

# TECHNICAL GUIDE

UCI INTERNATIONAL 2. PRO

TOUR OF NORWAY 2022, 24. - 29. MAY



TOUR OF  
NORWAY

[www.tourofnorway.no](http://www.tourofnorway.no)





# TECHNICAL GUIDE

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TOUR OF  
NORWAY

## TEAMS



Team Jumbo-Visma  
(NED)



INEOS Grenadiers  
(GBR)



Trek-Segafredo  
(USA)



Quick-step Alpha Vinyl team  
(BEL)



EF Education - Easypost  
(USA)



Intermarché - Wanty - Gobert Matériaux  
(BEL)



BORA - hansgrohe  
(GER)



Team DSM  
(GER)



Israel - Premier Tech  
(ISR)



Caja Rural - Seguros RGA  
(ESP)



Sport Vlaanderen - Baloise  
(BEL)



Uno-X Pro Cycling Team  
(NOR)



Bardiani - CSF - Faizanè  
(ITA)



Human Powered Health  
(USA)



Alpecin-Fenix  
(BEL)



Team Coop  
(NOR)



Rival Cycling Team  
(DEN)



ColoQuick Cycling  
(DEN)

# JERSEYS



Leader in the GC



Best placed young rider in GC



Leader of the Points competition



King of Mountain competition

## OFFICIALS

### RACE DIRECTION:

**General director:** Roy Hegreberg  
**Race director:** Anders Eia Linnestad  
**Safety manager:** Fredrik Galta  
**Medical manager:** Rolf Bergseth

### RACE STAFF:

**Chief of mobile escort:** Rune Olsen  
**Chief of stationary marshalls:** Ola Pedersen  
**Route manager:** Morten Bjordal  
**Head of Police:** Georg Grødem  
**Regulator:** Mario de Wandel  
**Radio Tour:** Skjalge Kraglund  
**Radio manager:** Heikki Dahle

### ARENA TEAM:

**Arena manager:** Øyvind Lillehagen  
**Arena coordinator, start:** Andre Lalid  
**Arena announcer:** Kjell Erik Kristiansen

### SERVICE TEAM:

**Hotel manager/team relations:** Caroline Nguyen  
**Transport:** Ole Tøssebro  
**Transport:** Hans Petter Trondsen  
**Results/timing:** Votrecourse  
**Race headquarters:** Marianne Wigert Larsen

### COLLEGE OF COMMISSAIRES

**President of the commissaires panel:** Paul Watson (IRL)  
**Member of the jury:** Edwin Cruijssen (NED)  
**Member of the jury:** Kenneth Simonsson (SWE)  
**Member of the jury:** Heidi Stenbock-Haakestad (NOR)  
**Finish judge:** Rune Torkildsen (NOR)  
**Timekeeper:** Norvald Algerøy (NOR)  
**Assistant commissaire:** Torbjørn Magnussen (NOR)  
**Moto commissaire 1:** Søren Knudsen (DEN)  
**Moto commissaire 2:** Morgan Grindalen (NOR)

### MEDIA

**Communication manager:** Christian Nykvist  
**TV production:** NEP group

## HOSPITALS

### STAGE 1 - First part

Haukeland universitetssjukehus  
Haukelandsveien 22, 5021 Bergen  
Phone: +47 55972499

### STAGE 1 - Last part

Voss sjukehus  
Sjukehusvegen 16, 5704 Voss  
Phone: +47 56533500

### STAGE 2 - First part

Voss sjukehus  
Sjukehusvegen 16, 5704 Voss  
Phone: +47 56533500

### STAGE 2 - Last part

Hallingdal sjukestugu  
Helsetunvegen 15, 3570 Ål  
Phone: +47 32 80 30 00

### STAGE 3 - First part

Hallingdal sjukestugu  
Helsetunvegen 15, 3570 Ål  
Phone: +47 32 80 30 00

### STAGE 3 - Mid part

Kongsberg sykehus  
Drammensveien 4, 3612 Kongsberg  
Phone: +47 32 72 55 00

### STAGE 3 - Last part

Sykehuset Telemark, Notodden  
Henrik Wergelandsgate 9  
3675 Notodden  
Phone: +47 35003500

### STAGE 4

Sørlandet sykehus, Kristiansand  
Egsveien 100, bygg 10, 4615 Kristiansand  
Phone +47 90610600

### STAGE 5 - First part

Sørlandet sykehus, Flekkefjord  
Engvald Hansens vei 6, 4400 Flekkefjord  
Phone +47 90610600

### STAGE 5 - Last part

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

### STAGE 6

Stavanger Universitetssykehus  
Gerd-Ragna Bloch Thorsens gate 4, 4011 Stavanger  
Phone: +47 51519285

## IN CASE OF EMERGENCY: DIAL 113

## SPECIAL INSTRUCTIONS

### LAST 1000 M

The last 1000-m is marked with an arch with a red triangle or signs with a red triangle (In case of heavy wind).

### RACE RESULTS

Results will be distributed at all official hotels and on the organizers web site ([www.tourofnorway.no](http://www.tourofnorway.no)). Please register your mobile number and e-mail address at the permanence in order to receive e-mails and sms with results.

### COMMUNICATIONS EQUIPMENT

Radios will be pre-installed in all organizer-cars. Hand-held radios will be issued on Monday 23 May at the permanence for teams without radios. Radios will be individually signed for and are the responsibility of the holder, and must not be interchanged or loaned out at any time. Radio Tour frequency: 154.925 Mhz.

### PHONE NUMBERS

A list of phone numbers will be Distributed from the permanence on Monday 23 May

## ENVIRONMENTAL CARE

Please respect the environment, and behave responsibly during the race. The race route goes through many areas of vulnerable nature.

Waste disposal - no littering!

During the race your waste must be disposed in the designated zones, occurring before and after the feeding zone.

According to the UCI-regulations there will also be signposted waste zones at approximately each 40th km at the race route. Riders must only dispose of their waste, water bottles or any other object in these specially designated areas. It is mandatory for the riders to dispose their waste in the waste zones.

Please use the litter bags placed at all start and finish sites.

## SAFE DRIVING

### OBLIGATORY

#### SWITCH ON YOUR LIGHTS

Low-beam headlights are required at all times (even if your vehicle is equipped with daytime running lights).

#### ALWAYS WEAR A SEATBELT

Seat belts are mandatory for occupants in both the front and back seats of the vehicle.

#### CHECK YOUR SPEED

30 kph or 50 kph max in built-up areas, dependent on signs. 50 kph max on stretches of road where there are large numbers of spectators 80 kph max outside built-up areas, even if there are few members of public.

### PROHIBITED

#### MOBILE TELEPHONES

The use of hand held mobile phones while driving is prohibited.

#### U-TURNS

Driving in the wrong direction on the course is strictly prohibited, even if only for a short distance.

#### ALCOHOL AND DRUGS

Zero alcohol limit: 0,0 g/litre of blood. Alcohol and cannabis uptake tests to be carried out during the event.

## PROGRAM

### MAY 23rd

Quality Hotel Edvard Grieg

14:00	Commissaries meeting
15:30 – 16:30	Confirmation of starters and distribution of identification numbers. Licence check.
17:00	Team managers' meeting
20:00	Safety meeting, drivers

## DISTANCES TO START FROM THE HOTELS

### STAGE 1

Quality Hotel Edvard Grieg: 24,5 km.

Approximately 27 minutes.

Thon Hotel Bergen Airport: 23,6 km.

Approximately 25 minutes.

### STAGE 2

Fleischer's Hotel: 47,3 km.

Approximately 46 minutes.

Park Hotel Vossevangen: 47 km.

Approximately 47 minutes.

Scandic Voss: 49,5 km.

Approximately 46 minutes.

### STAGE 3

Vestlia resort: 52,7 km.

Approximately 51 minutes.

Dr. Holms hotel: 51,7 km.

Approximately 48 minutes.

Bardøla cabins: 50 km.

Approximately 45 minutes.

### STAGE 4

Rauland høgfjellshotell: 77,2 km.

Approximately 1 hour 18 minutes.

Gaustablikk fjellresort: 131 km.

Approximately 2 hours 25 minutes.

Austbø hotel: 70, 8 km.

Approximately 1 hour 11 minutes.

Raulandsfjell: 77,2 km.

Approximately 1 hour 18 minutes.

### STAGE 5

Scandic Sørlandet: 117 km.

Approximately 1 hour 47 minutes.

Clarion Hotel Ernst: 106 km.

Approximately 1 hour 40 minutes.

Mandal hotel: 66,9 km.

Approximately 1 hours 4 minutes.

Farsund resort: 49,9 km.

Approximately 47 minutes.

Radisson Caledonien: 107 km.

Approximately 1 hour 41 minutes.

Scandic Bystranda: 108 km.

Approximately 1 hour 42 minutes.

### STAGE 6

Scandic Forus: 11,6 km.

Approximately 14 minutes.

Quality Airport Hotel: 14 km.

Approximately 16 minutes.

## DISTANCES FROM FINISH TO THE HOTELS

### STAGE 1

Fleischer's Hotel: 5,6 km.

Approximately 10 minutes.

Park Hotel Vossevangen: 4,7 km.

Approximately 8 minutes.

Scandic Voss: 4,8 km.

Approximately 8 minutes.

### STAGE 2

Vestlia resort: 0 km.

Dr. Holms hotel: 2,3 km.

Approximately 6 minutes.

Bardøla cabins: 3,3 km.

Approximately 6 minutes.

Pers hotel: 52,7 km.

Approximately 51 minutes.

### STAGE 3

Rauland høgfjellshotell: 56 km.

Approximately 1 hour 10 minutes.

Gaustablikk fjellresort: 9 km.

Approximately 11 minutes.

Austbø hotel: 59,5 km.

Approximately 1 hour 5 minutes.

Raulandsfjell: 66,5 km.

Approximately 1 hour 11 minutes.

### STAGE 4

Scandic Sørlandet: 12,4 km.

Approximately 13 minutes.

Clarion Hotel Ernst: 0,8 km.

Approximately 3 minutes.

Mandal hotel: 42,6 km.

Approximately 47 minutes.

Farsund resort: 85,3 km.

Approximately 1 hours 24 minutes.

Radisson Caledonien: 0,6 km.

Approximately 2 minutes.

Scandic Bystranda: 0,4 km.

Approximately 1 minute.

### STAGE 5

Scandic Forus: 6,1 km.

Approximately 10 minutes.

Quality Airport Hotel: 15 km.

Approximately 17 minutes.



## HOTELS

### MAY 23

#### QUALITY HOTEL EDVARD GRIEG

Sandsliåsen 50, 5254 Bergen

MOBILE ESCORT  
DRIVERS  
POLICE  
COMMISSAIRES  
NEUTRAL SERVICE  
BORA - HANSGROHE  
EF EDUCATION - EASYPOST  
SPORT VLAANDEREN - BALOISE  
ISRAEL - PREMIER TECH  
JUMBO-VISMA  
QUICK-STEP ALPHA VINYL TEAM  
TREK - SEGAFREDO  
INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
UNO-X PRO CYCLING TEAM

#### THON HOTEL BERGEN AIRPORT

Kokstadvegen 3, 5257 Kokstad

TEAM COLOQUICK  
TEAM COOP  
RIWAL CYCLING TEAM  
TEAM DSM  
ALPECIN-FENIX  
CAJA RURAL-SEGUROS RGA  
HUMAN POWERED HEALTH  
BARDIANI CSF FAIZANE'  
INEOS GRENADIERS

### MAY 24

#### PARK HOTEL VOSSEVANGEN

Uttrågata 3, 5700 Vossevangen

TEAM COOP  
RIWAL CYCLING TEAM  
TEAM COLOQUICK  
BARDIANI CSF FAIZANE'  
SPORT VLAANDEREN - BALOISE  
HUMAN POWERED HEALTH  
INEOS GRENADIERS  
TEAM DSM  
EF EDUCATION - EASYPOST  
CAJA RURAL-SEGUROS RGA

#### SCANDIC VOSS

Evangervegen 1A, 5704 Vossevangen

NEUTRAL SERVICE  
MOBILE ESCORT  
BORA - HANSGROHE  
ISRAEL - PREMIER TECH  
JUMBO-VISMA  
QUICK-STEP ALPHA VINYL TEAM  
TREK - SEGAFREDO  
ALPECIN-FENIX

#### FLEICHERS HOTEL

Evangervegen 13, 5704 Voss

RACE DIRECTION  
COMMISSAIRES  
DRIVERS  
POLICE  
INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
UNO-X PRO CYCLING TEAM

### MAY 25

#### VESTLIA RESORT

Bakkestølvegen 81, 3580 Geilo

RACE DIRECTION  
MOBILE ESCORT  
POLICE  
QUICK-STEP ALPHA VINYL TEAM  
UNO-X PRO CYCLING TEAM  
BORA - HANSGROHE  
SPORT VLAANDEREN - BALOISE  
JUMBO-VISMA  
INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
EF EDUCATION - EASYPOST  
ALPECIN-FENIX  
TREK - SEGAFREDO  
INEOS GRENADIERS  
CAJA RURAL-SEGUROS RGA  
BARDIANI CSF FAIZANE'  
TEAM COOP  
TEAM DSM  
ISRAEL - PREMIER TECH  
HUMAN POWERED HEALTH

#### DR. HOLMS HOTEL

Timrehaugvegen 2, 3580 Geilo

COMMISSAIRES  
DRIVERS

#### BARDØLA CABINS

Bardølavegen 33, 3580 Geilo

RIWAL CYCLING TEAM  
TEAM COLOQUICK

#### GEIOLIA HYTTETUN

Solstadvegen 2, 3580 Geilo

NEUTRAL SERVICE  
MOBILE ESCORT  
POLICE

## MAY 26

### RAULAND HØGFJELLSHOTELL

Høgfjellsbakken 1, 3864 Rauland

EF EDUCATION - EASYPOST  
ISRAEL - PREMIER TECH  
JUMBO-VISMA  
QUICK-STEP ALPHA VINYL TEAM  
ALPECIN-FENIX  
TEAM DSM  
BARDIANI CSF FAIZANE'  
CAJA RURAL-SEGUROS RGA  
SPORT VLAANDEREN - BALOISE  
TEAM COOP  
TEAM COLOQUICK  
RIWAL CYCLING TEAM

### AUSTBØ HOTEL

Rjukanveien 195, 3864 Rauland

INEOS GRENADIERS

### RAULANDSFJELL APARTMENTS

Raulandsgrend, 3864 Rauland

HUMAN POWERED HEALTH

### GAUSTABLIKK FJELLRESORT

Kvitåvatnvegen 372, 3660 Rjukan

RACE DIRECTION  
MOBILE ESCORT  
COMMISSAIRES  
DRIVERS  
POLICE  
NEUTRAL SERVICE  
UNO-X PRO CYCLING TEAM  
INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
TREK - SEGAFREDO  
BORA - HANS GROHE

## MAY 27

### SCANDIC SØRLANDET

Travparkveien 14, Kristiansand

INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
SPORT VLAANDEREN - BALOISE  
JUMBO-VISMA  
CAJA RURAL-SEGUROS RGA  
HUMAN POWERED HEALTH  
BARDIANI CSF FAIZANE'  
UNO-X PRO CYCLING TEAM  
EF EDUCATION - EASYPOST  
BORA - HANS GROHE  
ALPECIN-FENIX  
QUICK-STEP ALPHA VINYL TEAM

### CLARION HOTEL ERNST

Rådhusgata 2, 4664 Kristiansand

TREK - SEGAFREDO  
ISRAEL - PREMIER TECH  
TEAM DSM

[Special arrangement for team parking apply](#)

### MANDAL HOTEL

Sandskargata 33, 4515 Mandal

RIWAL CYCLING TEAM  
TEAM COLOQUICK  
INEOS GRENADIERS

### FARSUND RESORT

Abraham Larsens vei 28, 4550 Farsund

TEAM COOP

### SCANDIC BYSTRANDA

Østre Strandgate 74, 4608 Kristiansand

MOBILE ESCORT

### RADISSON BLU CALEDONIEN

Vestre Strandgate 7, 4610 Kristiansand

RACE DIRECTION  
POLICE  
COMMISSAIRES  
DRIVERS  
NEUTRAL SERVICE

## MAY 28

### SCANDIC FORUS

Bjødnabeen 2, 4033 Stavanger

SPORT VLAANDEREN - BALOISE  
JUMBO-VISMA  
INTERMARCHÉ - WANTY - GOBERT MATÉRIAUX  
ALPECIN-FENIX  
UNO-X PRO CYCLING TEAM  
BARDIANI CSF FAIZANE'  
RIWAL CYCLING TEAM  
TEAM COOP  
TEAM COLOQUICK

### QUALITY AIRPORT HOTEL

Sømmevegen 1, 4055 Sola

BORA - HANS GROHE  
EF EDUCATION - EASYPOST  
INEOS GRENADIERS  
ISRAEL - PREMIER TECH  
TEAM DSM  
QUICK-STEP ALPHA VINYL TEAM  
TREK - SEGAFREDO  
CAJA RURAL-SEGUROS RGA  
HUMAN POWERED HEALTH

