12:05 | 46.3 | 100.0 | 28.8 |  | Keep Right | B1010 Burnham Road | 13:12 | 13:06 | 12:59 |
| 5.3 | 141.0 | 3.3 | T.Junction | Right | Sutton Road | 12:08 | 12:07 | 12:06 | 46.7 | 99.6 | 29.0 |  | Keep Left | B1010 | 13:13 | 13:06 | 13:00 |
| 5.7 | 140.6 | 3.5 | M R/about | 1st Exit | Sutton Road | 12:08 | 12:08 | 12:07 | 47.1 | 99.2 | 29.3 |  | Keep Left | B1010 | 13:14 | 13:07 | 13:00 |
| 6.4 | 139.9 | 4.0 | M R/about | 2nd Exit | Southend Road | 12:10 | 12:09 | 12:08 | 48.1 | 98.2 | 29.9 |  | Keep Right | B1010 Maldon Road | 13:15 | 13:08 | 13:01 |
| 6.9 | 139.4 | 4.3 | R/about | 1st Exit | South Street | 12:10 | 12:09 | 12:08 | 49.1 | 97.2 | 30.5 |  | Keep Right | B1010 | 13:17 | 13:10 | 13:03 |
| 7.2 | 139.1 | 4.5 |  | Keep Left | North Street | 12:11 | 12:10 | 12:09 | 50.4 | 95.9 | 31.3 | Sprint |  | S Burnham-on-Crouch | 13:19 | 13:12 | 13:04 |
| 7.3 | 139.0 | 4.5 |  | Caution! | \ Buildout - nearside | 12:11 | 12:10 | 12:09 | 50.7 | 95.6 | 31.5 | Junction | Left |  | 13:19 | 13:12 | 13:05 |
| 7.4 | 138.9 | 4.6 |  | Keep Right |  | 12:11 | 12:10 | 12:09 | 50.7 | 95.6 | 31.5 | T.Junction | Left | B1021 Church Road | 13:19 | 13:12 | 13:05 |
| 7.4 | 138.9 | 4.6 | T.Junction | Right | Weir Pond Road | 12:11 | 12:10 | 12:09 | 50.9 | 95.4 | 31.7 |  | Keep Left | B1021 Southminster Road | 13:19 | 13:12 | 13:05 |
| 7.6 | 138.7 | 4.7 |  | Keep Left | East Street | 12:11 | 12:10 | 12:09 | 52.7 | 93.6 | 32.8 |  | Keep Right | B1021 Burnham Road | 13:22 | 13:15 | 13:07 |
| 8.0 | 138.3 | 5.0 |  | Keep Right | Stambridge Road | 12:12 | 12:11 | 12:10 | 53.8 | 92.5 | 33.5 | Sign |  | Southminster | 13:24 | 13:16 | 13:09 |
| 8.5 | 137.8 | 5.3 | Sign |  | Stambridge | 12:13 | 12:12 | 12:10 | 53.8 | 92.5 | 33.5 | R/about | 2nd Exit | B1021 Burnham Road | 13:24 | 13:16 | 13:09 |
| 9.4 | 136.9 | 5.8 |  | Keep Left | Stambridge Road | 12:14 | 12:13 | 12:12 | 53.9 | 92.4 | 33.5 |  | Keep Right | B1021 Burnham Road | 13:24 | 13:17 | 13:09 |
| 10.5 | 135.8 | 6.5 | Sign |  | Great Stambridge | 12:16 | 12:15 | 12:13 | 54.4 | 91.9 | 33.8 | T.Junction | Right | B1018 High Street | 13:25 | 13:17 | 13:09 |
| 11.6 | 134.7 | 7.2 | T.Junction | Right | Gore Road | 12:18 | 12:16 | 12:14 | 54.5 | 91.8 | 33.9 | Junction | Left | B1021 North Street | 13:25 | 13:17 | 13:10 |
| 12.0 | 134.3 | 7.5 |  | Keep Left | Creeksea Ferry Road | 12:18 | 12:17 | 12:15 | 54.8 | 91.5 | 34.1 | T.Junction | Right | B1021 North End | 13:26 | 13:18 | 13:10 |
| 13.6 | 132.7 | 8.5 | T.Junction | Left | Lambourne Hall Road | 12:21 | 12:19 | 12:17 | 57.1 | 89.2 | 35.5 | Sign |  | Asheldham | 13:29 | 13:21 | 13:13 |
| 14.7 | 131.6 | 9.1 | Sign |  | Canewdon | 12:23 | 12:21 | 12:18 | 57.1 | 89.2 | 35.5 |  | Keep Right | B1021 Tillingham Road | 13:29 | 13:21 | 13:13 |
| 15.0 | 131.3 | 9.3 |  | Keep Left | Anchor Lane | 12:23 | 12:21 | 12:19 | 57.2 | 89.1 | 35.6 |  | Keep Left | B1021 Tillingham Road | 13:29 | 13:21 | 13:13 |
| 15.1 | 131.2 | 9.4 |  | Caution! | \ Buildout-offside | 12:23 | 12:21 | 12:19 | 58.7 | 87.6 | 36.5 |  | Keep Right | B1021 | 13:32 | 13:23 | 13:15 |
| 15.2 | 131.1 | 9.5 |  | Keep Right | Anchor Lane | 12:23 | 12:21 | 12:19 | 60.5 | 85.8 | 37.6 | Sign |  | Tillingham | 13:35 | 13:26 | 13:17 |
| 19.5 | 126.8 | 12.1 | T.Junction | Right | Ashingdon Road | 12:30 | 12:27 | 12:25 | 60.7 | 85.6 | 37.7 |  | Keep Left | B1021 South Street | 13:35 | 13:26 | 13:18 |
| 20.0 | 126.3 | 12.4 | Junction | Right | Lower Road | 12:31 | 12:28 | 12:25 | 62.1 | 84.2 | 38.6 |  | Keep Right | B1021 Bradwell Road | 13:37 | 13:28 | 13:19 |
| 21.5 | 124.8 | 13.4 |  | Keep Left | Lower Road | 12:33 | 12:30 | 12:27 | 63.0 | 83.3 | 39.2 | Sign |  | Bradwell on Sea | 13:39 | 13:30 | 13:21 |
| 24.2 | 122.1 | 15.0 | Sign |  | Hullbridge | 12:38 | 12:34 | 12:31 | 63.8 | 82.5 | 39.7 | T.Junction | Left | Maldon Road | 13:40 | 13:31 | 13:22 |
| 25.3 | 121.0 | 15.7 | M R/about | 1st Exit | Lower Road | 12:39 | 12:36 | 12:32 | 66.0 | 80.3 | 41.0 | Sign |  | Saint Lawrence | 13:43 | 13:34 | 13:24 |
| 25.6 | 120.7 | 15.9 | R/about | 1st Exit | Lower Road | 12:40 | 12:36 | 12:32 | 67.6 | 78.7 | 42.0 |  | Keep Right | Steeple Road | 13:46 | 13:36 | 13:26 |
| 25.7 | 120.6 | 16.0 | Junction | Right | Watery Lane | 12:40 | 12:36 | 12:33 | 69.9 | 76.4 | 43.5 | Sign |  | Steeple | 13:49 | 13:39 | 13:29 |
| 25.9 | 120.4 | 16.1 | Sign |  | Rawreth | 12:40 | 12:37 | 12:33 | 70.8 | 75.5 | 44.0 |  | Keep Left | Maldon Road | 13:51 | 13:41 | 13:31 |
| 26.7 | 119.6 | 16.6 |  | Keep Left | Beeches Road | 12:41 | 12:38 | 12:34 | 72.9 | 73.4 | 45.3 | Sign |  | Mayland | 13:54 | 13:44 | 13:33 |
| 28.5 | 117.8 | 17.7 | T.Junction | Right | Hawk Hill | 12:44 | 12:40 | 12:36 | 76.6 | 69.7 | 47.6 | Sign |  | Latchingdon | 14:00 | 13:49 | 13:38 |
| 28.6 | 117.7 | 17.8 |  | Caution! | $\triangle$ Narrow bridge | 12:44 | 12:40 | 12:36 | 76.8 | 69.5 | 47.8 | M R/about | 2nd Exit | B1018 The Street | 14:00 | 13:49 | 13:38 |
| 29.1 | 117.2 | 18.1 |  | Keep Right | Hawk Hill | 12:45 | 12:41 | 12:37 | 79.4 | 66.9 | 49.4 | M R/about | 3rd Exit | B1010 Fambridge Road | 14:04 | 13:53 | 13:42 |
| 29.5 | 116.8 | 18.3 | Drinks | Start |  | 12:46 | 12:42 | 12:37 | 80.0 | 66.3 | 49.7 | Sign |  | Purleigh | 14:05 | 13:54 | 13:42 |
| 29.6 | 116.7 | 18.4 | R/about | 3rd Exit | A132 Burnham Road | 12:46 | 12:42 | 12:38 | 81.8 | 64.5 | 50.9 | X.Roads | Left | B1010 Barons Lane | 14:08 | 13:56 | 13:45 |
| 33.1 | 113.2 | 20.6 | Sign |  | South Woodham | 12:52 | 12:47 | 12:42 | 81.9 | 64.4 | 50.9 | T.Junction | Left | B1010 Barons Lane | 14:08 | 13:57 | 13:45 |
| 33.2 | 113.1 | 20.6 |  | Keep Right | Central Island | 12:52 | 12:47 | 12:42 | 83.8 | 62.5 | 52.1 |  | Keep Right | B1010 Chelmsford Road | 14:11 | 13:59 | 13:47 |
| 33.4 | 112.9 | 20.8 | R/about | 2nd Exit | B1012 Burnham Road | 12:52 | 12:47 | 12:42 | 85.5 | 60.8 | 53.2 | Sign |  | Hazeleigh | 14:14 | 14:02 | 13:49 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}^{3}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}{ }^{8}$ | ${ }^{8} \mathrm{k} \text { m/on }$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | $\mathrm{km} / \mathrm{oh}$ | $\sigma_{k m / o n}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 86.0 | 60.3 | 53.5 | Junction | Left | Goat House Lane | 14:15 | 14:02 | 13:50 | 130.1 | 16.2 | 80.9 | R/about | 1st Exit | B181 High Road | 15:24 | 15:05 | 14:47 |
| 87.1 | 59.2 | 54.2 | X.Roads | Straight | Slough Lane/Marlpits Lane | 14:16 | 14:04 | 13:51 | 130.6 | 15.7 | 81.2 | Sign |  | North Weald Bassett | 15:25 | 15:06 | 14:47 |
| 87.6 | 58.7 | 54.5 |  | Caution! | $\triangle$ Hump in Road | 14:17 | 14:05 | 13:52 | 131.2 | 15.1 | 81.6 | M R/about | 2nd Exit | B181 High Road | 15:26 | 15:07 | 14:48 |
| 88.7 | 57.6 | 55.2 | T.Junction | Left | B1418 White Elm Road | 14:19 | 14:06 | 13:54 | 131.5 | 14.8 | 81.8 |  | Keep Left | B181 High Road | 15:26 | 15:07 | 14:49 |
| 89.0 | 57.3 | 55.3 | Sign |  | Bicknacre | 14:19 | 14:07 | 13:54 | 132.0 | 14.3 | 82.1 | M R/about | 1st Exit | B181 Epping Road | 15:27 | 15:08 | 14:49 |
| 89.6 | 56.7 | 55.7 | M R/about | 1st Exit | B1418 Main Road | 14:20 | 14:08 | 13:55 | 133.3 | 13.0 | 82.9 | X.Roads | Right | Woodside | 15:29 | 15:10 | 14:51 |
| 89.7 | 56.6 | 55.8 | M R/about | 2nd Exit | Priory Road | 14:20 | 14:08 | 13:55 | 133.4 | 12.9 | 83.0 | Sign |  | Thornwood Common | 15:29 | 15:10 | $14: 51$ |
| 91.9 | 54.4 | 57.1 |  | Caution! | $\triangle$ Buildout - nearside | 14:24 | 14:11 | 13:58 | 134.7 | 11.6 | 83.8 | T.Junction | Right | B1393 High Road | 15:31 | 15:12 | $14: 53$ |
| 92.1 | 54.2 | 57.3 | M R/about | 1st Exit | The Tye | 14:24 | 14:11 | 13:58 | 135.5 | 10.8 | 84.3 | Junction | Left | Upland Road | 15:32 | 15:13 | 14:54 |
| 92.3 | 54.0 | 57.4 |  | Caution! | $\triangle$ Buildouts - both sides | 14:25 | 14:11 | 13:58 | 136.2 | 10.1 | 84.7 |  |  | 10km to Finish | 15:34 | 15:14 | 14:55 |
| 92.5 | 53.8 | 57.5 |  | Keep Right | Old Church Road | 14:25 | 14:12 | 13:58 | 136.9 | 9.4 | 85.1 |  | Caution! | $\triangle$ Narrow Bridge | 15:35 | 15:15 | 14:56 |
| 92.7 | 53.6 | 57.6 |  | Keep Left | Old Church Road | 14:25 | 14:12 | 13:59 | 137.4 | 8.9 | 85.4 |  | Caution! | $\triangle$ Sharp left bend | 15:35 | 15:16 | 14:56 |
| 93.4 | 52.9 | 58.1 |  | Keep Right | Pan Lane | 14:26 | 14:13 | 14:00 | 137.6 | 8.7 | 85.6 |  | Keep Left | Upland Road | 15:36 | 15:16 | $14: 56$ |
| 94.9 | 51.4 | 59.0 | T.Junction | Right | Southend Road | 14:29 | 14:15 | 14:02 | 139.0 | 7.3 | 86.4 |  | Keep Right | B181 Epping Road | 15:38 | 15:18 | 14:58 |
| 95.0 | 51.3 | 59.1 | Junction | Left | Church Road | 14:29 | 14:15 | 14:02 | 141.2 | 5.1 | 87.8 |  |  | 5 km to Finish | 15:41 | 15:21 | 15:01 |
| 96.3 | 50.0 | 59.9 | Sign |  | West Hanningfield | 14:31 | 14:17 | 14:03 | 141.5 | 4.8 | 88.0 |  | Keep Left | B181 Epping Road | 15:42 | 15:22 | 15:01 |
| 98.3 | 48.0 | 61.1 | KoM 1 Cat 3 | Start |  | 14:34 | 14:20 | 14:06 | 143.2 | 3.1 | 89.0 |  |  | 3 km to Finish | 15:45 | 15:24 | 15:04 |
| 100.2 | 46.1 | 62.3 | KoM 1 Cat 3 | Finish | ( ${ }^{\text {S }}$ Ship Road | 14:37 | 14:23 | 14:08 | 143.2 | 3.1 | 89.0 |  |  | Green Zone for 200m | 15:45 | 15:24 | 15:04 |
| 100.2 | 46.1 | 62.3 | T.Junction | Left | B1007 Stock Road | 14:37 | 14:23 | 14:08 | 143.1 | 3.2 | 89.0 | R/about | 3rd Exit | B1133 Water Lane | 15:44 | 15:24 | 15:03 |
| 101.8 | 44.5 | 63.3 | Sign |  | Stock | 14:39 | 14:25 | 14:10 | 143.9 | 2.4 | 89.5 | R/about | 2nd Exit | B1133 Water Lane | 15:46 | 15:25 | 15:05 |
| 102.4 | 43.9 | 63.7 | X.Roads | Straight | B1007 Stock Road | 14:40 | 14:26 | 14:11 | 144.3 | 2.0 | 89.7 | R/about | 1st Exit | A1169 Katherine's Road | 15:46 | 15:26 | 15:05 |
| 103.5 | 42.8 | 64.4 | Junction | Right | Ingatestone Road | 14:42 | 14:27 | 14:13 | 145.3 | 1.0 | 90.4 | R/about | 3rd Exit | A1025 Third Avenue | 15:48 | 15:27 | 15:06 |
| 103.9 | 42.4 | 64.6 |  | Keep Left | Ingatestone Road | 14:43 | 14:28 | 14:13 | 145.8 | 0.5 | 90.7 | T.Lights | Straight | A1025 Third Avenue | 15:49 | 15:28 | 15:07 |
| 105.9 | 40.4 | 65.9 |  | Keep Right | Ingatestone Road | 14:46 | 14:31 | 14:16 | 146.2 | 0.1 | 90.9 | Finish |  | Q Third Avenue - Harlow | 15:49 | 15:28 | 15:07 |
| 106.5 | 39.8 | 66.2 |  | Caution! | 4 Narrow Hump Bridge | 14:47 | 14:32 | 14:16 |  |  |  |  |  |  |  |  |  |
| 108.0 | 38.3 | 67.2 | X.Roads | Straight | Fryerning Lane/B1002 | 14:49 | 14:34 | 14:18 |  |  |  |  |  |  |  |  |  |
| 108.3 | 38.0 | 67.3 |  | Keep Right | Fryerning Lane | 14:50 | 14:34 | 14:19 |  |  |  |  |  |  |  |  |  |
| 108.6 | 37.7 | 67.5 | Sign |  | Fryerning | 14:50 | 14:35 | 14:19 |  |  |  |  |  |  |  |  |  |
| 109.2 | 37.1 | 67.9 | Junction | Left | Fryerning Lane | 14:51 | 14:36 | 14:20 |  |  |  |  |  |  |  |  |  |
| 109.3 | 37.0 | 68.0 | T.Junction | Left | Blackmore Road | 14:51 | 14:36 | 14:20 |  |  |  |  |  |  |  |  |  |
| 111.2 | 35.1 | 69.1 |  | Keep Left | Blackmore Road | 14:54 | 14:38 | 14:22 |  |  |  |  |  |  |  |  |  |
| 111.8 | 34.5 | 69.5 | T.Junction | Right | Blackmore Road | 14:55 | 14:39 | 14:23 |  |  |  |  |  |  |  |  |  |
| 113.4 | 32.9 | 70.5 |  | Keep Right | Ingatestone Road | 14:58 | 14:42 | 14:25 |  |  |  |  |  |  |  |  |  |
| 114.4 | 31.9 | 71.1 | Junction | Left | The Green | 14:59 | 14:43 | 14:27 |  |  |  |  |  |  |  |  |  |
| 114.7 | 31.6 | 71.3 | R/about | 2nd Exit | Nine Ashes Road | 15:00 | 14:43 | 14:27 |  |  |  |  |  |  |  |  |  |
| 116.0 | 30.3 | 72.1 | Junction | Left | Nine Ashes Road | 15:02 | 14:45 | 14:29 |  |  |  |  |  |  |  |  |  |
| 116.1 | 30.2 | 72.2 | T.Junction | Left | Nine Ashes Road | 15:02 | 14:45 | 14:29 |  |  |  |  |  |  |  |  |  |
| 118.0 | 28.3 | 73.4 | Sign |  | Stondon Massey | 15:05 | 14:48 | 14:31 |  |  |  |  |  |  |  |  |  |
| 118.7 | 27.6 | 73.8 | Junction | Right | Ongar Road | 15:06 | 14:49 | 14:32 |  |  |  |  |  |  |  |  |  |
| 118.7 | 27.6 | 73.8 | T.Junction | Right | Ongar Road | 15:06 | 14:49 | 14:32 |  |  |  |  |  |  |  |  |  |
| 119.4 | 26.9 | 74.2 |  | Keep Right | Ongar Road | 15:07 | 14:50 | 14:33 |  |  |  |  |  |  |  |  |  |
| 121.9 | 74.0 | 75.8 |  | Keep Left | Stondon Road | 15:11 | 14:54 | 14:36 |  |  |  |  |  |  |  |  |  |
| 122.7 | 23.6 | 76.3 | T.Junction | Right | A128 Brentwood Road | 15:12 | 14:55 | 14:37 |  |  |  |  |  |  |  |  |  |
| 123.0 | 23.3 | 76.5 | M R/about | 3rd Exit | A113 Coopers Hill | 15:13 | 14:55 | 14:38 |  |  |  |  |  |  |  |  |  |
| 123.2 | 23.1 | 76.6 | Sign |  | Chipping Ongar | 15:13 | 14:56 | 14:38 |  |  |  |  |  |  |  |  |  |
| 123.4 | 22.9 | 76.7 | Junction | Left | The Borough | 15:13 | 14:56 | 14:38 |  |  |  |  |  |  |  |  |  |
| 123.6 | 22.7 | 76.9 |  | Keep Left | The Borough | 15:14 | 14:56 | 14:38 |  |  |  |  |  |  |  |  |  |
| 125.4 | 20.9 | 78.0 |  | Keep Right | Greensted Road | 15:17 | 14:59 | 14:41 |  |  |  |  |  |  |  |  |  |
| 126.2 | 20.1 | 78.5 | Drinks | Finish | 㤊20km to Finish | 15:18 | 15:00 | 14:42 |  |  |  |  |  |  |  |  |  |
| 126.2 | 20.1 | 78.5 |  |  | Green Zone for 200m | 15:18 | 15:00 | 14:42 |  |  |  |  |  |  |  |  |  |
| 127.0 | 19.3 | 79.0 |  | Caution! | $\triangle$ Hump Back Bridge | 15:19 | 15:01 | 14:43 |  |  |  |  |  |  |  |  |  |
| 127.5 | 18.8 | 79.3 |  | Caution! | $\triangle$ Narrow Bridge | 15:20 | 15:02 | 14:43 |  |  |  |  |  |  |  |  |  |
| 128.4 | 17.9 | 79.8 | X.Roads | Left | Epping Road | 15:21 | 15:03 | 14:45 |  |  |  |  |  |  |  |  |  |
| 129.9 | 16.4 | 80.8 | Sign |  | North Weald Basset | 15:24 | 15:05 | 14:47 |  |  |  |  |  |  |  |  |  |