### QUALITY HOTEL POND

Koppholen 17, 4313 Sandnes

RACE DIRECTION  
POLICE  
COMMISSAIRES  
DRIVERS  
MOBILE ESCORT  
NEUTRAL SERVICE

# THE STAGES LANDSCAPE – MAP

Stage 2: Ulvik - Geilo  
25 May 2022



**BERGEN** (play button icon)

Stage 1: Bergen - Voss  
24 May 2022

**GOL** (play button icon)

Stage 3: Gol - Stavsro/Gaustatoppen  
26 May 2022

**STAVSRO/  
GAUSTATOPPEN** (checkered flag icon)

**STAVANGER** (play button icon) (checkered flag icon)

Stage 6: Stavanger - Stavanger  
29 May 2022

**HOVDEN** (play button icon)

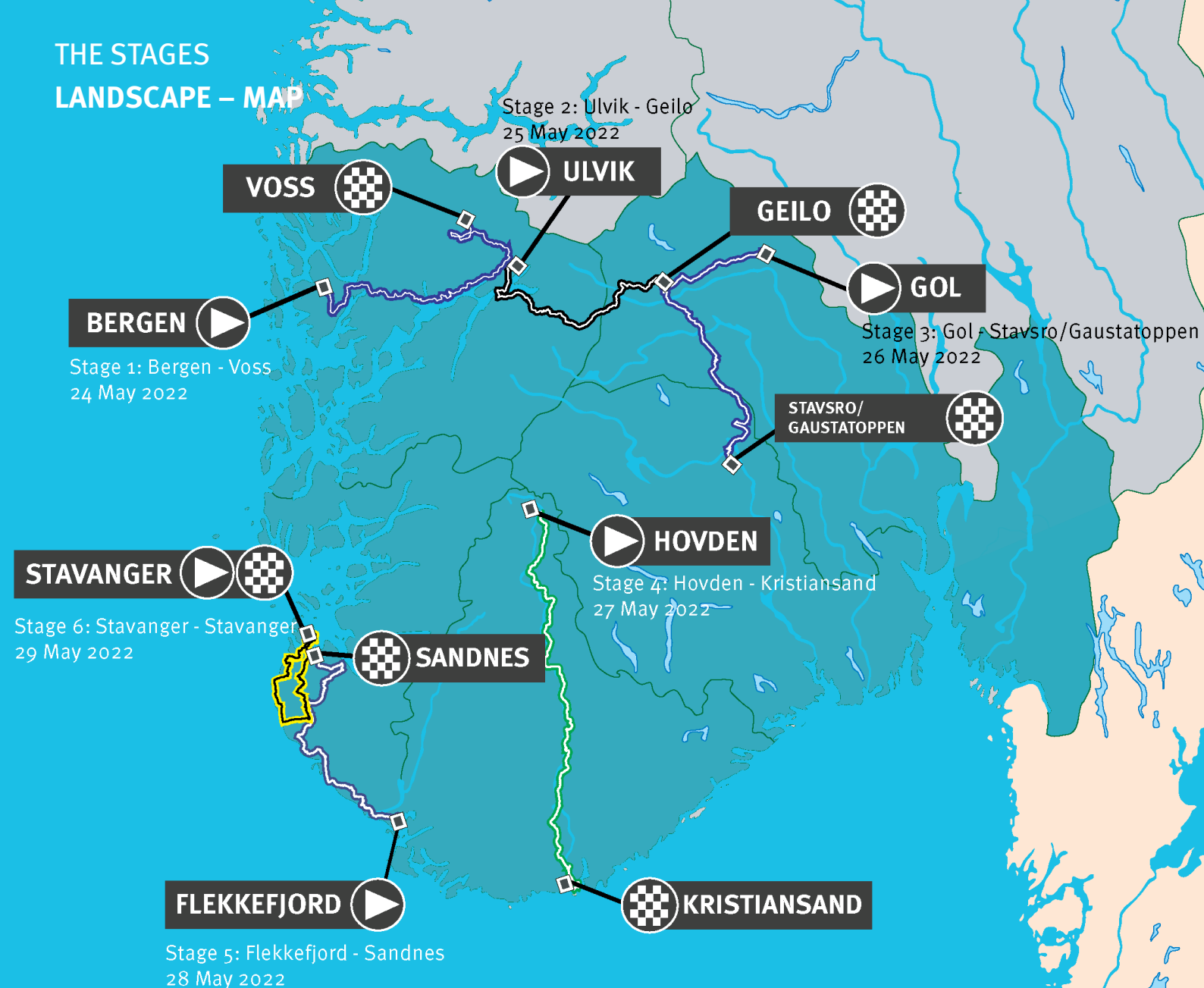
Stage 4: Hovden - Kristiansand  
27 May 2022

(checkered flag icon) **SANDNES**

**FLEKKEFJORD** (play button icon)

Stage 5: Flekkefjord - Sandnes  
28 May 2022

(checkered flag icon) **KRISTIANSAND**



# STAGE 1

BERGEN - VOSS

**PPO coordinates:** Lat.: 60.415378 Long.: 5.319822

**Address finish line:** Bavallsvegen 227, 5710 Skulestadmo

**Bus parking at the finish:** Limited space for bus parking at the finish. We recommend to park at the hotels in Vossevangen if possible.

**Feeding zone:** Ålvikvegen, Ålvik. Lat.: 60.431503 Long.: 6.41247

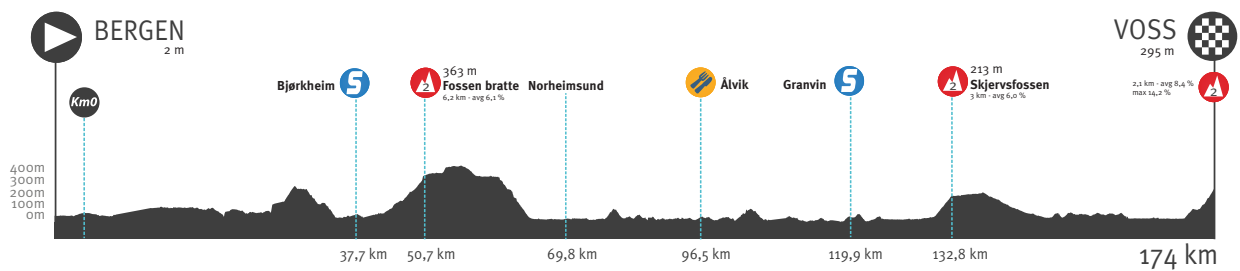
**Media centre:** Bavallstunet 27, 5710 Skulestadmo

**Off race route feeding:** Feeding vehicles must leave the start before the race, and follow the race route until the feeding zone in Ålvik. All feeding vehicles must follow behind the race until entering Voss the first time.

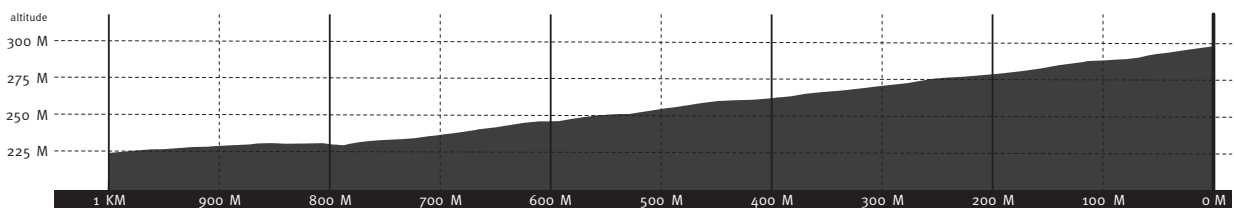
**Off race route direct:** Follow signs direction E16 Oslo. Follow E16 until the roundabout at Vossevangen. Then follow the race route to the finish. Bus access to the finish area: We recommend all team buses to park at the hotel parking at the respective hotels at Vossevangen.

**Finish straight:** 100m uphill. Width 5 meters.

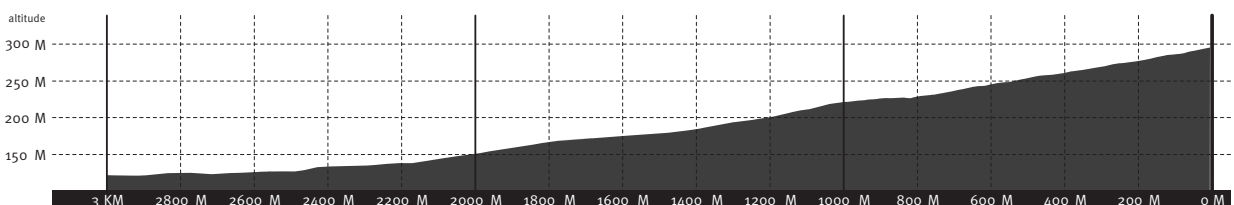
**GPX files and online maps:** [tourofnorway.no](http://tourofnorway.no)



## LAST 1 KM VOSS



## LAST 3 KM VOSS

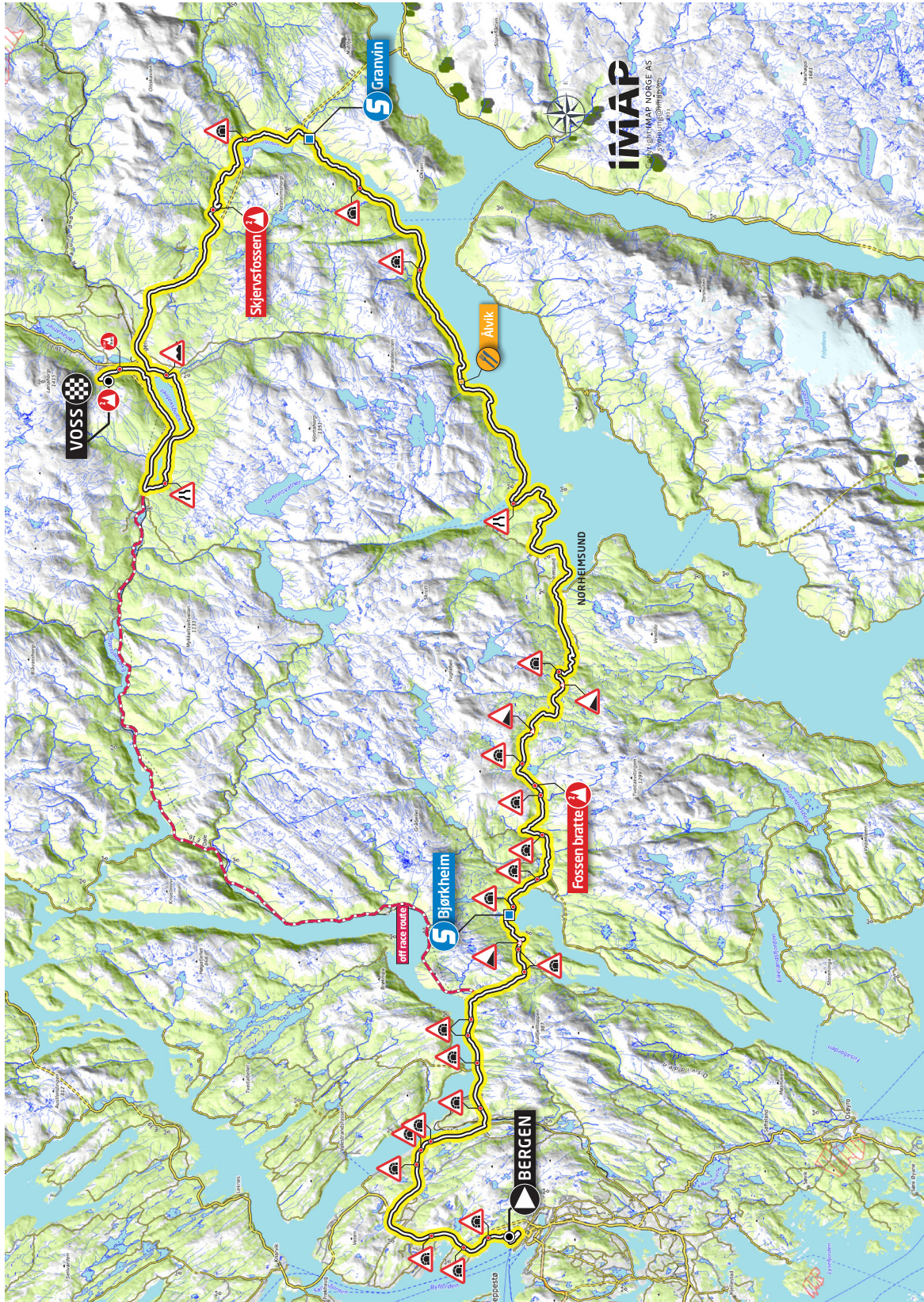


- Sprint
- Feeding zone
- Climbing Sprint

# STAGE 1

## LANDSCAPE - MAP

174 km  
BERGEN - VOSS  
TUESDAY MAY 24th



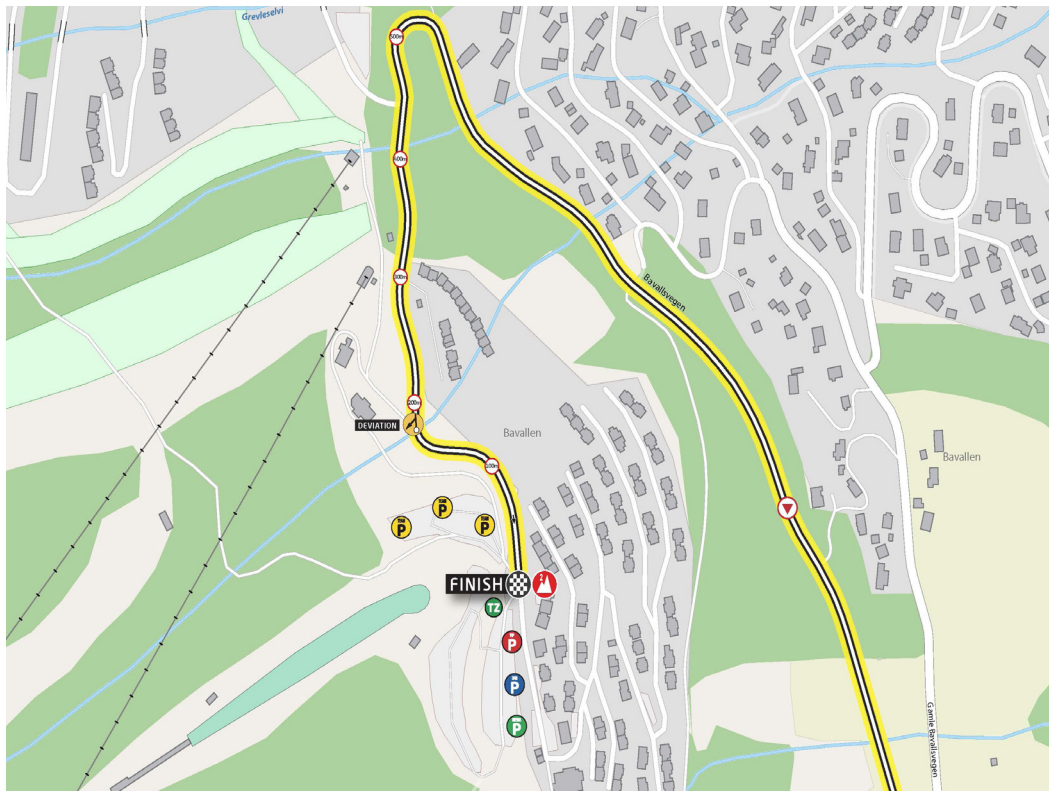
# STAGE 1

LAST 3KM  
VOSS

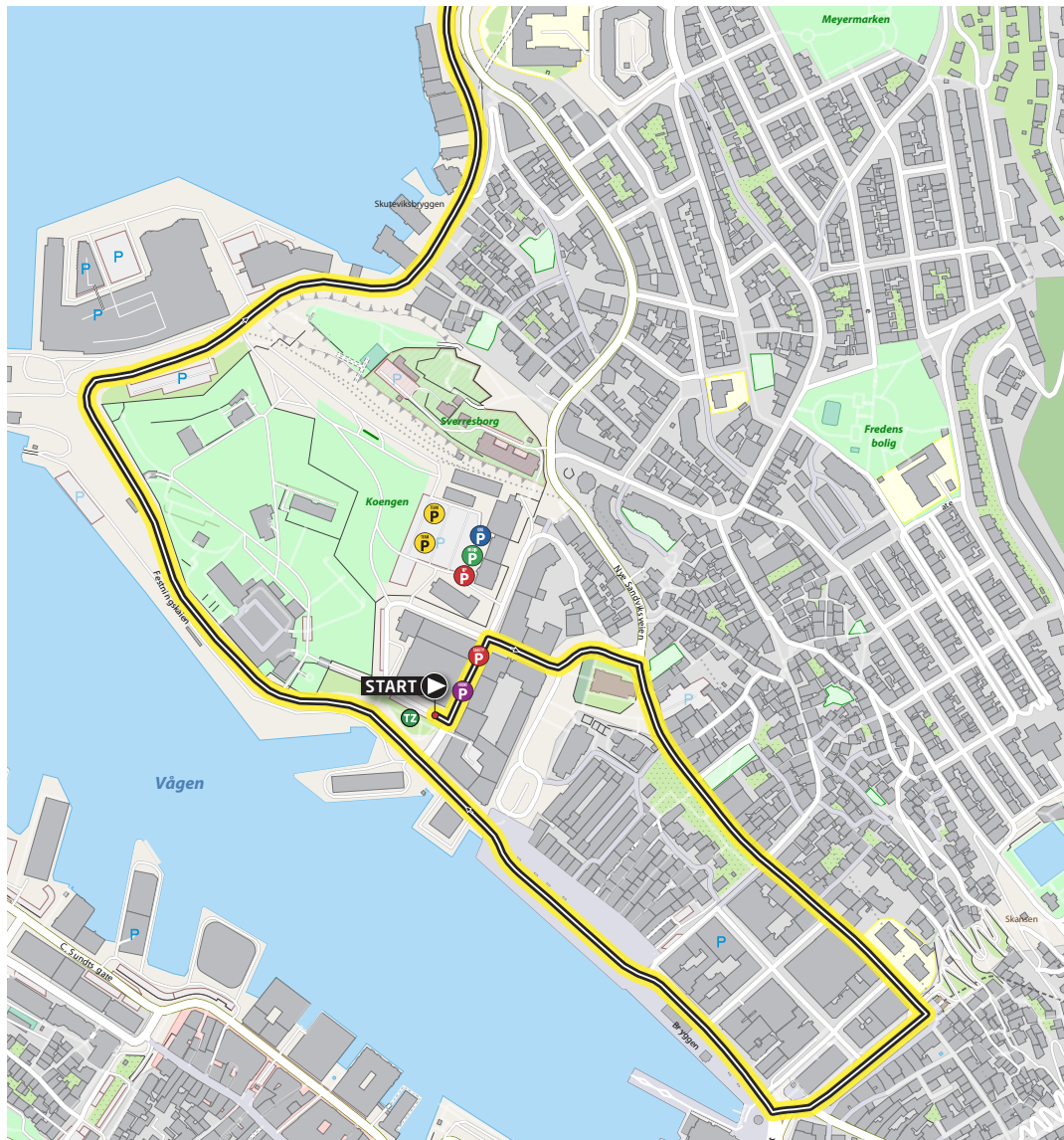
BERGEN - VOSS



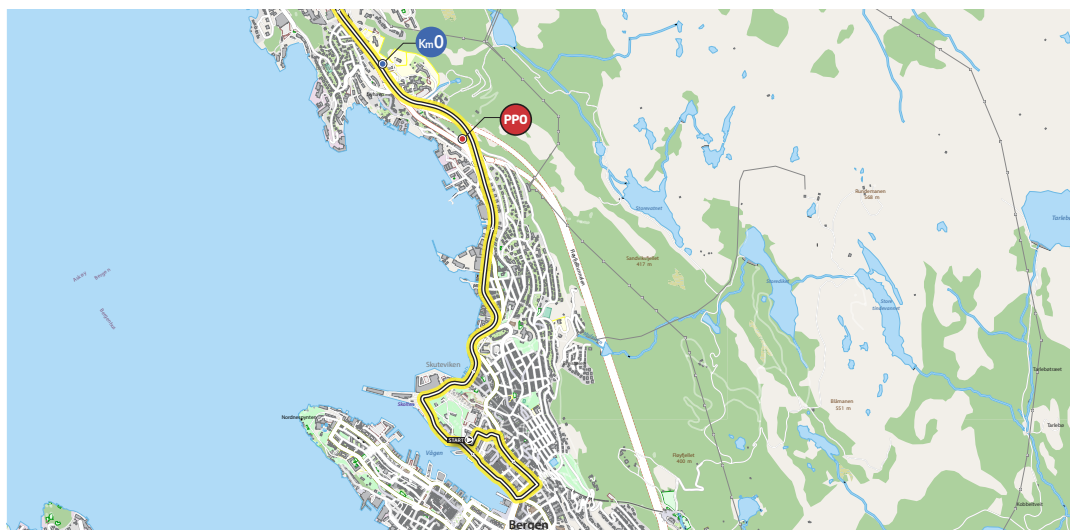
FINISH AREA  
VOSS



START AREA  
BERGEN






-  ALL TEAMS
-  PRESS
-  INVITED GUESTS
-  ORGANISATION
-  SAFETY
-  FRONT



















# STAGE 1











## ITINERARY

PART  
1 of 2

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	44 km/h	42 km/h		
	<b>-4,4</b>		<b>13:35</b>	<b>13:35</b>	<b>13:35</b>	<b>Start - Bergen</b>
	-4,4					Right Junction KV4930
	-3,7					Right Junction FV577/FV5342
	-1					Keep right Junction FV577/EV39
	<b>0</b>	<b>173,6</b>	<b>13:45</b>	<b>13:45</b>	<b>13:45</b>	<b>Official start - Sandviken</b>
	2,1	171,5	13:47	13:47	13:48	Eidsvåg
	8	165,6	13:55	13:56	13:56	Vågsbotn
	8,1	165,5	13:56	13:56	13:57	Second exit Roundabout E16
	18	155,6	14:09	14:10	14:11	First exit Roundabout EV16
	18	155,6	14:09	14:10	14:11	First exit Roundabout EV16
	18,3	155,3	14:09	14:11	14:12	Indre arna
	18,6	155	14:10	14:11	14:12	Second exit Roundabout EV16
	23,3	150,3	14:16	14:18	14:19	Attention: Tunnel - 650m
	25,3	148,2	14:19	14:21	14:23	Attention: Tunnel - 600m
	26,2	147,4	14:20	14:22	14:24	Attention: Tunnel - 1712m
	27,9	145,7	14:23	14:24	14:26	Trengereid
	28,2	145,4	14:23	14:25	14:27	First exit Roundabout EV16
	28,4	145,2	14:23	14:25	14:27	Attention: Tunnel
	30,9	142,7	14:27	14:29	14:31	Entering Samnanger municipality
	32,5	141,1	14:29	14:31	14:33	Attention tunnel
	32,8	140,8	14:29	14:31	14:34	Attention tunnel
	34,4	139,2	14:31	14:34	14:36	Attention: Tunnel
	34,6	139	14:32	14:34	14:36	Sharp turns - fast descent
	37,6	136	14:36	14:38	14:41	Bjørkheim
	<b>37,7</b>	<b>135,9</b>	<b>14:36</b>	<b>14:38</b>	<b>14:41</b>	<b>Intermediate sprint - Bjørkheim</b>
	38	135,9	14:36	14:39	14:42	Waste zone
	38,6	135	14:37	14:40	14:42	Attention: Tunnel
	40,7	132,9	14:40	14:43	14:46	Attention: Tunnel - 1,6 km
	42,1	131,5	14:42	14:45	14:48	Tysse
	43,9	129,7	14:44	14:47	14:50	K.o.M climb start (6,7 km - avg 6,1%)
	45,3	128,3	14:46	14:49	14:52	Attention: Tunnel
	49,9	123,7	14:53	14:56	14:59	Attention: Tunnel
	<b>50,7</b>	<b>122,9</b>	<b>14:54</b>	<b>14:57</b>	<b>15:01</b>	<b>KoM cat 2: Fossen bratte</b>
	51,5	122,1	14:55	14:58	15:02	Eikedalen
	52,8	120,8	14:56	15:00	15:04	Entering Kvam municipality
	53,2	120,4	14:57	15:00	15:04	Attention: Tunnel
	56,2	117,4	15:01	15:05	15:09	Attention: Fast decent
	<b>61,3</b>	<b>112,2</b>	<b>15:08</b>	<b>15:12</b>	<b>15:17</b>	<b>Danger: Fast and tricky decent - Tokagjeldet</b>








	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		44 km/h	42 km/h	40 km/h		
	62	111,6	15:09	15:13	15:18		Attention: Tunnel
	62,6	111	15:10	15:14	15:18		Attention: Tunnel
	63,2	110,4	15:11	15:15	15:19		Attention: Tunnel
	64,2	109,3	15:12	15:16	15:21		Attention: Tunnel
	69,8	103,8	15:20	15:24	15:29		Norheimsund
	70,2	103,4	15:20	15:25	15:30	Second exit	Roundabout FV49
	75,6	98	15:28	15:33	15:38		Øystese
	75,7	97,9	15:28	15:33	15:38	Second exit	Roundabout FV79
	76,5	97,1	15:29	15:34	15:39	Second exit	Roundabout FV79
	84,8	88,8	15:40	15:46	15:52		Attention: Narrow bridge
	85,2	88,4	15:41	15:46	15:52		Fykse
	95,5	78,1	15:55	16:01	16:08		Ålvik
	<b>96,5</b>	<b>77,1</b>	<b>15:56</b>	<b>16:02</b>	<b>16:09</b>		<b>Feeding zone - Ålvik</b>
	102	71,6	16:04	16:10	16:17		Entering Voss municipality
	105	68,6	16:08	16:15	16:22		Attention: Tunnel
	109,9	63,7	16:14	16:21	16:29		Kvanndal
	113,6	59,9	16:19	16:27	16:35		Attention: Tunnel
	119	54,6	16:27	16:35	16:43		Granvin
	<b>119,9</b>	<b>53,7</b>	<b>16:28</b>	<b>16:36</b>	<b>16:44</b>		<b>Intermediate sprint - Granvin</b>
	120,8	52,8	16:29	16:37	16:46	Left	Junction FV79/RV13
	125,2	48,7	16:35	16:43	16:52		Attention: Tunnel - 2,1 km
	127,4	46,5	16:38	16:47	16:56	Right	Junction RV13/Skjervsvegen
	127,6	46,3	16:38	16:47	16:56		Wate zone
	129,5	44,1	16:41	16:49	16:59		K.o.M climb start (3km - avg 6%)
	<b>132,5</b>	<b>41,1</b>	<b>16:45</b>	<b>16:54</b>	<b>17:03</b>		<b>KoM cat 2 Skjervsfossen</b>
	134,1	39,5	16:47	16:56	17:06	Right	Junction RV13
	144,4	29,2	17:01	17:11	17:21		Voss
	145,8	27,8	17:03	17:13	17:23	Left	Junction RV13
	147,3	26,3	17:05	17:15	17:25	Left	Junction RV13/KV311
	160,2	13,4	17:23	17:33	17:45	Left	Junction FV5400/EV16
	160,2	13,4	17:23	17:33	17:45		Entering E16 Bulken
	167,9	5,7	17:33	17:44	17:56	First exit	Roundabout EV16
	167,9	5,7	17:33	17:44	17:56		Leaving E16 - Voss
	168,3	5,6	17:33	17:44	17:56		Waste zone
	168	5,6	17:34	17:45	17:57		Vossevangen - centre
	168,8	4,8	17:35	17:46	17:58	Left	Junction EV16/FV5402
	168,9	4,6	17:35	17:46	17:58	Left	Junction FV5402

# STAGE 1

## ITINERARY

PART  
1 of 2

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		44 km/h	42 km/h	40 km/h		
171,4	2,2	17:38	17:49	18:02	Left	Junction FV5402	
171,8	2,1	17:39	17:50	18:02		K.o.M climb start (2,1 km - avg 8,4%)	
 173,6	0	17:41	17:52	18:05		<b>K.o.M cat 2 - finish line</b>	
 173,6	0	17:41	17:52	18:05		<b>Finish - Voss/Bavallen</b>	



## STAGE 2

ULVIK - GEILO

**PPO coordinates:** Lat.: 60.490536 Long.: 6.823184

**Address finish line:** Bakkestølvegen 81, 3580 Geilo

**Feeding zone:** Dyranut. Lat.: 60.368211 Long.: 7.503933

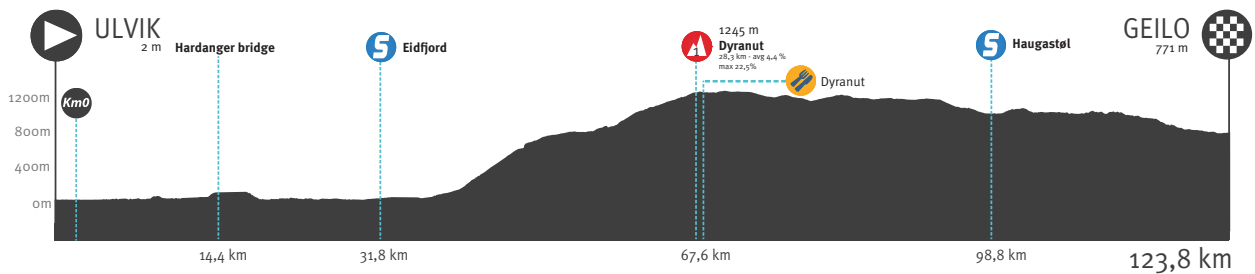
**Media centre:** Vestlia resort, Bakkestølvegen 81, 3580 Geilo

**Off race route feeding:** No off race route. Feeding vehicles must leave the start before the race, and follow the race route until the feeding zone at Dyranut. All feeding vehicles must follow behind the race until the finish line.

**Off race route direct:** No off race route. All vehicles must follow the race route.

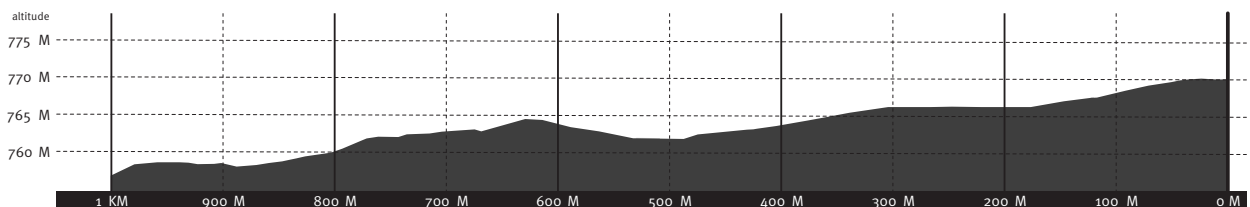
**Finish straight:** 800 meters flat. Width: 6 meters.

**GPX files and online maps:** [tourofnorway.no](http://tourofnorway.no)



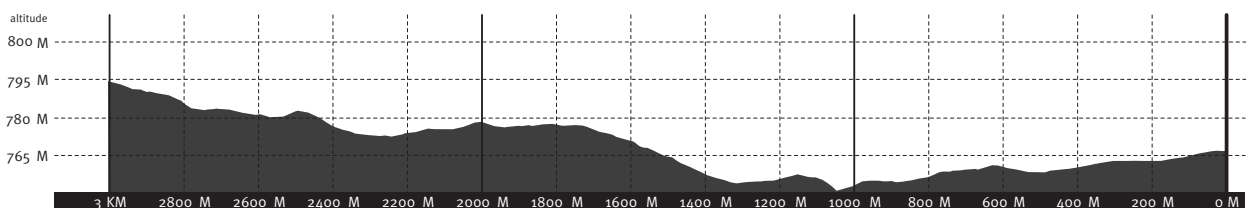
### LAST 1 KM

#### GEILO



### LAST 3 KM

#### GEILO

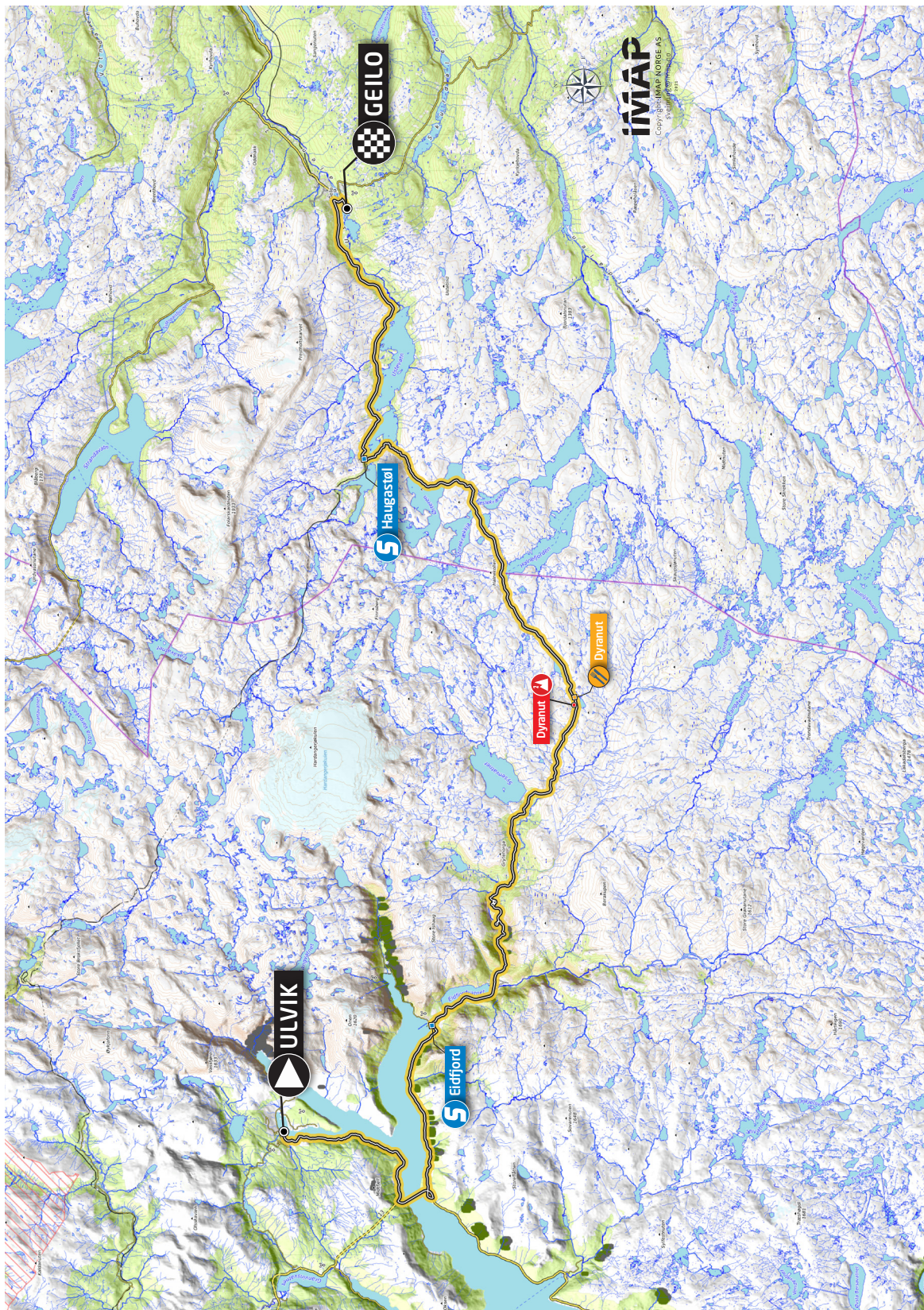


- Sprint
- Feeding zone
- Climbing Sprint

## STAGE 2

### LANDSCAPE - MAP

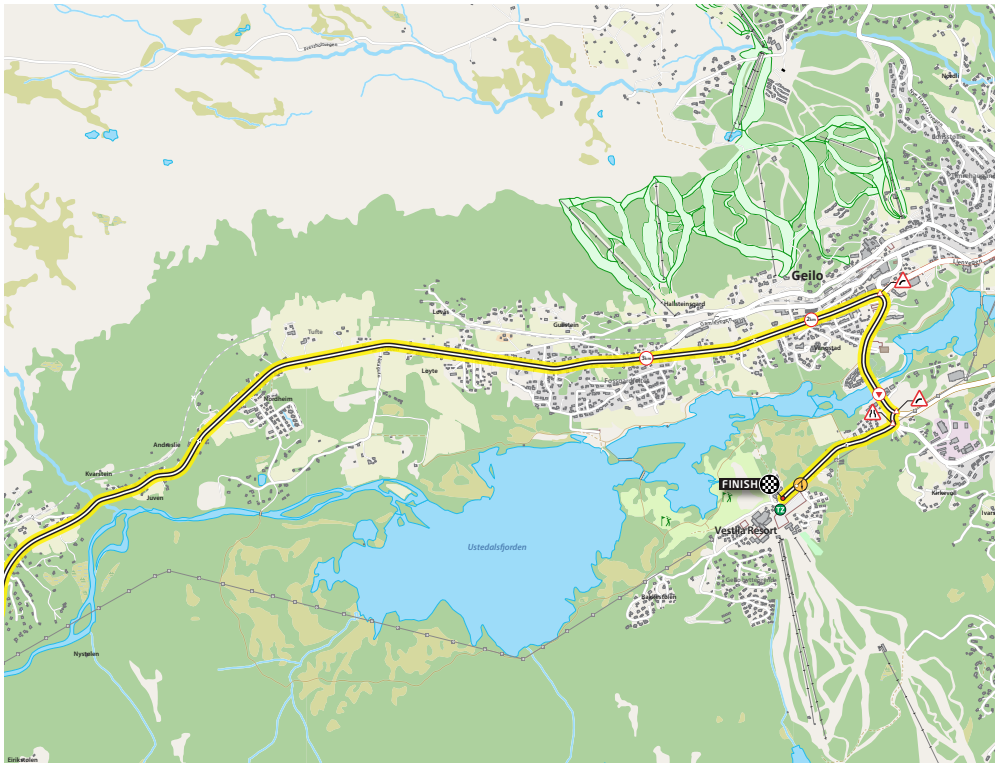
124,0 KM  
ULVIK - GEILO  
WEDNESDAY MAY 25th