## Timetable

Friday 7 September
Time Activities
20:30 Overnight parking Third Avenue Car Park
Saturday 8 September
04:45 Roads closed
05:15 Race facilities/Contractors arrive on site
05:30 Commence build up
07:00 6 stewards on site (venue)
08:00 Postion promotional units
Podium
All staff on site
08:30 Crew breakfast / briefing
Media Centre open
09:00 24 stewards on site (venue) Volunteer marshal briefing
10:30 Event Control briefing
11:45 Stage 6 departs Southend
Volunteer briefing
11:30 Finish straight available for support activities
12:00 Hospitality open
12:45 Expected arrival of first team coaches
13:15 Ride with Dan Martin arrives
14:00 Support activities end
14:15 Full road closure from 1 km to go
15:07 Stage 6 arrives (Fast schedule)
15:28 Stage 6 arrives (Expected schedule)
15:35 Presentation of Stage Winner and Leader's jerseys
15:45 Hospitality closes Press conference
16:30 Volunteer marshals dismissed 24 stewards dismissed Event Control closes
17:45 Remaining Stewards dismissed 18:00 Media Centre closes
19:00 Site clear



## 

## Welcome to Harlow and our rich cycling history!

## We are proud to host stage six of The Tour of Britain

Harlow is an ideal location for The Tour of Britain as cycling has been a rich part of our town's history.

Harlow Museum and Walled Gardens (CM20 2LF) houses the John Collins Cycle Collection - home to Penny Farthings, a Quintuplet, a rare Hobby Horse and Rayleigh Bomber to name a few.

We have an extensive cycle network connecting the whole town and in the past, we even once had our own velodrome! Last year we hosted stage 2 of The UCI Women's WorldTour. Hosting The Tour of Britain will now become another moment in Harlow's cycling history - we hope you



Workers heodina homa frum Templehelas, Tg53


Stenoz of the Uci Womeris Werlotour strited ond finthed in Harlow ils 2022 enjoy your day discovering Harlow!

Don't forget on race day to pop by the Discover Harlow Community Zone , open from 12 noon to 4 pm on Third Avenue.

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Jotai Crolits iding a Hobby Horse outude his shop, 1922


Track incing of Biemt Mal volcoront, tignt.

## SPORTIVE BREAKS

## CYCLING TOURS \& TRAVEL

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## TEWKESBURY TO GLOUCESTER SATURDAY 9 SEPTEMBER

Gloucestershire's first-ever full stage of the Tour of Britain will feature Tewkesbury, the Cotswolds, South Gloucestershire, and a finish alongside the historic Gloucester Docks.
The race's visit to Gloucestershire comes a little over a year after the Women's Tour also visited the picturesque county for the first time. Stage seven's route is unchanged from the course that was set to feature in last year's race prior to its cancellation.
Featured in the final 30 kilometres are the climbs of Crawley Hill (1.7 kilometres, maximum gradient of $21.5 \%$ ) and an uncategorised ascent at Painswick (three kilometres, average gradient of 5\%, maximum of $15.8 \%)$. The latter, located 12 kilometres southeast of the finish line, will likely see some of the day's most thrilling racing.



## START

TEWKESBURY
An extraordinary riverside town with a rich, vibrant history and a beautiful waterside setting, there is plenty for everyone to discover in Tewkesbury. Its heritage is clear for all to see: the number of buildings listed as being of special architectural or historical interest totals more than 350 .

Tewkesbury is unique because of its location at the junction - or confluence - of two rivers: the picturesque River Avon, often referred to as 'Shakespeare's Avon', and the mighty River Severn. Visitors can enjoy a boat trip along the former or take a stroll beside the latter.

Then head to Tewkesbury Abbey, an imposing feature of the town's landscape for nearly 900 years Renowned the world over for its fine Norman tower, ornate 12th century ceiling, and stunning stained glass windows, the Abbey is one of Gloucestershire's most popular tourist attractions. Other landmarks include the town's museums, heritage centre, and walking trails.

Tewkesbury has a full calendar of events, celebrations, and festivals, including the world-famous Medieval Festival, a popular Food \& Drink Festival, and Mop Fair.


## FINISH

## GLOUCESTER

Gloucester is a cathedral city located on the River Severn at the most inland port in the UK. It has a proud industrial past, intertwined with a rich history that dates back to Roman times. Combine this with an ever-changing and developing city, and Gloucester offers the perfect mix of old and new.

Explore the breathtaking architecture of Gloucester Cathedral. Delve into Gloucester's history at the Museum of Gloucester or the National Waterways Museum. Enjoy live music at Gloucester Guildhall.
Alongside the urban experience that Gloucester city centre provides, the area also offers the chance to escape into nature. Enjoy stunning waterfront views in Gloucester Docks, or visit one of Gloucester's many green spaces, including Robinswood Hill Country Park and Barnwood Arboretum. Gloucester is also perfectly situated as a base for exploring the spectacular Cotswolds countryside.
Take advantage of the discounts in the Gloucester Quays designer outlet or explore Gloucester's many independent shops. For sport away from the Tour of Britain, fans can cheer on the Cherry and Whites at Kingsholm Stadium, the home of Gloucester Rugby.

## FACT FILE

## £453

THE SUM TOWNSFOLK BOUGHT TEWKESBURY ABBEY FOR FROM HENRY VIII IN 1540

## 1380

THE YEAR THE BLACK BEAR OPENED IN TEWKESBURY, MAKING IT GLOUCESTERSHIRE'S OLDEST PUB

## 1824

THE YEAR THE MAIN BASIN AT GLOUCESTER DOCKS WAS OPENED, FOLLOWED BY THE COMPLETION OF THE MAIN SHIP CANAL THROUGH THE CITY IN 1827



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## 7 <br> RACE SCHEDULE <br> TEWKESBURY TO GLOUCESTER

Neutralised section
Church Street, Barton Road, Jubilee Way, Gloucester Road.
Approximate distance of neutralised section $4.4 \mathrm{~km} / 2.7$ miles
Distance of stage $170.9 \mathrm{~km} / 16.3 \mathrm{miles}$