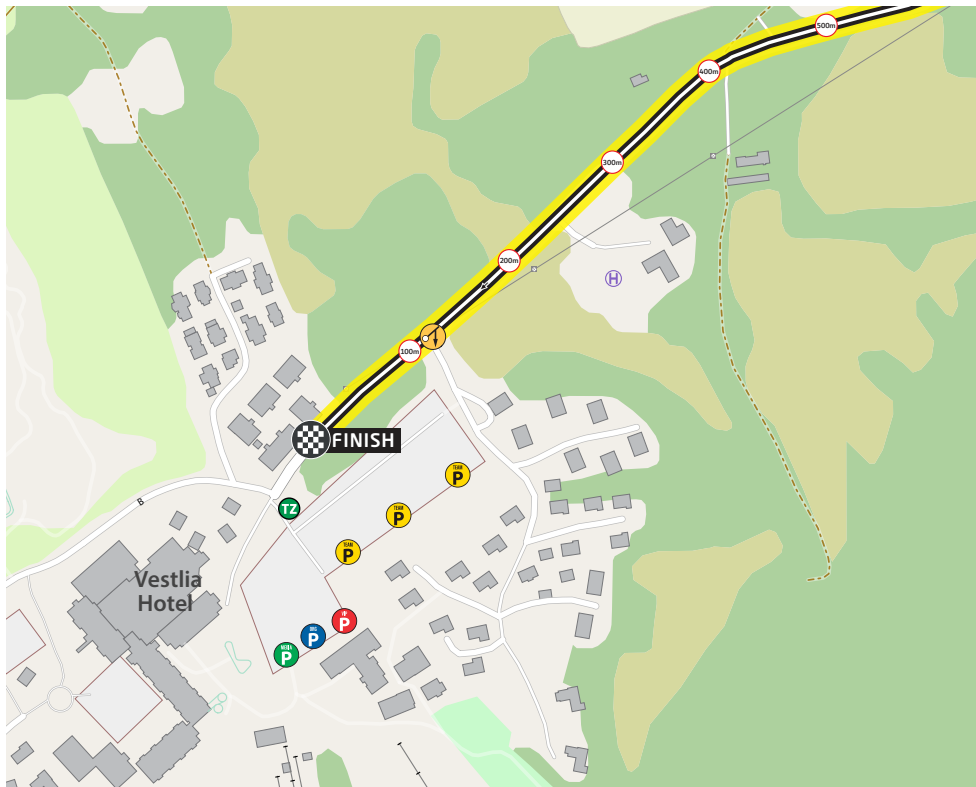
## STAGE 2

ULVIK - GEILO

### LAST 3KM GEILO



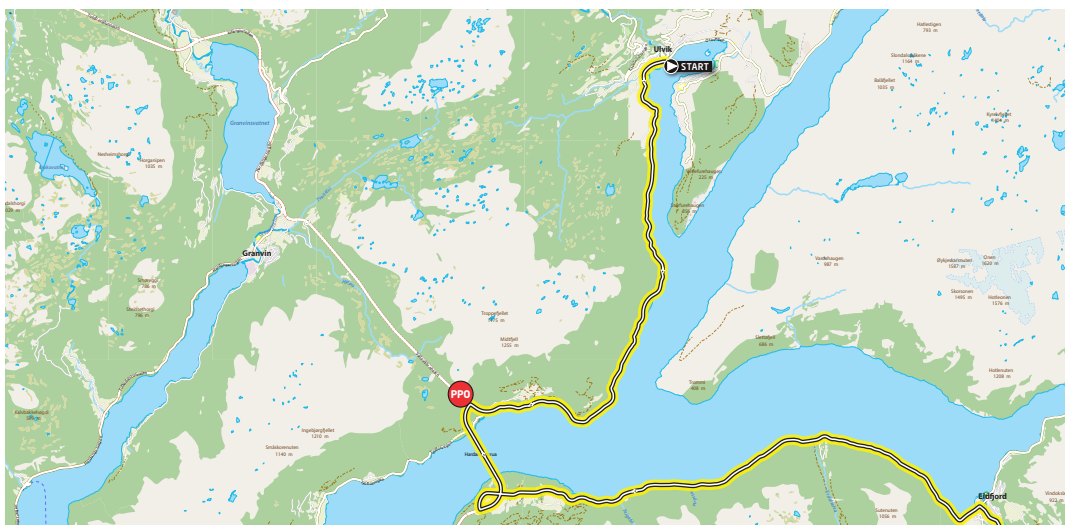
### FINISH AREA GEILO



## START AREA ULVIK






- ALL TEAMS
- PRESS
- INVITED GUESTS
- ORGANISATION
- SAFETY
- FRONT














# STAGE 2

## ITINERARY

PART  
1 of 1

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	44 km/h	42 km/h		
			15:00	15:00	15:00	<b>Start Ulvik</b>
	-0,8					Left Junction KV100/FV5374
	-0,7					Left Junction FV5374/FV5380
	<b>0</b>	<b>123,8</b>	<b>15:03</b>	<b>15:03</b>	<b>15:03</b>	<b>Official start - Ulvik</b>
	6	117,8	15:11	15:11	15:11	Attention - tunnel
	6,8	117	15:12	15:12	15:13	Attention - tunnel
	12,8	111	15:20	15:21	15:22	Attention: Tunnel
	13,4	110,4	15:21	15:22	15:23	Second exit Roundabout RV13
	14,4	109,4	15:22	15:23	15:24	Hardanger bridge
	16,9	106,9	15:26	15:27	15:28	First exit Roundabout RV13
	21,9	101,9	15:32	15:34	15:35	Brimnes fergekai
	23	100,8	15:34	15:35	15:37	Attention: Tunnel
	30,4	93,4	15:44	15:46	15:48	Attention: Tunnel
	<b>31,8</b>	<b>92</b>	<b>15:46</b>	<b>15:48</b>	<b>15:50</b>	<b>Intermediate sprint - Eidfjord</b>
	32	91,8	15:46	15:48	15:51	Eidfjord
	37,9	86	15:54	15:57	15:59	Øvre Eidfjord
	39,3	84,5	15:56	15:59	16:01	Waste zone
	39,4	84,5	15:56	15:59	16:02	K.o.M climb start (28,3 km - avg. 4,4%)
	40,6	83,2	15:58	16:01	16:03	Måbødalen
	49,1	74,7	16:09	16:13	16:16	Vøringsfossen
	<b>67,6</b>	<b>56,3</b>	<b>16:35</b>	<b>16:39</b>	<b>16:44</b>	<b>K.o.M cat. 1 - Dyranut</b>
	67,6	56,2	16:35	16:39	16:44	Dyranut
	<b>67,6</b>	<b>56,2</b>	<b>16:35</b>	<b>16:39</b>	<b>16:44</b>	<b>Feeding zone</b>
	79,7	44,1	16:51	16:56	17:02	Halne Fjellstugu
	80,3	43,5	16:52	16:57	17:03	Entering Viken municipality
	80,3	43,5	16:52	16:57	17:03	Entering Hol municipality
	81,7	42,1	16:54	16:59	17:05	Lægreid høyfjellsseter
	86,4	37,4	17:00	17:06	17:12	Fagerheim fjellstugu
	<b>98,8</b>	<b>25,1</b>	<b>17:17</b>	<b>17:24</b>	<b>17:31</b>	<b>Intermediate sprint - Haugastøl</b>
	98,8	25	17:17	17:24	17:31	Haugastøl
	110,8	13	17:34	17:41	17:49	Ustaoset
	118,2	5,6	17:44	17:51	18:00	Waste zone
	122,2	1,6	17:49	17:57	18:06	First exit Roundabout RV7
	123	0,8	17:50	17:58	18:07	Right Junction FV50/KV1125
	123,1	0,8	17:50	17:58	18:07	Right Junction KV1125/KV1101
	<b>123,8</b>	<b>0</b>	<b>17:51</b>	<b>17:59</b>	<b>18:08</b>	<b>Finish - Geilo/Vestlia</b>









## STAGE 3

GOL - STAVSRO/GAUSTATOPPEN

**PPO coordinates:** Lat.: 60.694430 Long.: 8.927189

**Address finish line:** Stavsro, 3697 Tuddal

**Feeding zone:** Imingfjell, Tinnsvegen 697, Uvdal. Lat.: 60.231775 Long.: 8.589354

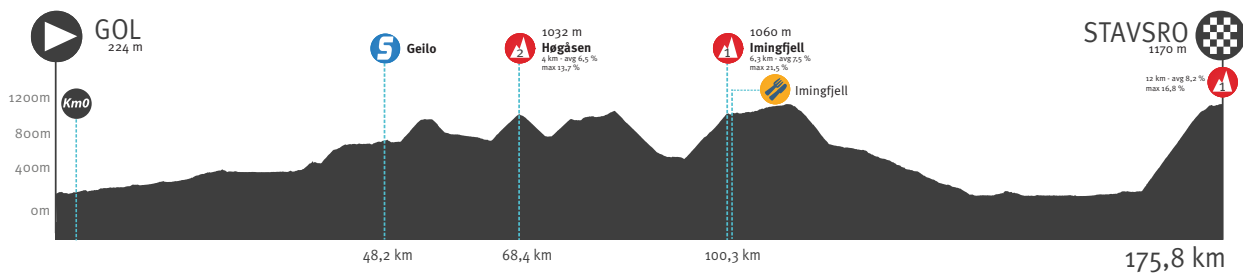
**Media centre:** Stavsro, 3697 Tuddal

**Off race route feeding:** No off race route. Feeding vehicles must leave the start before the race, and follow the race route until the feeding zone at Imingfjell. All feeding vehicles must follow behind the race until the finish line.

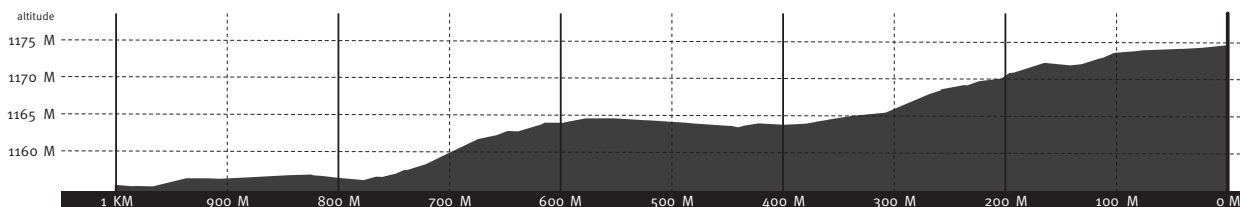
**Off race route direct:** No off race route. All vehicles must follow the race route.

**Finish straight:** 150 slight uphill. Width 5 meters.

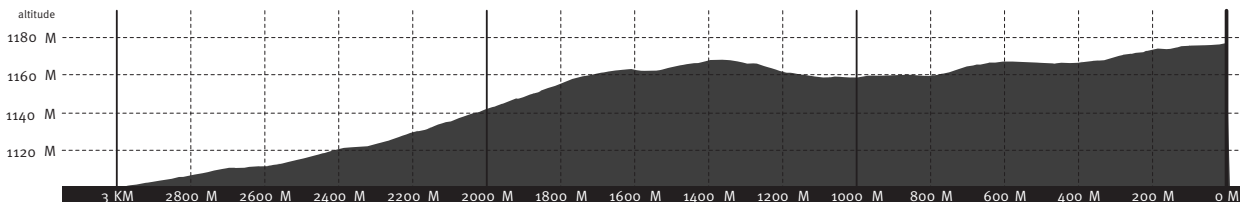
**GPX files and online maps:** [tourofnorway.no](http://tourofnorway.no)



### LAST 1 KM STAVSRO



### LAST 3 KM STAVSRO



- Sprint
- Feeding zone
- Climbing Sprint

## STAGE 3

## LANDSCAPE - MAP

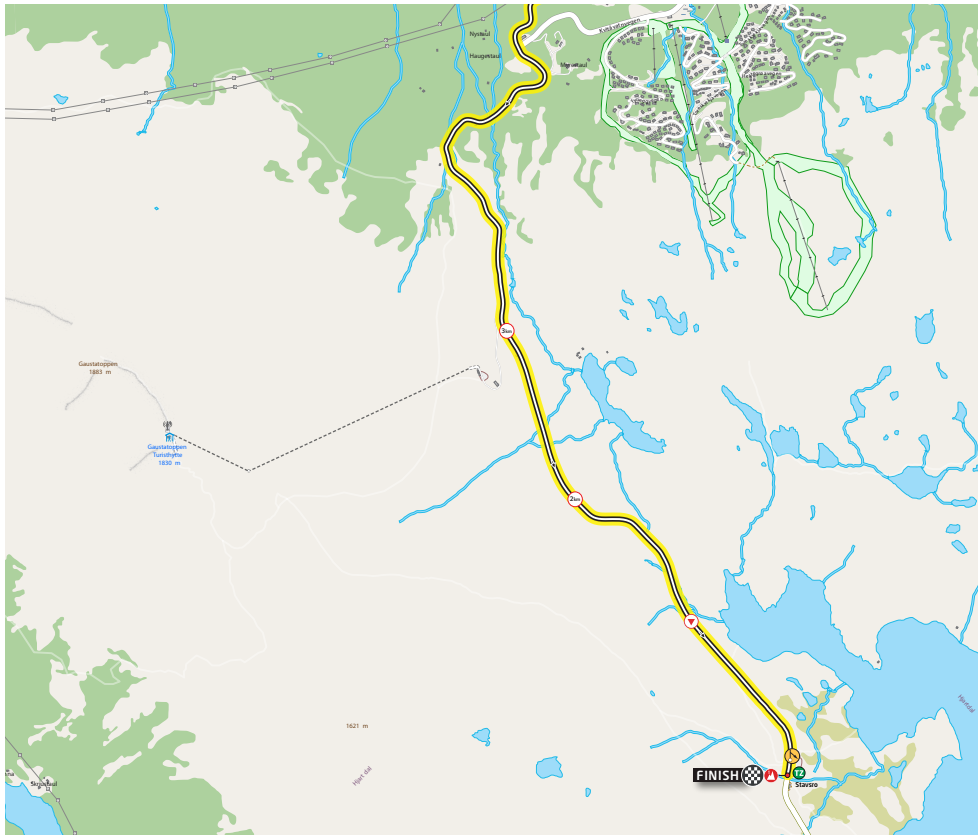
176,0 KM  
GOL - STAVSRO/GAUSTATOPPEN  
THURSDAY MAY 26th



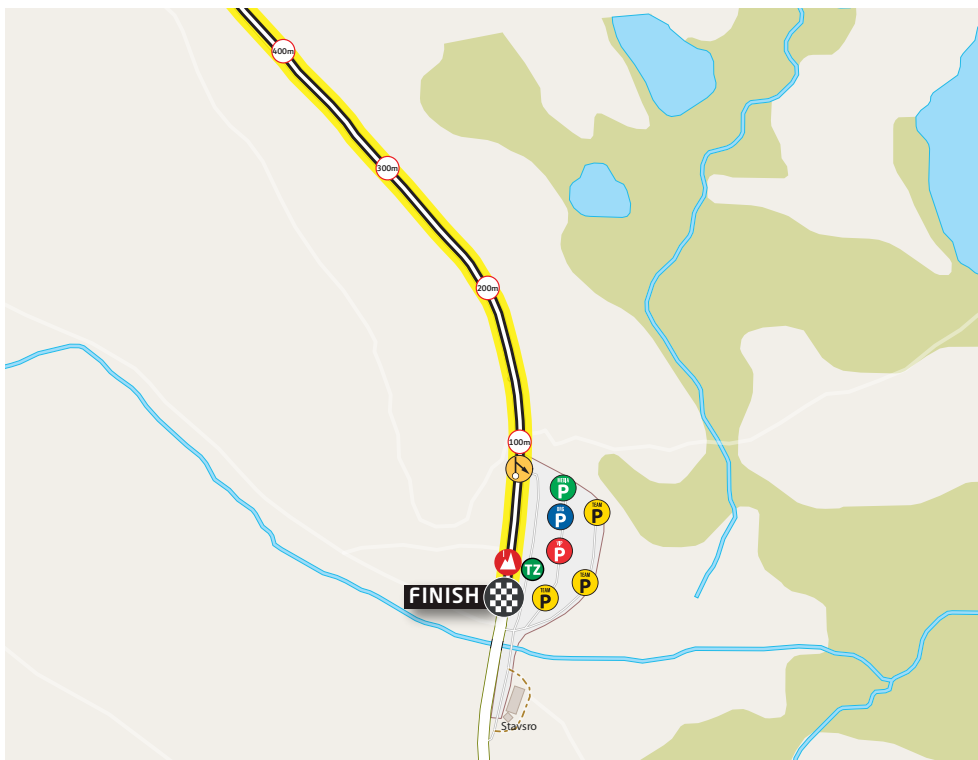
# STAGE 3

GOL - STAVSRO/GAUSTATOPPEN

LAST 3KM  
STAVSRO/GAUSTATOPPEN



FINISH AREA  
STAVSRO/GAUSTATOPPEN



START AREA  
GOL








- ALL TEAMS
- PRESS
- INVITED GUESTS
- ORGANISATION
- SAFETY
- FRONT

# STAGE 3

## ITINERARY

PART  
1 of 2

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	40 km/h	38 km/h		
	-2,5		13:25	13:25	13:25	<b>Start - Gol</b>
	-2,3					Second exit Junction KV2049/FV523
	-1,6					Left Roundabout KV1840
	-1,5					Left Junction KV1840/FV51
	-0,6					First exit Junction FV51/RV52
						Roundabout RV52/RV7
	<b>0</b>	<b>175,8</b>	<b>13:30</b>	<b>13:30</b>	<b>13:30</b>	<b>Official start - Gol</b>
	7,3	168,4	13:40	13:41	13:41	Entering Ål municipality
	22	153,7	14:00	14:03	14:04	Ål
	32,6	143,1	14:14	14:18	14:21	Entering Hol municipality
	36,9	138,9	14:25	14:28	14:29	Hol
	46,3	129,5	14:39	14:43	14:45	Waste zone
	47,7	128,1	14:41	14:45	14:47	Geilo
	47,8	128	14:41	14:45	14:47	Right Junction RV7/KV1070
	<b>48,2</b>	<b>127,6</b>	<b>14:42</b>	<b>14:46</b>	<b>14:48</b>	<b>Intermediate sprint - Geilo</b>
	48,2	127,5	14:42	14:46	14:48	Left Junction KV1070/KV1073
	48,5	127,2	14:42	14:46	14:48	Second exit Roundabout RV7
	61,6	114,2	15:02	15:07	15:09	Skurdalen
	64,2	111,5	15:06	15:11	15:14	K.o.M climb start (4km - avg. 6,5%)
	<b>68,4</b>	<b>107,3</b>	<b>15:12</b>	<b>15:18</b>	<b>15:20</b>	<b>KoM cat 2 - Høgåsen/Dagalivegen</b>
	72,1	103,6	15:18	15:23	15:26	Dagali
	76,2	99,5	15:13	15:24	15:30	Entering Nore og Uvdal municipality
	83,1	92,7	15:34	15:41	15:44	Attention: Fast decent
	93,4	82,4	15:50	15:57	16:01	Bjørkeflåta
	93,6	82,2	15:50	15:57	16:01	Right Junction FV40/FV2814
	93,7	82	15:50	15:58	16:02	KoM climb start (6,3 km - avg. 7,5%)
	<b>100,3</b>	<b>75,4</b>	<b>16:00</b>	<b>16:08</b>	<b>16:12</b>	<b>KoM cat 1 - Imingfjell</b>
	<b>100,9</b>	<b>74,9</b>	<b>16:01</b>	<b>16:09</b>	<b>16:13</b>	<b>Feeding zone</b>
	108,4	67,3	16:12	16:21	16:25	Entering Vestfold og Telemark county
	108,4	67,3	16:12	16:21	16:25	Entering Tinn municipality
	109,7	66	16:14	16:23	16:27	Imingfjell
	136,6	39,1	16:54	17:05	17:11	Tinn Austbygd
	137,4	38,4	16:56	17:06	17:12	Right Junction FV2814/FV364
	143,7	32,1	17:05	17:16	17:22	Atrå
	154,4	21,3	17:21	17:33	17:40	Mæl
	162,5	13,3	17:33	17:46	17:53	Waste zone



	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		44 km/h	42 km/h	40 km/h		
163,3	12,4		17:34	17:47	17:54		Mår
163,4	12,3		17:35	17:48	17:55	Left	Junction FV37/FV3430
163,6	12,1		17:35	17:48	17:55		KOM climb start - 12km/AVG 8,2/MAX 16,8
170,8	5		17:46	17:59	18:06		Svineroi
175,3	0,5		17:29	17:52	18:06		Entering Hjartdal municipality
 175,8	0		<b>17:53</b>	<b>18:07</b>	<b>18:15</b>		<b>K.o.M cat 1 - finish line</b>
 175,8	0		<b>17:53</b>	<b>18:07</b>	<b>18:15</b>		<b>Finish - Stavsro (Gaustatoppen)</b>





## STAGE 4

HOVDEN - KRISTIANSAND

**PPO coordinates:** Lat.: 59.564025 Long.: 7.359021

**Address finish line:** Tresse, Østre Strandgate 31, Kristiansand

**Feeding zone:** Skåmedal. Lat.: 58.876421 Long.: 7.701758

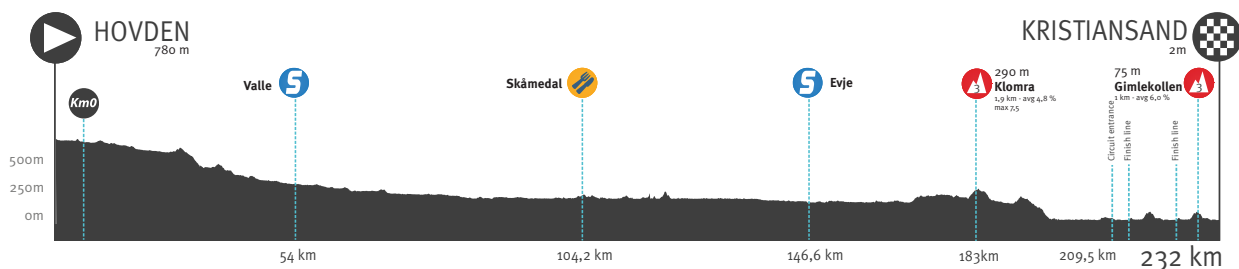
**Media centre:** Kristiansand kommune, Rådhusgata 18, Kristiansand

**Off race route feeding:** Limited off race route. Feeding vehicles must leave the start before the race, and follow the race route until the feeding zone. All feeding vehicles must follow behind the race until the finish line.

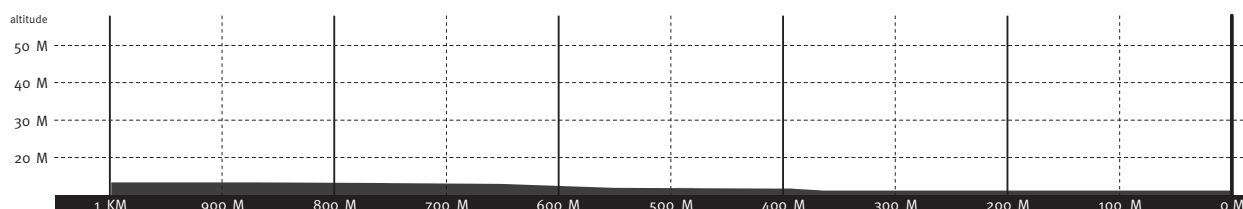
**Off race route direct:** Follow RV 9 direction Kristiansand. Limited possibilities to pass the race before leaving the race route at km 198.

**Finish straight:** 500 meters flat. Width 6 meters.

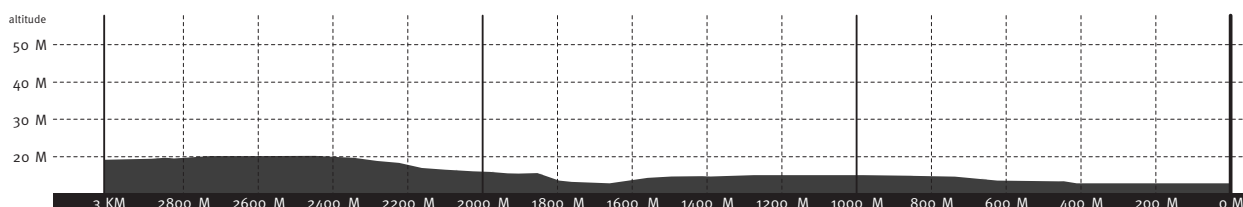
**GPX files and online maps:** tourofnorway.no



### LAST 1 KM KRISTIANSAND



### LAST 3 KM KRISTIANSAND



- Sprint
- Feeding zone
- Climbing Sprint

## STAGE 4

### LANDSCAPE - MAP

232,0 KM  
HOVDEN - KRISTIANSAND  
FRIDAY MAY 27th



# STAGE 4

HOVDEN - KRISTIANSAND

## FINAL CIRCUIT KRISTIANSAND

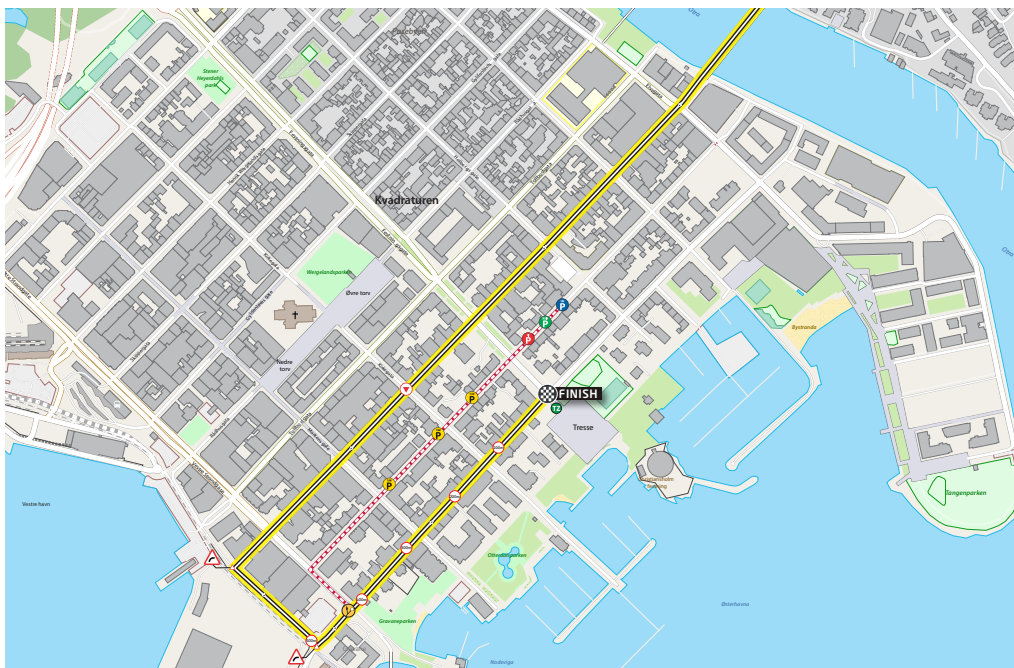


## START AREA HOVDEN



-  ALL TEAMS
-  PRESS
-  INVITED GUESTS
-  ORGANISATION
-  SAFETY
-  FRONT




## FINISH AREA KRISTIANSAND










# STAGE 4




## ITINERARY

PART  
1 of 2

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	48 km/h	46 km/h		
	-1,7		12:50	12:50	12:50	<b>Start - Hovden</b>
	-1,6					Right Junction KV1106/RV9
	<b>0</b>	<b>232,1</b>	<b>12:55</b>	<b>12:55</b>	<b>12:55</b>	<b>Official start - Hovden</b>
	24,2	207,9	13:25	13:26	13:28	Bykle
	29	203,1	13:31	13:32	13:34	Attention: Tunnel
	29,9	202,1	13:32	13:34	13:35	Attention: Tunnel
	37,9	194,1	13:42	13:44	13:46	Entering Valle municipality
	48,3	183,7	13:55	13:58	14:00	Leaving RV9 - Valle
	48,3	183,7	13:55	13:58	14:00	Left Junction RV9/FV3820
	49,1	183	13:56	13:59	14:01	Waste zone
	53,6	178,5	14:01	14:04	14:08	Valle
	<b>54</b>	<b>178,1</b>	<b>14:02</b>	<b>14:05</b>	<b>14:08</b>	<b>Intermediate sprint - Valle</b>
	55,6	176,4	14:04	14:07	14:10	Left Junction FV3820/RV9
	55,6	176,4	14:04	14:07	14:10	Entering RV9 - Evje
	78,5	153,6	14:33	14:37	14:42	Entering Bygland municipality
	<b>104,2</b>	<b>127,8</b>	<b>15:05</b>	<b>15:10</b>	<b>15:17</b>	<b>Feeding zone</b>
	108,5	123,6	15:10	15:16	15:22	Storstraumen
	136,4	95,7	15:45	15:52	16:00	Byglandsfjord
	136,5	95,6	15:45	15:53	16:01	Left Junction FV3778/FV3780
	138,6	93,5	15:48	15:55	16:03	Entering Evje og Hornnes municipality
	145,8	86,2	15:57	16:05	16:13	Evje
	<b>146,6</b>	<b>85,5</b>	<b>15:58</b>	<b>16:06</b>	<b>16:14</b>	<b>Intermediate sprint - Evje</b>
	148	84,1	15:59	16:07	16:16	Second exit Roundabout RV9
	150,3	81,7	16:02	16:11	16:20	Second exit Roundabout RV9
	151,3	80,8	16:04	16:12	16:21	Hornnes
	162,9	69,2	16:18	16:27	16:37	Entering Vennessla municipality
	172	60,1	16:30	16:39	16:49	Hægeland
	181,4	50,7	16:41	16:51	17:02	K.o.M climb start (1,9 km - avg. 4,8%)
	<b>183</b>	<b>49</b>	<b>16:43</b>	<b>16:53</b>	<b>17:04</b>	<b>K.o.M cat 3 - Klomra</b>
	185,5	46,6	16:46	16:56	17:07	Øvrebø
	193,8	38,3	16:57	17:07	17:19	Entering Kristiansand municipality
	197,6	34,4	17:02	17:12	17:24	Mosby
	197,9	34,1	17:02	17:13	17:24	Third exit Roundabout RV 9
	198	34,1	17:02	17:13	17:24	Leaving RV9 - Mosby



	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		48 km/h	46 km/h	44 km/h		
	199,3	32,7	17:04	17:15	17:26		Entering Vennesla municipality
	199,4	32,7	17:04	17:15	17:26		Kvarstein bridge
	199,4	32,6	17:04	17:15	17:26	Right	Junction FV405/FV482
	200,1	32	17:05	17:15	17:27		Entering Kristiansand municipality
	208	24,1	17:14	17:26	17:38	Left	Junction FV482/KV10150
	208,4	23,7	17:15	17:26	17:39	Left	Junction KV10150/15920
	208,4	23,7	17:15	17:26	17:39	Right	Junction KV15920
	208,6	23,5	17:15	17:27	17:39	Left	Junction KV15920/KV20360
	209,3	22,8	17:16	17:27	17:40	Left	Junction KV20360
	209,5	22,6	17:16	17:28	17:40	First exit	Roundabout KV20360
	<b>209,5</b>	<b>22,5</b>	<b>17:16</b>	<b>17:28</b>	<b>17:40</b>		<b>Entering final circuit</b>
	209,6	22,5	17:16	17:28	17:40		Waste zone
	212,2	19,9	17:20	17:31	17:44	Left	Junction KV10960/KV20363
	212,3	19,7	17:20	17:31	17:44	Left	Junction KV20363/KV12620
	212,8	19,2	17:21	17:32	17:45		Passing finish line - 2 laps to go
	213,3	18,8	17:21	17:33	17:45	Left	Junction KV19820/KV11370
	213,9	18,1	17:22	17:34	17:46	Right	Junction FV471/FV488
	214,8	17,2	17:23	17:35	17:47	Left	Junction KV19800/FV490
	216	16,1	17:25	17:36	17:49	Second exit	Roundabout FV490
	217,1	14,9	17:26	17:38	17:51	Left	Junction KV10571
	217,2	14,9	17:26	17:38	17:51	Right	Junction KV10571/PV10620
	217,3	14,7	17:26	17:38	17:51	Right	Junction KV10620
	217,9	14,2	17:27	17:39	17:52	Left	Junction KV10620/KV18900
	219	13,1	17:28	17:40	17:53	First exit	Roundabout KV18900
	219,1	13	17:28	17:40	17:53	Third exit	Roundabout FV471
	222,4	9,6	17:33	17:45	17:58		Passing finish line - 1 lap to go
	226	6,1	17:37	17:49	18:03	Fourth exit	Roundabout FV471
	226	6	17:37	17:49	18:03		K.o.M climb start (1km - avg. 6%)
	<b>226,9</b>	<b>5,2</b>	<b>17:38</b>	<b>17:50</b>	<b>18:04</b>		<b>KOM cat 3 - Gimlekollen</b>
	<b>232,1</b>	<b>0</b>	<b>17:45</b>	<b>17:57</b>	<b>18:11</b>		<b>Finish - Kristiansand</b>





# STAGE 5

FLEKKEFJORD - SANDNES

**PPO coordinates:** Lat.: 58.298143 Long.: 6.679756

**Address finish line:** Havnegata 15, 4306 Sandnes

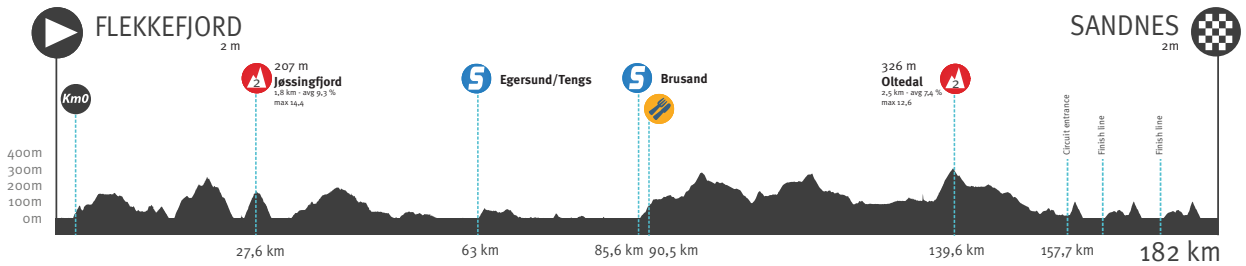
**Feeding zone:** Lat.: 58.564517 Long.: 5.788360

**Off race route feeding:** Follow E39 direction Stavanger. Take the exit direction Egersund(RV426). Enter the race route at Egersund train station. Follow the race route until the feeding zone after Brusand. Feeding vehicles must follow the race route behind the race after the feeding until arriving at E39. Then follow E39 until exit 28 direction Sandnes.