## Neutralised start 11:00

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \text { /n }$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | ${ }^{8} \mathrm{~K}_{\mathrm{mm} / \mathrm{on}}$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}$ | km/on | $5 / \pi / \text { /on }$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 粈 Start Neutral | ised | High Street - Tewkesbury | 11:00 | 11:00 | 11:00 | 41.6 | 129.3 | 25.9 | Junction | Right | A High Street Caution! Narrow | 12:20 | 12:14 | 12:0 |
| 0.00 | 170.9 | 0.00 | ow Start Proper |  | A38 Gloucester Road | 11:15 | 11:15 | 11:15 | 41.8 | 129.1 | 26.0 |  | Keep Left | High Street | 12:20 | 12:14 | 12:08 |
| 0.5 | 170.4 | 0.3 | T.Lights | Left | Stoke Road | 11:15 | 11:15 | 11:15 | 42.8 | 128.1 | 26.6 |  | Caution! | $\triangle$ Deer | 12:22 | 12:16 | 12:10 |
| 1.0 | 169.9 | 0.6 |  | Keep Left | Stoke Road | 11:16 | 11:16 | 11:16 | 45.3 | 125.6 | 28.2 |  | Junction | Left | 12:26 | 12:19 | 12:13 |
| 1.3 | 169.6 | 0.8 | Sign |  | Tredington | 11:17 | 11:16 | 11:16 | 45.4 | 125.5 | 28.2 | X.Roads | Straight |  | 12:26 | 12:19 | 12:13 |
| 3.3 | 167.6 | 2.1 | Sign |  | Stoke Orchard | 11:20 | 11:19 | 11:19 | 46.3 | 124.6 | 28.8 | Sign |  | Chedworth | 12:27 | 12:21 | 12:14 |
| 3.8 | 167.1 | 2.4 |  | Keep Left | Stoke Road | 11:20 | 11:20 | 11:19 | 46.4 | 124.5 | 28.9 |  | Keep Right |  | 12:27 | 12:21 | 12:1 |
| 7.4 | 163.5 | 4.6 | R/about | 2nd Exit | Voxwell Road | 11:26 | 11:25 | 11:24 | 47.4 | 123.5 | 29.5 | Sign |  | Chedworth | 12:29 | 12:22 | 12:15 |
| 7.8 | 163.1 | 4.9 |  | Keep Right | Voxwell Road | 11:27 | 11:26 | 11:25 | 47.5 | 123.4 | 29.5 | X.Roads | Straight |  | 12:29 | 12:22 | 12:16 |
| 8.1 | 162.8 | 5.0 | M R/about | 1st Exit | Two Hedges Road | 11:27 | 11:26 | 11:25 | 49.1 | 121.8 | 30.5 |  | Keep Right | Fields Road | 12:32 | 12:25 | 12:18 |
| 8.2 | 162.7 | 5.1 | T.Lights | Straight | Two Hedges Road | 11:27 | 11:26 | 11:25 | 49.9 | 121.0 | 31.0 | T.Junction | Right | A429 | 12:33 | 12:26 | 12:19 |
| 8.3 | 162.6 | 5.2 |  | Keep Right | Two Hedges Road | 11:28 | 11:26 | 11:25 | 50.7 | 120.2 | 31.5 |  | Caution! | $\triangle$ Safety Camera 80kph | 12:34 | 12:27 | 12:20 |
| 8.6 | 162.3 | 5.3 |  | Keep Left | Two Hedges Road | 11:28 | 11:27 | 11:26 | 55.6 | 115.3 | 34.6 | X.Roads | Right | Welsh Way - Caution! Narrow for 1.3km | 12:42 | 12:34 | 12:26 |
| 9.1 | 161.8 | 5.7 | Sign |  | Woodmancote | 11:29 | 11:28 | 11:26 | 56.9 | 114.0 | 35.4 | X.Roads | Right | Whiteway | 12:44 | 12:36 | 12:28 |
| 9.6 | 161.3 | 6.0 | X.Roads | Right | New Road | 11:30 | 11:28 | 11:27 | 58.9 | 112.0 | 36.6 | Sign |  | Cirencester | 12:47 | 12:39 | 12:30 |
| 10.3 | 160.6 | 6.4 | Sign |  | Southam | 11:31 | 11:29 | 11:28 | 60.4 | 110.5 | 37.6 | T.Lights | Left | A435 Grove Lane | 12:49 | 12:41 | 12:32 |
| 10.9 | 160.0 | 6.8 | T.Junction | Left | B462 | 11:32 | 11:30 | 11:29 | 60.6 | 110.3 | 37.7 |  | Keep Right | Long Central Island | 12:50 | 12:41 | 12:32 |
| 11.1 | 159.8 | 6.9 | Sign |  | Cleeve Hill | 11:32 | 11:30 | 11:29 | 61.1 | 109.8 | 38.0 | R/about | 3rd Exit | London Road | 12:51 | 12:42 | 12:33 |
| 12.7 | 158.2 | 7.9 |  | Keep Left | Cleeve Hill | 11:34 | 11:33 | 11:31 | 61.3 | 109.6 | 38.1 | X.Roads | Straight |  | 12:51 | 12:42 | 12:33 |
| 13.3 | 157.6 | 8.3 |  | Caution! | $\triangle$ Fast Descent! | 11:35 | 11:34 | 11:32 | 61.5 | 109.4 | 38.2 | T.Lights | Straight | Lewis Lane | 12:51 | 12:42 | 12:34 |
| 13.3 | 157.6 | 8.3 |  | Caution! | $\triangle$ Central Island pass both sides | 11:35 | 11:34 | 11:32 | 61.8 | 109.1 | 38.4 | T.Lights | Straight | Queens Lane | 12:52 | 12:43 | 12:34 |
| 13.4 | 157.5 | 8.3 | X.Roads | Straight |  | 11:36 | 11:34 | 11:32 | 62.1 | 108.8 | 38.6 | T.Junction | Left | Sheep Street | 12:52 | 12:43 | 12:34 |
| 16.2 | 154.7 | 10.1 | Sign |  | Winchcombe | 11:40 | 11:38 | 11:35 | 62.3 | 108.6 | 38.7 |  | Keep Right | Somerford Road | 12:52 | 12:44 | 12:35 |
| 17.5 | 153.4 | 10.9 | Junction | Right | Castle Street Caution! Narrow! | 11:42 | 11:40 | 11:37 | 62.6 | 108.3 | 38.9 | X.Roads | Straight | Chesterton Lane | 12:53 | 12:44 | 12:35 |
| 18.3 | 152.6 | 11.4 | KoM 1 Cat 2 | Start |  | 11:43 | 11:41 | 11:38 | 63.2 | 107.7 | 39.3 |  | Caution! | $\triangle$ Build out offside | 12:54 | 12:45 | 12:36 |
| 20.4 | 150.5 | 12.7 | KoM 1 Cat 2 | Finish | E Winchcombe Hill | 11:47 | 11:44 | 11:41 | 63.6 | 107.3 | 39.5 | T.Junction | Left | A419 Stroud Road | 12:54 | 12:45 | 12:3 |
| 20.6 | 150.3 | 12.8 |  | Caution! | $\triangle$ Fast descent! | 11:47 | 11:44 | 11:41 | 63.7 | 107.2 | 39.6 | R/about | 3rd Exit | A419 Stroud Road | 12:55 | 12:46 | 12:36 |
| 24.0 | 146.9 | 14.9 | X.Roads | Straight |  | 11:52 | 11:49 | 11:45 | 64.0 | 106.9 | 39.8 |  | Caution! | $\triangle$ Long Central Island - both sides | 12:55 | 12:46 | 12:37 |
| 25.2 | 145.7 | 15.7 | Sign |  | Guiting Power | 11:54 | 11:51 | 11:47 | 66.4 | 104.5 | 41.3 |  | Caution! | $\triangle$ Deer | 12:59 | 12:49 | 12:40 |
| 26.6 | 144.3 | 16.5 | T.Junction | Right | Temple Guiting Road | 11:56 | 11:53 | 11:49 | 74.5 | 96.4 | 46.3 | R/about | 1st Exit | Cirencester Road | 13:12 | 13:01 | 12:50 |
| 26.8 | 144.1 | 16.7 |  | Keep Right | Temple Guiting Road | 11:57 | 11:53 | 11:49 | 76.9 | 94.0 | 47.8 | Junction | Left | Hampton Road | 13:15 | 13:04 | 12:53 |
| 28.1 | 142.8 | 17.5 | T.Junction | Right |  | 11:59 | 11:55 | 11:51 | 77.5 | 93.4 | 48.2 | Sign |  | Crackstone | 13:16 | 13:05 | 12:54 |
| 30.0 | 140.9 | 18.7 | Drinks | Start | 同 | 12:02 | 11:57 | 11:53 | 78.4 | 92.5 | 48.8 | Sign |  | Hampton Fields | 13:18 | 13:07 | 12:55 |
| 30.7 | 140.2 | 19.1 | T.Junction | Right | A436 | 12:03 | 11:58 | 11:54 | 78.5 | 92.4 | 48.8 | X.Roads | Straight |  | 13:18 | 13:07 | 12:55 |
| 33.0 | 137.9 | 20.5 | Sign |  | Hampen | 12:06 | 12:02 | 11:57 | 78.6 | 92.3 | 48.9 | T.Junction | Left | Hampton Hill | 13:18 | 13:07 | 12:56 |
| 33.5 | 137.4 | 20.8 |  | Caution! | $\triangle$ Fast descent! | 12:07 | 12:02 | 11:58 | 79.8 | 91.1 | 49.6 | Sign |  | Avening | 13:20 | 13:09 | 12:57 |
| 35.6 | 135.3 | 22.1 | X.Roads | Straight |  | 12:10 | 12:05 | 12:00 | 79.8 | 91.1 | 49.6 |  | Caution! | \ Fast Descent! | 13:20 | 13:09 | 12:57 |
| 36.6 | 134.3 | 22.8 | T.Lights | Left | A40 | 12:12 | 12:07 | 12:02 | 80.2 | 90.7 | 49.9 |  | Keep Right | Hampton Hill | 13:21 | 13:09 | 12:58 |
| 36.7 | 134.2 | 22.8 | Junction | Right | Old Gloucester Road | 12:12 | 12:07 | 12:02 | 80.5 | 90.4 | 50.1 | T.Junction | Left | B4104 Tetbury Hill | 13:21 | 13:10 | 12:58 |
| 37.2 | 133.7 | 23.1 |  | Caution! | $\triangle$ Build out offside | 12:13 | 12:08 | 12:02 | 82.6 | 88.3 | 51.4 | X.Roads | Straight |  | 13:24 | 13:13 | 13:01 |
| 37.8 | 133.1 | 23.5 | X.Roads | Right |  | 12:14 | 12:09 | 12:03 | 82.6 | 88.3 | 51.4 | Sign |  | Tetbury Upton | 13:24 | 13:13 | 13:01 |
| 38.2 | 132.7 | 23.8 | X.Roads | Straight |  | 12:15 | 12:09 | 12:04 | 83.9 | 87.0 | 52.2 |  | Keep Left | B4014 | 13:26 | 13:14 | 13:02 |
| 41.3 | 129.6 | 25.7 | Sign |  | Withington | 12:19 | 12:14 | 12:08 | 84.8 | 86.1 | 52.7 | Sign |  | Tetbury | 13:28 | 13:16 | 13:04 |
| 41.5 | 129.4 | 25.8 |  | Caution! | $\triangle$ Sharp bend left | 12:20 | 12:14 | 12:08 | 85.7 | 85.2 | 53.3 | T.Junction | Right | A433 Long Street | 13:29 | 13:17 | 13:05 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{on}^{3}$ | $\mathrm{km} / \mathrm{on}$ | $6_{k \text { m/on }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 85.8 | 85.1 | 53.4 | Junction | Right | A4135 New Church Street | 13:29 | 13:17 | 13:05 |
| 86.0 | 84.9 | 53.5 |  | Keep Right | A4135 Charlton Road | 13:30 | 13:17 | 13:05 |
| 86.7 | 84.2 | 53.9 |  | Keep Right | A4135 | 13:31 | 13:18 | 13:06 |
| 88.4 | 82.5 | 55.0 | Sign |  | Beverston | 13:33 | 13:21 | 13:08 |
| 88.6 | 82.3 | 55.1 | X.Roads | Straight | A4135 | 13:34 | 13:21 | 13:08 |
| 91.4 | 79.5 | 56.8 | T.Lights | Left | A46 | 13:38 | 13:25 | 13:12 |
| 92.9 | 78.0 | 57.8 | X.Roads | Straight |  | 13:40 | 13:27 | 13:14 |
| 99.4 | 71.5 | 61.8 | Sign |  | South Gloucestershire | 13:51 | 13:37 | 13:22 |
| 101.3 | 69.6 | 63.0 | Sign |  | Dunkirk | 13:54 | 13:39 | 13:25 |
| 101.5 | 69.4 | 63.1 |  | Caution! | \ Long Central Island | 13:54 | 13:40 | 13:25 |
| 102.0 | 68.9 | 63.4 | X.Roads | Straight |  | 13:55 | 13:40 | 13:26 |
| 102.3 | 68.6 | 63.6 | Sign |  | Petty France | 13:55 | 13:41 | 13:26 |
| 104.3 | 66.6 | 64.9 | X.Roads | Right | Hall Lane | 13:58 | 13:44 | 13:29 |
| 105.4 | 65.5 | 65.5 | Sign |  | Horton | 14:00 | 13:45 | 13:30 |
| 105.4 | 65.5 | 65.5 |  | Keep Left | Hall Lane | 14:00 | 13:45 | 13:30 |
| 105.5 | 65.4 | 65.6 |  | Keep Right |  | 14:00 | 13:45 | 13:30 |
| 105.5 | 65.4 | 65.6 |  | Caution! | $\triangle$ Fast descent! | 14:00 | 13:45 | 13:30 |
| 106.0 | 64.9 | 65.9 |  | Keep Left | Horton Hill | 14:01 | 13:46 | 13:31 |
| 106.7 | 64.2 | 66.4 |  | Keep Left | Horton Hill | 14:02 | 13:47 | 13:32 |
| 107.7 | 63.2 | 67.0 |  | Keep Right | Horton Road | 14:04 | 13:48 | 13:33 |
| 108.2 | 62.7 | 67.3 |  | Caution! | $\triangle$ Cattle Grid | 14:05 | 13:49 | 13:34 |
| 109.8 | 61.1 | 68.3 |  | Caution! | $\triangle$ Cattle Grid | 14:07 | 13:51 | 13:36 |
| 109.9 | 61.0 | 68.3 | T.Junction | Right | St Johns Way | 14:07 | 13:52 | 13:36 |
| 110.5 | 60.4 | 68.7 | R/about | 1st Exit | B4060 Wickwar Road | 14:08 | 13:52 | 13:37 |
| 110.8 | 60.1 | 68.9 | T.Junction | Right | B4060 High Street | 14:09 | 13:53 | 13:37 |
| 111.3 | 59.6 | 69.2 | M R/about | 2nd Exit | B4060 Bowling Hill | 14:09 | 13:54 | 13:38 |
| 111.3 | 59.6 | 69.2 |  | Caution! | $\triangle$ Build out offside | 14:09 | 13:54 | 13:38 |
| 111.4 | 59.5 | 69.3 | Sign |  | Yate | 14:10 | 13:54 | 13:38 |
| 111.8 | 59.1 | 69.5 | T.Lights | Straight | B4060 Station Road | 14:10 | 13:54 | 13:38 |
| 112.1 | 58.8 | 69.7 | R/about | 2nd Exit | B4060 Station Road | 14:11 | 13:55 | 13:39 |
| 112.3 | 58.6 | 69.8 | M R/about | 1st Exit | Station Road | 14:11 | 13:55 | 13:39 |
| 112.7 | 58.2 | 70.1 | R/about | 2nd Exit | A432 Station Road | 14:12 | 13:56 | 13:39 |
| 112.8 | 58.1 | 70.1 | R/about | 2nd Exit | A432 Station Road | 14:12 | 13:56 | 13:40 |
| 113.2 | 74.0 | 70.4 | T.Lights | Straight | A432 Station Road | 14:12 | 13:56 | 13:40 |
| 113.3 | 57.6 | 70.5 | T.Lights | Straight | A432 Station Road | 14:13 | 13:56 | 13:40 |
| 113.7 | 57.2 | 70.7 | T.Lights | Straight | A432 Station Road | 14:13 | 13:57 | 13:41 |
| 114.0 | 56.9 | 70.9 | T.Lights | Right | A4059 Stover Road | 14:14 | 13:57 | 13:41 |
| 114.9 | 56.0 | 71.5 | R/about | 1st Exit | B4059 Yate Road | 14:15 | 13:59 | 13:42 |
| 116.1 | 54.8 | 72.2 | T.Lights | Right | A4058 Wotton Road | 14:17 | 14:00 | 13:44 |
| 117.8 | 53.1 | 73.3 | Sign |  | Rangeworthy | 14:20 | 14:03 | 13:46 |
| 119.4 | 51.5 | 74.2 | Sign |  | Bagstone | 14:22 | 14:05 | 13:48 |
| 121.9 | 49.0 | 75.8 | Sign |  | Cromhall | 14:26 | 14:09 | 13:51 |
| 123.6 | 47.3 | 76.9 | X.Roads | Straight |  | 14:29 | 14:11 | 13:53 |
| 123.8 | 47.1 | 77.0 | X.Roads | Straight |  | 14:29 | 14:11 | 13:54 |
| 123.9 | 47.0 | 77.0 |  | Keep Right |  | 14:29 | 14:12 | 13:54 |
| 126.0 | 44.9 | 78.4 | R/about | 2nd Exit | B4508 Wotton Road | 14:33 | 14:15 | 13:57 |
| 126.0 | 44.9 | 78.4 | Sign |  | Charfield | 14:33 | 14:15 | 13:57 |
| 127.6 | 43.3 | 79.3 | Sign |  | Gloucestershire | 14:35 | 14:17 | 13:59 |
| 128.5 | 42.4 | 79.9 | R/about | 2nd Exit | B4058 | 14:36 | 14:18 | 14:00 |
| 129.1 | 41.8 | 80.3 |  | Keep Right | B4058 New Road | 14:37 | 14:19 | 14:00 |
| 130.1 | 40.8 | 80.9 | Sign |  | Wotton-under-Edge | 14:39 | 14:20 | 14:02 |
| 130.4 | 40.5 | 81.1 |  | Keep Left | B4060 Haw Street | 14:39 | 14:21 | 14:02 |
| 130.8 | 40.1 | 81.3 | T.Junction | Left | B4060 Gloucester Street | 14:40 | 14:21 | 14:03 |
| 133.6 | 37.3 | 83.1 | Sign |  | North Nibley | 14:44 | 14:25 | 14:06 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | ${ }^{3} 8 \mathrm{Fm} / \mathrm{m}_{\mathrm{h}}$ | $\mathrm{km} / \mathrm{m}_{1}$ | Skn/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 135.9 | 35.0 | 84.5 |  | Keep Left | B4060 | 14:48 | 14:29 | 14:09 |
| 136.8 | 34.1 | 85.1 | Sign |  | Stinchcombe | 14:49 | 14:30 | 14:10 |
| 136.9 | 34.0 | 85.1 |  | Caution! | A Fast descent! | 14:50 | 14:30 | 14:11 |
| 137.4 | 33.5 | 85.4 |  | Keep Right | B4060 | 14:50 | 14:31 | 14:11 |
| 138.2 | 32.7 | 85.9 | T.Junction | Right | B4066 Dursley Road | 14:52 | 14:32 | 14:12 |
| 139.3 | 31.6 | 86.6 | M R/about | 2nd Exit | B4060 Kingshill Road | 14:53 | 14:34 | 14:14 |
| 139.4 | 31.5 | 86.7 | Sign |  | Dursley | 14:54 | 14:34 | 14:14 |
| 139.6 | 31.3 | 86.8 | M R/about | 2nd Exit | A4135 | 14:54 | 14:34 | 14:14 |
| 139.9 | 31.0 | 87.0 | Sprint |  | 5 Dursley | 14:54 | 14:34 | 14:14 |
| 139.9 | 31.0 | 87.0 |  |  | Green Zone for 200m | 14:54 | 14:34 | 14:14 |
| 140.6 | 30.3 | 87.4 | M R/about | 1st Exit | A4135 Castle Street | 14:55 | 14:35 | 14:15 |
| 140.8 | 30.1 | 87.6 | M R/about | 2nd Exit | A4135 Silver Street | 14:56 | 14:36 | 14:16 |
| 141.1 | 29.8 | 87.7 | R/about | 1st Exit | B4066 Uley Road | 14:56 | 14:36 | 14:16 |
| 141.1 | 29.8 | 87.7 | Junction | Right | B4066 | 14:56 | 14:36 | 14:16 |
| 141.4 | 29.5 | 87.9 | X.Roads | Straight |  | $14: 57$ | 14:37 | 14:16 |
| 141.9 | 29.0 | 88.2 | M R/about | 1st Exit | B4066 | 14:57 | 14:37 | 14:17 |
| 143.6 | 27.3 | 89.3 | Sign |  | Uley | 15:00 | 14:40 | 14:19 |
| 143.8 | 27.1 | 89.4 | X.Roads | Straight |  | 15:00 | 14:40 | 14:19 |
| 144.2 | 26.7 | 89.7 |  | Keep Right |  | 15:01 | 14:41 | 14:20 |
| 144.9 | 26.0 | 90.1 |  | Keep Left |  | 15:02 | 14:42 | 14:21 |
| 144.3 | 26.6 | 89.7 | KoM 3 Cat 2 | Start |  | 15:01 | 14:41 | 14:20 |
| 146.0 | 24.9 | 90.8 | KoM 3 Cat 2 | Finish | 国 Crawley Hill | 15:04 | 14:43 | 14:22 |
| 147.2 | 23.7 | 91.5 | X.Roads | Straight |  | 15:06 | 14:45 | 14:24 |
| 148.2 | 22.7 | 92.2 |  | Caution! | $\triangle$ Deer | 15:07 | 14:46 | 14:25 |
| 150.9 | 20.0 | 93.8 | Drinks | Finish | 斑20km to Finish | 15:12 | 14:50 | 14:29 |
| 150.9 | 20.0 | 93.8 |  |  | Green Zone for 200m | 15:12 | 14:50 | 14:29 |
| 151.5 | 19.4 | 94.2 |  | Caution! | $\triangle$ Cattle Grid | 15:13 | 14:51 | 14:29 |
| 151.5 | 19.4 | 94.2 |  | Caution! | $\triangle$ Cows | 15:13 | 14:51 | 14:29 |
| 152.3 | 18.6 | 94.7 |  | Caution! | $\triangle$ Fast \& Narrow Descent | 15:14 | 14:52 | 14:30 |
| 153.2 | 17.7 | 95.3 |  | Caution! | $\triangle$ Cattle Grid | 15:15 | 14:53 | 14:31 |
| 153.2 | 17.7 | 95.3 | Sign |  | Selsley | 15:15 | 14:53 | 14:31 |
| 153.7 | 17.2 | 95.6 |  | Keep Right |  | 15:16 | 14:54 | 14:32 |
| 154.2 | 16.7 | 95.9 | R/about | 2nd Exit | A419 | 15:17 | 14:55 | 14:33 |
| 154.4 | 16.5 | 96.0 | R/about | 2nd Exit | A419 Dudbridge Road | 15:17 | 14:55 | 14:33 |
| 154.8 | 16.1 | 96.3 | R/about | 2nd Exit | A4171 Paganhill Lane | 15:18 | 14:56 | 14:34 |
| 155.4 | 15.5 | 96.6 | M R/about | 2nd Exit | A4171 Stratford Road | 15:19 | 14:57 | 14:34 |
| 155.9 | 15.0 | 96.9 |  |  | 15 km to finish | 15:19 | 14:57 | 14:35 |
| 156.1 | 14.8 | 97.1 | M R/about | 2nd Exit | A4171 Stratford Road | 15:20 | 14:58 | 14:35 |
| 156.2 | 14.7 | 97.1 | M R/about | 2nd Exit | A4171 Stratford Road | 15:20 | 14:58 | 14:35 |
| 156.3 | 14.6 | 97.2 | M R/about | 2nd Exit | A4171 Stratford Road | 15:20 | 14:58 | 14:35 |
| 156.4 | 14.5 | 97.3 | M R/about | 1st Exit | Stratford Road | 15:20 | 14:58 | 14:36 |
| 156.6 | 14.3 | 97.4 | R/about | 1st Exit | A46 Painswick Road | 15:21 | 14:58 | 14:36 |
| 159.0 | 11.9 | 98.9 | Junction | Left | A4173 | 15:24 | 15:02 | 14:39 |
| 160.3 | 10.6 | 99.7 | Sign |  | Edge | 15:26 | 15:04 | 14:41 |
| 160.9 | 10.0 | 100.1 |  |  | 10km to Finish | 15:27 | 15:04 | 14:41 |
| 161.8 | 9.1 | 100.6 |  | Caution! | $\triangle$ Fast Descent! | 15:29 | 15:06 | 14:43 |
| 163.6 | 7.3 | 101.7 | Sign |  | Brookthorpe | 15:32 | 15:08 | 14:45 |
| 163.8 | 7.1 | 101.9 | M R/about | 1st Exit | A4173 | 15:32 | 15:09 | 14:45 |
| 164.1 | 6.8 | 102.0 | M R/about | 2nd Exit | A4173 | 15:32 | 15:09 | 14:45 |
| 165.0 | 5.9 | 102.6 |  | Caution! | Safety Camera 80kph | 15:34 | 15:10 | 14:47 |
| 165.2 | 5.7 | 102.7 | Sign |  | Whaddon | 15:34 | 15:11 | 14:47 |
| 165.9 | 5.0 | 103.2 |  |  | 5 km to Finish | 15:35 | 15:12 | 14:48 |
| 166.2 | 4.7 | 103.4 |  | Caution! | \ Central Island pass both sides | 15:36 | 15:12 | 14:48 |
| 167.9 | 3.0 | 104.4 |  |  | 3km to Finish | 15:38 | 15:14 | 14:50 |