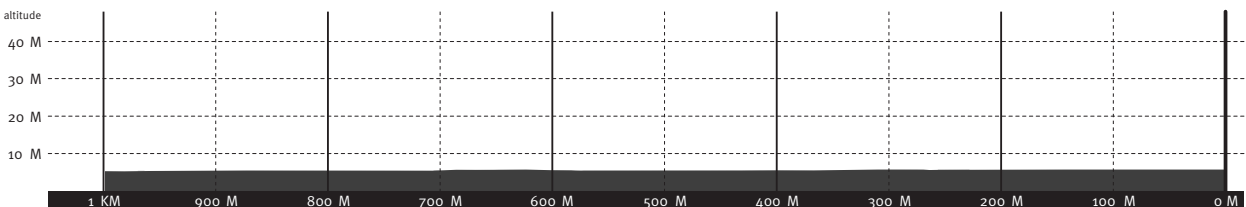
**Off race route direct:** Follow E39 direction Stavanger. Take exit 28 direction Sandnes.

**Finish straight:** 250m flat. Width: 6 meters.

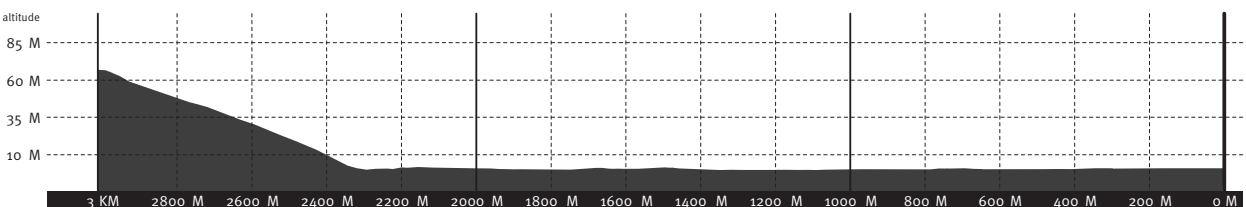
**GPX files and online maps:** [tourofnorway.no](http://tourofnorway.no)



## LAST 1 KM SANDNES



## LAST 3 KM SANDNES



- Sprint
- Feeding zone
- Climbing Sprint

# STAGE 5

## LANDSCAPE - MAP

182 km  
FLEKKEFJORD - SANDNES  
SATURDAY MAY 28th



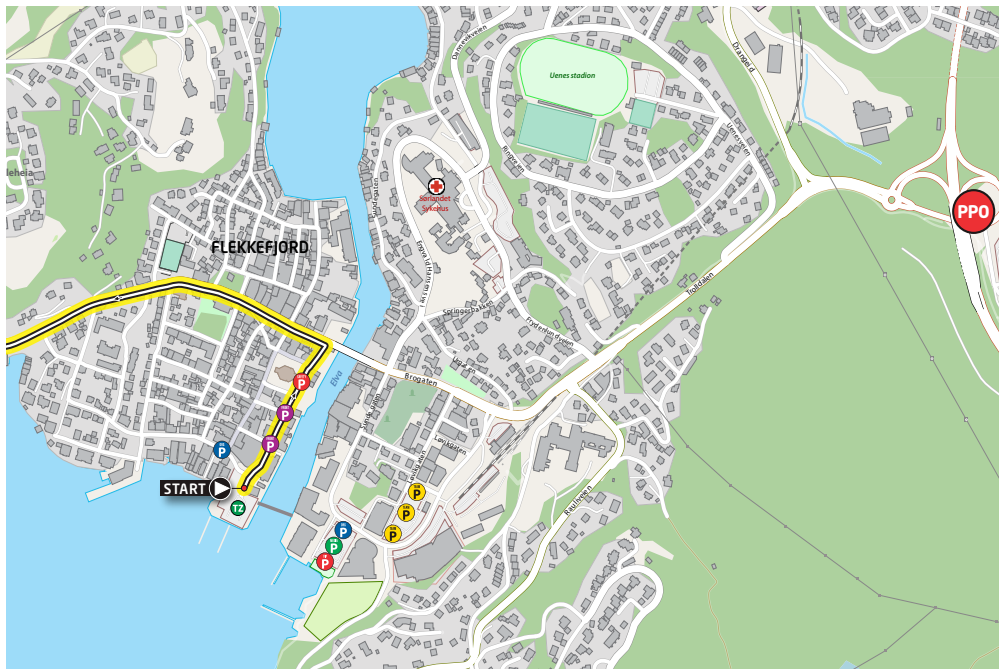
# STAGE 5

FLEKKEFJORD - SANDNES

## FINAL CIRCUIT SANDNES

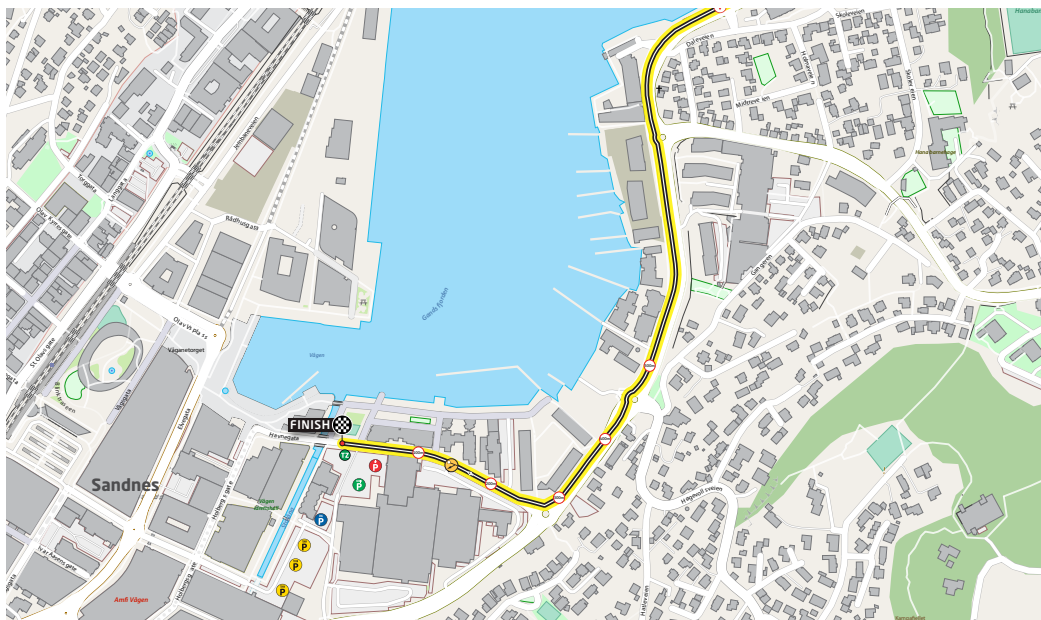


START AREA  
FLEKKEFJORD



- ALL TEAMS
- PRESS
- INVITED GUESTS
- ORGANISATION
- SAFETY
- FRONT




FINISH AREA  
SANDNES










# STAGE 5




## ITINERARY

PART  
1 of 3

-  Sprint
-  Feeding zone
-  Climbing Sprint




	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	44 km/h	42 km/h		
	<b>-4,3</b>		<b>13:45</b>	<b>13:45</b>	<b>13:45</b>	<b>Start - Flekkefjord</b>
	-4,1					Left Junction KV2800/FV44
	-0,3					Straight Junction FV44/FV469
	<b>0</b>	<b>181,7</b>	<b>13:50</b>	<b>13:50</b>	<b>13:50</b>	<b>Official start - Flekkefjord</b>
	13,6	168,2	14:08	14:09	14:10	Åna-Sira
	13,7	168	14:08	14:09	14:10	Attention: Narrow bridge
	13,8	168	14:08	14:09	14:10	Entering Rogaland County
	13,8	168	14:08	14:09	14:10	Entering Sokndal municipality
	23,9	157,8	14:22	14:24	14:25	Jøssingfjord
	24,1	157,6	14:22	14:24	14:26	Attention: Narrow road
	25,6	156,1	14:24	14:26	14:28	K.o.M climb start (1,8 km - avg. 9,3%)
	26,5	155,2	14:26	14:27	14:29	Attention: dark tunnel
	<b>27,6</b>	<b>154,1</b>	<b>14:27</b>	<b>14:29</b>	<b>14:31</b>	<b>K.o.M cat 2 - Jøssingfjorden</b>
	32,1	149,6	14:33	14:35	14:38	Hauge i Dalane
	34,5	147,2	14:37	14:39	14:41	Waste zone
	44,8	136,9	14:51	14:54	14:57	Entering Eigersund municipality
	57,4	124,3	15:08	15:12	15:16	Egersund
	59,3	122,5	15:10	15:14	15:18	Third exit Roundabout FV44
	59,7	122,1	15:11	15:15	15:19	First exit Roundabout FV44
	59,7	122	15:11	15:15	15:19	Second exit Roundabout FV44
	60	121,8	15:11	15:15	15:19	First exit Roundabout FV44
	60,4	121,3	15:12	15:16	15:20	Second exit Roundabout FV44
	60,6	121,1	15:12	15:16	15:20	Third exit Roundabout FV44
	60,7	121,1	15:12	15:16	15:20	Egersund train station
	60,7	121	15:12	15:16	15:21	First exit Roundabout RV426
	60,8	120,9	15:12	15:16	15:21	First exit Roundabout RV426
	62,7	119	15:15	15:19	15:24	Tengs
	<b>63</b>	<b>118,8</b>	<b>15:15</b>	<b>15:19</b>	<b>15:24</b>	<b>Intermediate sprint - Tengs/Egersund</b>
	71,8	109,9	15:27	15:32	15:37	Hellvik
	74,8	107	15:31	15:36	15:42	Entering Hå municipality
	79,2	102,5	15:37	15:43	15:48	Sirevåg
	85,5	96,2	15:46	15:52	15:58	Brusand
	<b>85,6</b>	<b>96,1</b>	<b>15:46</b>	<b>15:52</b>	<b>15:58</b>	<b>Intermediate sprint - Brusand</b>
	85,8	95,9	15:47	15:52	15:58	Right Junction FV44/Fv4330
	<b>90,5</b>	<b>91,2</b>	<b>15:53</b>	<b>15:59</b>	<b>16:05</b>	<b>Feeding zone</b>
	98,4	83,3	16:04	16:10	16:17	Entering Time municipality
	100,6	81,2	16:07	16:13	16:20	Left Junction FV4330/FV504



	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		44 km/h	42 km/h	40 km/h		
	106,6	75,2	16:15	16:22	16:29		Undheim
	107,1	74,6	16:16	16:23	16:30	First exit	Roundabout FV505
	107,4	74,4	16:16	16:23	16:31	Right	Junction FV4410
	113,9	67,8	16:25	16:32	16:40		Entering Gjesdal municipality
	124,7	57,1	16:40	16:48	16:57	Left	Junction FV4410/EV39
	124,7	57,1	16:40	16:48	16:57		Entering EV39 - Ålgård
	125,5	56,2	16:41	16:49	16:58		Ålgård
	125,6	56,1	16:41	16:49	16:58		Leaving EV39 - Ålgård
	125,6	56,1	16:41	16:49	16:58	Right	Junction EV39/FV450
	134,6	47,1	16:53	17:02	17:11		Attention: Tunnel
	135,2	46,6	16:54	17:03	17:12		Waste zone
	136,6	45,2	16:56	17:05	17:14		Oltedal
	136,8	45	16:56	17:05	17:15		Junction FV450/FV508
	136,8	44,9	16:56	17:05	17:15		K.o.M climb start (2,5 km - VG. 7,4%)
	<b>139,6</b>	<b>42,2</b>	<b>17:00</b>	<b>17:09</b>	<b>17:19</b>		<b>K.o.M cat 2 - Oltedal</b>
	139,6	42,1	17:00	17:09	17:19		Entering Sandnes municipality
	140,5	41,2	17:01	17:10	17:20	Left	Junction FV508/FV4498
	152,9	28,8	17:18	17:28	17:39		Sviland
	155,2	26,5	17:21	17:31	17:42	Left	Junction FV4498/FV4496
	<b>157,7</b>	<b>24</b>	<b>17:25</b>	<b>17:35</b>	<b>17:46</b>		<b>Entering final circuit</b>
	157,8	23,9	17:25	17:35	17:46	Second exit	Roundabout FV4496
	157,8	23,9	17:25	17:35	17:46		Vatnekrossen - first passing
	158	23,7	17:25	17:35	17:46	Second exit	Roundabout FV4492
	158,3	23,5	17:25	17:36	17:47	Right	Junction FV4492/KV35300
	158,6	23,1	17:26	17:36	17:47	Left	Junction KV35300/3200
	160,5	21,2	17:28	17:39	17:50	Left	Junction KV5700/FV4494
	162,1	19,6	17:31	17:41	17:53	First exit	Roundabout FV4494
	162,5	19,3	17:31	17:42	17:53	Second exit	Roundabout FV4492
	162,6	19,1	17:31	17:42	17:53	First exit	Roundabout FV4492
	162,9	18,8	17:32	17:42	17:54		Finish line - 2 laps to go
	163,4	18,4	17:32	17:43	17:55	Second exit	Roundabout KV12900
	163,5	18,2	17:32	17:43	17:55	Left	Junction KV12900/FV334
	163,6	18,1	17:33	17:43	17:55	Second exit	Roundabout FV334
	164,4	17,4	17:34	17:44	17:56	Left	Junction FV334/FV4488
	165,8	16	17:36	17:46	17:58	Left	Junction FV4488/KV34900
	166	15,8	17:36	17:47	17:58		Waste zone
	167,1	14,6	17:37	17:48	18:00		Vatnekrossen - second passing
	167,1	14,6	17:37	17:48	18:00	Left	Junction KV34900/FV4496

## STAGE 5

### ITINERARY

-  Sprint
-  Feeding zone
-  Climbing Sprint

KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
From Zero to End	44 km/h	42 km/h	40 km/h			
167,1	14,6	17:37	17:48	18:00		Passing circuit entrance point
172,3	9,4	17:44	17:56	18:08		Finish line - 1 lap to go
176,5	5,2	17:50	18:02	18:14		Vatnekrossen - last passing
 181,7	0	17:57	18:09	18:22		<b>Finish - Sandnes</b>



# STAGE 6

STAVANGER - STAVANGER

**PPO coordinates:** Lat.: 58.954514 Long.: 5.721683

**Address start and finish line:** Skagenkaien, Stavanger

**Feeding zone:** Varhaug. Lat.: 58.612296 Long.: 5.626170

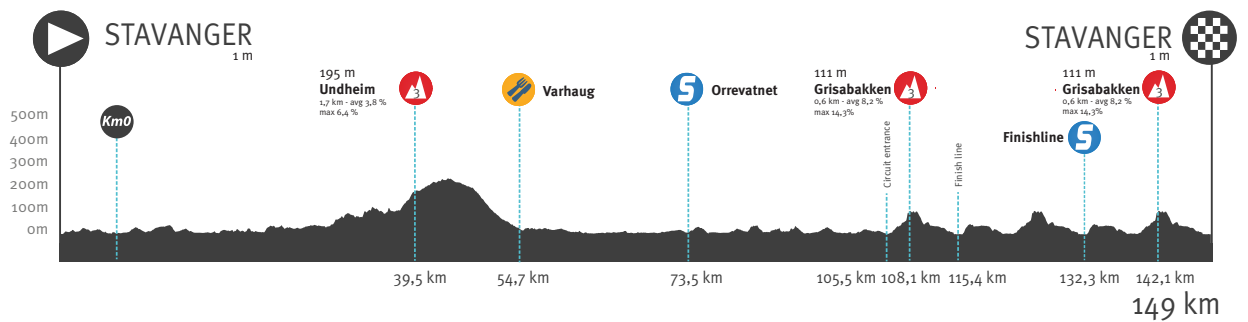
**Media centre:** Rosenkildehuset, Strandkaien 6, 4005 Stavanger

**Off race route feeding:** Enter E39 direction Kristiansand. Follow E 39 until signs direction Figgjo. Then signs direction Kverneland, then signs direction Ålgård, then signs direction Ålgård again, then signs direction Bryne before entering the race route at Undheim. Follow the race route until the feeding zone.

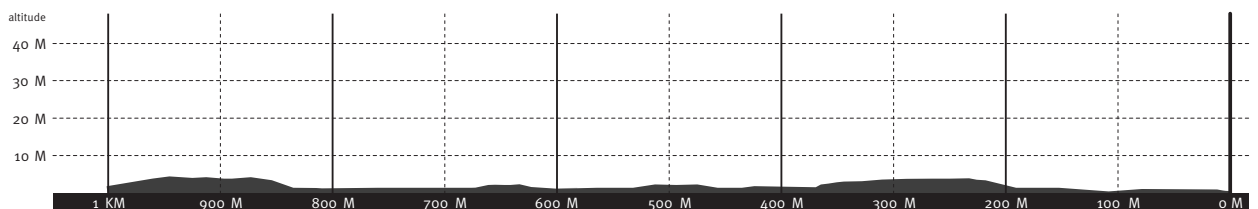
**Off race route direct:** Same site for start and finish stage 6.

**Finish straight:** 300 meters, flat. Width: 6 meters.

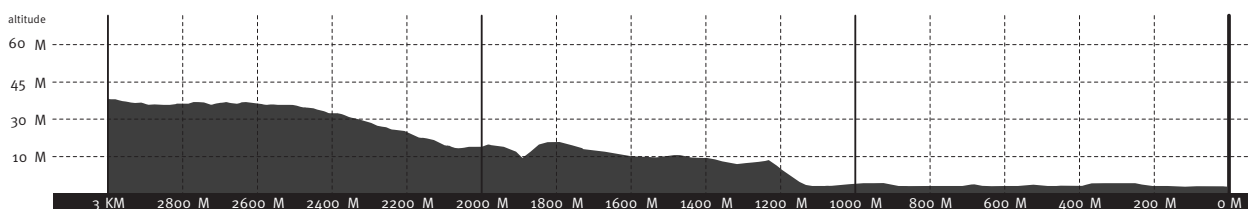
**GPX files and online maps:** tourofnorway.no



## LAST 1 KM STAVANGER



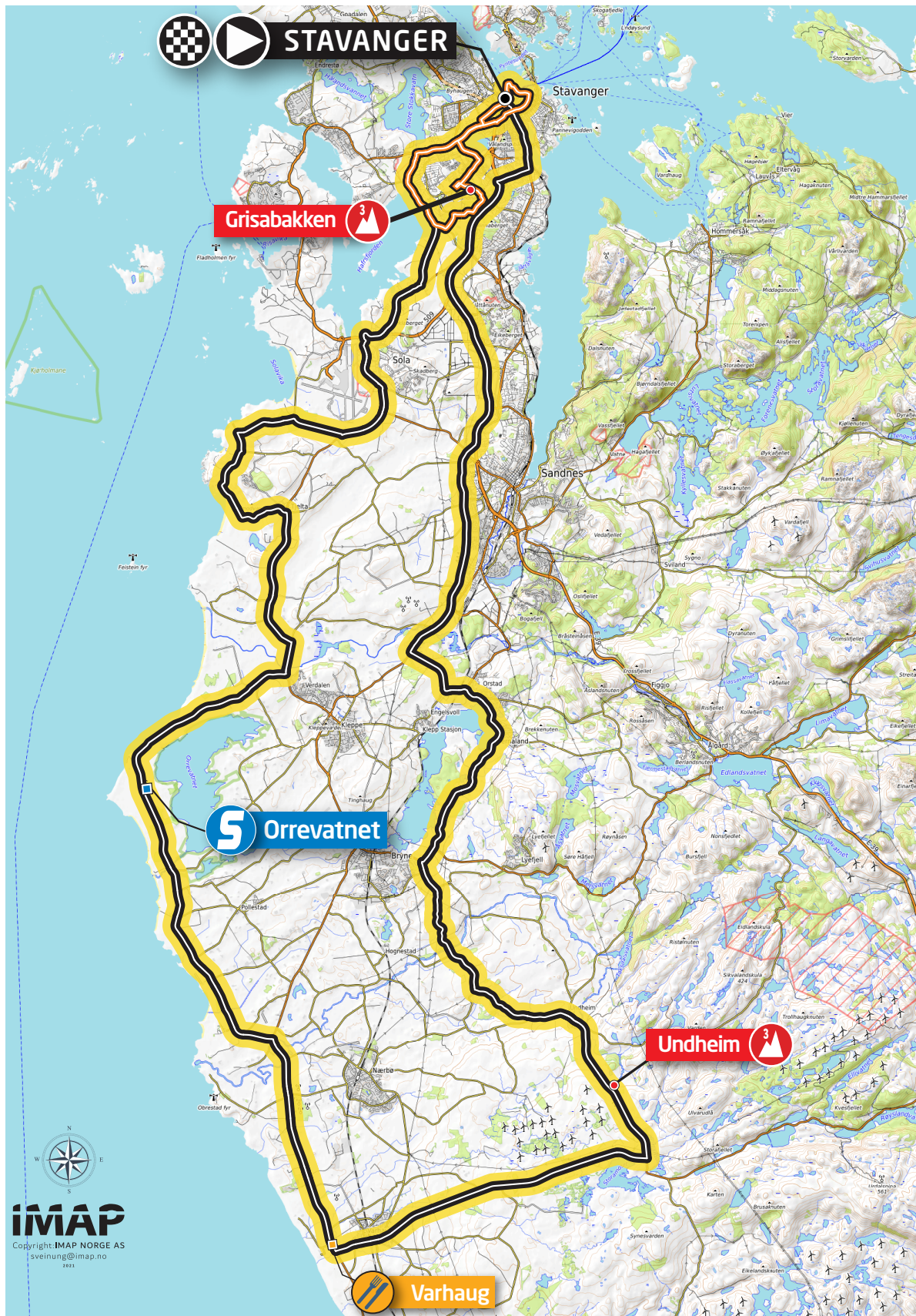
## LAST 3 KM STAVANGER



- Sprint
- Feeding zone
- Climbing Sprint

# STAGE 6 LANDSCAPE - MAP

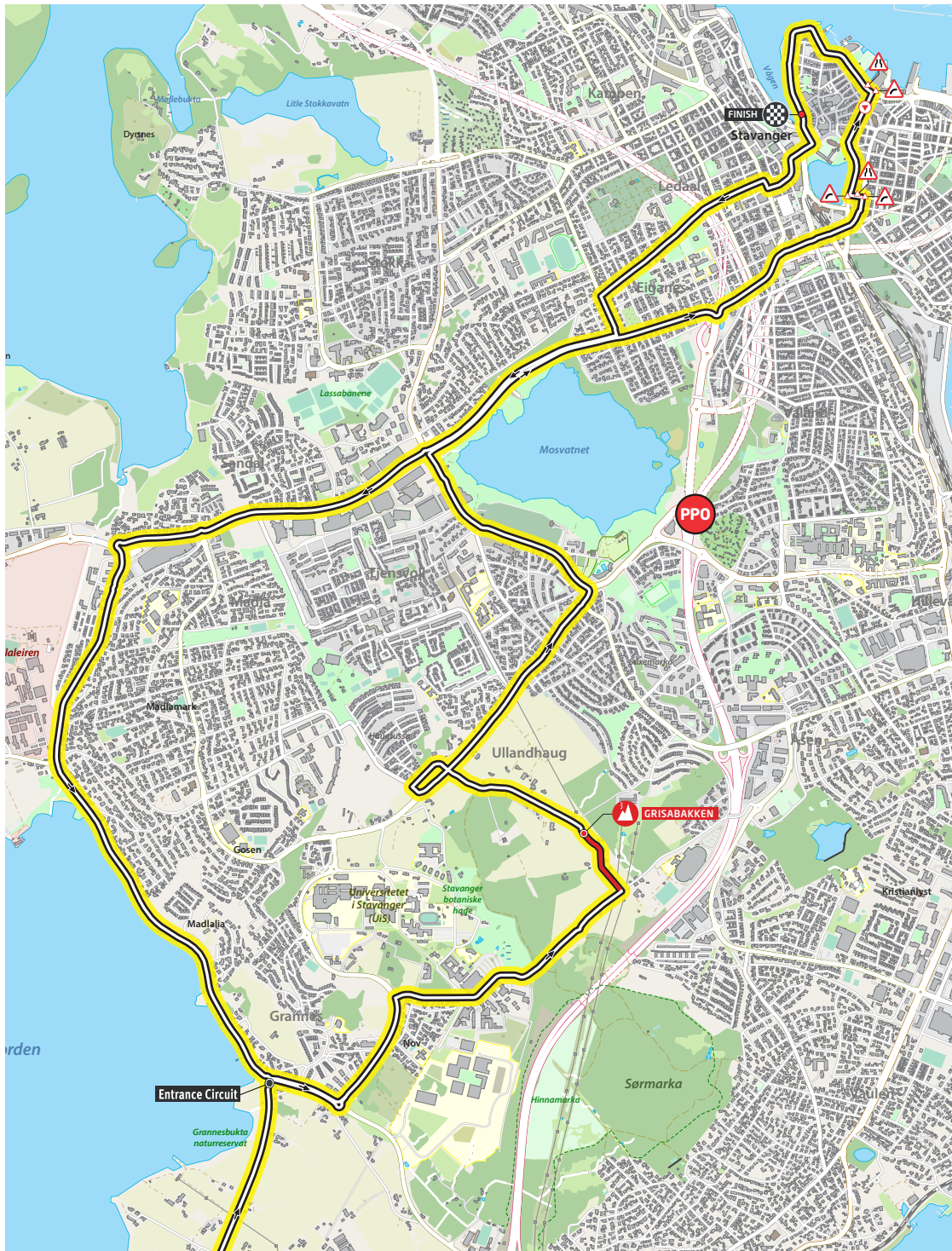
149 KM  
STAVANGER - STAVANGER  
SUNDAY MAY 29TH



# STAGE 6

STAVANGER - STAVANGER

FINAL CIRCUIT  
STAVANGER



START AREA  
STAVANGER



-  ALL TEAMS
-  PRESS
-  INVITED GUESTS
-  ORGANISATION
-  SAFETY
-  FRONT




FINISH AREA  
STAVANGER



## STAGE 6




### ITINERARY

PART  
1 of 4

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION
		From Zero to End	46 km/h	44 km/h		
-4,1		11:55	11:55	11:55		<b>Start - Stavanger</b>
-4,1					Right	Junction KV1531
-4					Right	Roundabout KV1531
-3,5					Right	Junction FV4580
-3,3					Second exit	Roundabout FV4580
-3,1					First exit	Roundabout FV44
-2,9					First exit	Roundabout FV44
-2,6					Second exit	Roundabout FV44
-2,2					Second exit	Roundabout FV44
-2					First exit	Roundabout FV44
-1,7					Second exit	Roundabout FV44
-1,6					Second exit	Roundabout FV44
-1,4					Second exit	Roundabout FV44
-1,2					First exit	Roundabout FV44
-1,1					Second exit	Roundabout FV4552
-0,4					Second exit	Roundabout FV4552
-0,4					First exit	Roundabout FV4552
0					Left	Junction FV4550/EV39
 0	<b>149,3</b>	<b>12:10</b>	<b>12:10</b>	<b>12:10</b>		<b>Official start - Sørmarka</b>
10	139,3	12:23	12:23	12:24	Right	Junction EV39/RV444
10,5	138,8	12:23	12:24	12:25	Second exit	Roundabout RV444
12,2	137	12:25	12:26	12:27	Second exit	Roundabout RV444
15,9	133,3	12:30	12:31	12:32	Second exit	Roundabout RV444
17,1	132,1	12:32	12:33	12:34		Entering Klepp municipality
18,2	131,1	12:33	12:34	12:35	Second exit	Roundabout FV44
20,2	129,1	12:36	12:37	12:38	Second exit	Roundabout FV4474
 20,7	128,5	12:37	12:38	12:39		Attention: Narrow bridge
20,8	128,5	12:37	12:38	12:39		Øksnevad
21	128,3	12:37	12:38	12:39	Second exit	Roundabout FV4466
21,7	127,6	12:38	12:39	12:41	Straight ahead	Junction FV505/FV4424
21,7	127,5	12:38	12:39	12:41		Entering Time municipality
 21,7	127,5	12:38	12:39	12:41		Attention: Narrow bridge
22,6	126,7	12:39	12:40	12:42		Kvernaland
23,2	126	12:40	12:41	12:43	First exit	Roundabout FV505
28	121,2	12:46	12:48	12:50	Left	Junction FV505/FV506
30,4	118,8	12:49	12:51	12:53		Lye






	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	31,3	117,9	12:50	12:52	12:54	Right	Junction FV506/FV4432
	33,4	115,9	12:53	12:55	12:57	Left	Junction FV4432/FV4430
	36,5	112,8	12:57	12:59	13:02	Right	Junction FV4430/FV4428
	37,1	112,2	12:58	13:00	13:02	Left	Junction FV4428/FV505
	37,3	112	12:58	13:00	13:03		Undheim
	37,6	111,6	12:59	13:01	13:03	First exit	Roundabout FV505
	37,8	111,4	12:59	13:01	13:04		KoM climb start - 1,7 km (avg 3,8%)
	<b>39,5</b>	<b>109,7</b>	<b>13:01</b>	<b>13:03</b>	<b>13:06</b>		<b>KOM cat 3 - Undheim</b>
	43	106,3	13:06	13:08	13:11	Right	Junction FV505/FV504
	45,3	104	13:09	13:11	13:14		Entering Hå municipality
	52,3	97	13:18	13:21	13:24		Varhaug
	52,6	96,6	13:18	13:21	13:25	Second exit	Roundabout FV504
	54,6	94,7	13:21	13:24	13:27	Right	Junction FV504/FV44
	<b>54,7</b>	<b>94,6</b>	<b>13:21</b>	<b>13:24</b>	<b>13:28</b>		<b>Feeding zone</b>
	62,4	86,9	13:31	13:35	13:39	Left	Junction FV44/FV507
	65,5	83,8	13:35	13:39	13:43		Entering Klepp municipality
	68,9	80,3	13:39	13:44	13:48		Orre
	71,3	78	13:42	13:47	13:51		Orre beach
	<b>73,5</b>	<b>75,8</b>	<b>13:45</b>	<b>13:50</b>	<b>13:55</b>		<b>Intermediate sprint - Orrevatnet</b>
	80,3	69	13:54	13:59	14:04	Left	Junction FV507/FV510
	81,3	68	13:56	14:00	14:06		Voll
	81,4	67,9	13:56	14:00	14:06	Left	Junction FV510/FV4476
	83,4	65,9	13:58	14:03	14:09		Entering Sola municipality
	86,4	62,9	14:02	14:07	14:13	Third exit	Roundabout FV510
	86,6	62,7	14:02	14:08	14:13		Tjelta
	86,6	62,7	14:02	14:08	14:13		Waste zone
	90,8	58,5	14:08	14:13	14:19		Ølberg
	91	58,3	14:08	14:14	14:19	Left	Junction FV4518/FV4520
	91,6	57,7	14:09	14:14	14:20	Right	Junction FV4520
	91,7	57,6	14:09	14:14	14:20		Ølberg beach
	93,7	55,6	14:12	14:17	14:23	Right	Junction FV4520/FV4524
	95,5	53,8	14:14	14:20	14:26	Left	Junction FV4525/FV510
	95,5	53,8	14:14	14:20	14:26		Nordsjøkrysset
	97,2	52,1	14:16	14:22	14:28	Second exit	Roundabout FV510
	98	51,3	14:17	14:23	14:30	Second exit	Roundabout FV510
	98,2	51	14:18	14:23	14:30	Second exit	Roundabout FV510
	98,5	50,8	14:18	14:24	14:30		Sola
	99,8	49,5	14:20	14:26	14:32	Second exit	Roundabout FV510
	100	49,3	14:20	14:26	14:32	Second exit	Roundabout FV510