## 7 RACE SCHEDULE <br> TEWKESBURY TO GLOUCESTER

| KM | KM to go | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{mh} \text { / } 4 \mathrm{~mm} / \mathrm{mh}$ |  | ${ }^{8} \mathrm{k} / \mathrm{m} / \mathrm{oh}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 167.9 | 3.0 | 104.4 |  |  | Green Zone for 200m | 15:38 | 15:14 | 14:50 |
| 167.9 | 3.0 | 104.4 | R/about | 2nd Exit | B4072 Stroud Road | 15:38 | 15:14 | 14:50 |
| 168.2 | 2.7 | 104.6 | M R/about | 2nd Exit | B4072 Stroud Road | 15:39 | 15:15 | 14:51 |
| 169.6 | 1.3 | 105.5 | T.Lights | Straight | B4072 Stroud Road | 15:41 | 15:17 | 14:53 |
| 170.0 | 0.9 | 105.7 | Junction | Right | B4072 Stroud Road | 15:42 | 15:17 | 14:53 |
| 170.2 | 0.7 | 105.8 | T.Lights | Right | B4072 Bristol Road | 15:42 | 15:18 | 14:53 |
| 170.4 | 0.5 | 106.0 | T.Lights | Straight | A4301 Southgate Street | 15:42 | 15:18 | 14:54 |
| 170.9 | 0.0 | 106.3 | Finish |  | [8] Southgate Street - Gloucester | 15:43 | 15:19 | 14:54 |



## mex

## Supporting people to make the big switch to more active travel

Installing safe cycling and walking routes to make sustainable travel modes the natural choice; helping to tackle the climate and nature emergencies and reach net zero emissions by 2030.

You might not be as fast as the Tour of Britain competitors but getting out of your car and onto your bike can improve your health and quality of life, and make a difference to the environment.


## 7 FINISH GLOUCESTER

## Timetable

Friday 8 September
Time Activities
20:30 Overnight parking Gloucester Docks car park

## Saturday 9 September

04:45 Roads closed
05:15 Race facilities/Contractors arrive on site 05:30 Commence build up
07:00 6 stewards on site (venue)
08:00 Position promotional units Podium All staff on site
08:30 Crew breakfast / briefing Media Centre open
09:00 24 stewards on site (venue) Volunteer marshal briefing
10:30 Event Control briefing
11:00 Stage 7 departs Tewkesbury Volunteer briefing
11:30 Finish straight available for support activities
11:45 Expected arrival of first team coaches Hospitality open
13:15 Ride with Dan Martin arrives
14:00 Support activities end
14:15 Full road closure from 1 km to go
14:54 Stage 7 arrives (Fast schedule)
15:19 Stage 7 arrives (Expected schedule)
15:35 Presentation of Stage Winner and Leader's jerseys
15:45 Hospitality closes Press conference
16:30 Volunteer marshals dismissed 24 stewards dismissed Event Control closes
17:45 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear



## MARGAM COUNTRY PARK TO CAERPHILLY

## SUNDAY 10 SEPTEMBER

The toughest final stage in modern Tour history features the popular local climbs of the Bwlch ( $3.2 \mathrm{~km}, 6.1 \%$ average), Rhigos ( $9.2 \mathrm{~km}, 3.8 \%$ ), Bryn Du (5.4km, 5\%), and Blaenllechau (3km, 6\%), all of which will make their debut in the race, before a double ascent of Caerphilly Mountain (1.3km, 10.1\%) in the closing kilometres.
Stage eight starts at Margam Country Park, a stunning estate in Neath Port Talbot that comprises around 850 acres, and the route will pass through the boroughs of Vale of Glamorgan, Bridgend, and Rhondda Cynon Taff. After tackling Caerphilly Mountain for the second time, riders will descend towards the finish line in the town centre, where this year's champion will be crowned a short distance away from Caerphilly's distinctive castle.

STAGE PARTNERS

START PARTNERS
© BEICIO CYmRU யELSH CYCLInG


FINISH PARTNERS

## Levelling



## START

MARGAM COUNTRY PARK

## h addition to its natural beauty and rich heritage

 Margam Country Park offers an exciting range of activities and events throughout the year. This makes it one of the best days out in Wales for all the family.Margam Country Park was recently voted as one of the top 10 most popular parks and green spaces in Britain, the only park in Wales to receive this accolade. The Green Flag awarded estate is home to the magnificent 19th-century Tudor-Gothic Margam Castle, the former Talbot family residence. The ruins of Margam Abbey are among the country's finest architectural treasures, and the restored Orangery is renowned for being one of the most sought-after wedding venues in Wales.
The Fairytale Village and Adventure Playground offer the perfect excuse for families to make memories together while little ones let off steam. There's also a range of activities such as go-karting, canoeing, kayaking, and archery available at Margam Park Adventure.

From relaxing walks through the ornamental gardens to the thrill of mountain biking, it's easy to enjoy a variety of activities in the wonderful environment the Park provides. It's no secret that Neath Port Talbot boasts a spectacular dramatic landscape, and Margam Country Park is a fine example of that.


FINISH
CAERPHILLY

## Nestled in the heart of South Wales, Caerphilly is

 a charming and historically rich town that offers a unique blend of natural beauty, captivating heritage, and modern attractions.The town's most iconic feature is the magnificent medieval Caerphilly Castle, a colossal fortress built in the 13th century. It remains the largest castle in Wales and the second largest in Britain after Windsor Castle. The castle boasts a striking moat and imposing towers, making it a popular destination for history enthusiasts and families alike.

Beyond its historic allure, Caerphilly boasts a tranquil and scenic landscape, making it an ideal destination for nature lovers. The surrounding countryside is dotted with lush green hills, serene country parks, and charming walking trails.

Like all the surrounding communities in the region, Caerphilly has a vibrant community that embraces ts Welsh heritage. The town hosts various festivals and events throughout the year, including the famous Little Cheese' event named after the renowned Caerphilly Cheese that originated from the area. The peloton will pass the soon-to-open Ffos Caerphilly market and the Tommy Cooper statue, a tribute to the comedian who was born in the town.

## FACT FILE

## 850

SIZE, IN ACRES, OF MARGAM COUNTRY PARK

## 19

THE CENTURY DURING WHICH CAERPHILLY CHEESE WAS FIRST MADE

## 1926

THE YEAR WORK BEGAN ON CONSTRUCTING THE MOUNTAIN ROAD ON THE BWLCH MOUNTAIN TO LINK BRIDGEND AND NEATH PORT TALBOT WITH THE RHONDDA VALLEYS





## Timetable

Sunday 10 September
Time Activities
04:15 Start area closed to traffic Start crew and facilities arrive on site
08:15 Race facilities complete
08:45 PPO in operation
09:00 Morning briefing
09:15 PA operational
Hospitality opens
Guests arrive
Teams start to arrive
Volunteers briefing
10:15 Signing on opens
10:30 0 km signage in position
11:10 Riders assemble on start line
Forward vehicles depart
11:15 Start of Stage 8
11:30 Stage de-neutralises
Commence de-rig
13:45 Site clear
Start crew departs to next hotel/start venue

## 8 <br> RACE SCHEDULE <br> MARGAM COUNTRY PARK TO CAERPHILLY

Neutralised section
Margam Country Park estate roads, A48, B4283 Water Street.
Approximate distance of neutralised section $4.7 \mathrm{~km} / 2.9$ miles
Distance of stage $166.8 \mathrm{~km} / 103.7 \mathrm{miles}$
Neutralised start 11:15

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{m}_{1}$ | m/on | ${ }^{8} \mathrm{~K}_{\text {m/s/n }}$ | KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{k} / \mathrm{m} / \mathrm{oh}$ | $\mathrm{km} / \mathrm{m}_{\mathrm{h}}$ | Skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 閶Start Neutral | lised | Margam Country Park | 11:15 | 11:15 | 11:15 | 30.0 | 136.8 | 18.7 |  | Keep Left | B4524 | 12:12 | 12:07 | 12:03 |
| 0.00 | 166.8 | 0.00 | ow Start Proper |  | B4283 Water Street | 11:25 | 11:25 | 11:25 | 30.0 | 136.8 | 18.7 | Drinks | Start | 國 | 12:12 | 12:07 | 12:03 |
| 1.3 | 165.5 | 0.8 |  | Caution! | \ Narrow Bridge! | 11:27 | 11:26 | 11:26 | 30.2 | 136.6 | 18.8 |  | Keep Left | B4524 | 12:12 | 12:08 | 12:03 |
| 2.3 | 164.5 | 1.4 | Sign |  | Bridgend | 11:28 | 11:28 | 11:27 | 31.6 | 135.2 | 19.7 | Sign |  | St Brides Major | 12:14 | 12:10 | 12:05 |
| 2.6 | 164.2 | 1.6 | Sign |  | Corneli | 11:29 | 11:28 | 11:28 | 31.8 | 135.0 | 19.8 | T.Junction | Right | B4265 Wick Road | 12:14 | 12:10 | 12:05 |
| 4.8 | 162.0 | 3.0 | R/about | 3rd Exit | A4229 | 11:32 | 11:31 | 11:31 | 35.5 | 131.3 | 22.1 | Sign |  | Wick | 12:20 | 12:15 | 12:10 |
| 5.7 | 161.1 | 3.5 | R/about | 3rd Exit | A4229 | 11:33 | 11:33 | 11:32 | 35.9 | 130.9 | 22.3 |  | Keep Left | B4265 | 12:21 | 12:16 | 12:11 |
| 6.3 | 160.5 | 3.9 | Sign |  | Porthcawl | 11:34 | 11:34 | 11:33 | 38.4 | 128.4 | 23.9 | Junction | Left |  | 12:25 | 12:19 | 12:14 |
| 6.5 | 160.3 | 4.0 |  | Keep Right | A4229 | 11:35 | 11:34 | 11:33 | 39.3 | 127.5 | 24.4 |  | Caution! | Hump Back Bridge | 12:26 | 12:21 | 12:15 |
| 7.4 | 159.4 | 4.6 | X.Roads | Straight | A4229 Pyle Road | 11:36 | 11:35 | 11:34 | 39.5 | 127.3 | 24.6 | Junction | Left |  | 12:27 | 12:21 | 12:15 |
| 7.9 | 158.9 | 4.9 | R/about | 3rd Exit | Fulmar Road | 11:37 | 11:36 | 11:35 | 40.3 | 126.5 | 25.1 | T.Junction | Right |  | 12:28 | 12:22 | 12:16 |
| 8.9 | 157.9 | 5.5 |  | Caution! | © Speed Hump | 11:38 | 11:37 | 11:36 | 40.7 | 126.1 | 25.3 | T.Junction | Left | B4270 Llantwit Major Road | 12:28 | 12:23 | 12:17 |
| 9.7 | 157.1 | 6.0 |  | Caution! | $\triangle$ Sharp left bend! | 11:40 | 11:38 | 11:37 | 42.5 | 124.3 | 26.4 | Junction | Right | B4270 Llantwit Major Road | 12:31 | 12:25 | 12:19 |
| 11.3 | 155.5 | 7.0 |  | Caution! | $\triangle$ Central Island pass both sides | 11:42 | 11:41 | 11:39 | 44.8 | 122.0 | 27.9 | Junction | Right | B4270 Llantwit Major Road | 12:35 | 12:29 | 12:22 |
| 11.5 | 155.3 | 7.2 |  | Caution! | $\triangle$ Central Island pass both sides | 11:43 | 11:41 | 11:39 | 45.2 | 121.6 | 28.1 | Sign |  | Cowbridge | 12:36 | 12:29 | 12:23 |
| 11.9 | 154.9 | 7.4 | R/about | 4th Exit |  | 11:43 | 11:42 | 11:40 | 45.8 | 121.0 | 28.5 | T.Junction | Right | A4222 Westgate | 12:36 | 12:30 | 12:23 |
| 12.3 | 154.5 | 7.6 |  | Keep Left | Eastern Promenade | 11:44 | 11:42 | 11:40 | 46.6 | 120.2 | 29.0 | Sprint |  | S Cowbridge | 12:38 | 12:31 | 12:24 |
| 12.4 | 154.4 | 7.7 | R/about | 2nd Exit | New Road | 11:44 | 11:42 | 11:40 | 47.0 | 119.8 | 29.2 | T.Lights | Left | A4222 Aberthin Road | 12:38 | 12:32 | 12:25 |
| 12.6 | 154.2 | 7.8 |  | Caution! | $\triangle$ Speed cushions $\times 3$ | 11:44 | 11:43 | 11:41 | 48.1 | 118.7 | 29.9 | Sign |  | Aberthin | 12:40 | 12:33 | 12:26 |
| 12.8 | 154.0 | 8.0 | M R/about | 1st Exit | New Road | 11:45 | 11:43 | 11:41 | 48.3 | 118.5 | 30.0 |  | Keep Left | A4222 | 12:40 | 12:34 | 12:27 |
| 12.9 | 153.9 | 8.0 |  | Caution! | \ Severe Speed Bumps $\times 6$ | 11:45 | 11:43 | 11:41 | 49.4 | 117.4 | 30.7 | Sign |  | Maendy | 12:42 | 12:35 | 12:28 |
| 13.3 | 153.5 | 8.3 |  | Caution! | $\triangle$ Speed Hump | 11:45 | 11:44 | 11:42 | 50.5 | 116.3 | 31.4 | Sign |  | Ystradowen | 12:44 | 12:37 | 12:29 |
| 13.6 | 153.2 | 8.5 | M R/about | 1st Exit | Bridgend Road | 11:46 | 11:44 | 11:42 | 53.0 | 113.8 | 33.0 | Sign |  | Rhonda Cynon Taf | 12:48 | 12:40 | 12:33 |
| 14.1 | 152.7 | 8.8 |  | Keep Left | Bridgend Road | 11:47 | 11:45 | 11:43 | 53.0 | 113.8 | 33.0 | Sign |  | Talygarn | 12:48 | 12:40 | 12:33 |
| 14.2 | 152.6 | 8.8 | R/about | 3rd Exit | A4106 Bridgend Road | 11:47 | 11:45 | 11:43 | 54.1 | 112.7 | 33.6 | Sign |  | Brynsadler | 12:50 | 12:42 | 12:34 |
| 16.1 | 150.7 | 10.0 | Sign |  | Tyhegston | 11:50 | 11:48 | 11:45 | 54.4 | 112.4 | 33.8 | Junction | Left | Llanharry Road | 12:50 | 12:42 | 12:34 |
| 17.8 | 149.0 | 11.1 | R/about | 2nd Exit | A48 | 11:52 | 11:50 | 11:47 | 56.0 | 110.8 | 34.8 | Sign |  | Llanharry | 12:53 | 12:45 | 12:37 |
| 18.4 | 148.4 | 11.4 | R/about | 2nd Exit | A48 | 11:53 | 11:51 | 11:48 | 56.9 | 109.9 | 35.4 | Junction | Right | Llanharry Road | 12:54 | 12:46 | 12:38 |
| 20.1 | 146.7 | 12.5 | Junction | Left | New Inn Road | 11:56 | 11:53 | 11:50 | 58.1 | 108.7 | 36.1 |  | Keep Left | Llanharry Road | 12:56 | 12:48 | 12:39 |
| 20.3 | 146.5 | 12.6 |  | Caution! | $\triangle$ Fast descent | 11:56 | 11:54 | 11:51 | 59.5 | 107.3 | 37.0 | X.Roads | Left | A473 Bridgend Road | 12:58 | 12:50 | 12:41 |
| 20.9 | 145.9 | 13.0 |  | Caution! | $\triangle$ Narrow Bridge! | 11:57 | 11:54 | 11:51 | 59.9 | 106.9 | 37.2 | R/about | 2nd Exit | A473 Bridgend Road | 12:59 | 12:50 | 12:42 |
| 20.9 | 145.9 | 13.0 |  | Caution! | $\triangle$ Sheep | 11:57 | 11:54 | 11:51 | 60.1 | 106.7 | 37.4 | M R/about | 2nd Exit | A473 Bridgend Road | 12:59 | 12:50 | 12:42 |
| 22.5 | 144.3 | 14.0 | T.Junction | Right | B4265 Eweeny Road | 12:00 | 11:57 | 11:53 | 60.1 | 106.7 | 37.4 | Sign |  | Bryncae | 12:59 | 12:50 | 12:42 |
| 22.7 | 144.1 | 14.1 | Sign |  | Glamorgan | 12:00 | 11:57 | 11:54 | 61.2 | 105.6 | 38.1 | R/about | 1st Exit | A473 New Road | 13:01 | 12:52 | 12:43 |
| 22.8 | 144.0 | 14.2 | Junction | Right | B4524 Ogmore Road | 12:00 | 11:57 | 11:54 | 61.6 | 105.2 | 38.3 | R/about | 3rd Exit | A473 New Road | 13:01 | 12:53 | 12:44 |
| 24.4 | 142.4 | 15.2 |  | Caution! | $\triangle$ Cattle Grid | 12:03 | 11:59 | 11:56 | 62.4 | 104.4 | 38.8 | R/about | 2nd Exit | B4280 | 13:03 | 12:54 | 12:45 |
| 24.8 | 142.0 | 15.4 |  | Caution! | $\triangle$ Sheep | 12:03 | 12:00 | 11:56 | 63.5 | 103.3 | 39.5 |  | Caution! | ¢ Cattle Grid | 13:04 | 12:55 | 12:46 |
| 25.8 | 141.0 | 16.0 |  | Keep Right | B4524 Main Road | 12:05 | 12:01 | 11:58 | 65.5 | 101.3 | 40.7 |  | Caution! | $\triangle$ Cattle Grid | 13:07 | 12:58 | 12:49 |
| 26.8 | 140.0 | 16.7 |  | Caution! | $\triangle$ Cattle Grid | 12:07 | 12:03 | 11:59 | 65.8 | 101.0 | 40.9 | Junction | Left | B4280 Pant Hirwaun | 13:08 | 12:59 | 12:49 |
| 26.9 | 139.9 | 16.7 | Sign |  | Ogmore by the Sea | 12:07 | 12:03 | 11:59 | 66.2 | 100.6 | 41.2 |  | Caution! | $\triangle$ Cattle Grid | 13:09 | 12:59 | 12:50 |
| 28.4 | 138.4 | 17.7 |  | Caution! | $\triangle$ Cattle Grid | 12:09 | 12:05 | 12:01 | 66.5 | 100.3 | 41.4 |  | Keep Right | B4280 | 13:09 | 13:00 | 12:50 |
| 29.2 | 137.6 | 18.2 | Sign |  | Southerndown | 12:10 | 12:06 | 12:02 | 68.8 | 98.0 | 42.8 |  | Keep Right | B4280 | 13:13 | 13:03 | 12:53 |
| 29.6 | 137.2 | 18.4 |  | Caution! | $\triangle$ Cattle Grid | 12:11 | 12:07 | 12:03 | 69.0 | 97.8 | 42.9 |  | Caution! | $\triangle$ Cattle Grid | 13:13 | 13:03 | 12:53 |
| 29.8 | 137.0 | 18.5 |  | Keep Right | B4524 | 12:11 | 12:07 | 12:03 | 69.0 | 97.8 | 42.9 | R/about | 3rd Exit | A4061 Blackmill Road | 13:13 | 13:03 | 12:53 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{s}_{\mathrm{n}}$ | $\mathrm{m} / \mathrm{m}$ | Skm/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 72.0 | 94.8 | 44.8 | Sign |  | Blackmill | 13:18 | 13:07 | 12:57 |
| 72.6 | 94.2 | 45.1 | T.Lights | Straight | A4061 Oak Ridge/A4093 | 13:19 | 13:08 | 12:58 |
| 73.4 | 93.4 | 45.6 |  | Keep Right | A4061 | 13:20 | 13:09 | 12:59 |
| 75.3 | 91.5 | 46.8 | Sign |  | Ongar Vale | 13:23 | 13:12 | 13:01 |
| 76.0 | 90.8 | 47.3 |  | Keep Right | A4061 Bridge Street | 13:24 | 13:13 | 13:02 |
| 78.0 | 88.8 | 48.5 | Sign |  | Nantymoel | 13:27 | 13:16 | 13:05 |
| 78.8 | 88.0 | 49.0 | R/about | 2nd Exit | A4061 Bwlch-y-Clawdd Road | 13:28 | 13:17 | 13:06 |
| 79.2 | 87.6 | 49.3 |  | Keep Left |  | 13:29 | 13:18 | 13:06 |
| 80.3 | 86.5 | 49.9 |  | Caution! | $\triangle$ Cattle Grid | 13:31 | 13:19 | 13:08 |
| 80.3 | 86.5 | 49.9 |  | Caution! | $\triangle$ Sheep | 13:31 | 13:19 | 13:08 |
| 82.1 | 84.7 | 51.1 |  | Caution! | \ Hairpin Right on Ascent | 13:34 | 13:22 | 13:10 |
| 83.4 | 83.4 | 51.9 |  | Caution! | \ Hairping Left on Ascent | 13:36 | 13:24 | 13:12 |
| 83.5 | 83.3 | 51.9 | Sign |  | Rhonda Cynon Taf | 13:36 | 13:24 | 13:12 |
| 83.5 | 83.3 | 51.9 |  | Caution! | $\triangle$ Fast Descent | 13:36 | 13:24 | 13:12 |
| 84.5 | 82.3 | 52.5 |  | Caution! | $\triangle$ Hairpin Right on Descent | 13:37 | 13:25 | 13:13 |
| 85.7 | 81.1 | 53.3 |  | Caution! | \ Hairpin Left on Descent | 13:39 | 13:27 | 13:15 |
| 86.6 | 80.2 | 53.9 |  | Caution! | $\triangle$ Cattle Grid | 13:41 | 13:28 | 13:16 |
| 87.9 | 78.9 | 54.7 | T.Junction | Left | 4 Caution!-Sharp Left | 13:43 | 13:30 | 13:18 |
| 88.2 | 78.6 | 54.8 | T.Junction | Right | A4061 Park Cresent | 13:43 | 13:31 | 13:18 |
| 88.4 | 78.4 | 55.0 |  | Keep Left | A4061 Station Road | 13:43 | 13:31 | 13:18 |
| 88.6 | 78.2 | 55.1 |  | Caution! | $\triangle$ Speed cushion | 13:44 | 13:31 | 13:18 |
| 88.7 | 78.1 | 55.2 |  | Caution! | $\triangle$ Severe speed cushion | 13:44 | 13:31 | 13:19 |
| 88.9 | 77.9 | 55.3 | X.Roads | Left | A4061 High Street | 13:44 | 13:32 | 13:19 |
| 89.4 | 77.4 | 55.6 |  | Caution! | ¢ Central Island pass both sides | 13:45 | 13:32 | 13:19 |
| 89.7 | 77.1 | 55.8 | Sign |  | Ynyswen | 13:45 | 13:33 | 13:20 |
| 90.8 | 76.0 | 56.5 | Sign |  | Treherbert | 13:47 | 13:34 | 13:21 |
| 91.9 | 74.9 | 57.1 | Sign |  | Rhigos Mountains | 13:49 | 13:36 | 13:23 |
| 91.9 | 74.9 | 57.1 | KoM 1 Cat 1 | Start |  | 13:49 | 13:36 | 13:23 |
| 92.7 | 74.1 | 57.6 |  | Caution! | $\triangle$ Cattle Grid | 13:50 | 13:37 | 13:24 |
| 92.8 | 74.0 | 57.7 |  | Caution! | $\triangle$ Hairpin Left on Ascent | 13:50 | 13:37 | 13:24 |
| 97.5 | 69.3 | 60.6 | KoM 1 Cat 1 | Finish | 1) Rhigos | 13:58 | 13:44 | 13:30 |
| 99.0 | 67.8 | 61.6 |  | Caution! | Fast descent | 14:00 | 13:46 | 13:32 |
| 100.1 | 66.7 | 62.2 |  | Caution | Hairpin right on descent | 14:02 | 13:48 | 13:33 |
| 103.8 | 63.0 | 64.5 | R/about | 3rd Exit | A4061 Rhigos Road | 14:08 | 13:53 | 13:38 |
| 105.0 | 61.8 | 65.3 | R/about | 2nd Exit | A4059/A465 | 14:10 | 13:55 | 13:40 |
| 105.2 | 61.6 | 65.4 | Junction | Right | Rhigos Road | 14:10 | 13:55 | 13:40 |
| 105.3 | 61.5 | 65.5 | Sign |  | Hirwaun | 14:10 | 13:55 | 13:40 |
| 105.7 | 61.1 | 65.7 | Junction | Left | High Street | 14:11 | 13:56 | 13:40 |
| 107.7 | 59.1 | 67.0 |  | Keep Right |  | 14:14 | 13:58 | 13:43 |
| 107.7 | 59.1 | 67.0 | R/about | 1st Exit | A465 | 14:14 | 13:58 | 13:43 |
| 108.1 | 58.7 | 67.2 | R/about | 2nd Exit |  | 14:14 | 13:59 | 13:43 |
| 108.7 | 58.1 | 67.6 | Junction | Right | Cwmynysmintan Road | 14:15 | 14:00 | 13:44 |
| 110.0 | 56.8 | 68.4 | T.Junction | Right | B4276 Llwydcoed Road | 14:17 | 14:02 | 13:46 |
| 110.6 | 74.0 | 68.8 | T.Lights | Straight | B4276 Llwydcoed Road | 14:18 | 14:03 | 13:47 |
| 111.1 | 55.7 | 69.1 | R/about | 2nd Exit | B4276 Harriet Road | 14:19 | 14:03 | 13:47 |
| 111.5 | 55.3 | 69.3 |  | Keep Right | B4276 Mill Road | 14:20 | 14:04 | 13:48 |
| 111.6 | 55.2 | 69.4 |  | Keep Left | B4276 Mill Road | 14:20 | 14:04 | 13:48 |
| 111.6 | 55.2 | 69.4 | T.Junction | Left | B4275 Hirwuan Road | 14:20 | 14:04 | 13:48 |
| 112.2 | 54.6 | 69.8 | T.Lights | Straight | B4275 Gadlys Road | 14:21 | 14:05 | 13:49 |
| 112.6 | 54.2 | 70.0 | R/about | 2nd Exit | A4233 High Street | 14:21 | 14:05 | 13:49 |
| 112.8 | 54.0 | 70.1 |  | Keep Left | A4233 Canon Street | 14:22 | 14:06 | 13:50 |
| 113.0 | 53.8 | 70.3 |  | Caution! | \. Buildout-offside | 14:22 | 14:06 | 13:50 |
| 113.1 | 53.7 | 70.3 | Junction | Right | A4233 Victoria Square | 14:22 | 14:06 | 13:50 |
| 113.2 | 53.6 | 70.4 |  | Keep Left | A4233 Monk Street | 14:22 | 14:06 | 13:50 |


| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{s}_{\mathrm{n}}$ | $\mathrm{km} / \mathrm{on}$ | ${ }^{6} 6 \mathrm{~km} / \mathrm{m}_{\mathrm{h}}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 113.2 | 53.6 | 70.4 | Kom 2 Cat 1 | Start |  | 14:22 | 14:06 | 13:50 |
| 114.0 | 52.8 | 70.9 | Sign |  | Maerdy Mountain | 14:24 | 14:07 | 13:51 |
| 114.2 | 52.6 | 71.0 |  | Caution! | $\triangle$ Cattle Grid | 14:24 | 14:08 | 13:51 |
| 114.5 | 52.3 | 71.2 |  | Caution! | $\triangle$ Hairpin left on ascent | 14:24 | 14:08 | 13:52 |
| 115.0 | 51.8 | 71.5 |  | Caution! | $\triangle$ Hairpin right on ascent | 14:25 | 14:09 | 13:52 |
| 115.4 | 51.4 | 71.8 |  | Caution! | Hairpin left on ascent | 14:26 | 14:09 | 13:53 |
| 115.6 | 51.2 | 71.9 |  | Caution! | ¢ Hairpin left on ascent | 14:26 | 14:10 | 13:53 |
| 116.2 | 50.6 | 72.3 | KoM 2 Cat 1 | Finish | 11 Bryn Du | 14:27 | 14:11 | 13:54 |
| 118.7 | 48.1 | 73.8 |  | Caution! | $\triangle$ Fast Descent | 14:31 | 14:14 | 13:57 |
| 118.8 | 48.0 | 73.9 |  | Caution | $\triangle$ Hairpin left on descent | 14:31 | 14:14 | 13:57 |
| 120.2 | 46.6 | 74.7 | Sign |  | Maerdy | 14:33 | 14:16 | 13:59 |
| 120.5 | 46.3 | 74.9 | T.Junction | Left | A4233 Maerdy Road | 14:34 | 14:17 | 13:59 |
| 121.8 | 45.0 | 75.7 | Sign |  | Ferndale | 14:36 | 14:19 | 14:01 |
| 123.5 | 43.3 | 76.8 | Junction | Left | Station Road | 14:39 | 14:21 | 14:03 |
| 124.0 | 42.8 | 77.1 | Sign |  | Blaenllechau | 14:39 | 14:22 | 14:04 |
| 124.1 | 42.7 | 77.2 |  | Caution! | $\triangle$ Hairpin left in ascent | 14:40 | 14:22 | 14:04 |
| 124.4 | 42.4 | 77.4 |  | Caution! | $\triangle$ Extreme right turn | 14:40 | 14:22 | 14:04 |
| 127.1 | 39.7 | 79.0 |  | Caution! | $\triangle$ Cattle Grid | 14:44 | 14:26 | 14:08 |
| 128.2 | 38.6 | 79.7 |  | Caution! | $\triangle$ Hairpin left on descent | 14:46 | 14:28 | 14:09 |
| 130.3 | 36.5 | 81.0 | T.Junction | Caution! | $\triangle$ Sharp left base descent | 14:49 | 14:31 | 14:12 |
| 130.5 | 36.3 | 81.2 |  | Caution! | $\triangle$ Narrow Bridge! | 14:50 | 14:31 | 14:12 |
| 132.0 | 34.8 | 82.1 | Sign |  | Perthcelyn | 14:52 | 14:33 | 14:14 |
| 132.0 | 34.8 | 82.1 | T.Junction | Right | Hawthorn Terrace | 14:52 | 14:33 | 14:14 |
| 132.1 | 34.7 | 82.1 |  | Caution! | Fast descent | 14:52 | 14:33 | 14:14 |
| 132.1 | 34.7 | 82.1 |  | Caution! | $\triangle$ Buildout-offside | 14:52 | 14:33 | 14:14 |
| 132.4 | 34.4 | 82.3 |  | Caution! | $\triangle$ Buildout-nearside | 14:53 | 14:34 | 14:15 |
| 132.5 | 34.3 | 82.4 |  | Caution! | $\triangle$ Buildouts both sides | 14:53 | 14:34 | 14:15 |
| 132.8 | 34.0 | 82.6 |  | Caution! | $\triangle$ Buildout - nearside | 14:53 | 14:34 | 14:15 |
| 133.0 | 33.8 | 82.7 |  | Caution! | $\triangle$ Buildout-nearside | 14:54 | 14:35 | 14:16 |
| 133.1 | 33.7 | 82.8 |  | Caution! | $\triangle$ Buildout both sides | 14:54 | 14:35 | 14:16 |
| 133.9 | 32.9 | 83.3 | T.Junction | Right | B4275 Abercynon Road | 14:55 | 14:36 | 14:17 |
| 134.1 | 32.7 | 83.4 | Sign |  | Ynys Boeth | 14:55 | 14:36 | 14:17 |
| 134.2 | 32.6 | 83.5 |  | Caution! | $\triangle$ Speed cushion $\times 3$ | 14:55 | 14:36 | 14:17 |
| 135.6 | 31.2 | 84.3 | Sign |  | Abercynon | 14:58 | 14:38 | 14:19 |
| 135.9 | 30.9 | 84.5 |  | Keep Right | B4275 Mountain Ash Road | 14:58 | 14:39 | 14:19 |
| 136.2 | 30.6 | 84.7 |  | Keep Left | B4275 Ynsmeuring Road | 14:59 | 14:39 | 14:20 |
| 136.3 | 30.5 | 84.8 |  | Caution! | $\triangle$ Buildouts both sides | 14:59 | 14:39 | 14:20 |
| 136.5 | 30.3 | 84.9 |  | Keep Right | B4275 | 14:59 | 14:40 | 14:20 |
| 137.1 | 29.7 | 85.3 | T.Lights | Left | B4275 | 15:00 | 14:40 | 14:21 |
| 137.2 | 29.6 | 85.3 | T.Lights | Left | A4054 | 15:00 | 14:41 | 14:21 |
| 138.7 | 28.1 | 86.3 | R/about | 3rd Exit | A472 | 15:02 | 14:43 | 14:23 |
| 139.3 | 27.5 | 86.6 | Sign |  | Caerphilly | 15:03 | 14:44 | 14:24 |
| 140.7 | 26.1 | 87.5 | R/about | 3rd Exit | A472 Nelson Bypass | 15:06 | 14:46 | 14:25 |
| 141.3 | 25.5 | 87.9 | R/about | 2nd Exit | A427 Caerphilly Road | 15:07 | 14:46 | 14:26 |
| 143.6 | 23.2 | 89.3 | R/about | 3rd Exit | A472 | 15:10 | 14:50 | 14:29 |
| 144.7 | 22.1 | 90.0 | R/about | 3rd Exit | Caerphilly Road | 15:12 | 14:51 | 14:31 |
| 145.4 | 21.4 | 90.4 | T.Lights | Straight |  | 15:13 | 14:52 | 14:31 |
| 145.6 | 21.2 | 90.5 | R/about | 1st Exit |  | 15:13 | 14:53 | 14:32 |
| 146.2 | 20.6 | 90.9 | T.Lights | Straight |  | 15:14 | 14:53 | 14:32 |
| 146.6 | 20.2 | 91.2 | Sign |  | Llanbradach | 15:15 | 14:54 | 14:33 |
| 146.8 | 20.0 | 91.3 | Drinks | Finish | 図 20km to Finish | 15:15 | 14:54 | 14:33 |
| 146.8 | 20.0 | 91.3 |  |  | Green Zone for 200m | 15:15 | 14:54 | 14:33 |
| 147.4 | 19.4 | 91.7 |  | Caution! | $\triangle$ Buildouts both sides | 15:16 | 14:55 | 14:34 |
| 147.7 | 19.1 | 91.8 |  | Caution! | $\triangle$ Buildouts both sides | 15:17 | 14:56 | 14:34 |