# STAGE 6

## ITINERARY

PART  
3 of 4

-  Sprint
-  Feeding zone
-  Climbing Sprint

	KM	CALCULATED TIMES			DIRECTION	DESCRIPTION	
		From Zero to End	46 km/h	44 km/h			42 km/h
	100,2	49,1	14:20	14:26	14:33	Second exit	Roundabout FV510
	100,2	49,1	14:20	14:26	14:33		Solasplitten
	103,3	46	14:24	14:30	14:37		Sørnes kirke
	103,4	45,9	14:24	14:30	14:37	Left	Junction FV510/FV4540
	105,5	43,8	14:27	14:33	14:40		Granneskrossen
	105,5	43,8	14:27	14:33	14:40	First exit	Roundabout FV4540
	<b>105,5</b>	<b>43,7</b>	<b>14:27</b>	<b>14:33</b>	<b>14:40</b>		<b>Entering final circuit</b>
	105,8	43,4	14:28	14:34	14:41	Third exit	Roundabout FV4542
	106,4	42,8	14:28	14:35	14:42		Entering Stavanger municipality
	106,5	42,8	14:28	14:35	14:42	Right	Junction FV4544/KV3296
	106,9	42,4	14:29	14:35	14:42		Waste zone
	107,1	42,2	14:29	14:35	14:42		Attention: Narrow road
	107,2	42,1	14:29	14:36	14:43	Left	Junction KV3296
	107,8	41,5	14:30	14:36	14:43	Left	Junction KV2055/KV2217
	107,8	41,5	14:30	14:37	14:44		KoM climb start - 0,6 km (avg 8,2% max 14,3%)
	<b>108,1</b>	<b>41,1</b>	<b>14:31</b>	<b>14:37</b>	<b>14:44</b>		<b>KOM cat 3 - Grisabakken</b>
	109,1	40,2	14:32	14:38	14:45	Left	Junction KV3043/KV3029
	109,1	40,2	14:32	14:38	14:45	Second exit	Roundabout FV4548
	109,1	40,2	14:32	14:38	14:45		Ullandhaug - first passing
	109,8	39,5	14:33	14:39	14:46	Straight	Junction FV4548/KV3011
	110,4	38,9	14:33	14:40	14:47		Brustadbu - first passing
	110,4	38,9	14:33	14:40	14:47	Left	Roundabout FV440
	110,9	38,3	14:34	14:41	14:48		Attention: right side of obstacle
	111,2	38	14:35	14:41	14:48	First exit	Roundabout FV440
	111,4	37,9	14:35	14:41	14:49	Right	Roundabout FV441
	111,4	37,8	14:35	14:41	14:49		Tjensvollkrysset - first passing
	112,5	36,8	14:36	14:43	14:50	Straight ahead	Junction FV441/FV4576
	112,9	36,4	14:37	14:43	14:51	Second exit	Roundabout EV39
	112,9	36,4	14:37	14:43	14:51		St Svithuns plass - first passing
	113,1	36,2	14:37	14:44	14:51	Straight ahead	Junction FV441/KV2083
	113,4	35,9	14:37	14:44	14:51	Straight ahead	Roundabout FV441
	113,5	35,7	14:38	14:44	14:52	Straight ahead	Roundabout FV441
	113,6	35,6	14:38	14:44	14:52	Straight ahead	Roundabout FV441
	114,5	34,8	14:39	14:46	14:53	Third exit	Roundabout KV447
	<b>115,4</b>	<b>33,9</b>	<b>14:40</b>	<b>14:47</b>	<b>14:54</b>		<b>Finish line - 2 laps to go</b>
	115,6	33,7	14:40	14:47	14:55	Second exit	Roundabout Haakon VII's gate
	115,8	33,5	14:41	14:47	14:55	Second exit	Roundabout KV426

	KM		CALCULATED TIMES			DIRECTION	DESCRIPTION
	From Zero to End		46 km/h	44 km/h	42 km/h		
	115,8	33,5	14:41	14:47	14:55	Right	Junction KV1730/FV4570
	115,9	33,4	14:41	14:48	14:55	Left	Junction FV4570/KV1197
	116,8	32,5	14:42	14:49	14:56	Left	Junction FV4576/KV1197
	117	32,3	14:42	14:49	14:57	Right	Junction FV4576/FV441
	118,1	31,2	14:44	14:51	14:58		Tjensvollkrysset - second passing
	118,1	31,2	14:44	14:51	14:58		Attention: Narrow
	118,6	30,7	14:44	14:51	14:59	Straight ahead	Junction FV441/KV1832
	119	30,3	14:45	14:52	14:59	Straight ahead	Junction FV441/KV1669
	119,2	30,1	14:45	14:52	15:00	Straight	Roundabout FV441
	119,6	29,7	14:46	14:53	15:00	Left	Roundabout FV441
	119,6	29,7	14:46	14:53	15:00		Amfi Madla - first passing
	119,8	29,5	14:46	14:53	15:01	Straight	Roundabout FV4540
	122,1	27,2	14:49	14:56	15:04		Entering Sola municipality
	122,5	26,8	14:49	14:57	15:05	Second exit	Roundabout FV4540
	122,5	26,8	14:49	14:57	15:05		Granneskrossen - second passing
	122,5	26,8	14:49	14:57	15:05		Passing circuit entrance point
	126,1	23,2	14:54	15:01	15:10		Ullandhaug - second passing
	127,3	21,9	14:56	15:03	15:11		Brustadbuå - second passing
	<b>132,3</b>	<b>17</b>	<b>15:02</b>	<b>15:10</b>	<b>15:19</b>		<b>Intermediate sprint - finish line (2nd passing)</b>
	132,3	17	15:02	15:10	15:19		Finish line - 1 lap to go
	135	14,3	15:06	15:14	15:22		Tjensvollkrysset - third passing
	136,6	12,7	15:08	15:16	15:25		Amfi madla - last passing
	139,5	9,8	15:11	15:20	15:29		Granneskrossen - last passing
	141,7	7,6	15:14	15:23	15:32		KoM climb start - 0,6 km (avg 8,2% max 14,3%)
	<b>142,1</b>	<b>7,2</b>	<b>15:15</b>	<b>15:23</b>	<b>15:32</b>		<b>K.o.M cat 3 - Grisabakken</b>
	144,3	5	15:18	15:26	15:36		Brustadbuå - last passing
	<b>149,3</b>	<b>0</b>	<b>15:24</b>	<b>15:33</b>	<b>15:43</b>		<b>Finish - Stavanger</b>

# UCI SPECIFIC REGULATIONS

## ARTICLE 1. ORGANIZATION

Tour of Norway is organized by the company Tour des Fjords A/S. Address: Åsnutvegen 44b, 4055 Sola, Norway

## ARTICLE 2. TYPE OF EVENT

Tour of Norway is an international stage race, organized according to UCI rules and classified as a UCI 2PRO Men elite event.

As per UCI article 2.10.008, UCI points are awarded as follows for the UCI rankings:

-The first 40 finishers in the final General Classification by time: 200, 150, 125, 100, 85, 70, 60, 50, 40, 35, 30, 25, 20, 15, 10.

Place 16 to 30 in the final General Classification by time: 5 points each

Place 31 to 40 in the final General Classification by time: 3 points each

-The first 3 finishers on each stage: 20, 10 and 5 points

-Daily leader of the General Classification by time: 5 points

## ARTICLE 3. PARTICIPATION

The competing teams must be of the following kind: UCI World teams (maximum 70%), UCI ProTeams, UCI continental teams (special provisions for the 2022-season), and national team of Norway, (according to the UCI article 2.1.005).

In order to compete in a UCI ProSeries event, UCI Continental Teams and UCI cyclo-cross professional teams must contribute to the program for the fight against doping related to UCI ProSeries events as provided in the Financial Obligations published on the UCI website.

As per article 2.2.003 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

## ARTICLE 4. RACE HEADQUARTER

Team representatives are requested to confirm their starters and collect their race numbers and time transponders Monday 23 May 2022 from 15.30 - 16.30 at the following address: Quality hotel Edvard Grieg, Sandsliåsen 50, 5254 Bergen

The team managers' meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires' Panel, is scheduled for 17:00 on Monday 23 May 2022 at the following address: Quality hotel Edvard Grieg, Sandsliåsen 50, 5254 Bergen

## ARTICLE 5. RADIO-TOUR

Radio tour will be broadcasted in English. The frequency is: 154.925 Mhz.

## ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The neutral support is taken care of by 3 cars from Shimano.

## ARTICLE 7. RACE INCIDENTS OCCURRING IN THE LAST 3 KILOMETERS

In the case of a duly noted fall, puncture or mechanical incident in the last 3 kilometers of a road race stage, the rider(s) affected shall be credited with the time of the rider(s) in whose company they were riding at the moment of the accident. His or their placing shall be determined by the order in which he or they actually cross the finishing line.

If, as the result of a duly noted in the last 3 kilometers a rider cannot cross the finishing line, he shall be placed last in the stage and credited with the time of the rider or riders in whose company he was riding at the time of the accident.

This article does not apply to stage 1 and 3 which have summit finish.

## ARTICLE 8. FINISHING TIME LIMITS

A finishing time limit of 10% will apply to stage 1,2,4,5 and 6. The finishing time limit of stage 3 is 15%.

The Commissaries' Panel, in agreement with the organizer, may in exceptional circumstances increase the time limit in accordance with UCI art 2.6.032.

## ARTICLE 9. CLASSIFICATIONS - TIME BONUSSES

The following classification(s) will be issued:

Repsol general Individual Classification by Time

The winner of Tour of Norway is the rider who, after completed all 6 stages have the lowest accumulated time, including bonuses and penalties (if any). (Ref. UCI Reg. Part 2, art. 2.12).

The yellow jersey shall be worn by the current leader on time. Where two or more riders make the same time in the general individual placing, the placing will be set according to UCI regulations 2.6.015.

General Individual classification by points

The general individual classification by points is decided by adding the points awarded at each intermediate sprint and stage finish.

There are intermediate sprints on every stage.

Points will be awarded as follows at the intermediate sprints:  
1st 3 points/3 second time bonus applicable to the General Individual Classification by time  
2nd 2 points/2 second time bonus applicable to the General Individual Classification by time  
3rd 1 points/1 second time bonus applicable to the General Individual Classification by time

Points will be awarded as follows at all stages: 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 & 1 point

The rider with highest number of points and who completes the whole race is the winner of the individual classification by points classification. In the event of a tie in the classification, the following criteria shall be applied in order until the riders are separated:

-Number of stage wins.

-Number of wins in intermediate sprints counting for the General classification by points.

## UCI SPECIFIC REGULATIONS 2022

-General individual classification by time.

### MARKING/SIGN:

The intermediate sprint is marked with green signs at 1km, 500m, 100m and at the line.

### King of the Mountains (KoM)

The King of the Mountains classification is decided by adding the points awarded on each of the KoM summits and the finish of stage 1 and 3.

Points will be awarded as follows:

Category 1 climbing points: 10,9,8,7,6 & 5 points

Category 2 climbing points: 6,5,4,3,2 & 1 point

Category 3 climbing points: 4,3,2 & 1

The rider with highest number of points and who completes the whole race is the winner of the King of the mountain's classification. In the event of a tie in the King of the mountain's classification, the following criteria shall be applied in order until the riders are separated:

- Number of first places in the highest category climbs
- Number of first places on climbs in the next inferior category and so on
- General individual classification by time

### MARKING/SIGN:

The King of the mountain's points are marked with signs at the beginning of the climb, and at 1km and 500m in addition to the line.

### Youth/U23 classification

The young rider's classification is open for riders born 1st of January 2000 or later. The winner is the rider who, after completed all 6 stages have the lowest accumulated time, including bonuses and penalties. The leader of this competition shall wear the white jersey during the race.

### Team classification

The team classification for the day shall be calculated on the basis of the sum of the three best individual times from each team. In the event of a tie, the teams shall be separated by the sum of the places acquired by their three best placed riders on the stage. If the teams are still tied, they shall be separated by the placing of their best rider on the stage classification.

The team general classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden. In the event of a draw, the following criteria shall be applied in order until the teams are separated:

- Number of first places in the daily team classifications;
- Number of second places in the daily team classifications; etc.

If there is still a draw, the teams shall be separated by the placing of their best rider in the general individual classification. Any team reduced to fewer than three riders shall be

eliminated from the general team classification.

### Time Bonuses

Time bonuses, applicable only to Individual General Classification by Time will be awarded on each stage as follows:

Stage finishes: 10, 6, & 4 seconds awarded to the first three finishers

Intermediate sprints: 3, 2 & 1 second to first 3 riders respectively

## ARTICLE 10. PRIZES

The following prizes are awarded: See page 63 of the race manual.

A grand total of € 94 010 will be awarded in prize money at the event.

## ARTICLE 11. ANTI-DOPING

The UCI antidoping regulations are entirely applicable to the event. Moreover, and in conformity with the law of Norway, the Norwegian anti-doping legislation is applicable in addition to the UCI anti-doping regulations.

The anti-doping tests will take place at the Anti-Doping Unit that will be located adjacent to the finish of each stage daily.

## ARTICLE 12. AWARDS CEREMONY

In the finish area immediately after the finish of every stage:

-No.1 on each stage.

-Distribution of the yellow jersey to the leading rider in the individual classification.

-Distribution of the KOM jersey, the points jersey, and the U23 jersey.

In the finish area immediately after the finish of the last stage:

-No.1 on the last stage.

-No.1, 2 and 3 in the individual general classification.

-The winner of the King of the Mountains classification.

-The winner of the general Individual classification by points.

-The winner of the young rider's classification.

The winner of the team classification.

Stage Winners and Race Leader may be asked to briefly attend a press conference after each stage. This also applies for the top 3 riders of the general classification after the last stage. Riders must also attend the jersey signing after the ceremony.

## ARTICLE 13. SIGN ON

All riders must sign on the protocol before every stage. There will be a team presentation before each stage. The order/schedule of teams will be communicated at the team managers meeting. By signing on the start protocol the rider confirm that he has read and understand the race regulations and the route of the stage. 10 minutes before the start of each stage, the leaders in all classifications are required to attend a

presentation arranged by the organization at the start line (in front of the other riders).

#### ARTICLE 14. PENALTIES

The UCI penalty scale is the only one applicable.

##### Article 15. Riders abandoning the race

A rider who abandons the race shall immediately remove their race-numbers and deliver these to the commissaire in the "broom wagon". A rider who has abandoned the race may not compete in any other cycling events for the duration of Tour of Norway, (art. UCI 2.6.025).

#### ARTICLE 16. CIRCULATION DURING THE RACE AND TEAM CARS

Article 2.2.038 to 2.2.043 in the UCI regulations does apply to all vehicles in the convoy.

For the first stage, the driving order of the team cars are determined by drawing lots. All the vehicles driving in the motorcade are restricted to a maximum height of 1.66 m (art. 2.2.032).

Teams who are not present at the team managers' meeting, will not participate in the drawing and be placed last. In case of more than one team absent, the order of the last cars will be determined by drawing lots also.

Only one vehicle per team will be permitted to circulate at race level, however a second vehicle per team is allowed except on final circuits. Both team cars shall carry a sports director who holds the appropriate license, who shall be responsible for the vehicle (UCI art. 2.2.035).

Riders and all cars in the convoy must follow the instructions of Police, race-marshals and respect the Norwegian traffic rules. All roads are open for normal traffic, but there will be a rolling closure of each stage. All drivers/pilots must in addition to their official driver's license have an approved license from their respective national federation (including a UCI license number). Only vehicles with a yellow sticker (Official, team, media) are allowed between the first and last car of the race (red and green flag).

#### ARTICLE 17. ALTERATIONS

If it is necessary to alter any arrangements for the race, the President of the Commissaries' panel, and the Race Direction will take these decisions.

#### ARTICLE 18. THE ENVIRONMENT

The organizer organizes collection areas, which are specifically designated to recover waste. These waste zones are placed before and after the feeding zones. According to the UCI-regulations there will also be signposted waste zones at approximately each 40th km at the race route.

Riders must only dispose of their waste, water bottles or any other object in these specially designated areas.

Riders and followers must behave responsibly with regards to the environment in all circumstances and respect the legal provisions in force.

#### ARTICLE 19. FEEDING

All static feeding must take place on the right side of the road (UCI art. 2.3.026).

Feeding from the team car is allowed between 30 km after start and until 20 km before finish. Due to atmospheric conditions etc., the Commissaries may reduce the distance before feeding commences from the team cars, furthermore, they may also extend the distance before feeding closes. Such a decision will be communicated to interested parties in advance of the race.

Feeding zones are listed at the route description and maps.

#### ARTICLE 20. IN-RACE COMMUNICATIONS

A secure communications and information system (the «ear-piece») is authorized and may be used for safety reasons and to assist riders (UCI art 2.2.024). The frequencies must be ap-proved by the Norwegian Communications Authority.

#### ARTICLE 21. JERSEYS

The ranking of the Race Classification Jerseys are as follows:

- Individual General Classification (Repsol yellow jersey)
- General Individual classification by points (points jersey)
- King of the Mountains Classification (KoM jersey)
- Youth/U23 Classification (White jersey)

Race classification Jerseys must be worn for the following stage. Where a rider holds more than one jersey at the same time, the jersey to be worn shall be that with the highest ranking as indicated above and the lesser jersey shall be worn by the second placed rider in the classification, and so on.

The rider who carries one of the race jerseys can put on advertising for his team's principal partner(s) at the white rectangle at the front and back (UCI art. 1.3.053).

The organizer will print the advertising (leaders plaid) of each team at the race classification jerseys.

#### ARTICLE 22. RACE NUMBERS AND TRANSPONDERS

Each rider must put on two body numbers and one frame number at every stage. It is strictly forbidden to fold, cut or mutilate the race numbers in any way. Information about time transponders will be given at the permanence on the 27th of May when picking up the race numbers.

The time transponders must be returned to Votrecourse at the finish line after finishing stage 6.

#### ARTICLE 23. INFECTION CONTROL MEASURES

The Norwegian Covid 19 regulations and the UCI Covid-19 protocol is applicable for this event.

## PRIZES

All prizes are given in Euro

RANK	ST 1	ST 2	ST 3	ST 4	ST 5	ST 6	INDIVIDUAL GENERAL CLASSIFICATION
1	€ 3 615	€ 3 615	€ 3 615	€ 3 615	€ 3 615	€ 3 615	€ 10 845,00
2	€ 1 805	€ 1 805	€ 1 805	€ 1 805	€ 1 805	€ 1 805	€ 5 415,00
3	€ 905	€ 905	€ 905	€ 905	€ 905	€ 905	€ 2 715,00
4	€ 455	€ 455	€ 455	€ 455	€ 455	€ 455	€ 1 365,00
5	€ 365	€ 365	€ 365	€ 365	€ 365	€ 365	€ 1 095,00
6	€ 270	€ 270	€ 270	€ 270	€ 270	€ 270	€ 810,00
7	€ 270	€ 270	€ 270	€ 270	€ 270	€ 270	€ 810,00
8	€ 180	€ 180	€ 180	€ 180	€ 180	€ 180	€ 540,00
9	€ 180	€ 180	€ 180	€ 180	€ 180	€ 180	€ 540,00
10	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
11	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
12	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
13	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
14	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
15	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
16	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
17	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
18	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
19	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00
20	€ 95	€ 95	€ 95	€ 95	€ 95	€ 95	€ 285,00

RANK	POINTS CLASSIFICATION	KOM	U23 CLASSIFICATION	TEAM CLASSIFICATION
1	1870	1870	1100	3400
2	930	930	540	-
3	600	600	360	-