8 RACE SCHEDULE
MARGAM COUNTRY PARK TO CAERPHILLY

| KM | $\begin{aligned} & \text { KM } \\ & \text { to go } \end{aligned}$ | Miles | Feature | Instruction | Description | $38 \mathrm{~km} / \mathrm{oh}$ | Km/on | Skn/on |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 148.0 | 18.8 | 92.0 |  | Caution! | \ Buildouts Both Sides | 15:17 | 14:56 | 14:35 |
| 148.1 | 18.7 | 92.1 | T.Lights | Straight | Glenview Terrace | 15:17 | 14:56 | 14:35 |
| 148.8 | 18.0 | 92.5 |  | Caution! | $\triangle$ Buildouts both sides | 15:18 | 14:57 | 14:36 |
| 149.3 | 17.5 | 92.8 |  | Caution! | $\triangle$ Buildouts both sides | 15:19 | 14:58 | 14:36 |
| 149.4 | 17.4 | 92.9 |  | Caution! | $\triangle$ Buildouts both sides | 15:19 | 14:58 | 14:37 |
| 149.7 | 17.1 | 93.1 | R/about | 3rd Exit | A469 | 15:20 | 14:58 | 14:37 |
| 150.3 | 16.5 | 93.5 | R/about | 3rd Exit | B4623 Pontygwindy Road | 15:21 | 14:59 | 14:38 |
| 150.4 | 16.4 | 93.5 | Sign |  | Caerphilly | 15:21 | 14:59 | 14:38 |
| 151.2 | 15.6 | 94.0 | T.Lights | Straight | B4623 Pontygwindy Road/Asda | 15:22 | 15:01 | 14:39 |
| 152.1 | 14.7 | 94.6 | T.Lights | Straight | B4623 Castle Street - circuit entry | 15:24 | 15:02 | 14:40 |
| 152.2 | 14.6 | 94.6 | T.Lights | Straight | B4623 Castle Street | 15:24 | 15:02 | 14:40 |
| 152.3 | 14.5 | 94.7 | Junction | Right | B4623 Castle Street | 15:24 | 15:02 | 14:40 |
| 152.5 | 14.3 | 94.8 |  |  | 1st Passage Finish Line | 15:24 | 15:02 | 14:41 |
| 152.5 | 14.3 | 94.8 |  | Keep Right | B4623 Cardiff Road | 15:24 | 15:02 | 14:41 |
| 152.9 | 13.9 | 95.1 | T.Lights | Straight | B4623 Cardiff Road | 15:25 | 15:03 | 14:41 |
| 153.0 | 13.8 | 95.1 | KoM 3 Cat 1 | Start |  | 15:25 | 15:03 | 14:41 |
| 154.4 | 12.4 | 96.0 | Kom 3 Cat 1 | Finish | 11 Caerphilly Mountain | 15:27 | 15:05 | 14:43 |
| 154.5 | 12.3 | 96.1 |  | Caution! | Fast descent | 15:27 | 15:05 | 14:43 |
| 156.8 | 10.0 | 97.5 |  |  | 10km to Finish | 15:30 | 15:08 | 14:45 |
| 157.0 | 9.8 | 97.6 | R/about | 4th Exit | B4600 Nantgarw Road | 15:31 | 15:09 | 14:46 |
| 157.1 | 9.7 | 97.7 | Sign |  | Caerphilly | 15:31 | 15:09 | 14:46 |
| 157.4 | 9.4 | 97.9 | R/about | 2nd Exit | B4600 Nantgarw Road | 15:32 | 15:09 | 14:47 |
| 158.1 | 8.7 | 98.3 | T.Lights | Straight | B4600 Nantgarw Road | 15:33 | 15:10 | 14:48 |
| 159.4 | 7.4 | 99.1 | T.Lights | Right | B4623 Castle Street - circuit entry | 15:35 | 15:12 | 14:49 |
| 159.5 | 7.3 | 99.2 | T.Lights | Straight | B4623 Castle Street | 15:35 | 15:12 | 14:50 |
| 159.6 | 7.2 | 99.2 | Junction | Right | B4623 Castle Street | 15:35 | 15:13 | 14:50 |
| 159.8 | 7.0 | 99.4 |  |  | 2nd Passage Finish Line | 15:36 | 15:13 | 14:50 |
| 159.8 | 7.0 | 99.4 |  | Keep Right | B4623 Cardiff Road | 15:36 | 15:13 | 14:50 |
| 160.1 | 6.7 | 99.6 | T.Lights | Straight | B4623 Cardiff Road | 15:36 | 15:13 | 14:50 |
| 160.2 | 6.6 | 99.6 | KoM 4 Cat 1 | Start |  | 15:36 | 15:13 | 14:50 |
| 161.7 | 5.1 | 100.6 | KoM 4 Cat 1 | Finish | 17 Caerphilly Mountain | 15:39 | 15:16 | 14:52 |
| 161.8 | 5.0 | 100.6 |  |  | 5km to Finish | 15:39 | 15:16 | 14:53 |
| 161.8 | 5.0 | 100.6 |  | Caution! | $\triangle$ Fast descent | 15:39 | 15:16 | 14:53 |
| 163.8 | 3.0 | 101.9 |  |  | 3km to Finish | 15:42 | 15:19 | 14:55 |
| 163.8 | 3.0 | 101.9 |  |  | Green Zone for 200m | 15:42 | 15:19 | 14:55 |
| 164.3 | 2.5 | 102.2 | R/about | 4th Exit | B4600 Nantgarw Road | 15:43 | 15:19 | 14:56 |
| 164.4 | 2.4 | 102.2 | Sign |  | Caerphilly | 15:43 | 15:19 | 14:56 |
| 164.6 | 2.2 | 102.4 | R/about | 2nd Exit | B4600 Nantgarw Road | 15:43 | 15:20 | 14:56 |
| 165.4 | 1.4 | 102.9 | T.Lights | Straight | B4600 Nantgarw Road | 15:44 | 15:21 | 14:57 |
| 166.5 | 0.3 | 103.5 | T.Lights | Right | B4623 Castle Street - circuit entry | 15:46 | 15:22 | 14:59 |
| 166.6 | 0.2 | 103.6 | T.Lights | Straight | B4623 Castle Street | 15:46 | 15:23 | 14:59 |
| 166.7 | 0.1 | 103.7 | T.Lights | Right | B4623 Castle Street | 15:46 | 15:23 | 14:59 |
| 166.8 | 0.0 | 103.7 | Race | Finish | [ Castle Street - Caerphilly | 15:47 | 15:23 | 14:59 |

Cycling at Margam Country Park



01639881635 | www.margamcountrypark.co.uk | Port Talbot, SA13 2TJ

## 8 FINISH CAERPHILLY

## Timetable

Saturday 9 September
Time Activities
20:30 Overnight parking Crescent Road Car Park
Sunday 10 September
04:45 Roads closed
05:15 Race facilities/Contractors arrive on site
05:30 Commence build up
07:00 6 stewards on site (venue)
08:00 Position promotional units All staff on site
08:30 Crew breakfast / briefing Media Centre open
09:00 24 stewards on site (venue) Volunteer marshal briefing
10:30 Event Control briefing
11:00 Stage departs Margam Park
11:30 Finish straight available for support activities Hospitality open
12:15 Expected arrival of first team coaches
12:45 Ride with Dan Martin arrives
13:45 Support activities end
14:00 Circuit closes
15:02 First passage of Finish Line (Expected Schedule)
15:13 Second passage of Finish Line (Expected Schedule)
15:23 Stage 8 arrives (Expected Schedule)
15:30 Presentation of stage winner and Winner's jerseys
16:00 Hospitality closes Press conference
16:30 Volunteer marshals dismissed 24 stewards dismissed Event Control closes
17:45 Remaining Stewards dismissed
18:00 Media Centre closes
19:00 Site clear




## ©komoot



## TEAMS /

## Sixteen of the world's leading teams, including Tour de France champions Jumbo - Visma and home fan favourites INEOS Grenadiers, will compete in this year's Tour of Britain.

BORA - hansgrohe, Movistar Team, and Team dsm - firmenich - all of whom won stages in last year's abridged event - and the Uno-X Pro Cycling Team will also be in action just six weeks on from competing at the Tour de France.

Four teams - Bolton Equities Black Spoke, Equipo Kern Pharma, Q36.5 Pro Cycling Team, and TDT - Unibet Cycling Team - will all appear in the race for the first time. Additionally, Bingoal WB and Uno-X Pro Cycling Team will return to the Tour having competed in the event for the first time in 2021.

The participation of three teams - a Great British national squad and the country's two leading domestic squads (Saint Piran and TRINITY Racing) - is part of the race's commitment to providing a platform to support young and emerging home riders.


UCI rankings correct as of Thursday 24 August




## RIDERS /



MOVISTAR TEAM
SPORTS DIRECTOR:
MAX SCIANDRI

| 1 | Gonzalo Serrano | ESP |
| :--- | :--- | ---: |
| 2 | Will Barta | USA |
| 3 | TBC (name) | - |
| 4 | Max Kanter | GER |
| 5 | Gregor Mühlberger | AUT |
| 6 | Óscar Rodríguez | ESP |



INEOS GRENADIERS
SPORTS DIRECTORS:
ROGER HAMMOND / IAN STANNARD

| 11 | Tom Pidcock | GBR |
| :--- | :--- | ---: |
| 12 | Carlos Rodriguez | ESP |
| 13 | Luke Rowe | GBR |
| 14 | Connor Swift | GBR |
| 15 | TBC (name) | - |
| 16 | Ben Turner | GBR |

BINGOAL WB
SPORTS DIRECTORS:
ALESSANDRO SPEZIALETTI

| 21 | Floris de Tier | BEL |
| :--- | :--- | :--- |
| 22 | Johan Meens | BEL |
| 23 | Davide Persico* | ITA |
| 24 | Dimitri Peyskens | BEL |
| 25 | Lennert Teugels | BEL |
| 26 | Kenneth van Rooy | BEL |


|  | GREAT BRITAIN <br> SPORTS DIRECTORS: |
| :--- | :--- |
| JOHN HERETY / MATT BRAMMEIER |  |
| 31 | Ethan Vernon |
| 32 | Jack Brough* |

BORA - HANSGROHE
SPORTS DIRECTOR:
JENS ZEMKE / HEINRICH HAUSSLER

| 41 | Sam Bennett | IRL |
| :--- | :--- | ---: |
| 42 | Patrick Gamper | AUT |
| 43 | Nils Politt | GER |
| 44 | Max Schachmann | GER |
| 45 | Ide Schelling | NED |
| 46 | Danny Van Poppel | NED |



## BOLTON EQUITIES BLACK SPOKE

SPORTS DIRECTORS: FRANKY VAN
HAESEBROUCKE / GREG HENDERSON

| 51 | Jacob Scott | GBR |
| :--- | :--- | ---: |
| 52 | Matt Bostock | GBR |
| 53 | James Fouche | NZL |
| 54 | James Oram | NZL |
| 55 | Mark Stewart | GBR |
| 56 | Rory Townsend | IRL |

GLOBAL 6 CYCLING
SPORTS DIRECTORS:
JAMES MITRI / LUIS GERRADO

## JUMBO - VISMA

SPORTS DIRECTORS: ARTHUR VAN
DONGEN / MAARTEN WYNANTS

| 71 | Wout van Aert | BEL |
| :--- | :--- | ---: |
| 72 | Edoardo Affini | ITA |
| 73 | Steven Kruijswijk | NED |
| 74 | Olav Kooij* | NED |
| 75 | Jos van Emden | NED |
| 76 | Nathan van Hooydonck | BEL |



EQUIPO KERN PHARMA
SPORTS DIRECTOR:
PABLO URTASUN

| 81 | Roger Adrià | ESP |
| :--- | :--- | :--- |
| 82 | Igor Arrieta* | ESP |
| 83 | Iñigo Elosegui | ESP |
| 84 | José Félix Parra | ESP |
| 85 | Ibon Ruiz | ESP |
| 86 | Danny van der Tuuk | NED |



## SAINT PIRAN

SPORTS DIRECTORS
STEVE LAMPIER / JULIAN WINN

| 91 | Alexander Richardson | GBR |
| :--- | :--- | :--- |
| 92 | Harry Birchill* | GBR |
| 93 | Finn Crockett | GBR |
| 94 | Zeb Kyffin | GBR |
| 95 | Jack Rootkin-Gray* | GBR |
| 96 | Bradley Symonds | GBR |



TEAM DSM - FIRMENICH
SPORTS DIRECTOR:
MATT WINSTON

| 101 | Tobias Lund Arnesen |
| :--- | :--- | DEN



Q36.5 PRO CYCLING TEAM
SPORTS DIRECTORS:
AART VIERHOUTEN / RIK REINERINK

| 111 | Mark Donovan | GBR |
| :--- | :--- | ---: |
| 112 | Damian Howson | AUS |
| 113 | Kamil Malecki | POL |
| 114 | Nicolò Parisini | ITA |
| 115 | Joey Rosskopf | USA |
| 116 | Szymon Sajnok | POL |


|  | TDT - UNIBET CYCLING TEAM <br> SPORTS DIRECTORS: |
| :--- | :--- | :--- |
|  | ROB HARMELING / JULIA SOEK |



TEAM FLANDERS - BALOISE
SPORTS DIRECTORS:
HANS DE CLERQ / ANDY MISSOTTEN

| 131 | Kamiel Bonneu | BEL |
| :--- | :--- | :--- |
| 132 | Sander De Pestel | BEL |
| 133 | Milan Fretin* | BEL |
| 134 | Elias Maris | BEL |
| 135 | Ward Vanhoof | BEL |
| 136 | Aaron Verwilst | BEL |



## TRINITY RACING

SPORTS DIRECTOR:
PETER KENNAUGH / JON MOULD

| 141 | Luke Lamperti* |
| :--- | :--- | USA

UNO-X PRO CYCLING
SPORTS DIRECTORS:
GINO VAN OUDENHOVE /
ARNE GUNNAR ENSRUD

| 151 | Alexander Kristoff | NOR |
| :--- | :--- | :--- |
| 152 | Frederik Dversnes | NOR |
| 153 | Tord Gudmestad* | NOR |
| 154 | Tobias Halland Johannssen | NOR |
| 155 | Ramus Tiller | NOR |
| 156 | Martin Urianstad | NOR |

[^3]
## TECHNICAL

SPECIFIC REGULATIONS

## Article 1. Organisation

The Tour of Britain is organised by Tour of Britain Ltd. under the regulations of the International Cycling Union (UCI). It is to be held from Sunday 3 September to Sunday 10 September 2023.

## Race Organisation:

The Tour of Britain
Unit 1 Horizon Business Park
1 Brooklands Road
Weybridge
Surrey
KT13 0TJ
T + 44 (0)1932 831485
Race Director: Mick Bennett
Article 2. Type of Event
The event is entered on the UCI ProSeries calendar and is registered as a 2.Pro event. In conformity with the UCI rules, points are awarded as follows for the UCI Europe Tour ranking.

- $200,150,125,100,85,70,60,50$, $40,35,30,25,20,15$ and 10 points to the first 15 finishers in the final General Classification by time.
- Finishers in positions 16 to 30 in the final General Classification by time will receive 5 points and finishers in positions 31 to 40 in the final General Classification by time will receive 3 points.
- $20,15,10,5$ and 3 points to the first 5 finishers on each stage
- 5 points to the daily leader of the General Classification by time


## Article 3. Participation

As per article 2.1.005 of the UCI regulations, the event is open to the following teams: UCI WorldTeams (max 70\%), UCI ProTeams, UCI continental teams of the country, UCI cyclo-cross professional teams of the country, Foreign UCI continental teams (max. 2), National team of the country of the organiser

As per article 2.2.003 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

## Article 4. Race Headquarters

At the start, the race headquarters shall be open on Friday 1 September from 14:00 to 18:00 and Saturday 2 September from 09:00 to 18:00 located at the following address:

## Delta Hotels by Marriott Worsley Park

 Country Club. Worsley Park,Worsley, Manchester, M28 2QT, +44 (0)161 9752000
Team representatives are requested to confirm their starters and collect their race numbers at the race headquarters from 16:00 to 16:45 on Saturday 2 September.
The team managers' meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires' Panel, is scheduled for 17:00 on Saturday 2 September at the following address:

## Delta Hotels by Marriott Worsley Park

 Country Club. Worsley Park,Worsley, Manchester, M28 2QT,
+44 (0)161975 2000

## Article 5. Radio-Tour

Race information will be broadcast in English. The frequencies will be:

1. 469.350000 / TONE 192.8
2. 467.350000 / TONE 192.8
3. 465.525000 / TONE 192.8 - Aircraft repeater

## 4. 452.300000 / TONE 192.8

Users must be scanning all four channels. If you do not have the functionality to scan please see the Communications Specialists representative before the race.

## Article 6. Neutral Technical Support

The neutral technical support service is handled by Shimano Europe. The neutral support is taken care of by means of 3 vehicles.

Article 7. Race Incidents Occurring in the Last 3 Kilometres
In the case of a duly noted incident, fall, puncture or mechanical incident in the last 3 kilometers of a road race stage, the rider(s) involved shall be credited with the time of the rider(s) in whose company they were riding at the moment of the accident. His or their placing shall be determined by the order in which he or they actually cross the finishing line.

If, as the result of a duly noted incident in the last 3 kilometers a rider cannot cross the finishing line, he shall be placed last in the stage and credited with the time of the rider or riders in whose company he was riding at the time of the accident. 3 kilometer rule is applicable for all stages.

Article 8. Finishing Time Limits
A finishing time limit of $15 \%$ will apply to all stages. The Commissaires' Panel, in agreement with the organiser, may in exceptional circumstances increase the time limit in accordance with UCI Art 2.6.032

## Article 9. Classifications

The following classification(s) will be issued:
General Individual Classification By Time
The General Individual Classification on time
is decided by adding together the time taken by the riders on each stage, plus any time penalties. The rider leading this competition after Stage One will wear the Leader's Jersey
Where two or more riders make the same time in the general individual time placings, the placings obtained in each stage, shall be added and, as a last resort, the place obtained in the last stage ridden shall be taken into consideration.

## Time Bonuses

There will be no time bonuses at stage finishes or the intermediate cottages. com sprint in the 2023 Tour of Britain.

## cottages.com Points Classification

The cottages.com Points Classification is decided by adding the points awarded at the intermediate cottages.com sprint on each stage with those at each of the stage finishes. The rider leading this competition will wear the cottages.com Points Jersey (green). Points will be awarded as follows:

Points will be awarded at the intermediate cottages.com sprint to the first 5 riders on the following basis:
10-7-5-3-1 point(s)
Points will be awarded at each stage finish to the first 10 riders on the following basis: 25-18-12-8-6-5-4-3-2-1 point(s)

In the event of a tie in the cottages. com Points Classification, the following criteria shall be applied in order until the riders are separated:

1. Number of stage wins
2. General individual classification by time. (UCI Art 2.6.017)

## Pinarello King of the

## Mountains Classification

The Pinarello King of the Mountains is decided by adding the points awarded on each of the classified climbs. The rider leading this competition will wear the Pinarello King of the Mountains Jersey (black and white)

Points will be awarded as follows

- Cat 1 climbs: 10, 9, 8, 7, 6

5, 4, 3, 2 and 1 point

- Cat 2 climbs: 6, 5, 4, 3, 2 and 1 point
- Cat 3 climbs: 4, 3, 2 and 1 point

In the event of a tie in the Pinarello King of the Mountains, the following criteria shall be applied in order until the riders are separated:

1. Number of first places on the highest category climbs
2. Number of first places on climbs in the next inferior category and so on
3. General Individual Classification by time

## The Sportive Breaks Best

Young Rider Classification
The Sportive Breaks Best Young Rider Classification is open to riders born on or after the 1st January 2001.

The leader of the Sportive Breaks Best Young Rider Classification is the first Under-23 rider on the general individual time classification and will wear the Sportive Breaks Best Young Rider jersey (white).
Where two or more riders make the same time in the general individual time placings, the placings obtained in each stage, except team time trial stages, shall be added and, as a last resort, the place obtained in the last stage ridden shall be taken into consideration.

## The British Cycling Best British

## Rider Competition

Only riders holding a British Cycling issued racing licence may take part in the British Cycling Best British Rider competition.

The leader of the British Cycling Best British Rider competition is the first British rider on the general individual time classification. There is no jersey for this classification.

Where two or more riders make the same time in the general individual time, placings obtained in each stage shall be added and, as a last resort, the place obtained in the last stage ridden shall be taken into consideration to decide the order, in accordance with UCI article 2.6.015

## Team Classification

The Team Classification for the day shall be calculated on the basis of the sum of the three best individual times from each team. In the event of a tie, the teams shall be separated by the sum of the places acquired by their three best placed riders on the stage. If the teams are still tied, they shall be separated by the placing of their best rider on the Stage Classification.

The Team General Classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden. In the event of a draw, the following criteria shall be applied in order until the teams are separated:

1. number of first places in the daily Team Classifications
2. number of second places in the daily Team Classifications etc

If there is still a draw, the teams shall be separated by the placing of their best rider in the general individual classification.

Any team reduced to fewer that three riders shall be eliminated from the general team classification.

The Sportsbreaks.com Combativity Award A daily Sportsbreaks.com Combativity Award will be presented to the rider considered to have displayed the most courageous and attacking display of riding during the stage. This will be decided via a public vote on tourofbritain.co.uk

An overall Sportsbreaks.com Combativity Award will be presented following the final stage to the rider considered by the race jury and Race Director to have displayed the most courageous and attacking display of riding across the eight stages.

## Article 10. Prizes

The following prizes are awarded: (See page 119 of the race manual). A total of $€ 113,080$ will be awarded in prize money at the event.

## Article 11. Anti-Doping

The UCI antidoping regulations are entirely applicable to the event. Moreover, and in conformity with the law of Great Britain, the British anti-doping legislation is applicable in addition to the UCI anti-doping regulations.

The anti-doping tests will take place at the Anti-Doping Unit that will be located adjacent to the finish of each stage daily.

The organiser reserves the right to refuse riders or teams that might be connected with doping abuse and whose participation therefore would be incompatible with the reputation of the race.

## Article 12. Awards Ceremony

### 12.1 Stage Finishes

In accordance with article 1.2.112 of the UCI rules, the following riders must
attend the official awards ceremony,
in the following order of presentation:

- The winner of the stage
- General Classification Leader
- British Cycling Best British Rider Classification
- cottages.com Points Classification Leader (cottages.com Points Jersey)
- Sportive Breaks Best Young

Rider Classification Leader
(Best Young Rider Jersey)

- Pinarello King of the Mountains Classification (KoM Jersey)
The riders will present themselves at the podium in a time limit of maximum 10 minutes after crossing the finish line. The organisation will ensure that team managers or riders receive due notification of this request.

The stage winner and all classification leaders must attend a press conference following the presentation ceremony if requested to do so.

Moreover, following the finish of Stage Eight, the following riders must also present themselves at the final awards ceremony held immediately after the final stage:

- The winner of the stage
- The winner of the day's Sportsbreaks com Combativity award

The leaders of the following classifications:

- The winner of the overall Sportsbreaks. com Combativity Award
- Team Classification winner
- British Cycling Best British

Rider Classification winner

- cottages.com Points Classification winner (cottages.com Points Jersey)


## TECHNICAL

SPECIFIC REGULATIONS

- Sportive Breaks Best Young

Rider Classification winner
(Best Young Rider Jersey)

- Pinarello King of the Mountains

Classification winner (KoM Jersey)

- Riders placed 2nd and 3rd on general classification
- General Classification winner


### 12.2 Stage Starts

(Applicable to Stages 2 to 8)
Sportsbreaks.com Combativity Award The daily winner of the Sportsbreaks. com Combativity Award (Stages 1 to 7) will receive their combativity award during the sign-on presentation for the following stage (Stages 2 to 8). The winner of the award during Stage 8 will attend the post-finish podium presentation.

## Leaders' Jerseys

10 minutes before the start of each stage,
the leaders in all classifications are required to present themselves on the start line for a protocol ceremony arranged by the organisation for their jerseys to be presented for spectators and television.

## Article 13. Sign on

Sign on will close daily 10 -minutes before the stage start.
Article 14. Penalties
The UCI penalty scale is the
only one applicable.
Article 15. Race Service
All race service must take place
on the left side of the road.

## Article 16. Team Cars

Two team cars per team are permitted in the race convoy.

## Article 17. Alterations

If it is necessary to alter any arrangements for the race, the Commissaire President, and the Race Direction will take these decisions.

## Article 18. Feeding

All static feeding must take place on the left side of the road (UCI Art 2.3.026).

Due to atmospheric conditions etc, the Commissaires may reduce the distance before feeding commences from the team cars, furthermore, they may also extend the distance before feeding closes. Such a decision will be communicated in advance via Radio Tour.

## Article 19. Jerseys

The ranking of the Race Classification Jerseys are as follows:

1. General Classification Leader (Leader's Jersey)
2. cottages.com Points Classification Leader (cottages.com Points Jersey)
3. Pinarello King of the Mountains Classification (KoM Jersey)
4. Sportive Breaks Best Young Rider Classification Leader (Best Young Rider Jersey)
Classification Jerseys presented must be worn for the following stage. Where a rider holds more than one jersey at the same time, the jersey to be worn shall be that with the highest ranking as indicated above and the lesser jersey shall be worn by the second placed rider in the classification, and so on.

Article 20. Race Regulations and Discipline
Riders, team managers and all other participants must be familiar with and abide by these regulations and those of the UCI and British Cycling.

By taking part in the Tour of Britain all personnel are considered to accept the regulations in full and to bear sole responsibility for any injury, accident or loss that may occur.

## General provisions

The infringement related to race incidents concerning riders, teams and other licence holders observed in the context of road events are sanctioned as set out in the table of race incidents defined in article 2.12.007, in accordance with article 12.4.001.

Sanctions given by commissaires shall be noted in the communiqué of the commissaires' panel and will be sent to the UCI.

Any rider failing to attend the daily start or finish protocol ceremonies (except with good reason and recognized by the Commissaires) will incur a penalty. The Management reserves the right to dismiss persons from the race for the following reasons:

All personnel are reminded that it is unlawful and an offence against public decency to urinate in public places such as the start area, in towns, villages or near occupied parked areas. Firm action will be taken against personnel offending against this regulation.

## Article 21. Stages expected to

 finish in bunch sprintsThe following stages have been identified as expected to finish in bunch sprint:

- Stage 1 Altrincham to Manchester
- Stage 2 Wrexham to Wrexham
- Stage 3 Goole to Beverley
- Stage 4 Sherwood Forest
to Newark-on-Trent
- Stage 5 Felixstowe to Felixstowe
- Stage 6 Southend-on-Sea to Harlow

During these stages, the protocol of calculation of time gaps for stages "expected to finish in bunch sprints" published on the UCI website in the Regulations section will be applied.

Article 22. Brother UK Recycling Zones Brother UK Recycling or 'Green’ Zones will be located where practicable after the cottages.com sprint and KoM sections on all road stages where practicable.

Brother UK Recycling Zones will be marked in the ETA of the manual and identified by signage at the side of the road and will las for approximately 200 m . There will also be additional Brother UK Recycling Zones at 20 km and 5 km to go on every road stage.

Thanks to Enval, gel wrappers collected in these locations will be recycled.

## IMPORTANT

No person will be allowed to travel in any vehicle during the event without prior permission from the Race Direction and must wear appropriate accreditation at all times. This will be strictly enforced.

## Drivers

It is your responsibility as a representative of the Race Organisation to ensure that all vehicles are treated with the same care and attention that you would extend to your own vehicle. The following points must be observed.

## Collection of vehicles:

All official vehicles are to be collected on Saturday 2 September from the following address unless you are notified otherwise.

Delta Hotels by Marriott Worsley Park Country Club
Worsley Park
Worsley
Manchester M28 2QT
T +44 (0)161975 2000

## To arrange collection of your vehicle please

 contact the Logistics and Transport Director Paul Knight.The Logistics and Transport Director will be available at the Distribution area of the Event HQ Hotel before the race start. He can be reached during the race on his mobile phone

All drivers must be over 21 years of age and hold a current clean driving licence. The licence must be shown together with a photocopy to the Transport Manager when collecting your assigned vehicle. Drivers are responsible for their vehicle and must not be interchanged under any circumstances.

Fuel Cards: Fuel cards will be provided by the organisation. These will be allocated to the vehicle and must not be transferred.

All fuel cards, receipts and correctly filled in documentation are to be returned to the Transport Manager at the end of the event at the Release HQ Hotel.

## Car and Responsibilities:

The following responsibilities outline the details all drivers must comply with, whilst working on the Tour of Britain.

- Drivers are responsible for checking their vehicle, is in good working order, before commencing on a journey.
- Drivers are to carry out a functions test at the start of each day, this is to include: lights, window washer/wipers, brakes and check levels of all oils and lubes.
- Vehicles are to be refuelled every evening before reaching the hotel.
- Vehicles are to be kept in good order and clean at all times.
- You are to drive within the limitations of the law provided under the Road Safety Act.
- Mechanical problems arising should be reported immediately to the Transport Manager or your immediate supervisor.
- In the event of a breakdown or accident you are to inform your supervisor at the earliest opportunity.
- Drivers are to take special care whilst manoeuvring in the working/technical areas.
- All accidents are to be reported to the Transport Manager and all relevant forms and paperwork are to be completed soonest.
- Any damage to the vehicle is to be reported to the Transport Manager Immediately, failure to comply could result in a bill being raised against you.
- Any traffic or speeding fines will be the responsibility of the named driver.


## IMPORTANT:

Please note that at some Race Hotels you may be required to register your vehicle with the hotel for car parking purposes. Please check on arrival at every hotel if a registration needs to be entered to avoid a fine.

Returning Vehicles: Vehicles are to be clean and tidy and all rubbish removed and disposed of

Vehicles must be returned to the Transport Manager by 20:00 on Sunday 10 September at the following location unless otherwise notified.

## Tŷ Magor Wales

1 Business Park M4 J 23A
Newport, NP26 3RA
Anyone abandoning a vehicle at the Finish area or anywhere else will be charged with the recovery costs.
There will be no exceptions.

## Hotels

The race organisation provides room, breakfast and evening meal for the duration of the event. All other extras such as drinks, telephone calls, laundry etc are the responsibility of the purchaser and hotels are instructed to cover the costs on departure. Even if you believe that you have not incurred any extra charges, it is still important that you check out each morning.

Any costs that may be incurred, that you consider being legitimate race expenses should be recovered through the expense form procedure.

The Tour of Britain Hotel Bookings Manager is Ben Scholes. Ben can be reached at the HQ Hotel.

## Communications equipment

Where appropriate, radios will be preinstalled in the Race Convoy Vehicles.

Hand-held radios, if requested, will be issued on Saturday 2 September from the Distribution area at the HQ Hotel by the Communications Specialists team.

Radios will be individually signed for and are the responsibility of the holder,and must not be interchanged or loaned out at any time.

If you are having problems with your communications equipment please report it to your line manager straight away do not delay until the start of the stage, as it may be too late then.

Please remember to have a fully charged battery fitted at the start of each stage. There will be chargers available on the HQ vehicles at Start and Finish areas.

Convoy Vehicle radios will be tested in the neutralised section, prior to the start proper of every stage.

All communication equipment is to be handed back at the Release HQ Hotel.

Failure to hand back equipment will result in a bill being raised against the individual who signed for the equipment.

Part of Greenback Recycling Technologies Ltd.

The Enval process, treats plastic better, enabling the recycling of valuable resources and paving the way for environmentally responsible packaging solutions.

We are at the forefront of applying innovation and technology to waste treatment, with the goal of improving people's lives and positively contributing to a true circular economy. To achieve this, we have developed a unique proprietary recycling solution for low-density packaging waste.

Our process is the only one in the world capable of recycling plastic aluminium laminates, the material used in the packaging of many popular sports energy gels and bars products, separating clean aluminium with a low-carbon footprint and high-value oil that can be used to produce new plastic. The Enval process is changing the perception of plastic and unlocking a strong and profitable circular economy.

We are proud to be the recycling partner of the Tour of Britain. We hope to be part of this for many years to come!

Good luck to all the participants!
\#treatingplasticsbetter
www.enval.com / www.greenback.earth


##  <br> SEE YOU NEXT <br> SEPTEMBER

1 - 8 SEPTEMBER 2024*

## 

Tour of Britain
Unit 1 Horizon Business Village
1 Brooklands Road
Weybridge
Surrey KT13 0TJ
T 01932831485
info@thetour.co.uk
tourofbritain.co.uk


[^0]:    Ten other riders have also won Tour of Britain stages in advance of triumphing at the Tour de France, albeit not in consecutive years.
    The most recent addition to the list was Dutchman Wout Poels, who took a memorable victory at Saint-Gervais Mont Blanc in this year's Tour. Poels already has four Tour of Britain stage wins to his name, the first of which came in Teignmouth, Devon, in 2010. His three other victories - Hartside (2015), Haytor (2016), and Whinlatter (2018) - all came on hill-top finishes.
    Sam Bennett, Edvald Boasson Hagen, Lars Boom, Caleb Ewan, Fernando Gaviria, Michal Kwiatkowski, Mathieu van der Poel, Elia Viviani, and Simon Yates complete the list.

[^1]:    Wigan
    Council

[^2]:    8) BEICIO CYmRU
    () Шielicio ctumzu
[^3]:    Participating team information correct at the time of publishing (Tuesday 29 August) Sports directors are listed under the respective team names.
    *Denotes eligibility for the Sportive Breaks Best Young Rider jersey as under-23.

